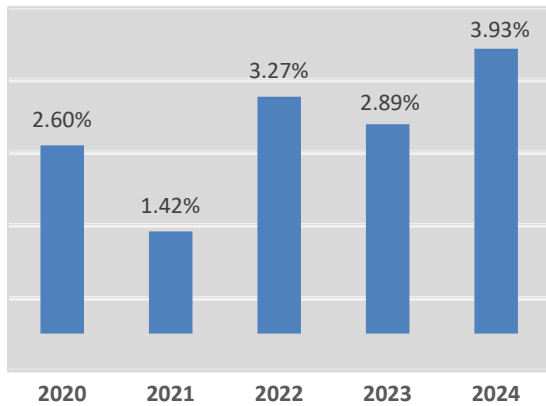**STATE OF CONNECTICUT**

ANNUAL NURSING FACILITY CENSUS

September 30, 2024

COST OF CARE

As of September 30, 2024, it costs a private pay nursing facility resident an average of $510 per day for a semi-private nursing facility bed, or over $186,000 for the entire year. This represents a rise in cost of 3.93% from the previous year's average rate of $491 per day. The average annual percentage change over the last five years has been around 2.8% for private pay rates.
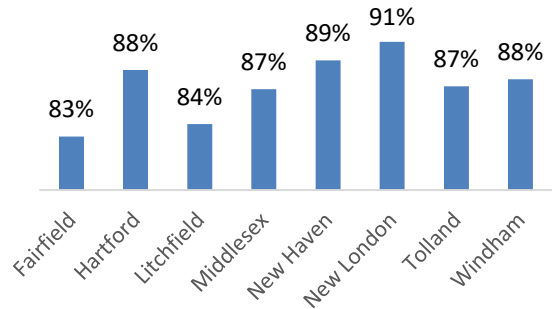
Annual Percent Increase in the Daily Cost of a Nursing Facility Bed in Connecticut as of September 30th
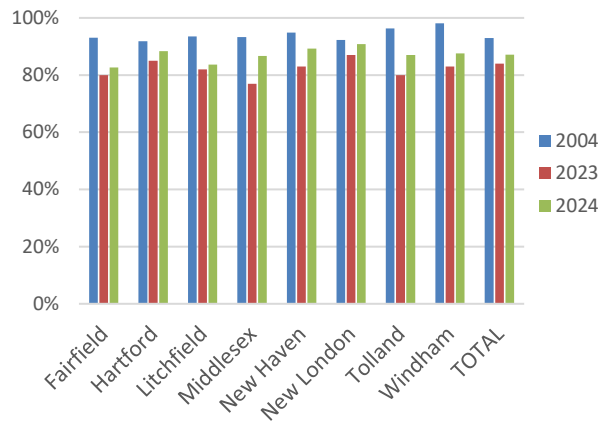

OCCUPANCY

Occupancy rates have been steadily increasing year over year following a sharp decrease in occupancy from 2019-2020 due to the COVID-19 pandemic, the average nursing facility occupancy rate in Connecticut was 87% as of September 30, 2024. This represents a 3% increase from the 2023 occupancy rate of 84%. Regionally, these rates vary, ranging from an occupancy rate of 91% in New London County to 83% in Fairfield County.

Connecticut Nursing Facility Occupancy Rates by County 2024

Between 2023 and 2024, there were increases in occupancy rates in every county in Connecticut Fairfield (3.0%), Hartford (3.0%), Litchfield (2.0%), Middlesex (10.0%), New Haven (6.0%), New London (4.0%), Tolland (7.0%), and Windham (5.0%).

Connecticut Nursing Facility Occupancy Rates by County 2004, 2022, 2024

NURSING FACILITIES

A total of 195 licensed nursing facilities were operating in Connecticut on September 30, 2024, five less than in 2023. With regards to nursing facility beds, the total number has declined by 24% (7,041) between September 30, 2004, and 2024, decreasing from 29,801 to 22,760 beds.

In Connecticut, nursing facilities are licensed at two levels of care: Chronic and Convalescent Nursing Homes (CCNH), also known as Skilled Nursing Facilities, and Rest Homes with Nursing Supervision (RHNS), also called Intermediate Care Facilities.

As of September 30, 2024, there were 22,490 CCNH beds and 270 RHNS beds, for a total of 22,760. Over time, nursing facilities have been either phasing out RHNS beds or converting them to CCNH beds. Between 2004 and 2024, the number of RHNS beds decreased from 1,547 to 270, or 83 percent.

The number of facilities with non-profit status decreased from 63 in 2004 to 38 in 2024 and the number of facilities with for-profit status decreased from 183 to 157.
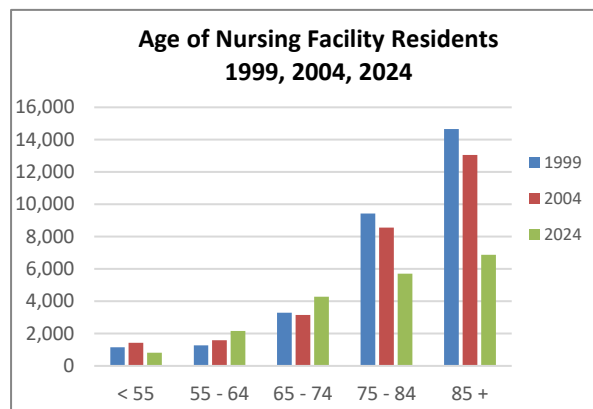
Of the 195 nursing facilities in Connecticut in 2024, 186 had a CCNH license, 8 had both a CCNH and RHNS license, and one facility provided care under an RHNS license only.

RESIDENT DEMOGRAPHICS

On September 30, 2024, there were 19,834 individuals residing in Connecticut nursing facilities. This represents 235 more residents than on the same date in 2023 and 7,962 fewer than in 2004.

In 2024, the majority of residents were white (77%), female (61%), and without a spouse (82%). This profile has remained consistent over the years. With regards to age, 15% were under 65 years of age, 50% were between the ages of 65 and 84, and 35% were aged 85 or older.

Since 2004, the percentage of younger nursing facility residents under age 55 decreased by 44% (629), the percentage of residents aged 55 to 74 increased by 36% (1,700), and the number of residents aged 75 and older decreased by 42% (9,017).

Age of Nursing Facility Residents 1999, 2004, 2024

PAYMENT SOURCE

Medicaid remained the dominant source of payment for nursing facility stays in Connecticut in 2024, covering 73% of the residents. Medicare covered the next largest segment of residents (16%), followed by residents who pay privately out-of-pocket (9%). Twenty seven percent of nursing facility residents with long-term care insurance were covered by Connecticut Partnership for Long-Term Care policies.

This fact sheet provides the 21st year of data from the Connecticut Annual Nursing Facility Census. From 1997 until 2003, the State of Connecticut Nursing Facility Registry provided a longitudinal database of demographic and health data for all Connecticut nursing facility residents. Beginning in 2004, this registry was modified and renamed. The Connecticut Annual Nursing Facility Census provides aggregate information on the status of nursing facilities and their residents on September 30th of each year.

Produced by the Health and Human Services Policy and Planning Division
Connecticut State Office of Policy and Management