# DSS Community Options Strategic Planning Group Money Follows the Person Federal Demonstration Program

#### **MFP Benchmarks**

- Transition 5200 people from qualified institutions to the community
- 2) Increase dollars to home and community based services
- 3) Increase hospital discharges to the community rather than to institutions
- 4) Increase probability of returning to the community during the six months following nursing home admission
- 5) Increase the percentage of long term care participants living in the community compared to an institution

(Based on latest data available at the end of the quarter)

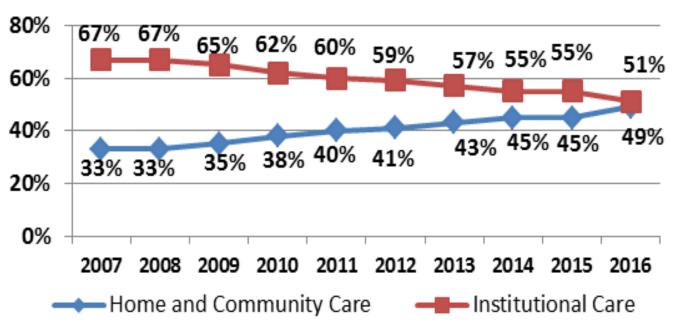
**UConn Health, Center on Aging** 

#### **Data source OPM and DPH**

**Benchmark 1:** The number of demonstration consumers transitioned = 4,247 (non-demonstration transitions = 304)

**Benchmark 2:** CT Medicaid Long Term care Expenditures

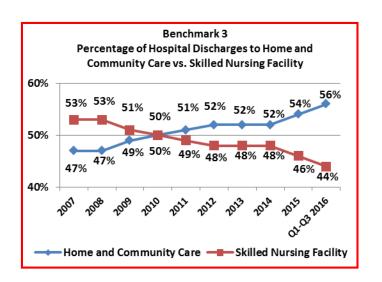
Benchmark 2
CT Medicaid Long-Term Care Expenditures

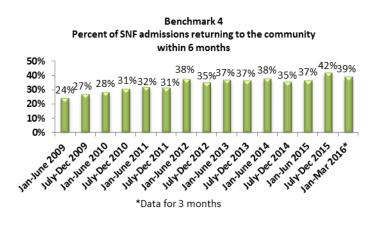


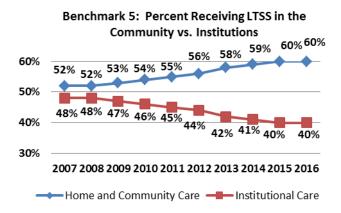
**UConn Health, Center on Aging** 

Operating Agency: CT Department of Social Services Funder: Centers for Medicare and Medicaid Services

Based on latest data available at the end of the quarter









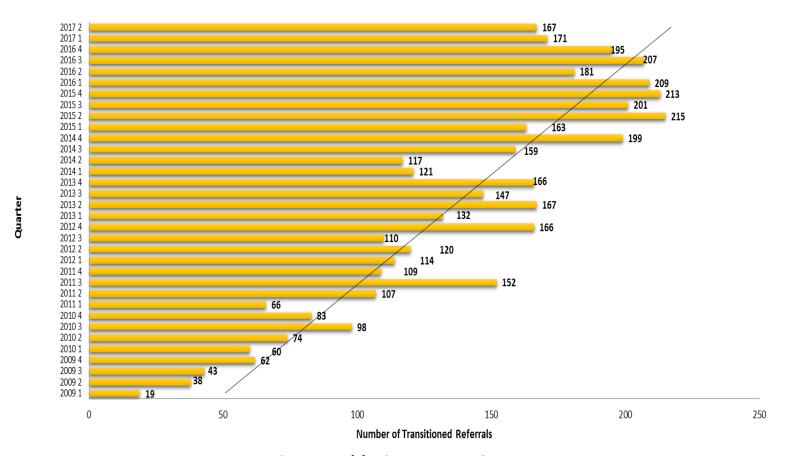
Source OPM and DPH data

#### **UConn Health, Center on Aging**

Operating Agency: CT Department of Social Services Funder: Centers for Medicare and Medicaid Services

Based on latest data available at the end of the quarter

## Number of Transitions by Quarter December 2008 – June 2017



#### UConn Health, Center on Aging

Operating Agency: CT Department of Social Services Funder: Centers for Medicare and Medicaid Services

Based on latest data available at the end of the guarter

# Community First Choice & Universal Assessment v1.2

## **Community First Choice HUSKY Health Benefit**

4658 applications
1370 care plans sent to FI
222 awaiting clinical approval by DSS
1401 cases recommended for
closure/closed
500 pending assessment
1000 pending assignment to field

## Community First Choice On-line toolkit

- CFC participants have begun piloting an online toolkit
- This will allow participants to submit their care plans for approval on-line
- This was made possible through the TEFT grant as part of their electronic Long-Term Services and Supports (eLTSS) initiative.
- This is in the beginning stages, but has an exciting start!

### Universal Assessment v1.2

The new UA went LIVE on Monday 8/7

 We have 190 users accessing the new UA across CFC and MFP



 We incorporated the updated algorithm producing accurate Levels of Care and Levels of Need across ALL populations

## No Wrong Door

## **Connecticut's No Wrong Door**





Local Partners in every CT Town

Tiers of partners to maximize participation

#### **Care Through Community**

The information and resources you need to remain in the place you call home.





Connect to living independently.

MyPlaceCT.org 241

Funding provided by the U.S. Centers for Medicare & Medicaid Services and the State of Connecticu

#### **Enhancing Community LTSS Networks**

Request for Proposals – May 2016 Contracts Signed November 2016



# Starting Point

- Mini Grants \$10,000 \$15,000 to help communities engage stakeholders, expand their networks, and develop a local asset map
- Leadership Council
  - NWD: Danbury, Enfield, Newington
  - Rightsizing: Leeway (New Haven),
     Southington HC, Jewish Senior Services (Bridgeport), Mary Wade (New Haven)
  - State Department on Aging
  - Department of Social Services
  - Mintz + Hoke
- Leadership Council meets monthly to develop resources, process, and best practices
- Evaluation: UConn Center on Aging Determine proof of concept: does this design work?
- Report due early 2018

# My Place CT CaringCareers.org



## 1. Raise awareness of the importance and value of home care workers

- Connect employers and jobseekers on the CT DOL website, CTHires.com
- Created CaringCareers.org to help introduce CTHires.com
- Outreach and awareness campaign
  - Sept-Nov 2016
  - May-Nov 2017
- Generated over 28 million gross impressions and 3,475 website users







CaringCareers.org creates a warm handoff to those looking for in-home care jobs, with direct links to CTHires.com and visual aids that provide an overview of what to expect upon creating an account.



## Housing



## **Project Based Subsidy CT 811**



#### **COMMUNITY PARTNERSHIP**

 One component of the Frank Melville Supportive Housing Act of 2010 "creates a new emphasis on multifamily housing to encourage nonprofit sponsors to set aside up to 25% of units..."

#### PARTNERSHIP ACROSS AGENCIES

• The Department of Housing and Urban Development (HUD), The Department of Housing (DOH), The Department of Developmental Services (DDS) Autism Spectrum waiver unit, The Department of Mental Health Coordinated Access Network (DMHAS-CANS), and The Department of Social Services Money Follows the Person (DSS-MFP) Demonstration are partnering in the project based subsidy program intended to serve very-low income consumers with disabilities.

#### **PROCESS**

- CT is a 2013 awardee, to date two contracts have been executed.
- Units become available based on turnover from each property.
- Consumer access is limited to target populations of the partnered agencies listed above.

## **Housing Analysis**

The DOH in collaboration with DSS are evaluating Connecticut's current housing inventory. The purpose is to understand today's housing stock and understand what tomorrow's need for housing is.

#### The Analysis will include:

- A count of all available housing, both market and subsidized
- A review of accessibility of all housing
- Homeless trend projection affect on housing supply and demand
- Base data from the Mercer Report, which includes projections on workforce needs for community based long-term services and supports

## Hospice

#### **Objective:**

To identify the barriers to hospice care for State of CT Medicare/Medicaid participants with Chronic Medical Conditions.

#### **Challenges:**

- CT continues to rank last in the country in hospice median length of stay (15 days CT vs. 23 days nationally, based on 2015 Medicare claims data)
- CT ranks last in country with highest short length of stay (36% CT days 0-7 vs 29% nationwide days 0-7)

#### **Identified barriers to service:**

- Short Hospice Stays start of services occurring 7 days prior to death
- Late Referrals to Hospice
- Lack of Knowledge amongst patients, families, and medical professionals
- Lack of training for upcoming professionals

#### Goals:

- Foster a conversation around how to discuss hospice care with Medicare/Medicaid participants and their families
- Increase public knowledge and awareness about hospice and the Medicare benefit. (It appears consumers do not know the details of the benefit and they do not actively seek access to the benefit they are entitled to)

#### **Next Steps:**

Hold focus groups to include heath care providers, patients and their families

#### **Goal of focus groups:**

- understand additional factors that may be contributing to inadequate utilization
- generate solutions for closing the gap between the current system and optimal end of life care

## Informal Caregiver Supports

#### The Department of Social Services/Money Follows the Person (MFP) is in the process of developing an Informal Caregiver Supports Pilot to:

- provide in-home hands-on teaching to families and informal caregivers of individuals discharging from institutions to the community
- improve the health and "quality of life" outcomes for both the individual receiving the services and the informal caregiver
- diminish gaps in Connecticut's support system, related to informal caregivers.

The findings from the University of Connecticut's Center on Aging study on the impact of older adults and individuals with disabilities returning home with informal care, indicates that the most frequently mentioned knowledge gaps reported by informal caregivers were:

- managing and learning about proper administration of medications
- nutrition issues related to specific chronic conditions such as diabetes,
- and exercise/rehabilitation options for clients with moderate to severe disabilities

#### **Informal Caregiver Supports Pilot aims to provide:**

- Hands-on teaching of medical related tasks
- In-home consultative services for care coordination of medical providers
- In-home supports for behavioral symptoms
- Education on self-care for the caregiver
- Connection to local community supports and resources

### Goals

- Reduce caregiver stress and burnout
- Reduce re-institutionalization
- Address knowledge gaps through education and hand-on teaching
- Increase the confidence and efficacy of the informal caregiver's delivery of medical related nursing tasks
- Help caregivers cope with the physical and emotional demands of caring for a loved one at home, while improving health outcomes for the caregiver and the Money Follows the Person participant

## **Nursing Facility Diversification**

## **Nursing Facility Diversification**

#### Exploring incentives for conversion of facilities into affordable housing

- Last fall Connecticut hosted a Federal and State Workgroup on Rebalancing Long Term Services and Supports. The workgroup, consisting of federal, state, and local entities, identified strategies to meet the housing trends and demands in Connecticut
- Focused on financial issues related to housing trends and challenges in Connecticut, in particular, conversion of assisted living facilities and nursing facilities, and use of U.S. Housing and Urban Development (HUD) 232 funding
- A smaller subgroup has continued to meet regularly to move forward Connecticut's plan to fund the conversions with \$28M in state nursing home diversification bond money coordinated with tax credits from the Connecticut Housing Finance Authority

#### **Nursing Home Diversification Projects**

- Leeway Health Care Grant to open Places of Dynamic services throughout New Haven and decrease institutionalization/re-institutionalization
- Southington Health Care Center completed their grant in July of 2017. They will be sustaining and expanding their Centers for Healthy Aging
- Mary Wade completed their grant in October of 2015 and are sustaining their non medical home care
- Jewish Home for the Elderly completed their grant and opened a Adult family Living Agency that is sustainable
- United Methodist Home completed their pre-development project and are looking to move forward to development
- Church Homes has been working with HUD on their pre-development project

## **Nursing Facility Closures**

#### Nursing Home Closures and Anticipated Need: 2005 through 2025

2023     13,594     12,707     442     5,470     23,249     81.9%     2,707       2024     13,153     12,266     442     5,911     22,808     80.8%     3,32	Year 2005 2006 2007 2008 2009 2010 2011 2012 2013 2014 2015 2016 2017 2018 2019 2020 2021	384T NH Recipients 18,728 18,637 18,238 17,591 17,396 17,263 17,083 16,896 16,683 16,769 16,778 16,647 16,122 15,721 15,320 14,919 14,477	MFP Transitions  162 315 434 510 612 596 792 791	Mercer Report Projections  17,665  17,340  17,015  16,690  16,365  16,037  15,636  15,235  14,834  14,433  14,032  13,590	Actual Number of Facilities Closed 1 1 2 2 3 2 4 4 2 0 2 4 1	Reduction in Nursing Home Beds 160 59 180 190 295 207 472 464 165 - 210 395 145 401 401 442	160 219 399 589 884 1,091 1,563 2,027 2,192 2,192 2,402 2,797 2,942 3,343 3,744 4,145 4,587	Available NH Beds 28,712 28,552 28,493 28,313 28,123 27,828 27,621 27,149 26,685 26,520 26,508 26,412 25,777 25,376 24,975 24,574 24,132	Estimated Occupancy Rate 91.4% 91.4% 89.6% 87.0% 86.6% 86.9% 86.6% 87.2% 87.6% 88.6% 88.6% 88.6% 88.3% 87.6% 86.8%	Additional Bed Reductions toget to 95% Occupancy Over 8 Years  450 900 1,350 1,800
2024 <b>13,153</b> 12,266 <b>442 5,911</b> 22,808 80.8% 3,3	2022	14,036		13,149		442	5,028	23,691	83.0%	2,250
										2,700
2025 12,711 11,824 442 6,353 22,366 79.6% 3,6										3,150
	2025	12,711		11,824		442	6,353	22,366	79.6%	3,600

#### **NURSING FACILITY CLOSURES SFY 2005 - 2016**

Year	Nursing facility	Town	# of Beds closed
2005	Hamilton	Norwich	160
2006	Mercyknowll	West Hartford	59
2007	Darien Health Care Center	Darien	120
2007	Oakcliff Convalescent	Waterbury	60
2008	New Coleman Park	Bridegport	100
2008	Haven Health Center of Waterford	Waterford	90
2009	Sterling Manor	East Hartford	90
2009	Griswold Health and Rehab	Griswold	90
2009	Cresent Manor	Waterbury	115
2010	Courtland	Stamford	120
2010	West Rock Health Care	New Haven	87
2011	Rocky Hill Skilled Nursing	Rocky Hill	120
2011	Soundview	West Haven	102
2011	Bishop's Coner Skilled Nursing	W. Hartford	130
2011	University Skilled Nursing	New Haven	120
2012	Richard Rosenthal Hospice	Stamford	12
2012	Tandet	Stamford	130
2012	Clintonville	North Haven	112
2012	Wethersfield Healthcare	Wethersfield	210
2013	Laurel Hill	Winstead	75
2013	Hilltop - Ansonia	Ansonia	90
2015	Marshall Lane Manor	Derby	120
2015	The Kent	Kent	90
2016	Holy Spitit Healthcare	Putnum	40
2016	Alexandria Manor	Bloomfield	120
2016	Astoria Park	Bridgeport	135
2016	Paradigm South Windsor	South Windsor	100
2017	Greensprings	East Hartford	145