COUNCIL OF GOVERNMENTS	WEBSITE	EXECUTIVE DIRECTOR	E-MAIL	ADDRESS		PHONE	FAX
Capitol Region Council of Governments	www.crcogct.gov	Matthew Hart	mhart@crcogct.gov	350 Church Street, Floor 3	Hartford, CT 06106	(860) 522-2217, ext. 232	(860) 724-1274
Connecticut Metropolitan Council of Governments	www.ctmetro.org	Matt Fulda	mfulda@ctmetro.org	1000 Lafayette Boulevard, Suite 925	Bridgeport, CT 06604-4902	(203) 366-5405	(203) 366-8437
Lower Connecticut River Valley Council of Governments	www.rivercog.org	Sam Gold	sgold@rivercog.org	145 Dennison Road	Essex, CT 06426	(860) 581-8554	(860) 581-8543
Naugatuck Valley Council of Governments	http://www.nvcogct.gov	Rick Dunne	rdunne@nvcogct.gov	49 Leavenworth Street, Suite 303	Waterbury, CT 06702	(203) 757-0535	(203) 756-7688
Northeastern Connecticut Council of Governments	www.neccog.org	Jim Rivers	Jim.Rivers@neccog.org	125 Putnam Pike (Route 12), PO Box 759	Dayville, CT 06241-0759	(860) 774-1253	(860) 779-2056
Northwest Hills Council of Governments	www.northwesthillscog.org	Robert Phillips	RPhillips@northwesthillscog.org	Suite A-1, 59 Torrington Road	Goshen, CT 06756	(860) 491-9884	(860) 491-3729
South Central Regional Council of Governments	www.scrcog.org	Laura Frances	lfrancis@scrcog.org	127 Washington Avenue, 4th Floor West	North Haven, CT 06473 - 1715	(203) 234-7555	(203) 234-9850
Southeastern Connecticut Council of Governments	www.seccog.org	Amanda Kennedy	akennedy@seccog.org	5 Connecticut Avenue	Norwich, CT 06360-4592	(860) 889-2324	(860) 889-1222
Western Connecticut Council of Governments	https://westcog.org/	Francis Pickering	fpickering@westcog.org	One Riverside Road	Sandy Hook, CT 06482	Telephone and Fax: (475) 323-2060	