

**Long-Term Services & Supports
Rebalancing Updates
September 2016**

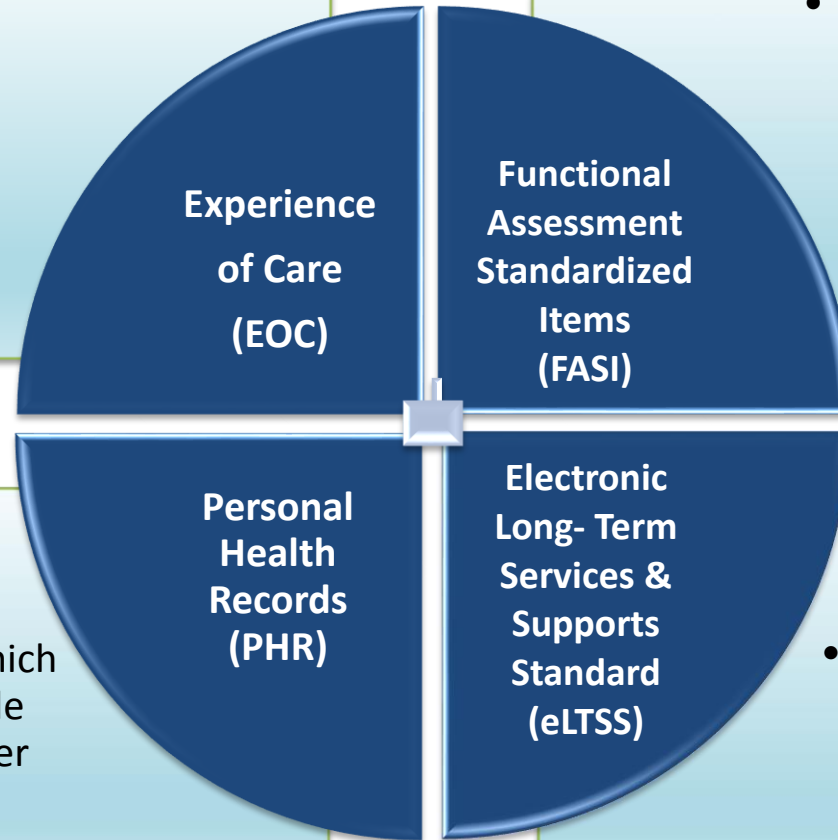
Connecticut Legislative Office Building
Long Term Care Planning Committee Meeting
Hartford, CT

CT Long-Term Services & Services (LTSS) Initiatives

- Testing Experience & Functional Tools (TEFT)**
- Innovation Accelerator Program (IAP)**
- Balancing Incentive Program (BIP)**
 - Community First Choice
 - No Wrong Door – *Mintz & Hoke
- Money Follows the Person Demonstration (MFP)**
 - Status Updates
 - Focus for Final Years
- Benchmarks**
- Questions**
- Contacts & Information**

Updates

- EOC Survey Testing completed
- Consumer Assessment of Healthcare Providers & Systems (CHAPS) Certification granted



- Round 1 Testing complete; Round 2 underway

- Finalizing options and anticipate announcing which PHR will be made available to individuals served under the Money Follows the Person Demonstration

- Continuing to develop a set of national standards to identify and allow for electronic sharing of components of care plans

Overview

IAP is an intensive, six-month technical assistance opportunity designed to help states support individuals served by Medicaid in accessing and retaining stable housing; and meaningfully engaging with providers they choose to achieve their health goals.

Collaboration among Connecticut's:

- Department of Social Services
- Department of Housing
- Department of Mental Health and Addiction Services
- Department of Developmental Services
- Office of Policy and Management
- CT Housing Finance Authority
- Partnership for Strong Communities, and
- Corporation for Supportive Housing

Overview

IAP GOALS:

- ❖ Help States align policies and funding between state Medicaid, disability services, and housing agencies to maximize affordable and supportive housing opportunities;
- ❖ Ensure people experiencing chronic homelessness, people identified as high utilizers of health care services, and/or individuals with disabling conditions who are exiting institutional settings have access to a service package linked to housing to improve access to health care and outcomes and reduce costs; and
- ❖ Help States take advantage of opportunities in Medicaid to cover and finance services in supportive housing while maximizing the use of other resources to pay for non-Medicaid supports.

Overview

In October 2011, CMS awarded States grants in order to serve more people in community-based settings.

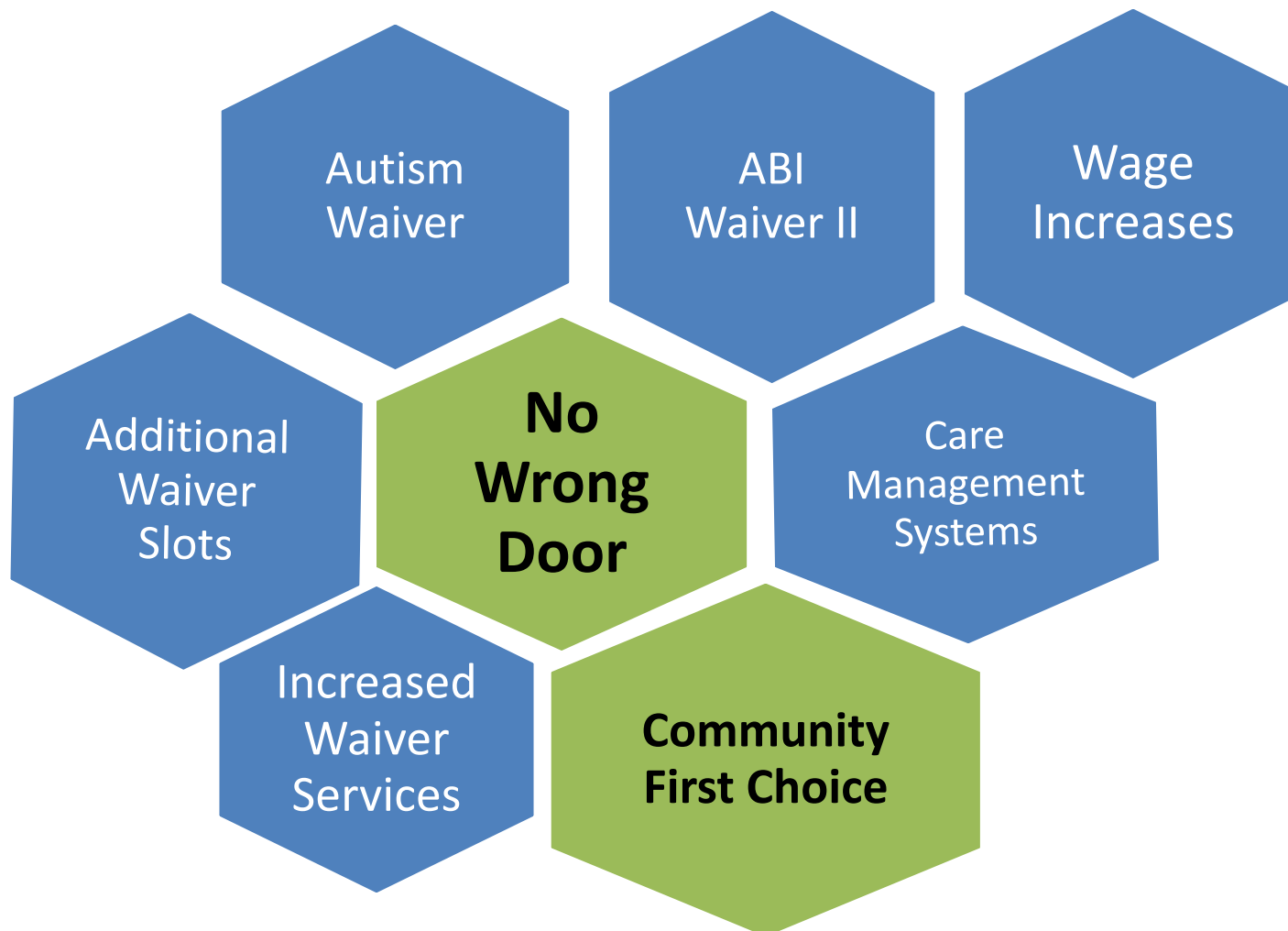
In December 2012, Connecticut received its initial grant award.



Grantees received an enhanced Federal Matching Assistance Percentage (FMAP) on their LTSS spending which was to be used for new or expanded home and community-based services.

States were to transform their long-term care systems by September 30, 2015.

Connecticut's BIP Reinvestment



What is Community First Choice (CFC)?

CFC is a home and community-based service option that supports the highest degree of **choice**, **control**, and **autonomy** for consumers through a self-directed model.

Employer Authority – Decision-making authority over who they recruit, hire, train, and supervise their services

Budget Authority – Decision-making authority over how the Medicaid funds in their budget are spent

4 Budget Areas:

1. Assistance with hands-on care, cueing, and supervision
2. Assistance with managing a budget and/or staff
3. Assistance with back-up supports
4. Assistance to increase independence with health-related or daily-living tasks

Determination of CFC Eligibility

Consumers must:

- Live in a “community setting”
- Choose to self-direct and manage an individual budget
- Be covered under one of the Husky coverage groups
- Be at “Institutional Level of Care”

Institutional Level of Care (LOC)

Defined as:

1. Supervision or cueing \geq 3 Activities of Daily Living (ADLs) + need factor; OR
2. Hands-on \geq 3 ADLs; OR
3. Hands-on \geq 2 ADLs + need factor; OR
4. A cognitive impairment which requires daily supervision to prevent harm.

Activities of Daily Living include Bathing, Dressing (upper or lower body), Toilet Use, Eating, or Transferring

Needs Factors include:

- **Rehabilitative Services:** Physical, Occupational, or Speech therapy
- **Behavioral Need:** Behavior requiring daily supervision to prevent harm
- **Medication support:** Assistance for taking daily medications beyond setting up

Services available under CFC

- Self-hired personal care attendant
- Home delivered meals
- Emergency response system
- Support and Planning Coach
- Health Coach
- Consumer Education
- Personal Attendant Education
- Assistive Technology
- Environmental Adaptations
- Transitional Services

CFC Process

1. APPLY

**2.
ASSESSMENT**

**3. DEVELOP
SERVICE
PLAN**

**4. SERVICE
PLAN
APPROVAL**

**5. HIRE
STAFF,
MANAGE
BUDGET**

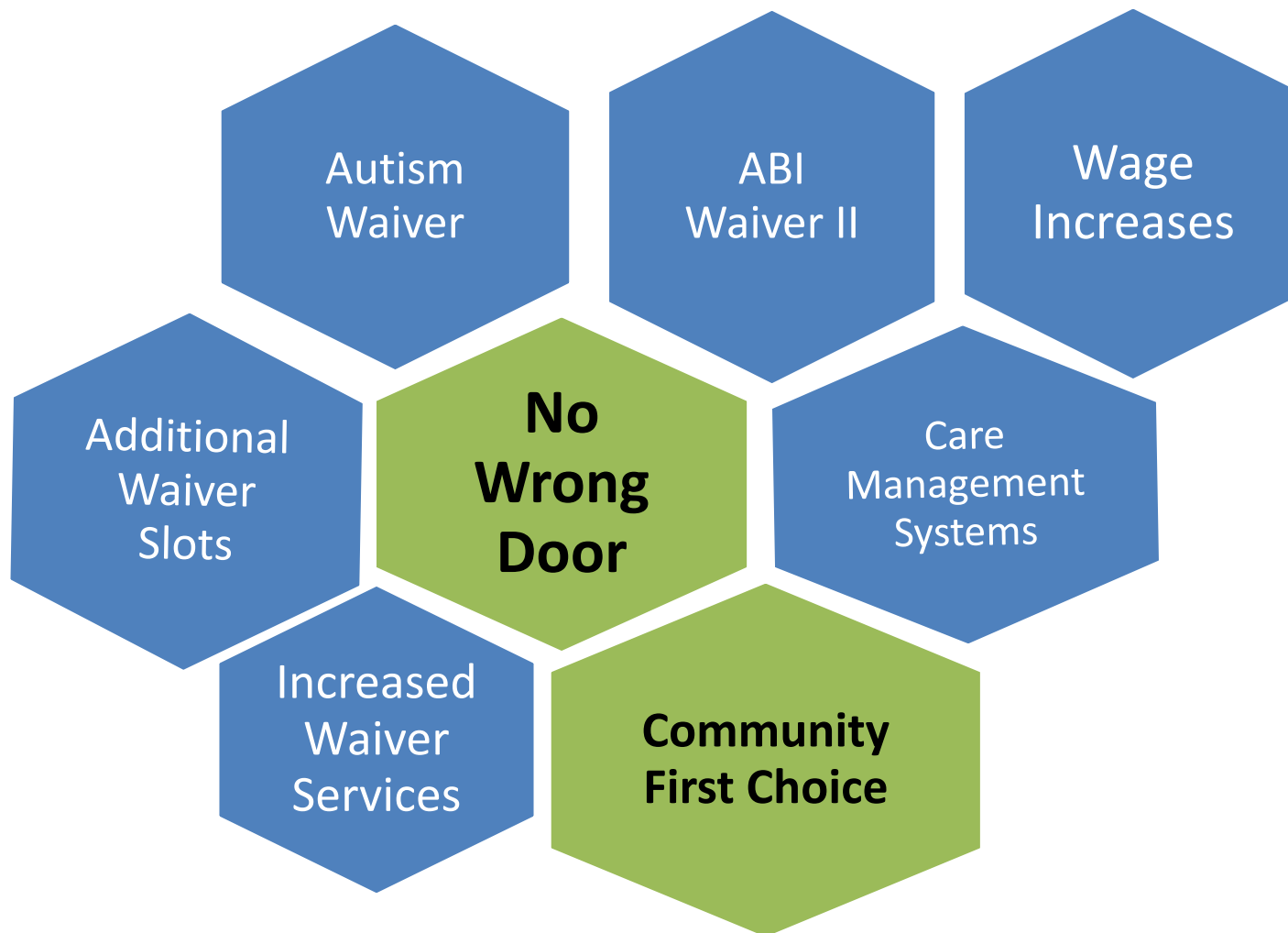
Status of CFC Implementation

As of 8/31/2016,

- **2,197** applications received
- **1,003** applicants referred to an Access Agency
- **383** Service Plans submitted
- **313** Service Plans Approved

- Estimated timeframe application to assessment = 1 to 3 months
- Applicants who are at a immediate risk of institutionalization are prioritized

Connecticut's BIP Reinvestment



Overview

No Wrong Door Systems to be established in order for people to more easily obtain information on Medicaid LTSS.

May 2016 – Request for Qualification (RFQ) released seeking LTSS community partners

September 2016 – 3 communities awarded

1. Enfield Senior Center, Enfield
2. Newington Senior Center, Newington
3. CCCI - Danbury

GETTING IN-HOME OUT TO THE PEOPLE

2016-2017 Communications plan



Department of Social Services | The State of Connecticut Centers for Medicare and Medicaid Services

**PROGRAM
COMPONENTS**

Workforce Stimulus

**Care Through Community
Partner**

**Consumer awareness and
education**

MyPlaceCT.org

WORKFORCE: BUILD THE SUPPLY NOW.

IN-HOME IS IN DEMAND.

CaringCareers.org



MY PLACE CT

Department of Social Services | The State of Connecticut Centers for Medicare and Medicaid Services

IN-HOME IS IN DEMAND.

Caregiving is one of the fastest growing occupations. And one that makes a real difference in someone's life. But more caregivers are needed. My Place CT helps potential caregivers like you find jobs in home care. Helping your neighbors live independently. Because there's no place like in-home.

[CaringCareers.org](https://www.CaringCareers.org)



Department of Social Services | The State of Connecticut
Centers for Medicare and Medicaid Services



BRING CARE

[FIND A CAREER](#)

IN-HOME

[FIND A CAREGIVER](#)

IN-HOME IS IN DEMAND

Caregiving is one of Connecticut's fastest growing occupations. More than ever, older adults and people with disabilities want to live in the place they call home. And My Place CT is here to help. In fact, we've created CaringCareers.org, the State of Connecticut's new resource hub for in-home care careers. Together, we provide the resources to match people who care for a living with people who need care to live independently. Because there's no place like in-home.





Select Language ▼

A A A

[Find a Career](#) | [Find a Caregiver](#) | [Explore Your Options](#) | [Get Started](#) | [Tips and Tools](#)

FIND A CAREGIVER

My Place CT helps you make the care choices that are right for you—starting with the resources to hire in-home help. With My Place CT, you have a single, reliable source of information to make you aware of the help that's available to you, along with the resources to access this help. We've teamed up with CTHires.com, Connecticut's trusted online employment resource to empower you to find the care you need. All to help you live life in the place you call home.

[Visit My Place CT](#)

Jump to: [In-Home is Your Choice](#) | [Becoming an Employer](#) | [Get Started](#) | [Customized Job Posts](#) | [You're an Employer. Now what?](#)

In-Home is Your Choice

Do you need long-term help with the activities of daily life? Or a reliable source of transportation because you can't drive. Or maybe your mom is being discharged from the hospital and she wants to come home if you can get care set up in time.

A nursing home or care facility isn't your only option. Whether you're elderly, live with a disability or are in need of long-term care support, My Place CT offers you the option to get the help you need in the place where you're the most comfortable. Your home.

Becoming an Employer

You should know that by paying someone to provide care in your home you're considered an employer in the eyes of the state and federal government. And the person you hire is considered your employee. CTHires.com helps employers like you attract potential candidates to apply for your job.

To register as an employer on CTHires.com, you will need both a Federal Employer Identification Number (FEIN) and State Employer Identification Number (SEIN)/UI Employer Number. If you already have these numbers, you are ready to create your own account. If you don't, here's what to do:

Step 1: Get your FEIN



Department of Social Services | The State of Connecticut Centers for Medicare and Medicaid Services



PANDORA Michael Zapruder Radio user@pandora.com Upgrade

+ Create Station 0:15 -3:39 Ads for Feelings from Michael Zapruder on Dragon Chinese Cocktail...

Now Playing Music Feed My Profile

Antonin Dvorak Radio
Chill Out Radio
The Rat Pack Radio
Burt Bacharach Radio
John Williams (Comp...
Dean Martin Radio
Wolfgang Amadeus ...
Richard Wagner Radio
French Cafe Radio
Georg Phillip Telem...
Black Sabbath Radio
Midlake Radio
Stepkids Radio
The Ocean Blue Radio
Philip Glass Radio
Madi Diaz Radio
Jason Becker Radio
Spooky Symphonies ...

My Place CT Radio
add variety options
Metallesque
Sam Cooke Radio

Date A - Z

STAND OUT IN-HOME.
CaringCareers.org
MY PLACE CT

MAKE A DIFFERENCE IN LIFE.
CaringCareers.org
MY PLACE CT

Ads For Feelings
by Michael Zapruder
on Dragon Chinese Cocktail Horoscope

Publish Share Buy

Lyrics not available

About Michael Zapruder
San Francisco-based singer/songwriter and guitarist Michael Zapruder first gained attention as a member of Patty Spiglanin's band the Naked Barbies, which self-released three albums (Dancing with Vacuums [1994], full bio

Similar Artists
Belle & Sebastian
Alexi Murdoch
Aqualung
Mason Jennings

EXPLORE IN-HOMECAREERS.
CaringCareers.org
MY PLACE CT
Department of Social Services
The State of Connecticut
Centers for Medicare and Medicaid Services

Pandora for your

PARTNERS: MOBILIZE THE COMMUNITY.



Influencers

Town officials who want the resources to help residents live independently.



Connectors

From pharmacists to hairdressers and first responders, connectors field questions and send people to MyPlaceCT.org, 2-1-1 or a local Navigator.



Providers

Health care and service professionals that provide care and support recommendations.



Navigators

DSS-trained individuals that assist residents with the tools to plan and access care and support.

Window Cling



Department of Social Services | The State of Connecticut Centers for Medicare and Medicaid Services



Bookmark



Table tent



Flyer



Pin

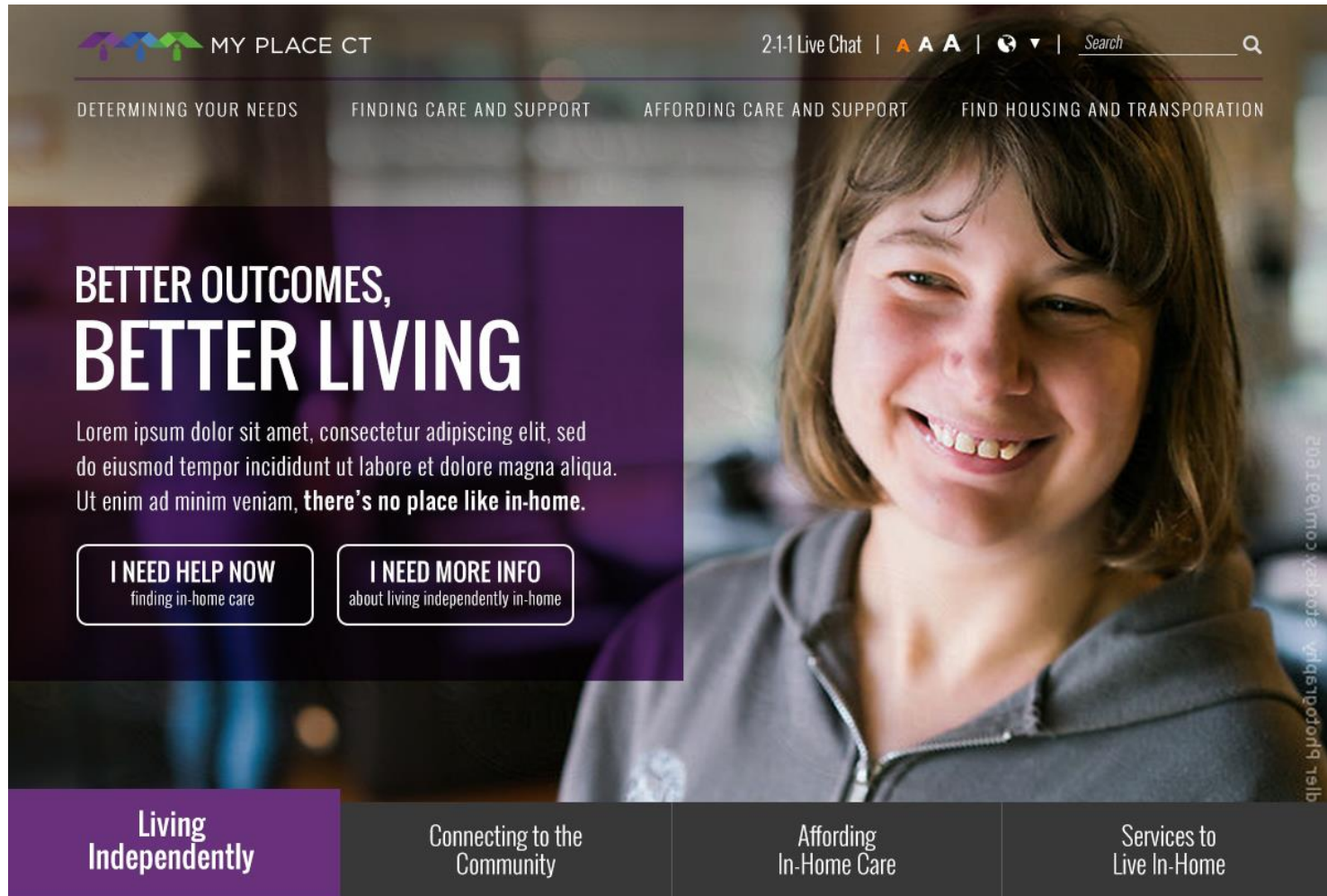
CONSUMERS: MEET THE NEED.

THERE'S NO PLACE LIKE IN-HOME

Connect to living independently **2-1-1**



MY PLACE CT.**ORG**



MY PLACE CT

2-1-1 Live Chat | A A A | Search

DETERMINING YOUR NEEDS | FINDING CARE AND SUPPORT | AFFORDING CARE AND SUPPORT | FIND HOUSING AND TRANSPORTATION

BETTER OUTCOMES, BETTER LIVING

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, **there's no place like in-home.**

I NEED HELP NOW
finding in-home care

I NEED MORE INFO
about living independently in-home

Living Independently

Connecting to the Community

Affording In-Home Care

Services to Live In-Home

**MYPLACECT.ORG:
DELIVERS ANSWERS**

“Is a nursing home my father’s only option?”

“How can I hire a caregiver?”

“How can I afford my medicine?”

“How can I get help around the house?”

“What is Medicaid?”

A direct link to help right now

MYPLACECT.ORG:
DELIVERS ANSWERS

A direct link to help right now
Benefits Check-up

MYPLACECT.ORG:
DELIVERS ANSWERS

**MYPLACECT.ORG:
DELIVERS ANSWERS**

A direct link to help right now
Benefits Check-up
Benefits Pre-Screen

**MYPLACECT.ORG:
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My Tool Kit

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A Partner portal with unique log-in

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A Partner portal with unique log-in

A Workforce section and landing
page

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Live support from 2-1-1

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More.

MYPLACECT.ORG: SCHEDULE

1. Partner Beta site: October
2. Live to the public: Early 2017

MYPLACECT.ORG: SCHEDULE

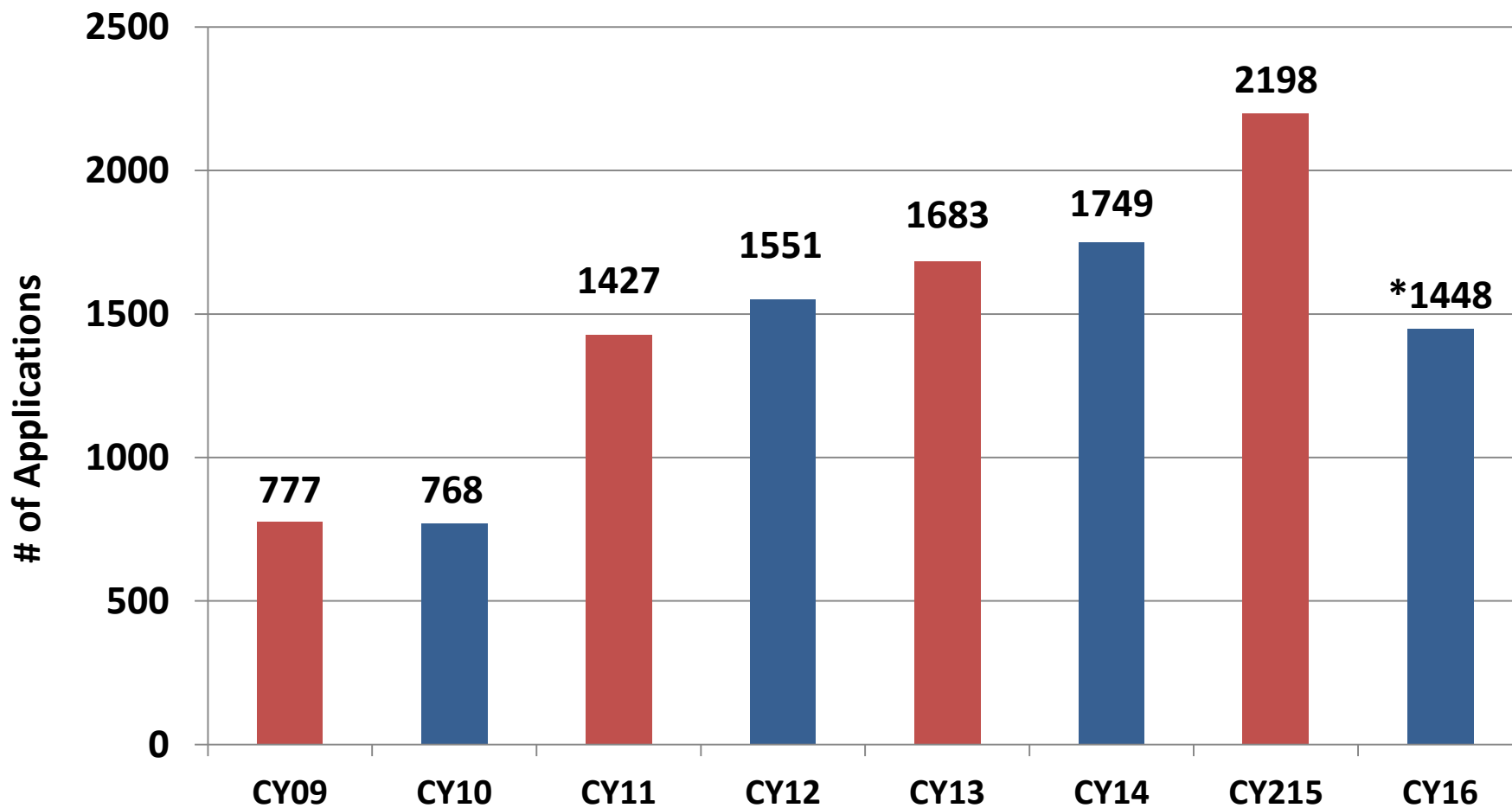
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Thank you.



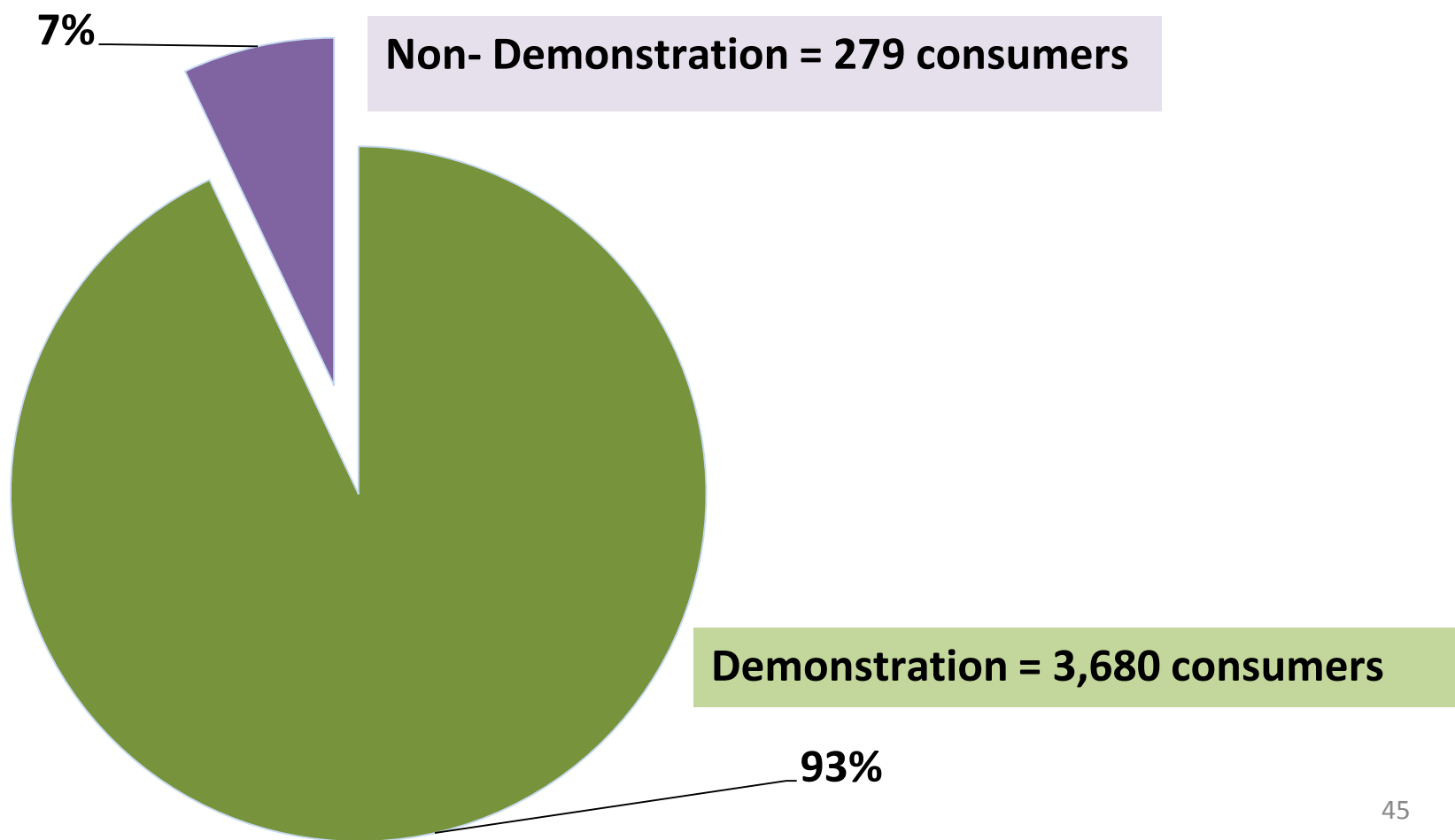
MFP Applications

*as of 8/31/2016 (*n* = 11,601)

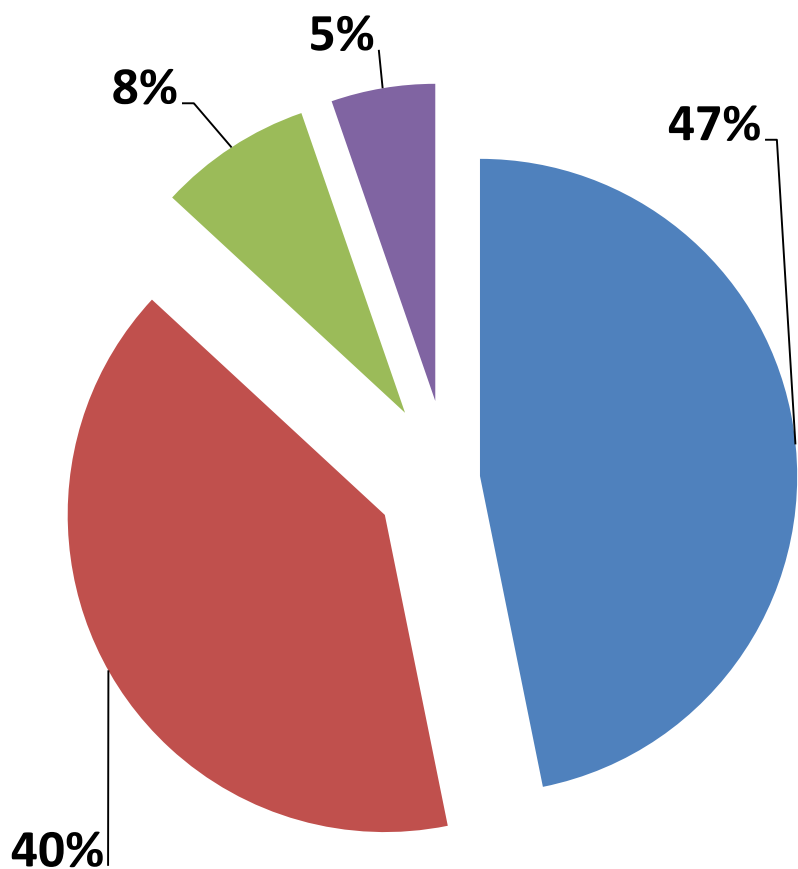


MFP Transitions by Program

as of 8/31/2016 (*n = 3,959 transitions*)



MFP Transitions by Population as of 8/31/2016



Older Adults = 1723 consumers



Physical Disabilities = 1474 consumers



Mental Health = 288



Developmental Disabilities = 195

Focus for MFP's Final Years

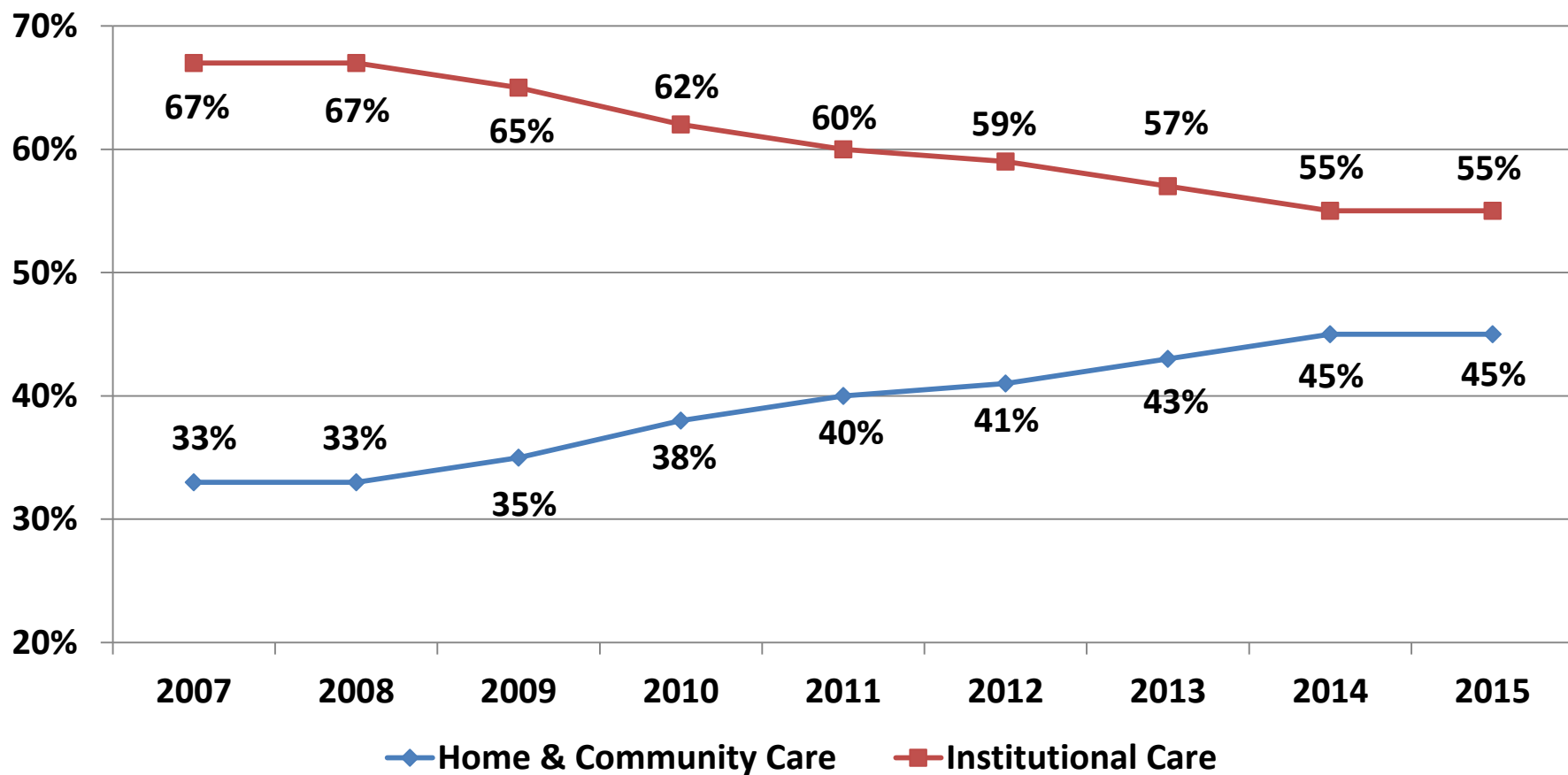
In April 2016, CMS awarded Connecticut \$129,920,175 extending the MFP Demonstration into 2020.

- **Housing Initiatives**
 - 811 Grant
 - Homelessness
- **Continue to demonstrate LTSS services**
 - Demo Addiction Services and Supports
 - Informal Caregiver Supports
- **Community Options Unit** – an integrated unit of the former HCBS and MFP Units at DSS

CT Medicaid LTSS Expenditures

Increase dollars to home & community-based services

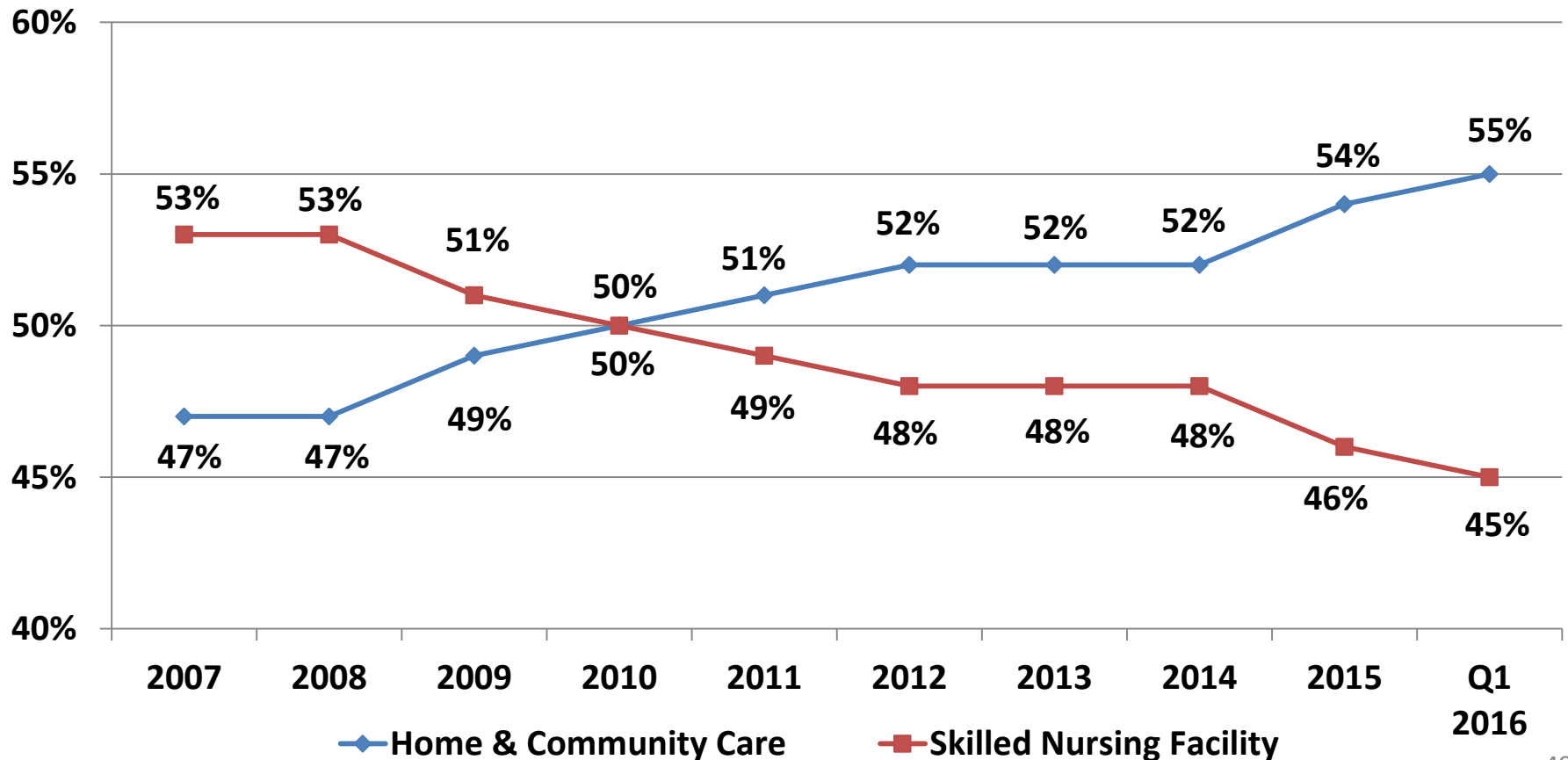
Source: Center on Aging, University of Connecticut



Percentage of Hospital Discharges to Home & Community Care vs. Skilled Nursing Facility

Increase hospital discharges to the community rather than to institutions

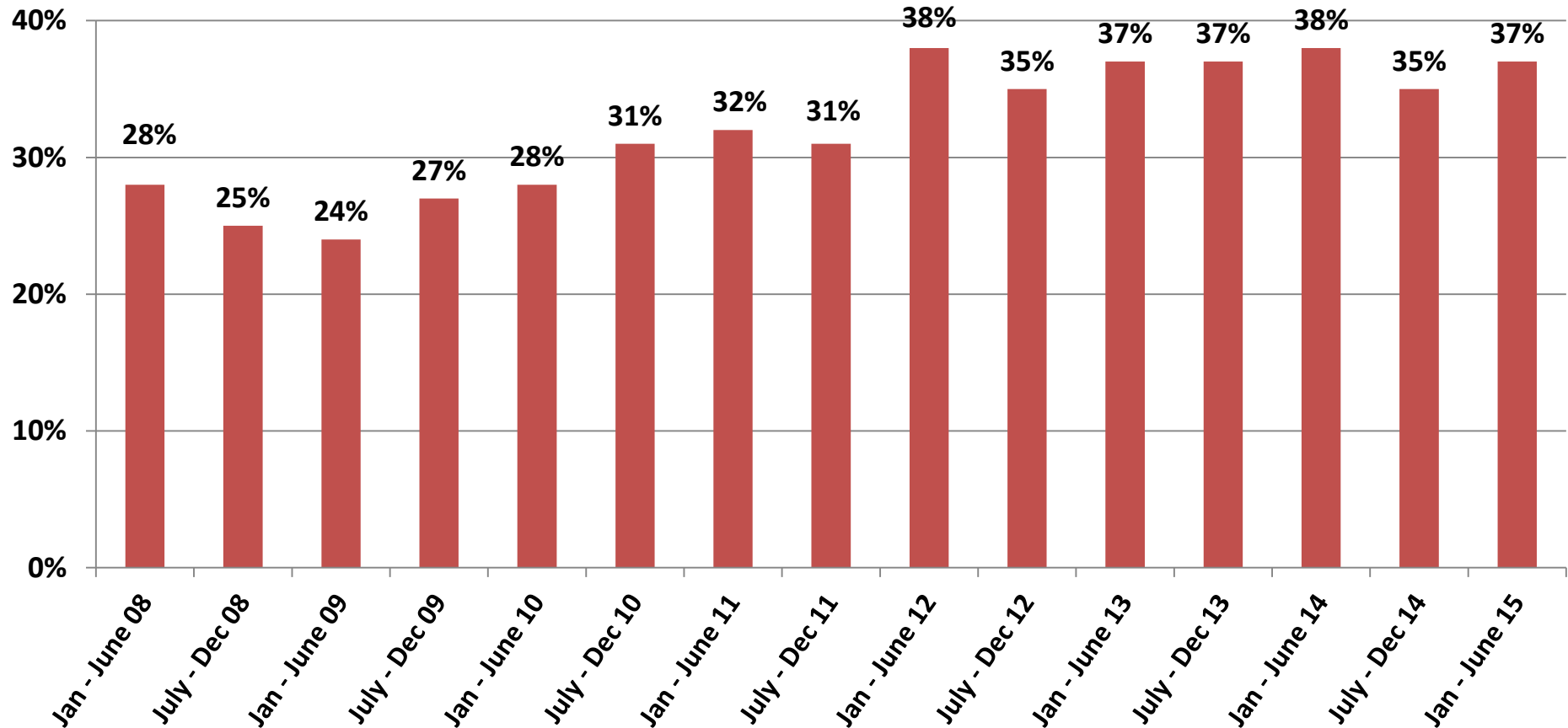
Data Source: Connecticut Office of Health Care Access



Percent of SNF Admissions Returning to the Community within 6 Months

Increase probability of returning to the community during the 6 months following nursing home admission

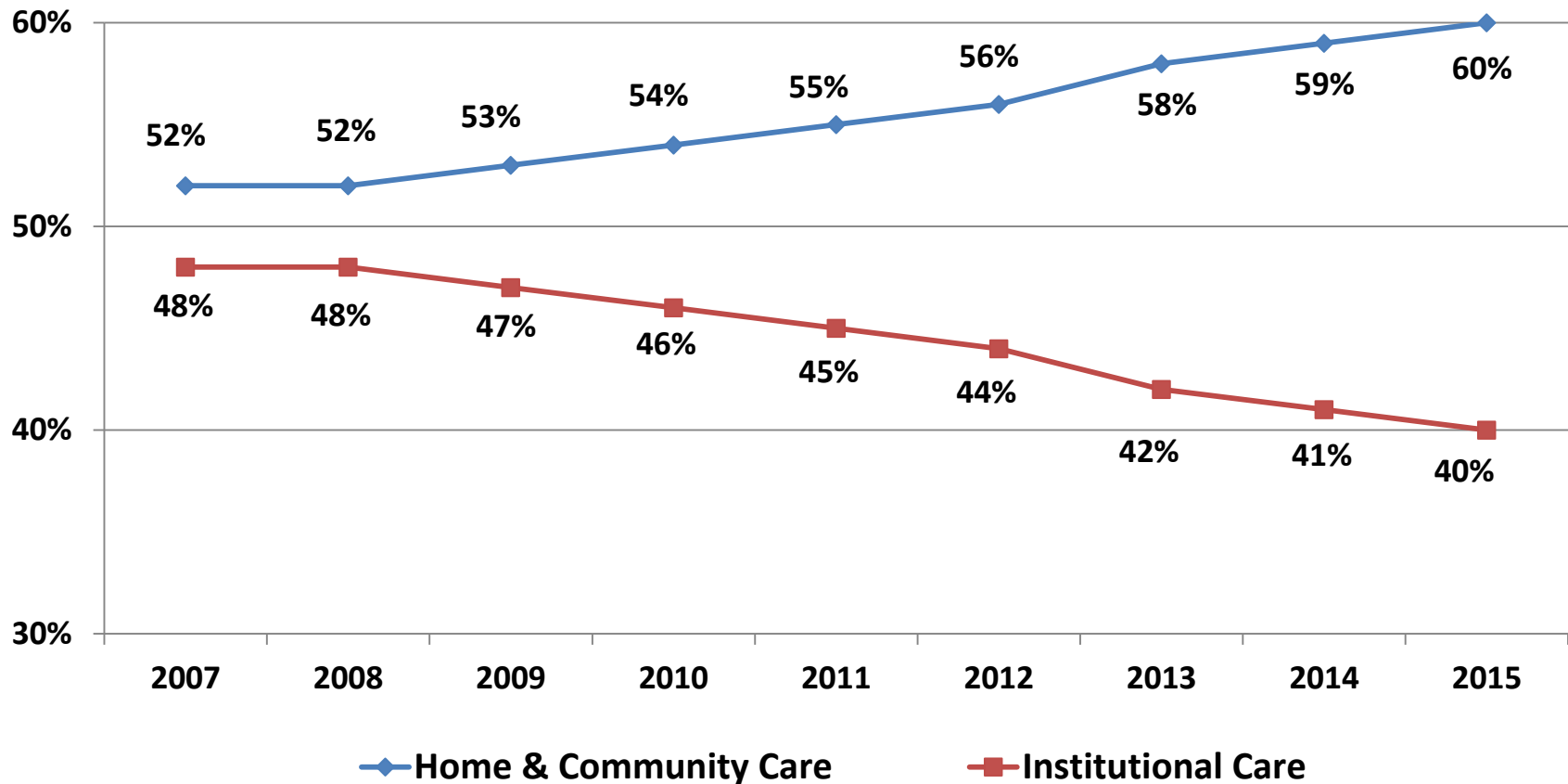
Source: Center on Aging, University of CT



Percent Receiving LTSS in the Community vs. Institutions

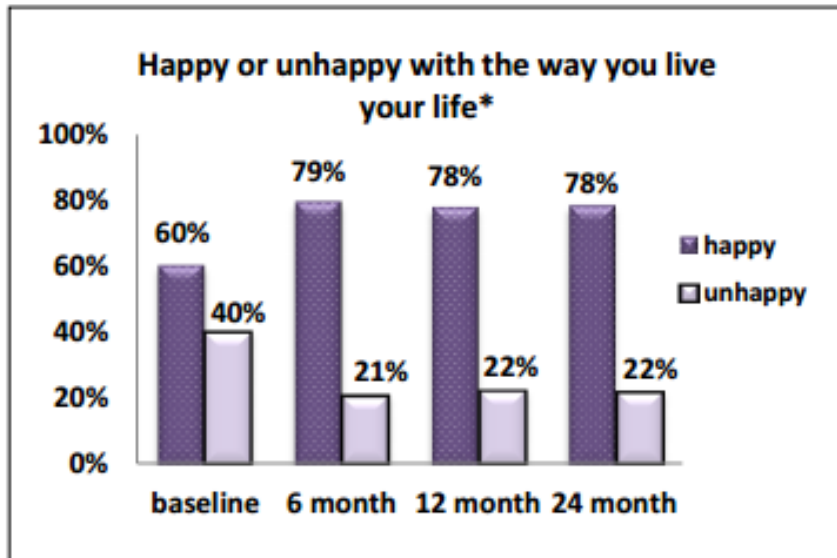
Increase the percentage of long term care participants living in the community compared to an institution

Data Source: Office of Policy & Management, Trends in Long-Term Care Annual Report



Quality of Life

MFP Participant: Melanie Korotash
“It takes a village....”



Data: Center on Aging, UConn Health



Questions?

Resources

To apply for Community First Choice (CFC)

- Dial 2-1-1, select Option #3; or
- Apply online at ctmfp.com

For more information and to apply for Money Follows the Person (MFP)

- Apply online at ctmfp.com

CT Testing Experience and Functional Assessment Tools (TEFT)

<http://www.ct.gov/dss/cwp/view.asp?a=3922&q=562672>

No Wrong Door Resources

- MyPlaceCT
<http://www.myplacect.org/>
- CaringCareers
www.CaringCareers.org

Contact Information

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