LTC Planning Committee – Building the Future for CT's LTSS System

SEPTEMBER 9, 2025 – COMMITTEE VISION AND SUBCOMMITTEE DEVELOPMENT

LTC Planning Committee Statutory Charge - Sec. 17b-337

Committee's Purpose

(a) There shall be established a Long-Term Care Planning Committee for the purpose of exchanging information on long-term care issues, coordinating policy development and establishing a long-term care plan for all persons in need of long-term care.

Committee's LTSS Policy Development Coordination and LTC Plan Charge

(a) continued: Such policy and plan shall provide that individuals with long-term care needs have the option to choose and receive long-term care and support in the least restrictive, appropriate setting. Such plan shall integrate the three components of a long-term care system including home and community-based services, supportive housing arrangements and nursing facilities.

LTC Planning Committee Statutory Charge (continued)

- (b) The Long-Term Care Planning Committee shall, within available appropriations, study issues relative to long-term care including, but not limited to, the case-mix system of Medicaid reimbursement, community-based service options, access to long-term care and geriatric psychiatric services. The committee shall evaluate issues relative to long-term care in light of the United States Supreme Court decision, Olmstead v. L.C., 119 S. Ct. 2176 (1999), requiring states to place persons with disabilities in community settings rather than in institutions when such placement is appropriate, the transfer to a less restrictive setting is not opposed by such persons and such placement can be reasonably accommodated.
- The committee, within available appropriations, shall evaluate available data on the average net actual Medicaid expenditures for nursing homes, in comparison to average net actual Medicaid expenditures for home and community-based services waiver participants who require a nursing home level of care, including the number of individuals served, to assist in short-term and long-term Medicaid expenditure forecasting. This has been incorporated into the Annual Rebalancing Report

LTC Plan and Annual Report Due Dates

- (d) Not later than January 1, 2018, and annually thereafter, the Long-Term Care Planning Committee shall submit a report to the joint standing committees of the General Assembly having cognizance of matters relating to aging and human services on the number of persons receiving (1) long-term care supports and services in the community; and (2) long-term care supports and services in institutions.
- (e) Not later than January 1, 1999, and every three years thereafter, the Long-Term Care Planning Committee shall submit a long-term care plan pursuant to subsection (a) of this section to the joint standing committees of the General Assembly having cognizance of matters relating to human services, public health, elderly services and long-term care, in accordance with the provisions of section 11-4a, and such plan shall serve as a guide for the actions of state agencies in developing and modifying programs that serve persons in need of long-term care.

Statewide Commitment to Self-Direction

(f) Any state agency, when developing or modifying any program that, in whole or in part, provides assistance or support to persons with long-term care needs, shall, to the maximum extent feasible, include provisions that support care-giving provided by family members and other informal caregivers and promote consumer-directed care.

Required Components of The LTC Plan

Such plan shall include:

(1) A vision and mission statement for a long-term care system;

- (2) the current number of persons receiving services;
- (3) the current number of persons receiving long-term care supports and services in the community and the number receiving such supports and services in institutions;
- (4) demographic data concerning such persons by service type;
- (5) the current aggregate cost of such system of services;
- (6) forecasts of future demand for services;

- (7) the type of services available and the amount of funds necessary to meet the demand;
- (8) projected costs for programs associated with such system;
- (9) strategies to promote the partnership for long-term care program;
- (10) resources necessary to accomplish goals for the future;
- (11) funding sources available; and
- (12) the number and types of providers needed to deliver services. The plan shall address how changes in one component of such long-term care system impact other components of such system.

Plan Centers Around: Goals for the LTSS System and Short & Long-Term Recommendations

Vision

Connecticut residents have access to a full range of high-quality LTSS that maximize autonomy, choice and dignity.

Mission

To provide guidance for the development of a comprehensive system of community-based and institutional LTSS options. Such a system should be personcentered, promote access to affordable, high-quality, cost-effective services and supports that are delivered in the most integrated, life-enhancing setting.

(Red font = revision made during meeting)

Discussion and Vote

LTC Planning Committee - Current Principles Governing the System of LTSS

The System MUST:
Black font = revisions made during meeting

Provide equal access
to home and
community-based
care and institutional
care regardless of
payor source.

Ensure that people have control and choice with respect to their own lives.

Be adequately financed and structured to assure that decision-making and service delivery are based on the needs of the individuals and families served

Ensure adequate services, supports and resources are available to informal caregivers.

Ensure that individuals have meaningful rights and protections.

Include an information component to educate individuals about available services and financing options through a coordinated NWD system.

Ensure mechanisms for integration with related services and systems including acute medical care, housing and transportation services.

Include a prevention component to educate individuals regarding actions that can be taken to reduce the chances of needing LTSS.

Include a strong independent advocacy component for those in need.

Include meaningful consumer input at all levels of system planning, implementation and evaluation.

Deliver services in a culturally competent manner to meet the needs of a diverse population.

Placeholder:
Adequately supporting
paid workforce – paid
workforce availability

Discussion and Vote

Recap: Why Are We Doing This?

► To take measurable steps towards meeting the recommendations in the LTSS Plan, improving interagency coordination, maximizing financial and programmatic resources and solving identified gaps and challenges in the states' LTSS system through three-year plan development and progress monitoring.

Recap: How Are We Doing This?

During the June 10, 2025 meeting of the LTC Planning Committee, members unanimously voted to approve the formation of two standing subcommittees: (1) the LTSS Plan Development Subcommittee, and (2) the LTSS Plan Implementation and Progress Tracking Subcommittee. Section II of this document details the proposed roles and responsibilities of the new committees.

What Action Has Been Taken Since Last Meeting?

Role of the LTC Planning Committee

- Establishing the mission, vision and governing principles for CT's LTSS system and that drive all aspects of development and implementation of the threeyear LTSS plan.
- Providing ongoing technical assistance and feedback to the subcommittees.
- Receiving subcommittee recommendations and feedback on the plan
- Retaining responsibility for final approval of the goals and recommendations included in the three-year LTSS Plan.
- Engaging in interagency coordination and planning efforts to implement the short and long-term recommendations and achieve specified goals.

Role of the LTC Planning Committee (continued)

LTC Planning Committee Commitment:

Members of the LTC Planning Committee shall work collectively to achieve the goals and implement the recommendations set forth in the LTSS Plan and incorporate feedback from the subcommittees to the greatest extent possible.

Subcommittee 1: LTC Plan Development – Purpose

Purpose

Develop the overarching goal(s) and supporting short and long-term recommendations to be considered for inclusion in the three-year LTSS Plan due to the legislature by January 1, 2028 and every three years moving forward as required by CGS § 7b-337.

Subcommittee 1: LTC Plan Development – Proposed Roles and Responsibilities

- (1) Obtain public feedback on the goals and recommendations, making special effort to reach LTSS system users and family members, providers, community organizations and advocates. Activities shall include, but are not limited to:
 - Hold at least 3 focus groups
 - Issue an electronic survey
 - Conduct research on best practices and innovative ideas to inform the development of goals and recommendations
 - Other activities the subcommittee feels necessary to collect public feedback and create responsive goals and recommendations
- (2) Provide quarterly progress updates to the LTC Planning Committee at regularly scheduled meetings.

Subcommittee 1: LTC Plan Development – Membership



DISCUSSION POINT - Who should be at the table?

Sample Composition to Kick-Off Discussion

- 12 members including 6 members from state agencies, 4 members from the LTC Advisory Council and 2 members being users of the LTSS system or family members.
 - What state agencies must be at the table? What other parties?
- Chair and/or Co-Chairs shall be selected from the membership.

Subcommittee 1: LTC Plan Development – Member Feedback

Should we develop a section that references a timeline or sunset for the sub-committee work to be done?

- ► This looks like a heavy lift. Will there be OPM leadership and admin support for these activities? Or, can the subcommittee play a more supportive role?
- I am a bit confused with the membership. If 6 are from the advisory council and 6 are state agency employees are you assuming people will fit both categories so that family members or LTSS users are able to be included?

Discussion and Vote

Subcommittee 2: LTC Plan Implementation and Progress Tracking Subcommittee – Purpose

Purpose

Track state agency progress towards meeting the goals and recommendations in the LTSS Plan and identify and present to the Committee progress updates as well as potential policy and programmatic opportunities for achieving recommendations within the available resources.

Subcommittee 2: LTC Plan Implementation and Progress Tracking Subcommittee – Proposed Roles and Responsibilities

- (1) Develop a tracking tool and methodology to monitor and evaluate the state's progress towards meeting the goals of the LTSS Plan and implementation of the short and long-term recommendations.
 - Present the tool and methodology to the full LTC Planning Committee for feedback prior to implementation
 - Provide quarterly progress updates to the LTC Planning Committee at regularly scheduled meetings.
- (2) Identify state and national experts/best practices and bring them to the subcommittee or full committee provide action steps grounded in research and fiscal feasibility to move recommendations forward.
- (3) Identify areas for resource maximization, enhanced agency coordination and overall operational improvement.

Subcommittee 2: LTC Plan Implementation and Progress Tracking Subcommittee – Membership



DISCUSSION POINT - Who should be at the table?

Sample Composition to Kick-Off Discussion

- ▶ 6-8 members half of which must be from state agencies, at least 1 member from the LTC Advisory Council and the remaining being various stakeholders such as advocates, users of the LTSS system or family members.
 - What state agencies must be at the table? What other parties?
- Chair and/or Co-Chairs shall be selected from the membership.

Subcommittee 2: LTC Plan Implementation and Progress Tracking Subcommittee – Member Feedback

- ► This looks like a heavy lift. Will there be OPM leadership and admin support for these activities? Or, can the subcommittee play a more supportive role?
- These are important functions for this committee that can support future No Wrong Door efforts too.

Discussion and Vote



Subcommittee Formation – Next Steps

Subcommittee Development Next Steps

MHOs

Define subcommittee composition

- How many?
- > Who?

(state agencies, community orgs, advocates, persons with lived experience)

HOMs

Develop recruitment strategy

- Who is locating and nominating subcommittee members?
- How can people self-select and request to join?
- How can people not on subcommittees still participate in process?

WHAT and WHEN?

Establish action plan

When do we want subcommittees to have first meeting?

Move backwards from there:

- What are the next steps?
- What is the timeline for each step?
- Who are the responsible parties?

Establishing Subcommittees - Member Recruitment Strategy



DISCUSSION POINT – How do we establish subcommittee membership?

Sample Strategy to Kick-Off Discussion

- State Agency Members: LTC Planning Committee members from the designated state agencies can serve or appoint a designee.
- LTC Advisory Council members and individuals with lived-experience, will be recruited by the LTC Advisory Council Chair in consultation with LTC Planning Chair.
- Planning Committee members will have final say in subcommittee membership via vote. Is this necessary?

DISCUSSION POINT – What are the next steps, when do they need to be done and who is doing them?

Task	Responsible Party	Due Date
Determine composition of each subcommittee	LTC Planning Committee	September 9 th
Identify members for appointment to subcommittees	Assigned parties on next slide	September 29 th
All subcommittee appointees submitted to OPM	Assigned parties on next slide	September 30 th
Welcome emails and details sent to Subcommittee members	Melissa Morton/Cody Clark	October 15 th
Develop agenda and materials for subcommittee welcome emails and kick-off meetings	Melissa Morton/Cody Clark w. Cttee Support	October 27 th
Subcommittees convene for 1st Time	Melissa Morton/Cody Clark	November 2025
Subcommittees provide first report out to LTC Planning Committee	TBD	December 2025

All members must be submitted to Melissa Morton by September 30th (This slide completed by members during 9/9 meeting)

Member	Responsible Party	Subcommittee 1 # of Members	Subcommittee 2 # of Members
DSS	Christine Weston	1	
ADS	Margy Gerundo-Murkette	1	
DDS	Krista	1	
DMHAS	Erin Leavitt-Smith	1	
DOH	Michael Santoro	1	
DPH	Barbara Cass	1	
LTC Advisory	Michael Werner	4	3
Users of LTC system/Family Members	All members LTC Planning Committee & Advisory Council	2	3
OHS	Jessica Rival		1
DOT	Lisa Rivers		1
TOTAL Subcommittee Members		12	8