



**STATE OF CONNECTICUT**  
**DEPARTMENT OF EMERGENCY SERVICES AND PUBLIC PROTECTION**  
**Police Officer Standards and Training Council**  
**Connecticut Police Academy**

**P.O.S.T. Qualification Relay**

Sixty (60) round qualification course of fire on P.O.S.T. CM-5 target required. Each CM-5 hit is worth 5 points for a total of 300 points. Minimum passing is 80% accuracy (average score of 240 and higher).

Verbal challenges at all positions (except contact) and warning of intent to use deadly force where feasible (while behind cover). All rounds fired normal two handed shooting until otherwise instructed.

<b>Distance</b>	<b># Rounds</b>	<b>Activity</b>	<b>Time</b>
25 yards (cover required)	6	2 rounds kneeling window, 2 rounds standing support side, 2 rounds standing strong side of cover-	:34
20 yards (cover required)	6	2 rounds kneeling window, 2 rounds standing support side, 2 rounds standing strong side of cover-	:34
15 yards	9	6 rounds standing 3 rounds kneeling	:25
12 yards	9	6 rounds standing 3 rounds kneeling	:25
7 yards	7	5 rounds standing, 2 rounds standing support hand only	:20
7 yards	7	5 rounds standing, 2 rounds standing support hand only	:20
4 yards	7	5 rounds standing, 2 kneeling	:20
4 yards	7	5 rounds standing, 2 kneeling	:20
2 yards/ contact	2	2 rounds C.A.R. High position/ close quarter position	:04