

SIM CAB Listening Session Review Questions

Key Findings Key Messages & Next Steps for CAB discussion.

1. **Event Name:** Diabetes Forum
 - a. **Location:** Spottswood Church
 - b. **Date:** April 28, 2017
2. **Goals of the Event:** To talk with the Black faith community about their ability to address diabetes and to hear from experts about community supports.

Key Findings:

3. Based on the Key Findings, what Recommendations do you have?

Please connect your recommendations with 2017 CAB Plan Focus Area 1,2,3:

- 1) **INFLUENCE SYSTEMS CHANGE:**
 - Offer coordinated care
 - “See more specialists and a broader range of health professionals, like a complementary and alternative medical intervention (CAM), or non-conventional interventions – like a health coach.”
- 2) **PROMOTE PROVIDER-CONSUMER PARTNERSHIPS:**
 - Additional diabetes screenings
 - Ensure medical examinations include retina, feet and other diabetic complications
- 3) **ENGAGE AND EMPOWER CONSUMERS:**
 - Have more support groups
 - Key messages to share with consumers: (from Alphonse)
 - People should feel that they have the right to certain expectations due to their monetary investment in healthcare coverage.
 - Address the intimidation that people may feel during a doctor’s office visit.
 - Bring a friend or advocate with them to an office visit
4. **Do you have any Recommendations that Connect with the CAB Health Equity Priority?**

Health equity involves the promotion of equal opportunities for all people to be healthy and to seek the highest level of health possible.

 - Health coaches would be helpful because people felt that more guidance was needed between the clinical encounter and being home and dealing with diabetes issues. Additional guidance is needed when people first find out about the diagnosis, and a health coach would help minimize expensive office visits and prevent people from facing diabetic crises.

Key Messages:

- People should feel that they have the right to certain expectations due to their monetary investment in healthcare coverage.
- Address the intimidation that people may feel during a doctor's office visit.
- Bring a friend or advocate with them to an office visit

5. Activities and Next Steps:

a. With whom should we share this report?

b. How can we disseminate the report? Which CAB members will email whom?

c. Next Steps to Implement?

d. Do we need additional information? If so what and how to obtain it?

e. Resources Required?

f. Next Deadline?