

Stakeholder Engagement in the Study of Cost Containment Models for Connecticut

Background & Opportunity for Input

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The Healthcare Cabinet Cost Containment Study is a Partnership



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Agenda

1. Background
2. Goals of Connecticut Cost Containment Model
3. Areas of Investigation
4. Connecticut Health Care Market Profile
5. Discussion – what are your views?
6. Next Steps

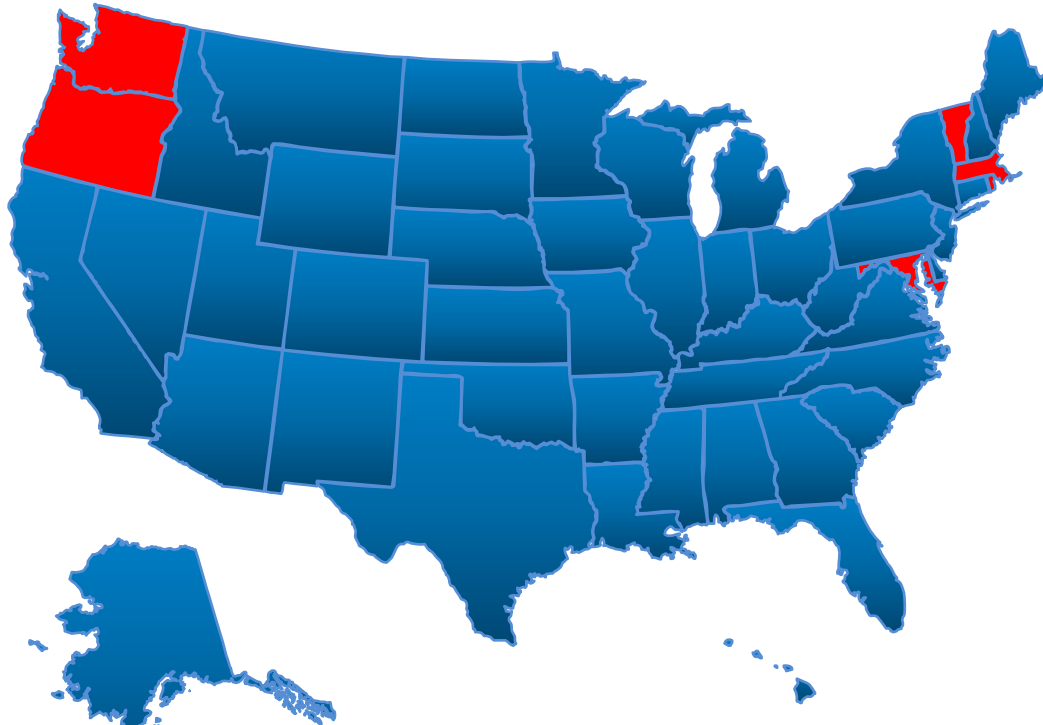
The Connecticut Healthcare Cabinet

- The Healthcare Cabinet was established to advise Governor Malloy and Lt. Governor Wyman on issues related to federal health reform implementation and development of an integrated health care system for Connecticut.
- The Cabinet is chaired by Lt. Governor Wyman and consists of 16 voting members appointed by the Governor and Legislative Leadership, as well as 11 voting and non-voting ex-officio members.

The Cabinet's Charge Related to Cost Containment

- PA 15-146 *An Act Concerning Hospitals, Insurers, and Health Care Consumers* called for the Cabinet to study health cost containment models in six other states for the purposes of identifying successful practices that may be implemented in Connecticut.
- Focus is on:
 - Monitoring and controlling health care costs;
 - Enhancing competition in the health care market;
 - Promoting the use of high-quality health care providers with low total medical expenses and prices;
 - Improving health care cost and quality transparency, and
 - Improving the quality of care and health outcomes

Focus States



Six States of Inquiry:

1. Maryland
2. Massachusetts
3. Oregon
4. Rhode Island
5. Vermont
6. Washington

What lessons from these states can be translated to Connecticut?

The Cabinet's Charge Related to Cost Containment

- By December 1, 2016 the Cabinet is to submit a report to the Legislature detailing the study and its recommendations for:
 - A framework to monitor and respond to health care cost growth (which may include setting a benchmark);
 - Mechanism to identify and mitigate factors that contribute to cost growth and price disparity;
 - The authority to implement and monitor value-based delivery system reforms;
 - The development and promotion of insurance contracting standards and products that reward value-based care; and
 - Other applicable policies.

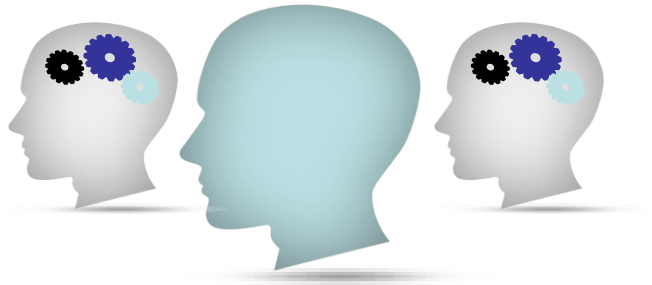
Analytic Framework for Moving Forward

- How does each of these states' models address the six goals identified in the legislation?
- What are the key variants in these states' approaches?
 - Role of state government
 - Use of regulatory authority
 - Role of private sector in bringing about change
 - Role of culture, leadership and environmental context
 - Focus of delivery system and payment reform
- What are the benefits and limitations of each of these states' approaches?

Your Role

- We are seeking feedback from various representatives of the health care market at two points of time:
 - During the study period (Jan – April)
 - Prior to finalizing the recommendations (Oct – Nov)
- Now, we are seeking information on what is working and what is not working in Connecticut related to health care cost growth; and opinions on barriers and solutions to improving health care cost growth
- Later, we will be seeking feedback on the specific recommendations

Questions and Discussion Specific to: Consumer Advisory Board



1. What are the biggest contributors to the increased cost of health care for Connecticut residents?
2. What strategies would you recommend to mitigate health care cost growth? What barriers exist to making those strategies successful?
 - Strategies specific to health plans, providers, consumers
3. Do you think access to price and quality data of providers will influence how residents of Connecticut will use health care?
4. How does your insurance plan influence your health care decision making?
5. What role should government play in controlling the growth of health care costs?

Next Steps

- We will incorporate all stakeholder feedback into a summary review of findings for the Healthcare Cabinet to use as it considers what strategies it will recommend to the legislature.
- Summary information will be shared by “stakeholder type,” not by specific individual or organization.
- Our next session will be a review of specific strategies.

Additional Detail and Contact Information

- For more information on the study, meeting times and locations see:

<http://www.healthreform.ct.gov/ohri/cwp/view.asp?a=2742&q=333484>

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