

STATE OF CONNECTICUT

LONG TERM CARE PLANNING COMMITTEE

December 30, 2024

The Honorable Jan Hochadel, Senate Chair The Honorable Jane M. Garibay, House Chair Aging Committee State Capitol, Room 011 Hartford, CT 06106

The Honorable Matthew L. Lesser, Senate Chair The Honorable Jillian Gilchrest, House Chair Human Services Committee Legislative Office Building, Room 2000 Hartford, CT 06106

Dear Committee Chairs:

As required by Section 17b-337(d) of the Connecticut General Statutes, enclosed please find the Long-Term Care Planning Committee's annual report on the number of persons receiving long-term services and supports in the community and the number of persons receiving long-term services and supports in institutions.

If you have any questions on the report, please call me at the Office of Policy and Management at 860-418-6442.

Sincerely,

Melissa Morton

Melissa Morton

Chair, Long-Term Care Planning Committee

Office of Policy and Management

cc: Members and Clerks of the Aging and Human Services Committees

Long-Term Care Planning Committee

Long-Term Care Advisory Council

Claudio Gualtieri, Senior Policy Advisor to the Secretary, Office of Policy and Management

Clerk of the Senate

Clerk of the House

Office of Legislative Research

State Librarian

CT Rebalancing: Medicaid Long-Term Care Clients and Expenditures SFY 2024

Clients

- From SFY 2023 to SFY 2024, the percentage of individuals receiving Medicaid long-term care services in the community versus an institution slightly increased. Seventy percent (70%) of Medicaid clients (a monthly average of 32,925) were served in the community and thirty percent (30%) of Medicaid clients (a monthly average of 14,210) received care in an institution.
- Since SFY 2003, the percentage of Medicaid clients receiving care in the community has increased by 52%: from 46% in SFY 2003 to 70% in SFY 2024.

PROPORTION OF CONNECTICUT MEDICAID LONG-TERM CARE CLIENTS OVER TIME

SFY	Home & Community Care	Institutional Care	Total Monthly Average LTC Medicaid Clients
2002-03	46%	54%	37,969
2003-04	49%	51%	39,305
2004-05	50%	50%	40,417
2005-06	51%	49%	41,773
2006-07	52%	48%	41,335
2007-08	52%	48%	40,057
2008-09	53%	47%	40,097
2009-10	54%	46%	40,448
2010-11	55%	45%	41,468
2011-12	56%	44%	41,719
2012-13	58%	42%	42,577
2013-14	59%	41%	44,712
2014-15	60%	40%	45,876
2015-16	60%	40%	46,024
2016-17	61%	39%	45,598
2017-18	64%	36%	46,270
2018-19	64%	36%	46,194
2019-20	65%	35%	46,373
2020-21	70%	30%	44,939
2021-22	69%	31%	44,420
2022-23	69%	31%	45,241
2023-24	70%	30%	47,135

Expenditures

- In SFY 2024, Medicaid long-term care expenditures for individuals in the community versus in an institution increased by 3% from SFY 2023. Of the long-term care expenditures for individuals enrolled in Medicaid, 59% were for services provided in the community and 41% were for institutional care.
- Since SFY 2003, the percentage of Medicaid long-term care expenditures for home and community-based care has increased by 90%, from 31% in SFY 2003 to 59% in SFY 2024.

PROPORTION OF CONNECTICUT MEDICAID EXPENDITURES FOR LONG-TERM CARE OVER TIME					
SFY	Home & Community Care	Institutional Care	Total LTC Medicaid Expenditures	Total Medicaid Expenditures	Percentage of Total Medicaid Expenditures for LTC
2003	31%	69%	\$1,914,273,731	\$3,406,301,048	56%
2004	33%	67%	\$1,955,406,395	\$3,541,153,371	55%
2005	35%	65%	\$1,977,418,433	\$3,715,210,091	53%
2006	32%	68%	\$2,227,237,142	\$4,003,243,481	56%
2007	33%	67%	\$2,299,133,950	\$4,016,531,371	57%
2008	33%	67%	\$2,403,524,813	\$4,361,642,828	55%
2009	35%	65%	\$2,499,416,752	\$5,481,108,439	46%
2010	38%	62%	\$2,586,673,481	\$5,120,011,692	51%
2011	40%	60%	\$2,695,265,598	\$5,764,332,014	47%
2012	41%	59%	\$2,770,265,028	\$5,932,580,102	47%
2013	43%	57%	\$2,894,062,447	\$6,230,395,960	46%
2014	45%	55%	\$2,876,616,284	\$6,880,327,373	42%
2015	45%	55%	\$2,889,022,951	\$7,167,438,562	40%
2016	49%	51%	\$3,063,784,905	\$7,424,270,721	41%
2017	50%	50%	\$3,214,941,505	\$7,521,804,316	43%
2018	53%	47%	\$3,259,286,335	\$7,740,843,361	42%
2019	52%	48%	\$3,203,349,467	\$7,947,891,454	40%
2020	54%	46%	\$3,384,915,173	\$8,140,654,231	42%
2021	60%	40%	\$3,343,831,401	\$8,585,047,917	39%
2022	58%	42%	\$3,510,263,264	\$9,107,625,844	39%
2023	56%	44%	\$3,704,788,792	9,884,703,384	37%
2024	59%	41%	\$3,964,452,348	\$10,343,158,177	38%

CT Rebalancing: Non-Medicaid Long-Term Care Clients SFY 2024

State-Funded Levels of the Connecticut Home Care Program for Elders¹

In addition to Medicaid funded long-term services and supports programs, the State of Connecticut operates two state-funded levels of the Connecticut Home Care Program for Elders (CHCPE). The state-funded CHCPE program allows seniors who qualify for nursing facility level of care, but have incomes and assets exceeding Medicaid levels, to receive home care services in their home rather than a nursing facility.

- In SFY 2024, on average, the state-funded levels of CHCPE provided home care services to 2,087 clients per month.
- In SFY 2024, the total annual expenditures for the state-funded levels of CHCPE were \$41,363,835.

Estimated Number of Non-Medicaid Nursing Facility Occupants²

- From 2004 to 2024 the total number of licensed nursing facility beds declined by 24% (from 29,801 to 22,760).
- On September 30, 2024, nursing facilities in Connecticut had an average occupancy rate of 87% (of the 22,760 available nursing facility beds in Connecticut, 19,834 were occupied)³.
- During SFY 2024, an estimated monthly average of 13,355⁴ were occupied by Medicaid clients and 6,479 beds were occupied by non-Medicaid clients.

	Nursing Facility Occupancy Data 2023 – 2024
22,760	Total nursing facility beds in CT on 9/30/24 ⁵
87%	Average occupancy rate on 9/30/24
19,834	Number of occupied beds on 9/30/24
13,355	Average monthly number of Medicaid clients in a nursing facility in SFY 2024
	Estimated average monthly number of non-Medicaid clients in a nursing facility in SFY
6,479	2024.
67%	Estimated percent of occupied nursing facility beds funded by Medicaid in SFY 2024.

¹ Data from Department of Social Services CHCPE monthly reports as submitted to OPM.

² Unless otherwise noted, all data in this section is from the OPM Annual Nursing Facility Census Annual Nursing Facility Census, 2024.

³ This number potentially signals an industry recovery since the waning of the COVID-19 pandemic. In 2021 the average occupancy rate was 78%. Pre-pandemic the average occupancy rate was 88%.

 $^{^{}m 4}$ Data from OPM 2024 Medicaid rebalancing LTC client calculation spreadsheet.

⁵ Does not include Intermediate Care Facilities for Individuals with Intellectual Disabilities (ICF/IIDs) and Chronic Disease Hospitals.

CT Rebalancing: Combined Medicaid and Non-Medicaid Long-Term Care Clients

SFY 2024

Total Monthly Average Home and Community Care Clients SFY 2024 ⁶						
State-Funded Home Care Clients	Medicaid Home Care Clients	Total Home Care Clients				
2,087	32,925	35,012				
Total Monthly Average Institutional Care Clients SFY 2024						
Non-Medicaid Institutional Clients	Medicaid Institutional Clients ⁷	Total Institutional Clients				
5,624	14,210	19,834				
Total Monthly Average Medicaid and Non-Medicaid Long-Term Care Clients SFY 2024						
Total Non-Medicaid Long-Term Care Clients	Total Medicaid Long-Term Care Clients	Total Long-Term Care Clients				
7,711	47,135	54,846				

 $^{^{\}rm 6}$ Non-Medicaid and non-state-funded home care data is not available.

⁷Include Intermediate Care Facilities for Individuals with Intellectual Disabilities (ICF/IIDs) and Chronic Disease Hospitals.