

## **Quarterly UPDATE**

Connecticut Partnership for Long-Term Care
October - December 2025



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#### I. COVERAGE REDUCTION OPTIONS

# A. Options for Policyholders Experiencing a 50% or Greater Lifetime Premium Increase.

Due to regulations that went into effect in April of 2015, CT Partnership policyholders who experience a cumulative lifetime increase in premiums of 50% or greater have more options to reduce their coverage and not have their policy lose its Partnership status. Affected policyholders can reduce their daily benefit amounts to any level, even if it's below the Partnership minimums for that year, and still retain their Partnership policy.

In addition, affected policyholders can reduce their inflation protection level below the Partnership minimum of 3.0% compounded as long as some level of automatic inflation protection remains in the policy (guaranteed and future purchase options are not allowed). The level of inflation protection that affected policyholders will be able to reduce to will depend on the inflation protection options available from their insurer for the insurer's non-Partnership policies available when the Partnership policy was originally purchased, or other inflation protection options the insurer chooses to offer. To find out what inflation protection options are available for a particular insurer and policy form please send an email to <a href="mailto:OPM.CTPartnership@ct.gov">OPM.CTPartnership@ct.gov</a> or contact the insurer directly.

As well, Partnership policyholders have always had the option to reduce their lifetime maximum benefit to any level.

Partnership policyholders who have not experienced a 50% or greater cumulative lifetime increase in premiums also have coverage reduction options, but their benefits must be at or above the Partnership minimums for that year in order for their policy to retain its Partnership status.

#### B. "Shorter Coverage Reduction Option"

All Partnership policies include a "Shorter Coverage Reduction" provision which allows the policyholder to reduce their lifetime benefit, regardless of whether they have had their rates increased. Insurers must always have an option in their Partnership policies for the insured to lower their lifetime benefit amount even if that benefit amount is below the minimum lifetime benefit level the insured makes available for new policy sales. For instance, if an insurer's minimum Partnership policy is a two-year plan then the insurer must have rates on file for a one-year policy so the insured can reduce their coverage if they so choose. The only exception is if the Partnership policy has a one-year benefit period and then the insurer has the option of not including a Shorter Reduction Coverage option.

Insureds can also reduce their daily benefit amounts as long as they are at or above the Partnership minimums unless they have experienced a 50% or greater cumulative lifetime increase in premiums as described in Section I(A) of this update, or their policy is being administered by the Connecticut Life and Health Guaranty Association.

# II. MEDICAID ASSET PROTECTION EXPANDS THE LONG-TERM CARE INSURANCE MARKET



One of the biggest advantages of the Partnership's Medicaid Asset Protection feature is that it can expand your market for suitable long-term care insurance candidates, helping make the purchase of long-term care insurance more of a reality for the middle class. Medicaid Asset Protection allows consumers to purchase an amount of insurance based on the amount of assets they wish to protect. For those with more moderate amounts of assets, the Partnership can make the purchase of long-term care insurance more affordable since they can tailor their purchase to their level of wealth.

With a non-Partnership policy, consumers take some level of risk if they purchase anything less than lifetime or unlimited benefits since they will still be exposed to spending down their assets if they outlive their insurance benefits. Medicaid Asset Protection makes the purchase of shorter-term coverage (i.e., 1, 2 or 3 years of coverage) a more suitable and feasible purchase based on someone's assets and the amount of income they can spend on the policy.

#### III. MINIMUM DAILY BENEFIT LEVELS FOR 2026



For Partnership policies applied for in **2026**, the minimum daily benefit levels will be **\$344.00** for nursing home care and **\$172.00** for home care.

The 2026 minimum levels represent a 3.0% increase from 2025.

In addition, please be aware that the annual allowable minimums also pertain to existing policyholders who wish to reduce their daily benefits. In cases such as this, the daily benefit cannot be reduced below the Partnership allowable minimum benefit level for that year unless the policyholder has had a cumulative lifetime increase in their premiums of 50% or greater or their policy is being administered by the Life and Health Guaranty Association.

If you have any questions on the Partnership's minimum daily benefit levels, please email us at <a href="mailto:OPM.CTPartnership@ct.gov">OPM.CTPartnership@ct.gov</a> or call 860-418-6318.

#### IV. PARTNERSHIP RESOURCES TO REMEMBER

Partnership Toll-free Consumer Information Line: The Partnership maintains a toll-free consumer information line. The information provided by State staff is unbiased and provides consumers with quick and clear answers to their general questions about long-term care and the Partnership. It is a useful resource to share with your clients. Consumers and policyholders may call 1-800-547-3443 toll-free from anywhere within Connecticut for assistance. If calling from outside of Connecticut, please call 860-418-6318.

Online Resource Materials: The CT Partnership maintains a robust website – <a href="www.ctpartnership.org">www.ctpartnership.org</a> – with numerous materials for producers, policyholders, potential buyers, and researchers. The website is updated frequently and includes most of the publications developed by the Partnership program, including the most popular publications Before You Buy, Policy Comparisons Report, Frequently Asked Questions and Cost of Long-Term Care in Connecticut.

#### V. RATE INCREASE ACTIVITY



Note: The below rate request activity reflects rate request status as of the date this report was published.

## **CONTINENTAL CASUALTY (CNA):**

In January 2025, Continental Casualty Co. requested an increase ranging from 87.8% to 382.7%, on a block of their Individual Partnership and non-Partnership long-term policies which were sold in Connecticut from 1998 to 2003. The level of increase requested varies by product series and inflation type. **This request is under review by the Insurance Department.** 

#### **CUNA MUTUAL:**

In March of 2025, Cuna Mutual requested an increase of 51.2%, on a block of their individual long-term care policies sold in Connecticut from 2006-2010. The forms in this filing include Partnership and non-Partnership policies. **This request is under review by the Insurance Department.** 

In March of 2025, Cuna Mutual requested an increase of 50.8%, on a block of their individual long-term care policies sold in Connecticut from 2002-2009. The forms in this filing include Partnership and non-Partnership policies. **This request is under review by the Insurance Department.** 

#### **GENWORTH:**

In September 2025, Genworth Life Insurance requested a rate increase ranging from 58.5% to 98.2% on a block of individual long-term care policies that were sold in Connecticut from 2002 to 2005. The level of increase requested varies by product series and inflation type. The forms in this filing include Partnership and non-Partnership policies. **This request is under review by the Insurance Department.** 

In September 2025, Genworth Life Insurance requested a rate increase ranging from 20% to 212% on a block of individual long-term care policies that were sold in Connecticut from 2004 to 2012. The level of increase requested varies by product series and inflation type. The forms in this filing include Partnership and non-Partnership policies. **This request is under review by the Insurance Department.** 

#### **MASSACHUSETTS MUTUAL:**

In November 2024, Mass Mutual requested a rate increase ranging from 0% to 50%, for a block of individual long-term care policies that were sold in Connecticut from 2008 to 2013. The level of increase requested varies by product series and inflation type. The forms in this filing include Partnership and non-Partnership policies. **This request is under review by the Insurance Department.** 

#### **PRUDENTIAL:**

In January 2025, Prudential requested a rate increase ranging from 50.2% to 72.1%, for a block of individual long-term care policies that were sold in Connecticut from 1999 to 2008. The forms in this filing include Partnership and non-Partnership policies. **This request is under review by the Insurance Department.** 

The Insurance Department's website - <a href="https://www.catalog.state.ct.us/cid/portalApps/LongTermCareFiling.aspx">https://www.catalog.state.ct.us/cid/portalApps/LongTermCareFiling.aspx</a> - includes a listing of long-term care insurance rate increase requests. For rate increase filings where the Insurance Department has made a final decision there will be a selection for the "Disposition" which is the Insurance Department's write-up of their decision. In the Disposition you can find out what increase was approved for a particular policy form since a filing will usually include several different policy forms. You can also sign up on the website for "e-alerts" so you will receive an e-mail whenever a new rate increase request is filed and also when the Insurance Department makes a decision about a rate increase filing.

#### VI. CT PARTNERSHIP TRAINING CERTIFICATES



If you attended the Partnership required certification training and have misplaced your training certificate, the Partnership office will have a copy of your certificate that we can provide you. Just call us at 860-418-6318 or email at <a href="mailto:OPM.CTPartnership@ct.gov">OPM.CTPartnership@ct.gov</a>.

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