



# Practice Transformation Task Force

January 10, 2017

# Meeting Agenda

Item	Allotted Time
1. Introductions/Call to order	5 min
2. Public comment	10 min
3. Approval of the Minutes	5 min
4. Purpose of Today's Meeting	5 min
5. Update on PCMH+, AMH, and CCIP	20 min
6. CCIP- The Path to Transformation	30 min
7. Primary Care Payment Reform	40 min
8. Next Steps and Adjourn	5 min



Public  
Comments



2 minutes  
per  
comment

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## Approval of the Minutes

# Purpose of Today's Meeting

**Provide Updates** on SIM Payment and Practice Transformation Reform Efforts: PCMH+, AMH, CCIP

**Describe Process** for CCIP

**Introduce Primary Care Payment Reform**

PCPM program example: CPC+ Initiative

**Discuss...**

What are your reactions to and recommendations for the SIM payment reform and practice transformation initiatives and strategies?

How can the PTTF support and provide guidance on these initiatives over the next year?

Update on PCMH+, AMH,  
and CCIP

## Update on PCMH+

*Kate McEvoy, Medicaid Director*

# CT SIM: Primary Drivers to achieve Our Aims



Population  
Health



Payment  
Reform



Transform  
Care  
Delivery



Empower  
Consumers

**Health Information Technology**

**Evaluation**

# CT SIM: Primary Drivers to achieve Our Aims



Population  
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Empower  
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**Health Information Technology**

**Evaluation**

# CT SIM: Primary and Secondary Drivers to achieve Aims

## Population Health Plan

Health Enhancement Communities

Prevention Service Centers

Community Health Measures

Stakeholder Engagement

## Transform Care Delivery

Community & Clinical Integration Program

Advanced Medical Home

Community Health Workers

Health IT

## Payment Reform Across Payers

Medicare SSP  
Commercial SSP

Patient Centered Medical Home Plus

Quality Measure Alignment

## Empower Consumers

Value Based Insurance Design

Public Quality Scorecard

Consumer Outreach

# What is PCMH+?

- PCMH+ is the **Medicaid Shared Savings opportunity** (formerly MQISSP) offered to Primary Care Practices who are designated as Patient Centered Medical Homes by DSS
- PCMH+ builds on the Medicaid PCMH program:



# PCMH+ Participant Selection Process

● RFP  
released  
June, 2016

● Contract  
Negotiation  
with 9 selected  
entities began  
October, 2016

● PCMH+ Launched  
January 1, 2017

Approximately **160,000**  
**Medicaid beneficiaries** are  
represented by the 9 entities.  
Through the opt-out process,  
only about 2,000 requested not  
to participate.

# PCMH+ Participating Entities

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## Advanced Networks

- St. Vincent's Medical Center (acting as lead for Value Care Alliance)
- Northeast Medical Group

## Federally Qualified Health Centers

- Community Health Center, Inc.
- Cornell Scott-Hill Health Corporation
- Fair Haven Community Health Clinic, Inc.
- Southwest Community Health Center
- Generations Family Health Center, Inc.
- OPTIMUS Health Care, Inc.
- Charter Oak Health Center, Inc.

# Update on Advanced Medical Home Program

# Advanced Medical Home (AMH) Program Update

- SIM Office is actively recruiting AMH participants
- NCQA PCMH 2017 standards soon to be released



# Update on Community & Clinical Integration Program (CCIP)

# CT SIM: Primary and Secondary Drivers to achieve Aims

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## Payment Reform Across Payers

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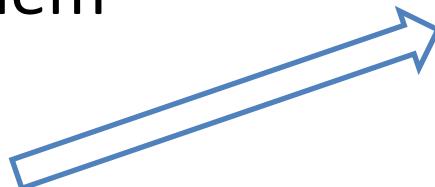
Consumer Outreach

## Empower Consumers

# What is CCIP?

CCIP provides:

- **Technical Assistance & Peer Learning**
- AND
- **Transformation Awards** To Advanced Networks and FQHCs to help them achieve the **CCIP Standards**



## Comprehensive Care Management

Comprehensive care team, Community Health Worker , Community linkages

## Health Equity Improvement

Analyze gaps & implement custom  CHW & culturally tuned materials

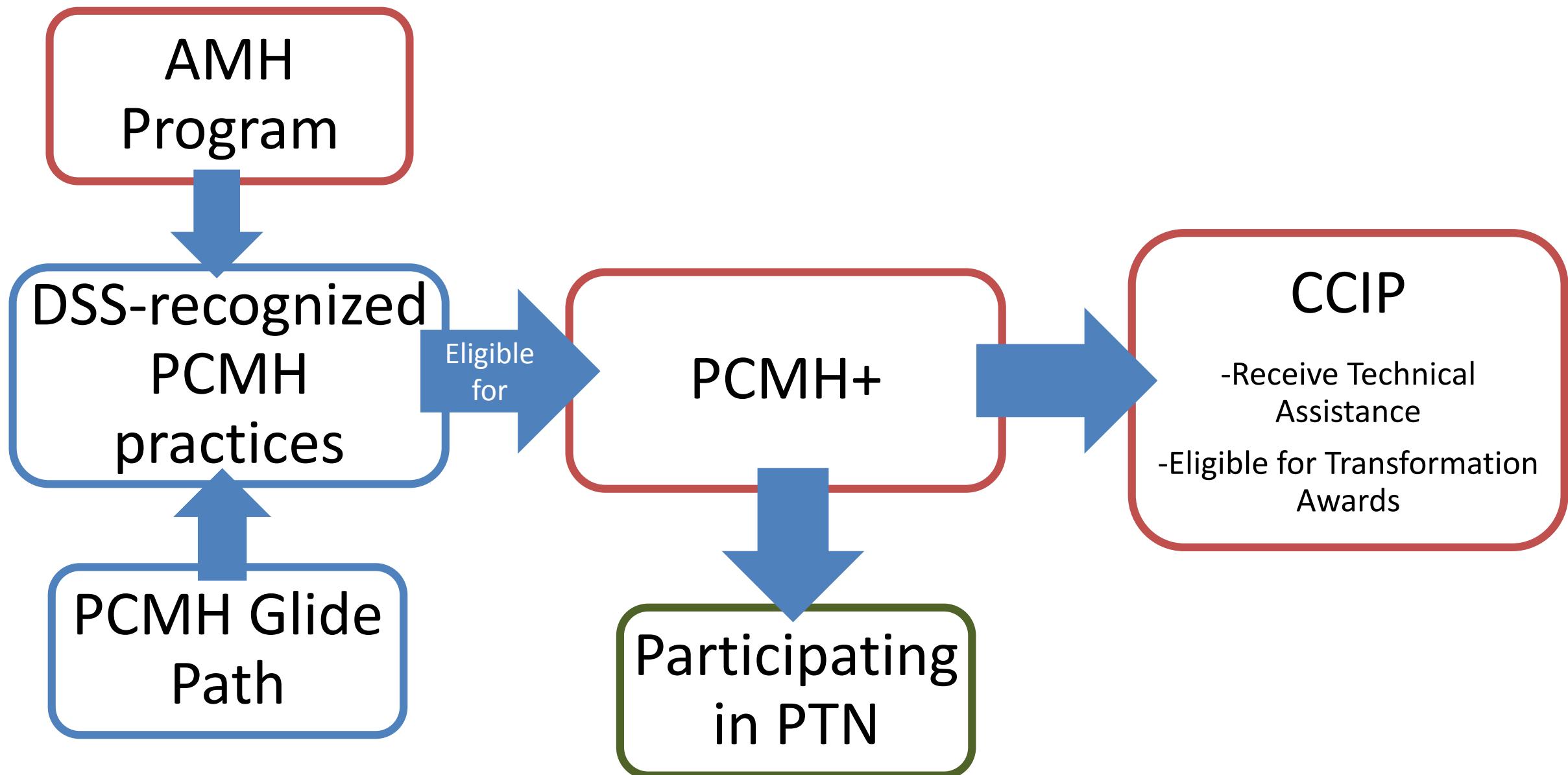
## Behavioral Health Integration

Network wide screening tools, assessment, linkage, follow-up

Community Health Collaboratives

Oral health Integration  
E-Consult  
Comprehensive Medication Management

# CCIP, AMH, and PCMH+: What is the connection?



# CCIP Participating Entities

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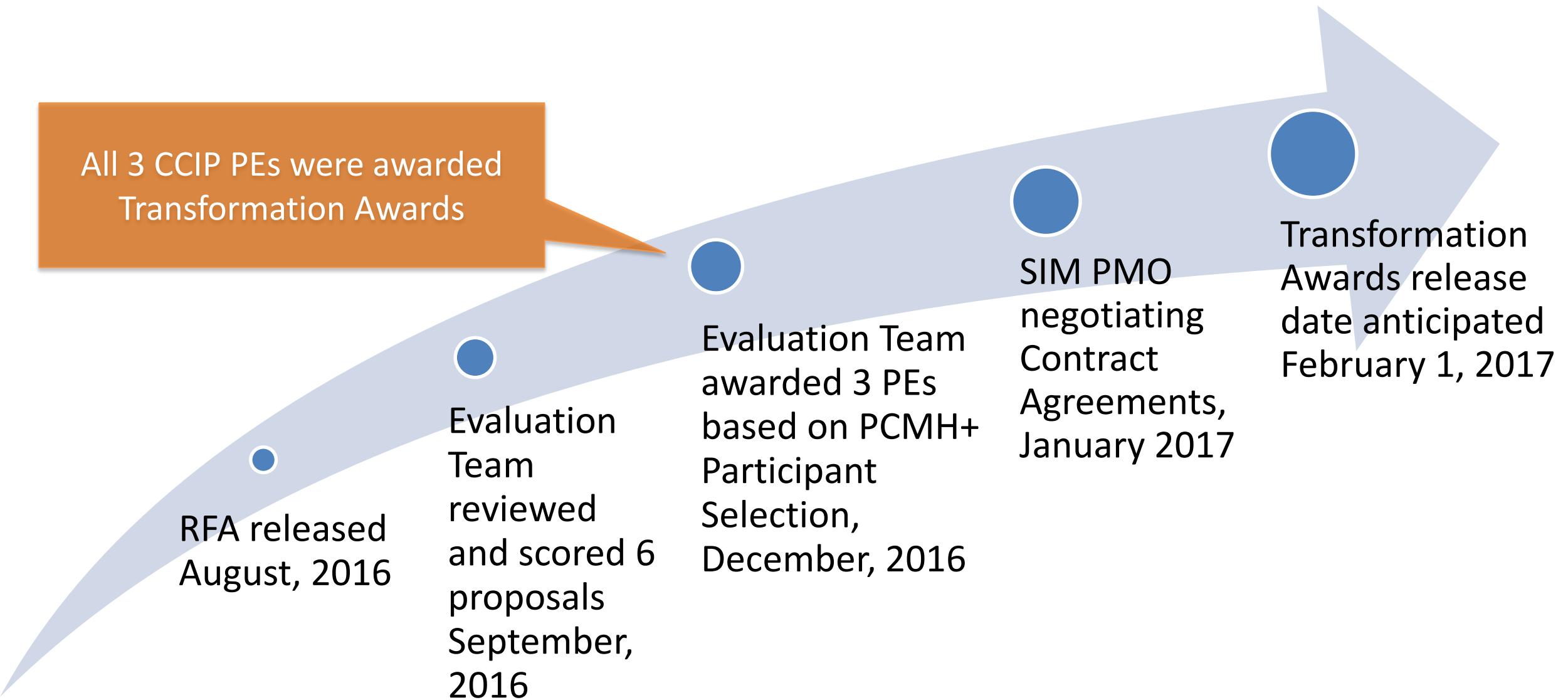
## **Advanced Networks**

- St. Vincent's Medical Center (acting as lead for Value Care Alliance)
- Northeast Medical Group

## **Federally Qualified Health Centers**

- Community Health Center, Inc.

# Transformation Awards: Selection Process



# How will the Transformation Awards be used?

Each transformation award is approximately **\$500,000**

The awards will be used for:



Community Health Workers

Program Coordinators and  
Administrative support staff



Data analytics and IT support



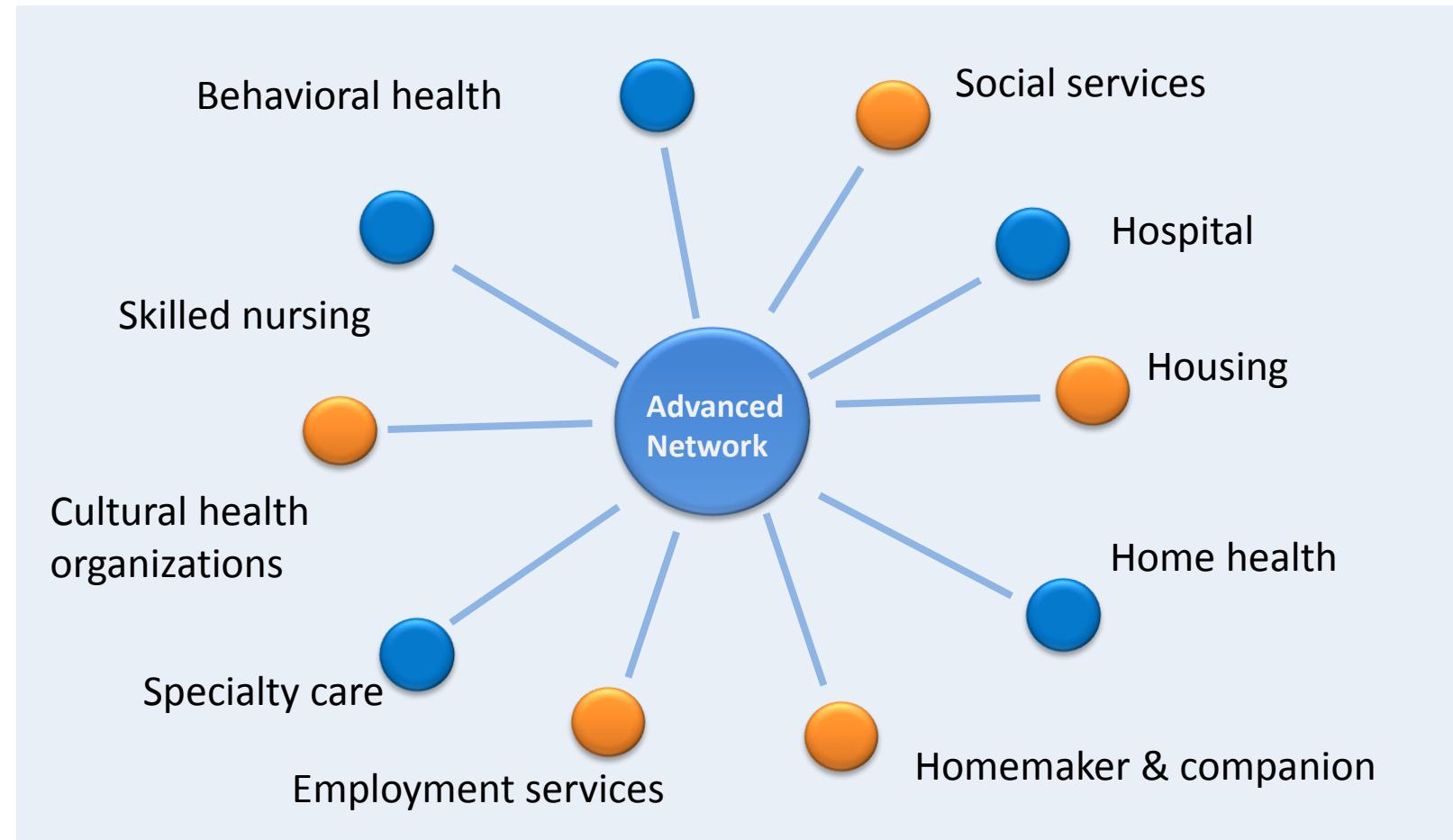
Behavioral Health specialists



Staff time/consulting dedicated  
to process/system redesign

# Community Health Collaboratives

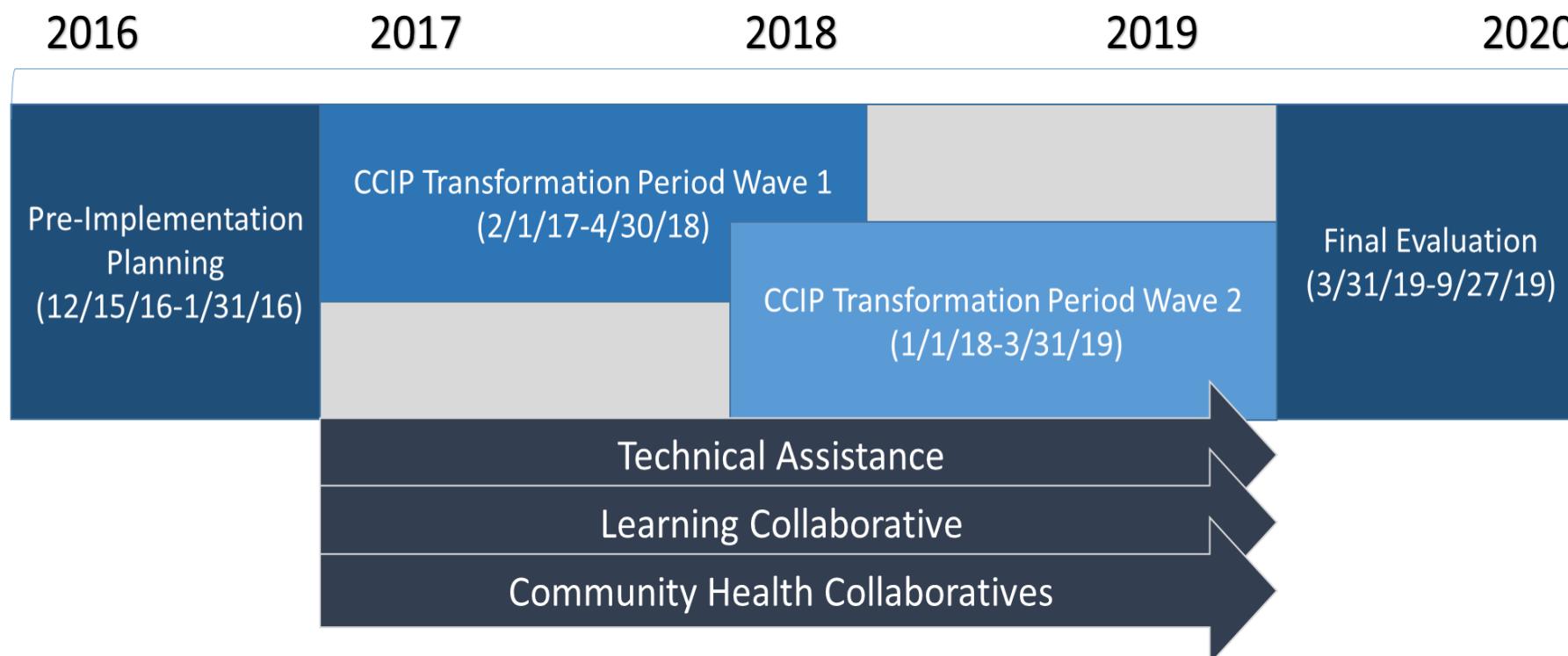
- CCIP PEs are required to participate in a **Community Health Collaborative** to promote coordination between clinical and community organizations
- The PMO will work with DSS and DPH to weigh criteria for selecting the regions for Collaboratives. Criteria may include:



- Percent of region covered by a value-based payment arrangement
- Existing Infrastructure for Collaboratives
- High-risk regions based on population health data

# Technical Assistance Vendor: Qualidigm

- Technical Assistance and Peer Learning opportunities through a Learning Collaborative will be provided by the Technical Assistance vendor, Qualidigm
- Qualidigm was selected through a competitive procurement process and includes a fully Connecticut-based team



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CCIP- The Path to  
Transformation

# Our Team



Connecticut-based



Substantial relationships within the provider community



Expertise in health information technology, behavioral health integration, health equity program design, care management, predictive analytics, population health management, risk stratification, oral health integration, and electronic consultative approaches to healthcare management.



Advanced Medical Home Vendor and TCPI contract

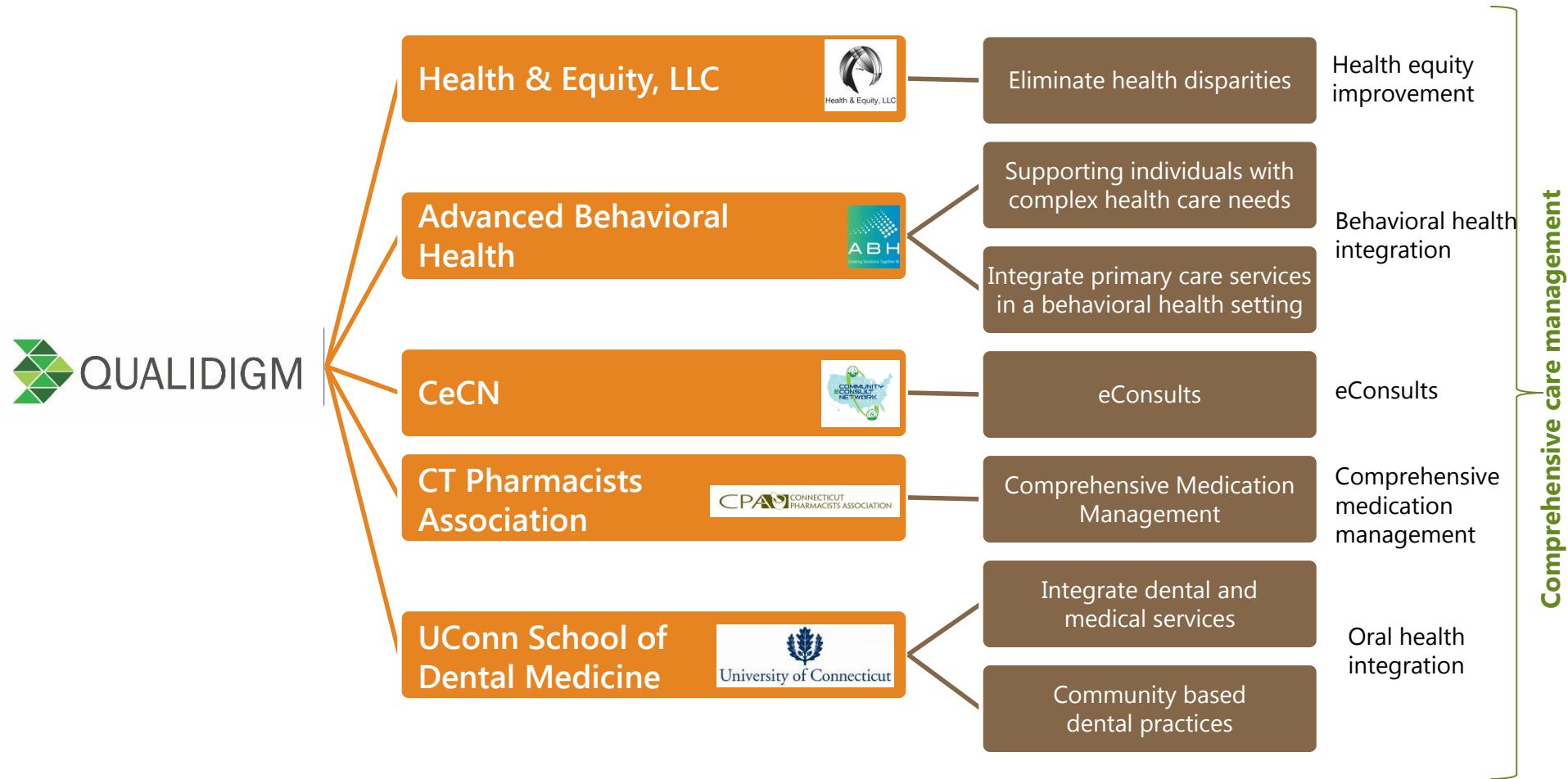


Deep understanding and successful experience with over 250 offices in primary care transformation



QIN QIO contract allows us to train new staff in quality improvement, and leverage their experience on other projects

# Proposed Strategy



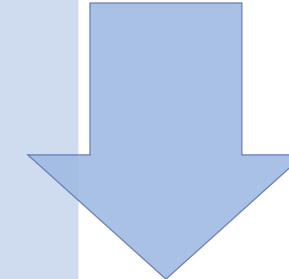
# Adult Learning & Change Management Theories

Our purpose is to engage clinicians and their offices using an integrated strategy that incorporates adult learning theory and change management to achieve transformational change as defined jointly by the OHA and the participating entities.

Our position is supported by the theory that adults must endure an indelible experience, whether positive or negative, in order to reflect and make changes in their lives.

» Adults have unique motivations for learning, and theory demonstrates that no two adults learn the same.

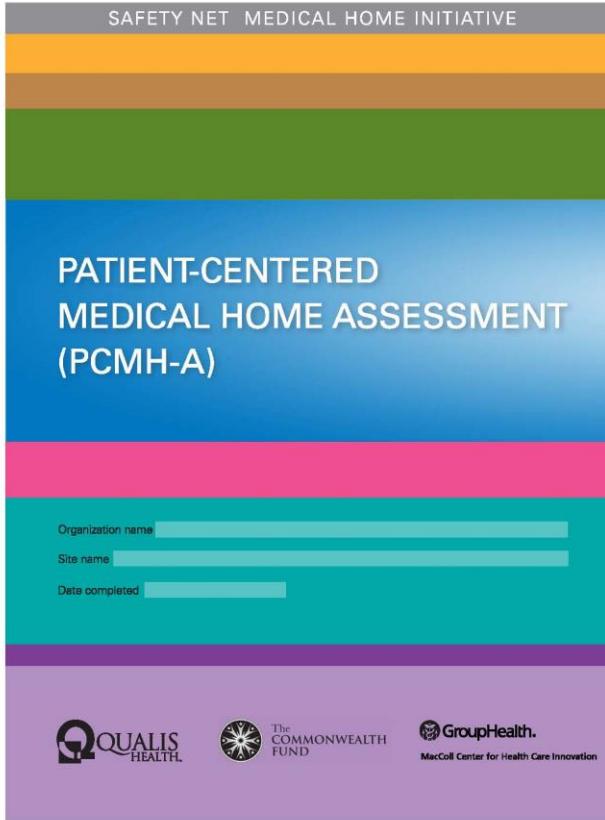
» Continuous adaptation of methods and strategies to motivate adult learners towards transformational change



» Leveraging multidimensional approach that includes a learning management system to incorporate:

- Short Videos
- Certifications
- Podcasts
- Assessments/ Tests
- Live Peer-To-Peer Interactions
- Social Learning
- Competitive Gamification
- Just-in-time learning

# Assessments

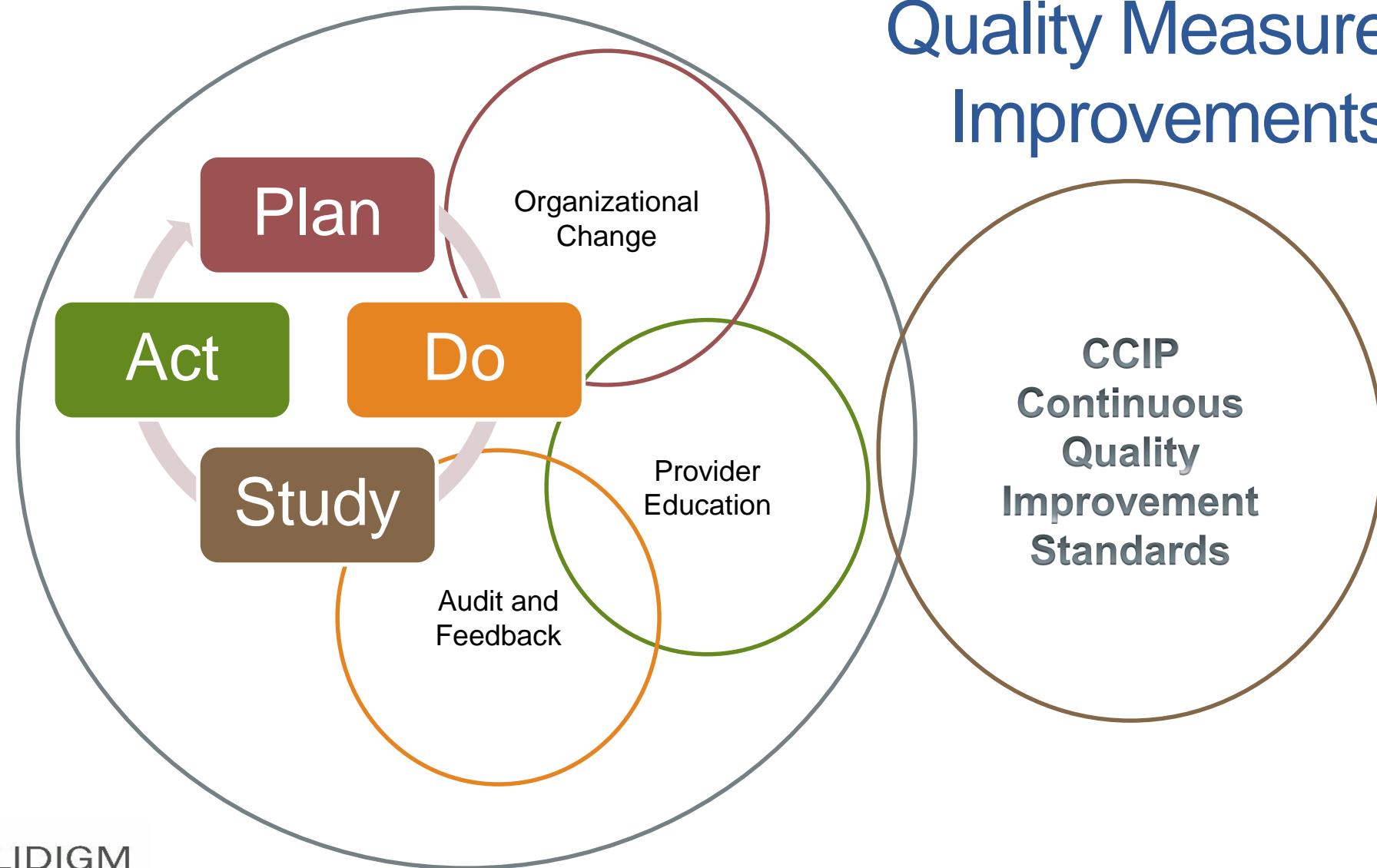


Elements  
from  
established  
assessments  
to address  
core and  
elective  
standards

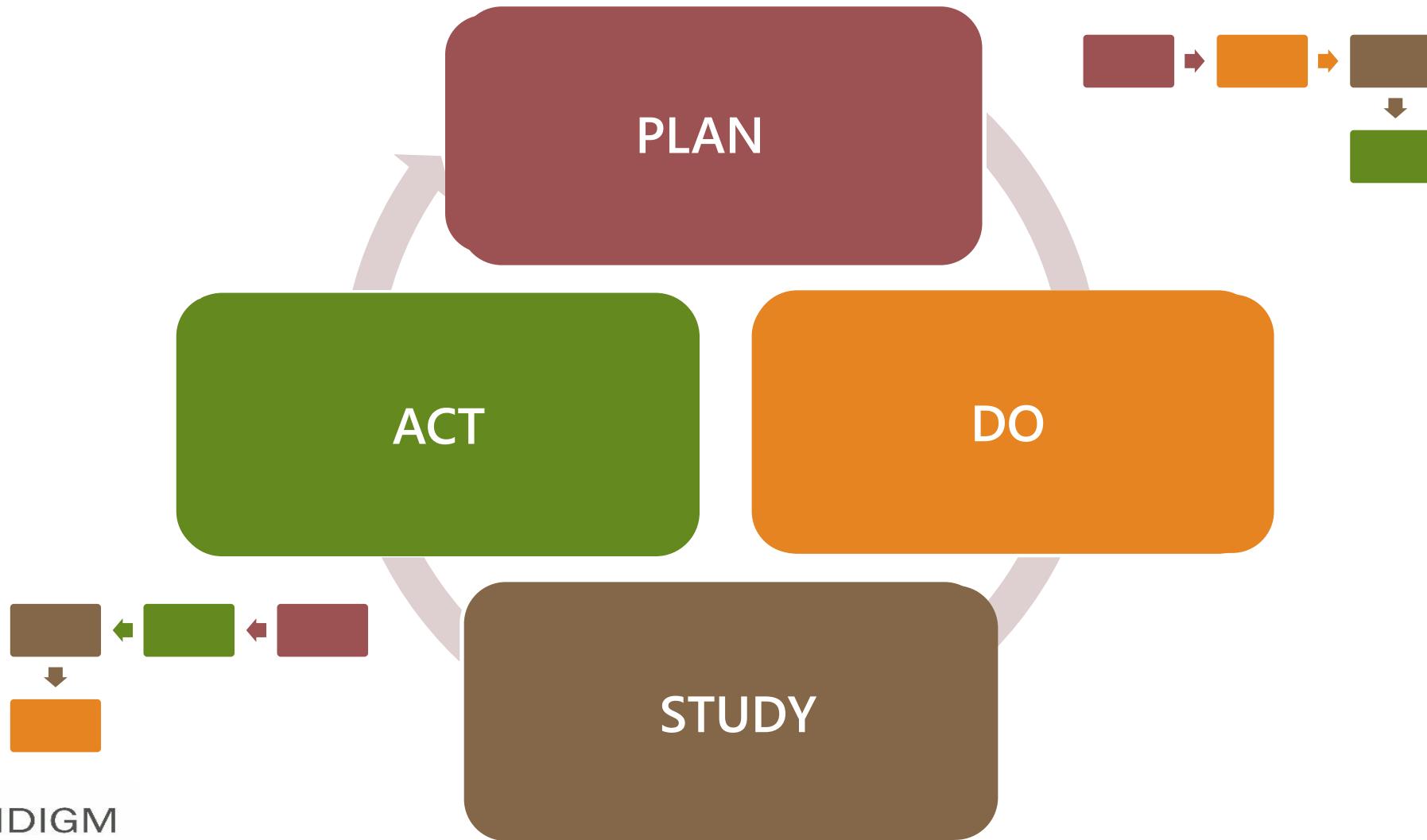


**PE Specific  
Transformation  
Plan**

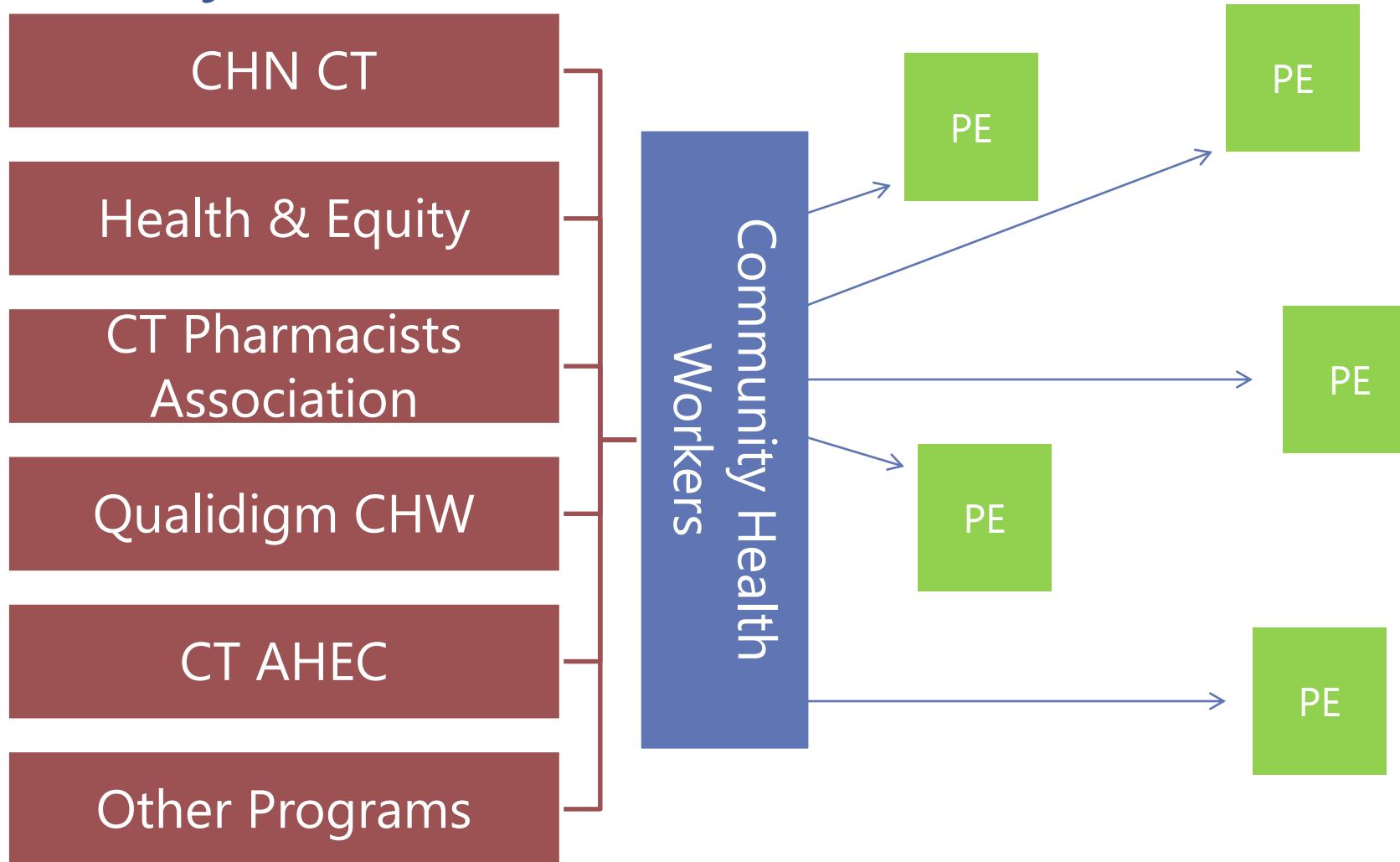
# Linking Transformation Interventions to Quality Measure Improvements



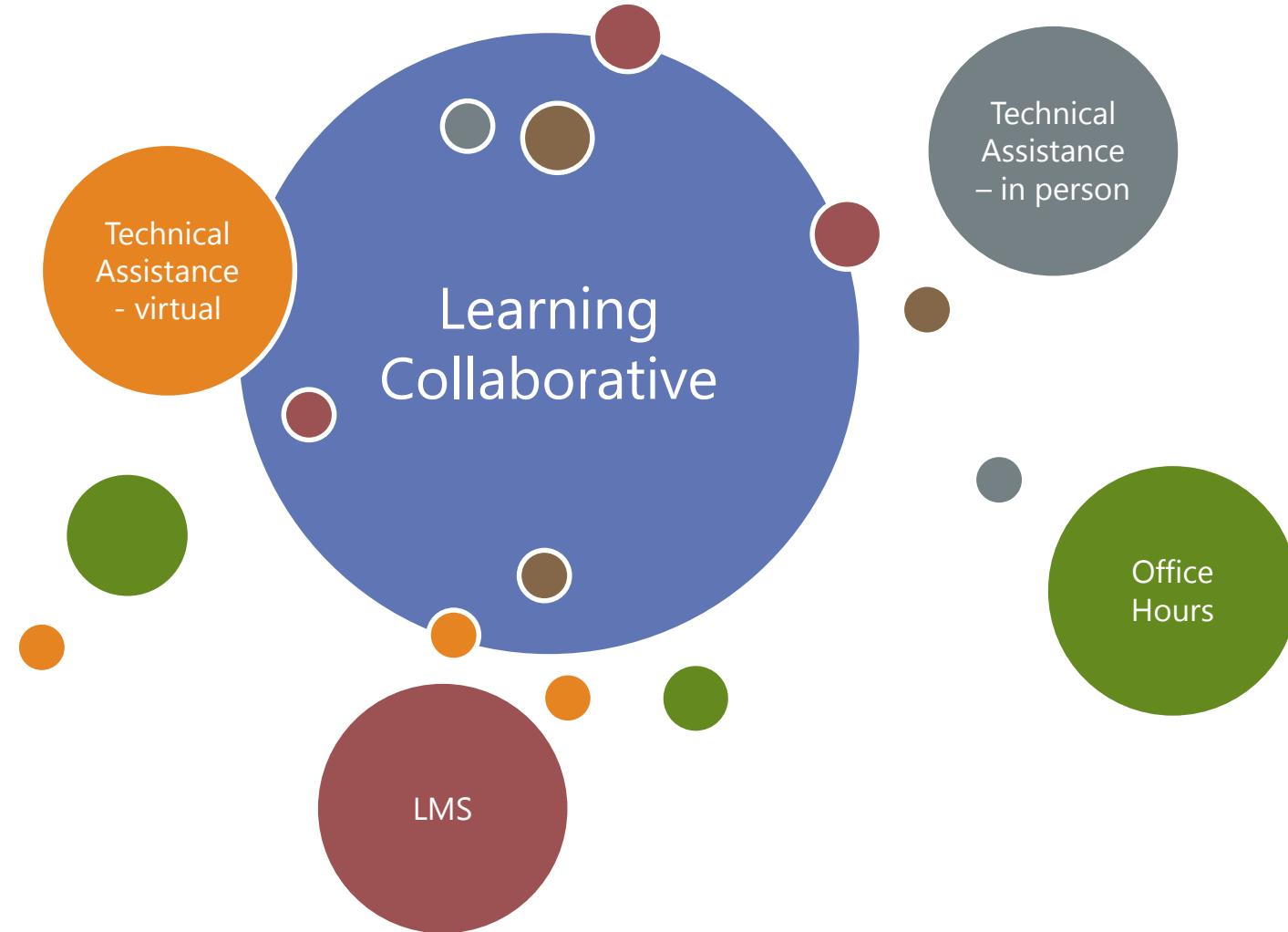
# An Example: PDSA and HbA1c



# Community Health Workers



# Learning Collaborative



# Engaging Community Partners



**CCWC**  
CONNECTICUT  
**CHOOSING WISELY**  
COLLABORATIVE



# Benefits

More affordable, whole person-centered,  
higher quality, equitable healthcare

Integration of non-clinical  
community services with primary  
care

Improve overall  
efficiency and  
effectiveness for all  
patients

Complements existing initiatives

Patient and provider  
satisfaction

Prepare for new payment models

# Challenges

Identification  
of target  
populations

Sustainability

Lack of  
funding

Data  
collection/  
reporting  
issues

Define  
metrics for  
performance

Clinical care team and  
community member  
collaboration

Inadequate  
clinician  
participation

Standardization of CCIP  
implementation across networks

# Transformation Approach



“We are flexible”

# Primary Care Payment Reform

# Shared Savings: Opportunities and Limitations

## Opportunities

- Return on Investment for improved healthcare outcomes based on quality measures
- Provides a first step toward value-based care

## Limitations

- Savings are difficult to predict so ROI is uncertain
- Lack of capital for up-front investments needed to improve care
- Only supports practice changes that yield substantial ROI in 1-3 years

My doctor only saw me for 15 minutes- how can she understand what's causing all of my health problems?

I have ten more patients waiting to see me, and a ton of data entry.



# Story 1 – lora Health

## Unique Model of Care

- non-physician coaches advocate for patients and deliver care
- in-home, text, video, email, etc.
- Fully integrated behavioral health

## Better Outcomes

- Improved quality and satisfaction
- improved patient and physician experience
- reductions in unnecessary and downstream care

## Comprehensive PCPM

- risk adjustment
- incentives for meeting patient experience, quality and utilization targets
- shared savings

# Story 2 – Esse Health Physician Practice

St. Louis based  
Practice since 1996

PCMH Approach to  
Care Management

ACO Shared Savings

Started Essence  
Healthcare in 2003 to  
better manage  
patients

Medicare Advantage Payment Model

[Essence Healthcare Medicare Advantage HMO](http://www.essencehealthcare.com/)  
(<http://www.essencehealthcare.com/>)

[Esse Health Physician Practice](http://www.essehealth.com/)  
(<http://www.essehealth.com/>)

# Story 3 – Fallon Health

Employ non-clinical navigators to assist Medicare Members

Member Involvement in Care Planning

Non-traditional benefits:  
Transportation, food delivery,  
companionship

Practices access these services that are provided free of charge by the payer

# Financial Model of a Solo Practice

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## Physician Compensation Overview w/Options for Advanced Payment \$

### Revenue Estimate

Panel Size	2,500
Advanced Payment	\$0.00
\$ / Visit	\$95.00
Visits/Day	25
Visits/Patient/Yr	2.16
Days/Week	4.5
Weeks/Yr	48
Total Revenue	<hr/> \$513,000

This example  
demonstrates basic  
compensation for a solo  
practitioner

### Expense Estimate

Staff (RN, Admin, Billing, Med Assist, Benefits)	\$200,000
Other Overhead (Rent, Insurances, Fees, etc)	\$100,000
Additional Staff, Services, Coordination, Technology	<hr/> \$0
Physician Take Home Compensation	<hr/> \$213,000

# Financial Model of a Solo Practice

## Physician Compensation Overview w/Options for Advanced Payment \$

### Revenue Estimate

Panel Size	2,500
Advanced Payment	\$0.00
\$ / Visit	\$95.00
Visits/Day	20
Visits/Patient/Yr	1.73
Days/Week	4.5
Weeks/Yr	48
Total Revenue	\$410,400

This example demonstrates the impact of reduced visits per day to increase care coordination

### Expense Estimate

Staff (RN, Admin, Billing, Med Assist, Benefits)	\$200,000
Other Overhead (Rent, Insurances, Fees, etc)	\$100,000
Additional Staff, Services, Coordination, Technology	\$0
Physician Take Home Compensation	\$110,400

# Financial Model of a Solo Practice

## Physician Compensation Overview w/Options for Advanced Payment \$

### Revenue Estimate

Panel Size	2,500
Advanced Payment	\$5.00
\$ / Visit	\$95.00
Visits/Day	25
Visits/Patient/Yr	2.16
Days/Week	4.5
Weeks/Yr	48
Total Revenue	\$663,000

### Expense Estimate

Staff (RN, Admin, Billing, Med Assist, Benefits)	\$200,000
Other Overhead (Rent, Insurances, Fees, etc)	\$100,000
Additional Staff, Services, Coordination, Technology	\$150,000
Physician Take Home Compensation	\$213,000

This example demonstrates the impact of providing an Advanced Payment for delivery of alternative services

# Financial Model of a Solo Practice

## Physician Compensation Overview w/Options for Advanced Payment \$

### Revenue Estimate

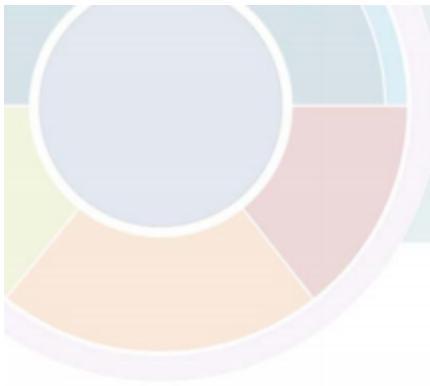
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Variables in a primary care bundle scenario

### Expense Estimate

Staff (RN, Admin, Billing, Med Assist, Benefits)	\$200,000
Other Overhead (Rent, Insurances, Fees, etc)	\$100,000
Additional Staff, Services, Coordination, Technology	\$150,000
Physician Take Home Compensation	\$213,000

# Key Informant Interview/Case Study – CPC+



## Comprehensive Primary Care Plus

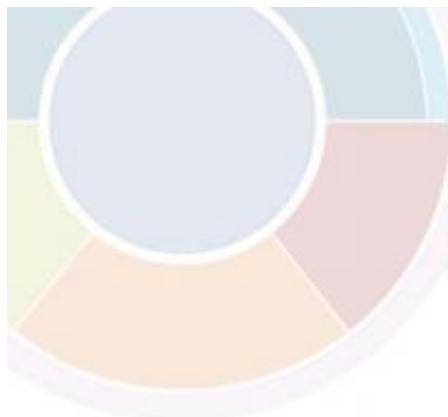
*America's Largest-Ever Multi-Payer  
Initiative to Improve Primary Care*

# CPC+: Getting off the Fee-for-Service Treadmill

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# Key Informant Interview/Case Study – CPC+

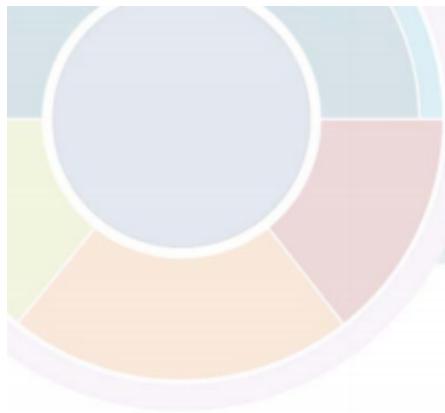


## Three Payment Innovations Support CPC+ Practice Transformation



	Care Management Fee (PBPM)	Performance-Based Incentive Payment (PBPM)	Payment Structure Redesign
Objective	<i>Support augmented staffing and training for delivering comprehensive primary care</i>	<i>Reward practice performance on utilization and quality of care</i>	<i>Reduce dependence on visit-based fee-for-service to offer flexibility in care setting</i>
Track 1	\$15 average	\$2.50 opportunity	N/A (Standard FFS)
Track 2	\$28 average; including \$100 to support patients with complex needs	\$4.00 opportunity	Reduced FFS with prospective "Comprehensive Primary Care Payment" (CPCP)

# Key Informant Interview/Case Study – CPC+



## CPC+ Practices Will Enhance Care Delivery Capabilities in 2017

Track 2 capabilities are inclusive of and build upon Track 1 requirements.

### Access and Continuity

Requirements for

#### Track 1

-  Empanelment
-  24/7 patient access
-  Assigned care teams

Requirements for

#### Track 2

 Alternative to traditional office visits, e.g., e-visits, phone visits, group visits, home visits, alternate location visits, and/or expanded hours.

### Care Management

-  Risk stratified patient population
-  Short-term and targeted, proactive, relationship-based care management
-  ED visit and hospital follow-up

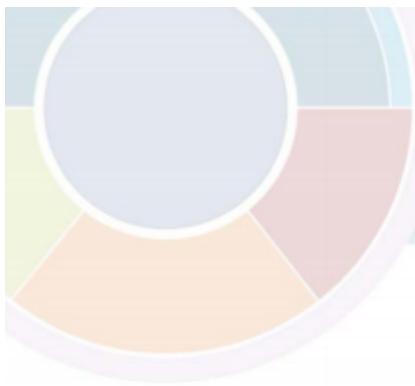


Two-step risk stratification process for all empanelled patients



Care plans for high-risk chronic disease patients

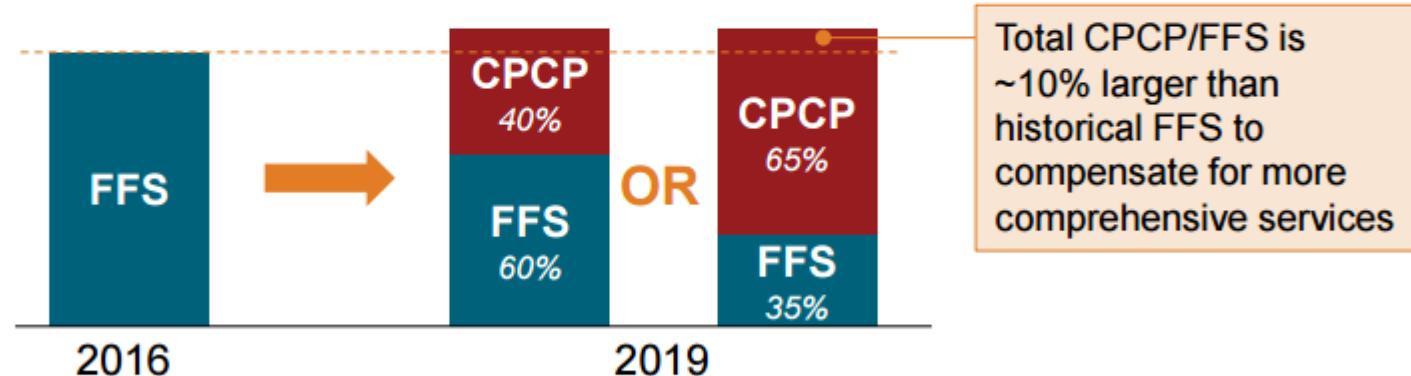
# Key Informant Interview/Case Study – CPC+



## Track 2 Reimbursement Redesign Offers Flexibility in Care Delivery

Designed to Promote Population Health Beyond Office Visits

Hybrid of FFS and Upfront “Comprehensive Primary Care Payment” (CPCP) for Evaluation & Management



- Practices receive enhanced fees with roughly half of expected FFS payments upfront and subsequent FFS billings reduced by the prepaid amount
- CPCP reduces incentive to bring patients into the office for a visit but maintenance of some FFS allows for flexibility to treat patients in accordance with their preferences

## PCPM – Next Steps

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- Literature Review including summary and analysis of primary care payment models that have been implemented in other states/regions
- Stakeholder interviews and/or focus groups including payers, providers and consumers to inform the analysis and recommendations
- Examination of practice readiness assessment models
- Final report and recommendations and presentation to the Healthcare Innovation Steering Committee

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Adjourn