

STATE OF CONNECTICUT
State Innovation Model
Consumer Advisory Board

Meeting Summary
December 12, 2017

Meeting Location: The Lyceum, Conference Room A, 227 Lawrence Street, Hartford

Members Present: Alice Ferguson via conference line; Kevin Galvin; Rev. Bonita Grubbs via conference line; Robert Krzys; Theanvy Kuoch; Nanfi Lubogo via conference line; Velandy Manohar; Arlene Murphy

Members Absent: Jeffrey Beadle; Alan Coker; Linda Guzzo; Stephen Karp; Ann Smith; Denise Smith

Other Participants: Mark Schaefer; Shiu-Yu Schiller; Quyen Truong;

1. Call to Order

The meeting was called to order at 1:08 p.m. Arlene Murphy chaired the meeting.

2. Public Comment

There was no public comment.

3. Approve November 7th Meeting Summary

It was determined that a quorum was not present. The approval of the minutes was postponed.

4. Review Summary of Diabetes Support Forum at Spottswood Church to Determine: Key Findings; Key Messages; Action Items; Next Steps

Ms. Truong presented a summary on the Diabetes Support Forum. She reviewed key findings, key messages, action steps, and next steps. Mr. Galvin said the event was interesting and acknowledged Mr. Karp for putting the event together really well. He said he knew very little about diabetes before the event. Everyone in the room had diabetes or knew someone with diabetes. Mr. Galvin mentioned the need for life or health coaches. He said the cost of medication is a theme to add. He said the topic on the cost of medication came up several times as a common thread. He mentioned that diabetes is a subject that they should spend some time on because it affects a lot of people.

Ms. Lubogo said that black churches provide education to their members and communities. She asked how they could assist them with the help that they need. She mentioned that grandparents have to deal with it, diabetes is a multigenerational problem. Rev. Grubbs said there are opportunities to recommend a dietitian so that people can learn how to cook or have healthier options. Mr. Galvin said people figured out how to navigate transportation thanks to the church network, but it's still a problem to accessing healthcare. Ms. Truong suggested for members to email recommendations and suggestions to her within the next week or so.

The Board discussed who should get a copy of the report. Suggestions included the existing workgroups in SIM, the Taskforce on RX Prescriptions, Legislative Committee of Cognizance, State Medical Society, the Healthcare Cabinet, the American Diabetes Association, the Commissioner of Public Health, and various state agencies such as the Department of Developmental Services (DDS) and the Department of Mental Health and Addiction Services (DMHAS). Rev. Grubbs suggested

connecting with Tekisha Everett and Health Equity Solutions to see who the report should be shared with. Ms. Truong asked how the report should be disseminated. Dr. Manohar suggested having a unified cover letter then he could send out to some people and the various commissioners of DPH, DDS, and DMHAS. Mr. Galvin suggested packaging the information to have more meat in the report to touch more people. He asked whether they were distributing this differently than other reports. He said they could put all of the reports together as a compendium. The question was raised if they are doing this for diabetes then why aren't they doing it for asthma. It could be one big report rather than several smaller ones.

Ms. Truong said for next steps, she is hearing to send it to Tekisha Everett and to wait before sending out the report to others. She said she is also hearing to create a consolidated report.

The group talked about the themes from SIM CAB listening sessions. It was mentioned that there are various commonalities between the different forums. There was a suggestion that the consolidated report should represent all of the work that has been done. It was mentioned that to discuss two rural events in January may be too much. There was a suggestion for one in January about Black Faith Health Equity Forum and the other in February will be Rural and Behavioral Health Forums. Members talked about communicating some of the findings of things that should be considered. There was a suggestion to connect with Susan Adams.

Members reviewed and discussed the themes chart sheet. Ms. Kuoch suggested adding an "x" to the topic of lack of education about issue and adding a column regarding the cost of medications for the Southeast Asian forum category.

5. Update: Healthcare Cabinet Prescription Drug Workgroups

Ms. Murphy provided an update on the healthcare cabinet prescription drug workgroups. There was a suggestion to schedule a conference call or webinar to inform consumers interested in giving public comment. It was mentioned that it could be organized with Alice Ferguson and Leslie Bennett. Ms. Ferguson said she is unsure how far she can commit. Ms. Murphy said they could discuss by email. Members agreed to have the webinars.

6. Update: CAB Youth Representation Outreach

Ms. Truong presented on the CAB youth representation outreach. She said there are some follow ups from the youth engagements. She mentioned there will be upcoming KASA events and anyone is welcome to join. The dates are January 20th and January 29th. Ms. Truong will send an email to the entire CAB regarding these events.

7. Update: Choosing Wisely

Ms. Truong presented the update on Choosing Wisely. She said they do not take on all of Choosing Wisely but only the parts that fit in with the CAB's aim. Dr. Manohar noted that Choosing Wisely can empower the patient. Members discussed how Choosing Wisely and CAB priorities mix. It was mentioned that as a next step some of the Choosing Wisely concepts could be integrated into the videos that CAB is working on.

The group talked about having a liaison to PTF for CAB. Dr. Schaefer said they may not need one but some of the information that PTF is working on could be needed. He said it is important to have a bridge between what CAB is doing and what they are doing. Members talked about creating some conductivity with the SIM work groups. It was noted that it is important not to overwhelm the process. If information is not pulled out in an unfiltered way, it may not be useful and people can be overwhelmed. There was a suggestion to take this up in the next Planning Committee meeting.

8. Update: Consumer Engagement

Ms. Truong mentioned that she would reach out to Ann Smith to organize a Caribbean Health Forum.

9. Next Steps and Other Business

Ms. Murphy said she could put together the actions steps. They will be sent out and if there are any corrections that are needed to send them.

Motion: to adjourn – Kevin Galvin; seconded by Velandy Manohar.

Discussion: There was no discussion.

Vote: All in favor.

The meeting adjourned at 2:44 p.m.