Fiscal Health Monitoring System Accessing FHMS for the First Time Job Aid



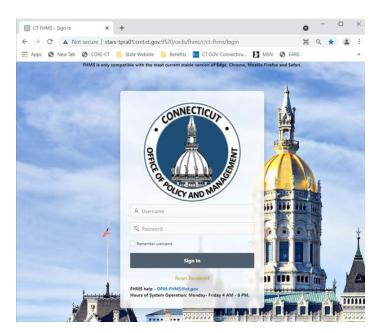
1. You will receive an email from <a>OPM-FHMS@ct.gov



This email gives you your username (your email address) and your temporary password

2. Go to the website and log in using your Username and Temporary Password from the email

CT FHMS - Sign In

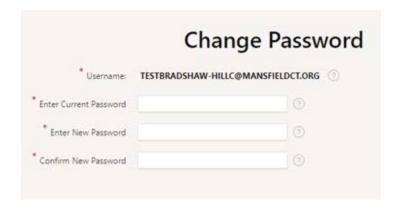


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3. Create your new password



*Note: Password must contain:

- At least 6 characters
- At least one alphabetic character
- At least one punctuation character (!"#\$%&()``*+,-/:;<=>?_)
- At least one upper-case alphabetic character
- At least one lower-case alphabetic character

4. Click Apply Changes on the bottom right-hand corner of the screen

You will be brought back to the website

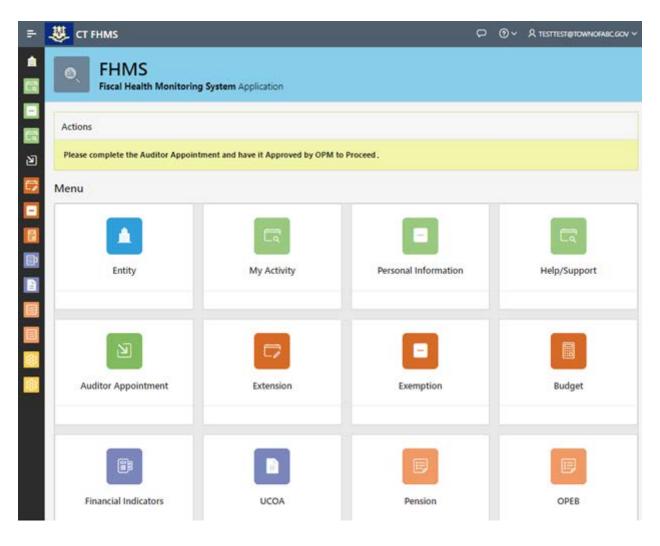
5. Log in using your Username and New Password

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Welcome to FHMS!



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