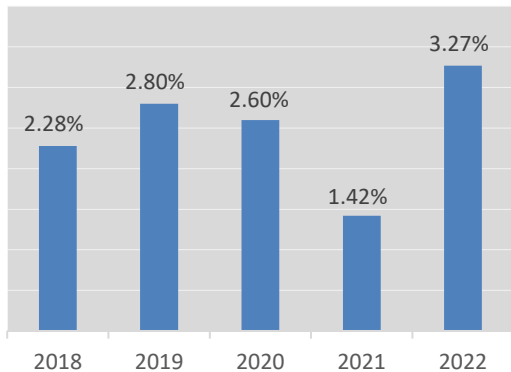# STATE OF CONNECTICUT

ANNUAL NURSING FACILITY CENSUS

September 30, 2022

COST OF CARE

As of September 30, 2022, it costs a private pay nursing facility resident an average of $477 per day for a semi-private nursing facility bed, or over $174,000 for the entire year. This represents a rise in cost of 3.3% from the previous year's average rate of $462 per day. The average annual percentage change over the last five years has been around 2.5% for private pay rates.
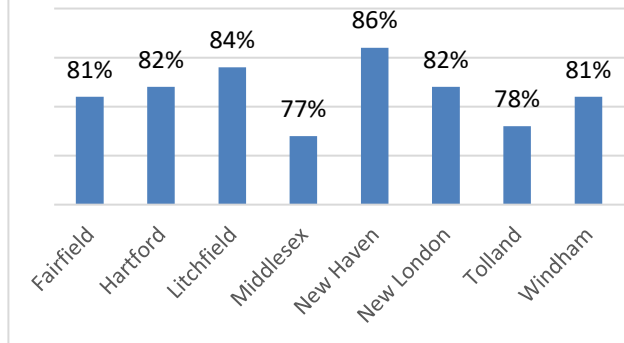
Annual Percent Increase in the Daily Cost of a Nursing Facility Bed in Conecticut as of September 30th

Connecticut Nursing Facility Occupancy Rates by County 2022

Between 2021 and 2022, there were increases in the county occupancy rates in Middlesex (3.0%), New London (5.0%), Windham (4.0%), Fairfield (4.0%), Hartford (4.0%), Litchfield (1.0%), and New Haven (7.0%) while Tolland remained stable with no change.

Connecticut Nursing Facility Occupancy Rates by County 2004, 2021, 2022
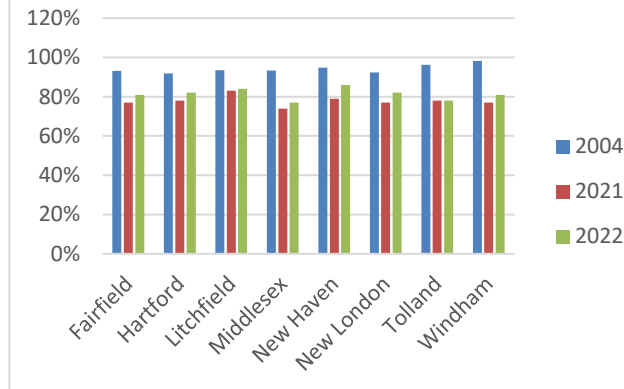

OCCUPANCY

Occupancy rates have remained very consistent over the last several years. However, after a sharp decrease in occupancy from 2019-2020 due to the COVID-19 pandemic, the average nursing facility occupancy rate in Connecticut was 83% as of September 30, 2022. This represents a slight increase from the 2021 occupancy rate of 78%. Regionally, these rates vary, ranging from an occupancy rate of 86% in New Haven County to 77% in Middlesex County.

NURSING FACILITIES

A total of 201 licensed nursing facilities were operating in Connecticut on September 30, 2022, four less than in 2021. With regards to nursing facility beds, the total number has declined by 21% (6,124) between September 30, 2004, and 2022, decreasing from 29,801 to 23,677 beds.

In Connecticut, nursing facilities are licensed at two levels of care: Chronic and Convalescent Nursing Homes (CCNH), also known as Skilled Nursing Facilities, and Rest Homes with Nursing Supervision (RHNS), also called Intermediate Care Facilities.

As of September 30, 2022, there were 23,324 CCNH beds and 353 RHNS beds, for a total of 23,677. Over time, nursing facilities have been either phasing out RHNS beds or converting them to CCNH beds. Between 2004 and 2022, the number of RHNS beds decreased from 1,547 to 353, or 77 percent.

The number of facilities with non-profit status decreased from 63 in 2004 to 39 in 2022 and the number of facilities with for-profit status decreased from 183 to 162.
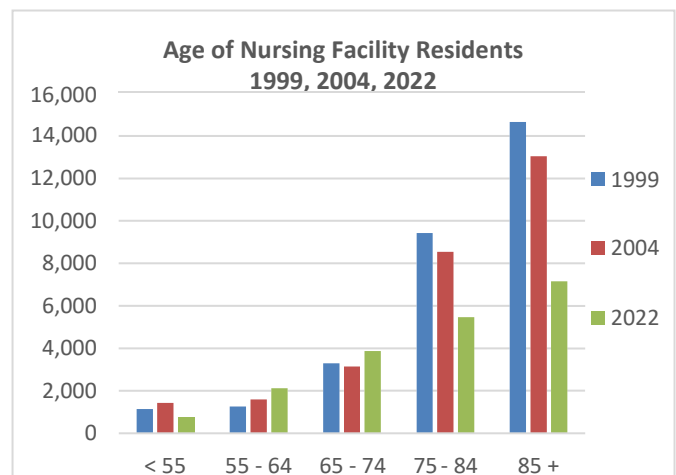
Of the 201 nursing facilities in Connecticut in 2022, 185 had a CCNH license, 15 had both a CCNH and RHNS license, and one facility provided care under an RHNS license only.

RESIDENT DEMOGRAPHICS

On September 30, 2022, there were 19,564 individuals residing in Connecticut nursing facilities. This represents 486 more residents than on the same date in 2021 and 8,232 fewer than in 2004.

In 2022, the majority of residents were white (78%), female (63%), and without a spouse (81%). This profile has remained consistent over the years. With regards to age, 15% were under 65 years of age, 48% were between the ages of 65 and 84, and 37% were age 85 or older.

Since 2004, the percentage of younger nursing facility residents under age 55 decreased by 46% (655), the percentage of residents aged 55 to 74 increased by 27% (1,293), and the number of residents aged 75 and older decreased by 41% (8,857).

Age of Nursing Facility Residents 1999, 2004, 2022

PAYMENT SOURCE

Medicaid remained the dominant source of payment for nursing facility stays in Connecticut in 2022, covering 71% of the residents. Medicare covered the next largest segment of residents (17%), followed by residents who pay privately out-of-pocket (9%). Thirty-five percent of nursing facility residents with long-term care insurance were covered by Connecticut Partnership for Long-Term Care policies.

This fact sheet provides the 19th year of data from the Connecticut Annual Nursing Facility Census. From 1997 until 2003, the State of Connecticut Nursing Facility Registry provided a longitudinal database of demographic and health data for all Connecticut nursing facility residents. Beginning in 2004, this registry was modified and renamed. The Connecticut Annual Nursing Facility Census provides aggregate information on the status of nursing facilities and their residents on September 30th of each year.

Produced by the Health and Human Services Policy and Planning Division
Connecticut State Office of Policy and Management

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