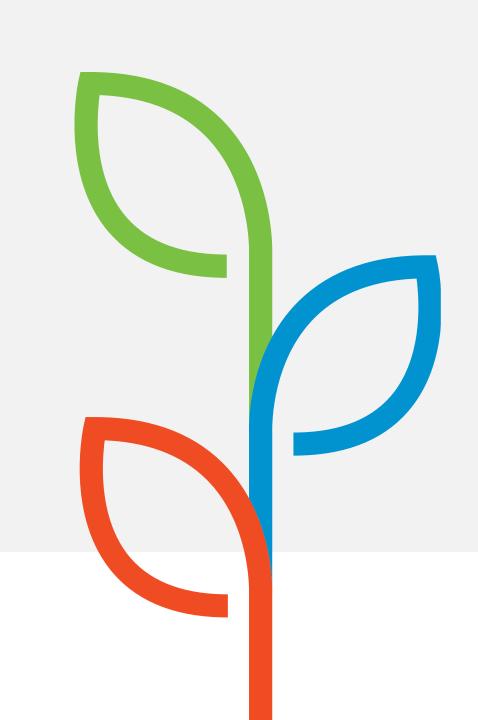
# Developing a Multisector Plan for Aging and Disability

LONG-TERM CARE COMMITTEE

**MARCH 12, 2024** 





### **Broad Goals**

Provide framework to plan for 10 years

Connect planning efforts across state agencies with aging and disability lens

Transform infrastructure

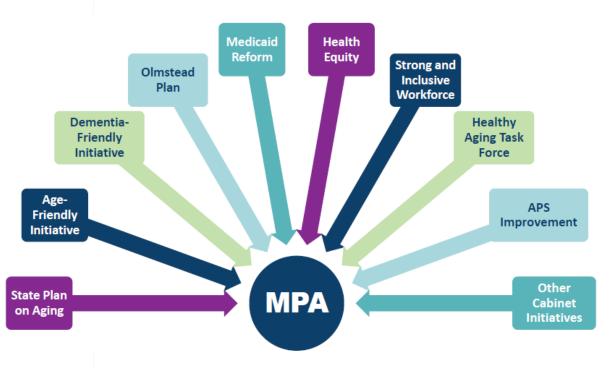
Improve service coordination

Build community authority and value lived experience

Ensure ongoing accountability and evaluation

### Strengths rather than replaces!

- Elevates common goals
- Reduces duplication
- Streamlines efforts



Sample graphic from North Carolina MPA

### Example: California



Delivering Results for Older Adults, People with Disabilities, and Caregivers







### 5 Bold Goals for 2030

- Housing for all Ages and Stages
- Health Reimagined
- Inclusion and Equity, Not Isolation
- Caregiving that Works
- Affording Aging



# Integrating Across Sectors and Levels of Government



### Multi-State Learning Collaborative

# Center for Health Care Strategies.

Facilitating the second cohort of 10 states and connected to federal advocacy efforts on multisector planning.

# State Government.

Executive and legislative branch representation across disciplines.

### Connecticut Age Well Collaborative.

Connected lived experience and local government with state policymaking.

- Department of Aging and Disability Services
- Department of Social Services
- Office of Policy and Management Intergovernmental Planning and Policy Division
- Connecticut Council on Developmental Disabilities
- Commission on Women, Children, Seniors, Equity and Opportunity



Public Safety & Preparedness

**Equity, Inclusion** & Belonging

**Economic** Opportunity

Community & **Social Services** 

Social, Cultural & **Civic Engagement** 

Equity and inclusivity for older people, people living with Alzheimer's disease and related dementias, people with disabilities, and their families and care partners

Health, Well-Being & Food Systems

Connecticut **Age Well** Collaborative

Public Spaces, **Buildings & Businesses** 

Communication, Information & Technology

Transportation

Housing











Embrace every age, every ability.



Build community authority and value lived experience.

A statewide, cross-sector initiative that fosters aging, dementia and disability-inclusive communities, leading the state's statutory livable communities initiative (CGS Sec. 17b-420a).



Provide education, resources and support.



Celebrate and scale community action.



Lead multi-sector planning and policy efforts.







# **GET INVOLVED WITH EVERY AGE, EVERY ABILITY**







Download the conversation guide



Bring a Daring Dialogue to your community



Learn to lead your own Daring Dialogues



Display the campaign posters



Design posters to celebrate your community



**Exhibit the** campaign art piece



Get recognized for your efforts!



## Community Leaders Fellowship

#### **FELLOWS**

Gain skills, connections and experience for long-term civic engagement

# MORE INCLUSIVE COMMUNITIES

#### **MUNICIPAL LEADERS**

Gain connections to residents with invaluable lived experience

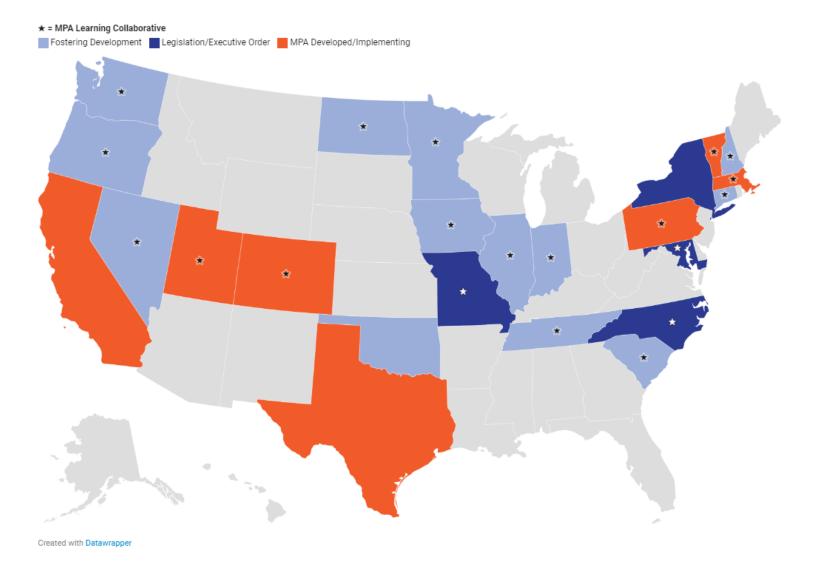
#### **MUNICIPALITIES**

Gain capacity and traction towards age and ability inclusivity

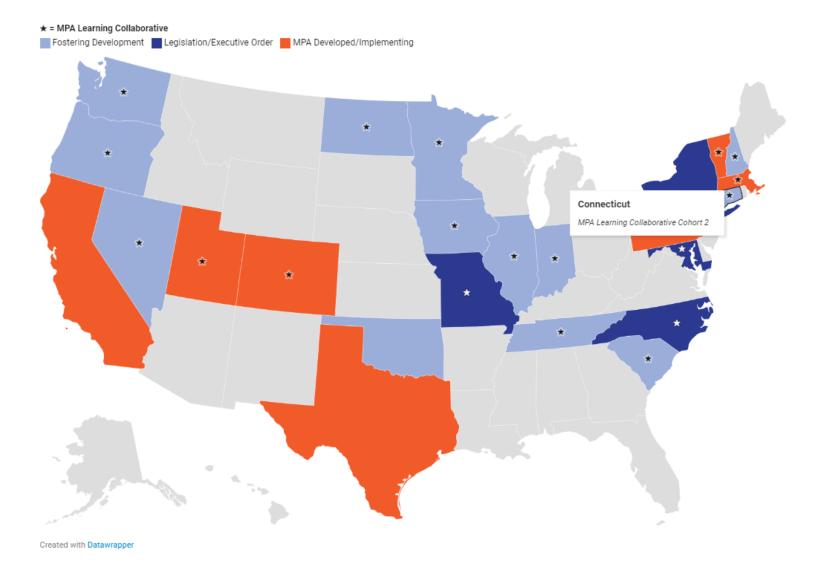


### Multisector Plans on Aging and Disability

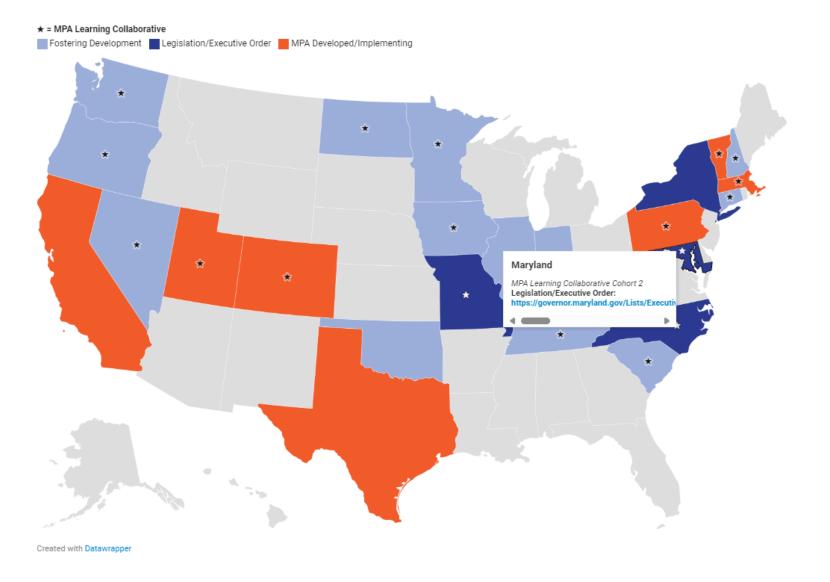




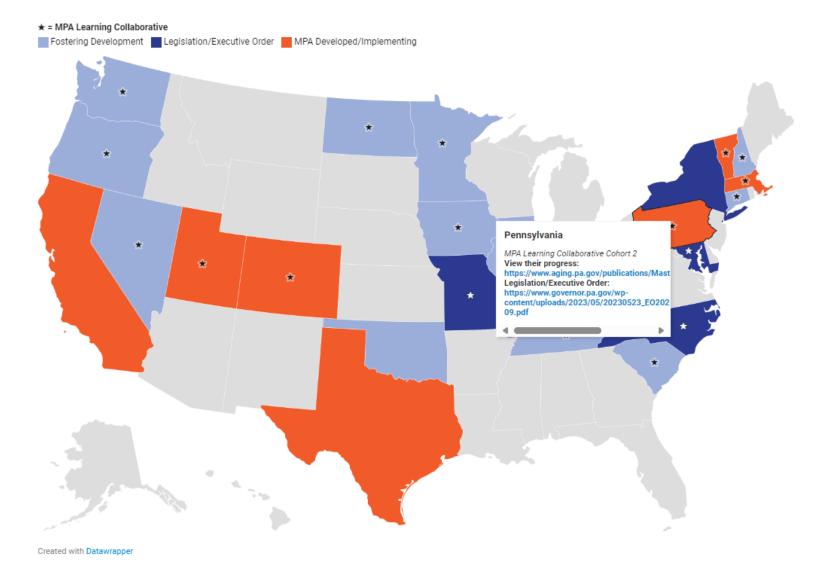














# Strategic Plan for Aging Act

Introduced as part of the reauthorization of the Older Americans Act

118TH CONGRESS 2D SESSION

S. 3827

To amend the Older Americans Act of 1965 to require the Assistant Secretary for Aging to award grants to States, Indian tribes, and tribal organizations to create or implement Multisector Plans for Aging and Aging with a Disability, and for other purposes.

#### IN THE SENATE OF THE UNITED STATES

FERRUARY 28, 2024

Mrs. Gillimanon (for herself and Mr. Camy) introduced the following bill; which was read twice and referred to the Committee on Health, Education, Labor, and Pensions

#### A BILL

To amend the Older Americans Act of 1965 to require the Assistant Secretary for Aging to award grants to States, Indian tribes, and tribal organizations to create or implement Multisector Plans for Aging and Aging with a Disability, and for other purposes.

Be it enacted by the Senate and House of Representatives of the United States of America in Congress assembled,

#### SECTION 1. SHORT TITLE.

This Act may be cited as the "Strategic Plan for Aging Act".

#### SEC. 2. SUPPORTING MULTISECTOR PLANS FOR AGING AND AGING WITH A DISABILITY.

(a) IN GENERAL .- Part A of IV of the Older Americans Act of 1965 (42 U.S.C. 3032 et seq.) is amended by adding at the end the following:

#### "SEC. 423, SUPPORTING MULTISECTOR PLANS FOR AGING AND AGING WITH A DISABILITY.

"(a) DEFINITIONS .- In this section:

"(1) AGING AND DISABILITY STAKEHOLDERS .-



### States' Investments





### State Legislatures are Investing

### California

 \$4.5 million over three years (2022-2025) to enable communities to plan and develop their own local and ageand disability-friendly plans

### Washington

 \$500,000+ over two years to develop a campaign to disrupt ageism and ableism as a workforce development strategy

- Helps make rebalancing successful
- Cross-connects existing assets and investments



### Questions?





# Appendix Slides







### **CAMPAIGN**



Funding in support of the Collaborative's campaign to challenge negative bias about aging and disability is provided primarily by the Connecticut Council of Developmental Disabilities, with additional, generous support from Connecticut Community Care, the Connecticut Department of Aging and Disability Services and the Point32 Health Foundation.



## Community Leaders Fellowship: Process Flow



#### COMMITMENT

Local government decides to bring the Fellowship to their town.

Working with the Collaborative, the municipality identifies a project that will increase inclusion and benefit from lived experience of ageism and ableism.

#### RECRUITMENT

(2 MONTHS)

Together, we recruit community members with lived experience who have previously been excluded from decision making—older adults, people with disabilities, people with dementia, and care partners.

Up to ten Fellows are selected to participate.

#### **LEARNING**

(3 DAYS)

The Fellows attend a multi-day workshop to build community, deepen their existing strengths, and learn new skills to undertake their project.

Municipal leaders attend a portion of the workshop to learn with and from the Fellows.

#### **IMPLEMENTATION**

(3 MONTHS)

Fellows collaborate with municipal leadership on the project, supported by coaching from the Collaborative.

Fellows are compensated \$25/hour for their work, funded by the Collaborative.

#### **ACHIEVEMENT**

By working together, the municipality and the Fellows achieve tangible, co-created progress toward a more age- and disability-inclusive community.

Changes are grounded in community authority and lived experience.



### The Need for Investment

From 10 Things About Long-Term Services and Supports (LTSS) | KFF: <a href="https://www.kff.org/medicaid/issue-brief/10-things-about-long-term-services-and-supports-ltss/">https://www.kff.org/medicaid/issue-brief/10-things-about-long-term-services-and-supports-ltss/</a>

Most Medicaid LTSS spending is for people who are ages 65 and over or who are under age 65 with disabilities

Enrollees ages 65 and older or under age 65 with disabilities have higher overall Medicaid costs.

Workforce shortages among LTSS providers have been exacerbated by the COVID-19 pandemic.

The need for LTSS will grow as the population ages.

