



# Community Health Worker Advisory Committee- Introductory Webinar

March 29, 2016

# **Meeting Agenda**



# Welcome/Committee Function

# **CHW Advisory Committee- Welcome**

Migdalia Belliveau

Generations Family Health Center

Ashika Brinkley

Connecticut Associations of Directors of Health

Yolanda Bowes

United Community and Family Services

Thomas Buckley

UConn School of Pharmacy

**Juan Carmona** 

Project Access New Haven

Darcey Cobbs-Lomax

Project Access New Haven

Michael Corjulo

Children's Medical Group

Grace Damio

Hispanic Health Council

**Tiffany Donelson** 

Connecticut Health Foundation

Loretta Ebron

Northeast Medical Group

Peter Ellis

Project Access New Haven

Liza Estevez

UnitedHealthcare

Linda Guzzo

Capitol Community College

Terry Nowakowski

The Connection, Inc.

Chioma Ogazi

CT Department of Public Health

Jacqueline Ortiz Miller

Curtis D Miller Center for Health Equity

Nicholas Peralta

ProHealth Physicians

Milagrosa Seguinot

Southwestern AHEC

Mayce Torres

Planned Parenthood of Southern New England

Robert Zavoski

CT Department of Social Services

#### **DRAFT 2/11/16** Community Health Worker Advisory Committee

#### Charter

The Community Health Worker Advisory Committee will develop recommendations for the Healthcare Innovation Steering Committee with respect to the training, promotion, utilization and certification of Community Health Workers (CHWs), as well as establishing a **framework for sustainable payment models** for compensation. The Committee's work will support the recommendations of the Practice Transformation Task Force with respect to the role of CHWs in care delivery reforms. The Committee will also examine key success factors for employers of **CHWs** including basic understanding of the nature of the workforce, requirements for successful integration of CHWs into clinical operations, distinctive considerations in hiring and supervision, and provision of technical/clinical backup to CHWs in home and community settings. The goal of the Committee is to support the integration of and effective support for CHWs in the healthcare system and the communities that they serve.

#### **CHW Advisory Committee charge:**

- 1. Recommend a policy framework that examines a range of issues relevant to establishing a CHW workforce, which may include:
  - a) Definition of CHW which properly represents the diversity of individuals who work in the field
  - b) Scope of Practice, including practice within a comprehensive care team
  - c) Skill requirements, nationally recognized competencies/standards, and criteria and mechanisms for accreditation of training programs
  - d) Certification Process
  - e) Options for sustainable financing of CHWs, especially as part of the reforms recommended by the Practice Transformation Task Force
- 2. Propose a toolkit for CHW utilization that will provide strategies for:
  - a) Integration of CHWs into health care systems and teams
  - b) Supervision and support of CHWs
  - c) Inclusion of CHWs in staffing under value-based payment models
  - d) Access to CHW assistance for providers and patients: who receives their services and how the services are implemented
  - e) CHW Career Ladder
- 3. Facilitate integration of the Community Health Worker Association of Connecticut into the process of developing the CHW workforce in the state

# SIM Overview

#### **Connecticut Healthcare Costs**

**Connecticut** - healthcare spending = More than \$30 billion, **fourth highest of all states** for healthcare spending per capita

CMS (2011) Health Spending by State of Residence, 1991-2009. http://www.cms.gov/mmrr/Downloads/MMRR2011 001 04 A03-.pdf

# **Connecticut: Uneven Quality of Care**

## Rising rate of Emergency Department utilization

Potentially avoidable emergency department visits among Medicare beneficiaries, per 1,000 beneficiaries

2011 195 183 129

CT ranking out of 50 states

## **High Hospital Readmissions**

Medicare 30-day hospital readmissions, rate per 1,000 beneficiaries

2012

52.0

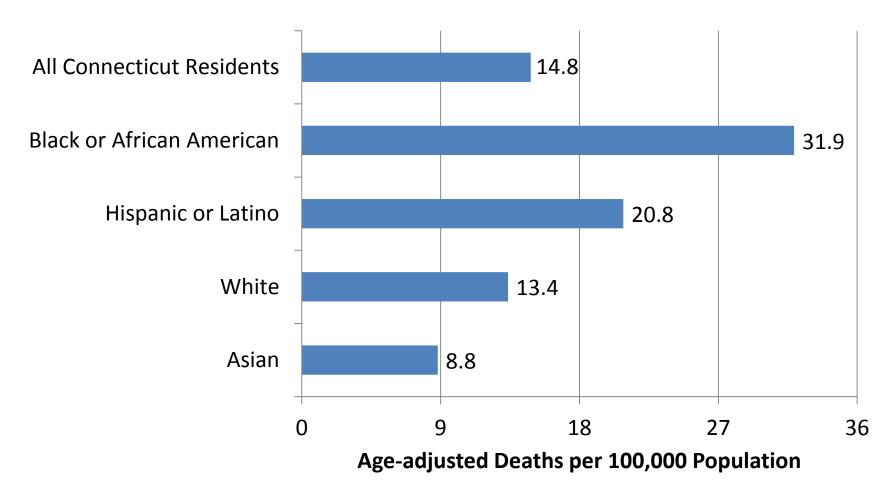
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26 36

CT ranks
36th out
of 50
states

# Health disparities persist in Connecticut

# Age-adjusted Death Rate for Diabetes, Connecticut Residents, by Race and Ethnicity, 2008-2012



Data Source: CT DPH, Vital Records Mortality Files, 2008-2012 data.

# **CT Healthcare Stages of Transformation**

Connecticut's Current Health System: "As Is"

#### Accountable Care

Accountable for patient population

#### Rewards

better healthcare outcomes

2.0

- preventive care processes
- lower cost of healthcare

Competition on healthcare outcomes, experience & cost

Coordination of care across the medical neighborhood

Community integration to address social & environmental factors that affect outcomes

# Our Vision for the Future: "To Be"

# Health Enhancement Communities

3.0

Accountable for all community members

#### Rewards

- prevention outcomes
- lower cost of healthcare & the cost of poor health

Cooperation to reduce risk and improve health

Shared governance including ACOs, employers, non-profits, schools, health departments and municipalities

Community initiatives to address social-demographic factors that affect health

#### Fee for Service 1.0

Limited accountability

Pays for quantity without regard to quality

Lack of transparency

Unnecessary or avoidable care

Limited data infrastructure

Health inequities

Unsustainable growth in costs

#### What is a State Innovation Model Grant?

SIM grants are awarded by the federal government through the *Center for Medicaid* and *Medicare Services (CMS) Innovation center*. Grants are awarded to states that have demonstrated a commitment to developing and implementing multi-payer health care payment and service delivery models that will:

- 1 Improve health system performance
- 2 Increase quality of care
- 3 Decrease Costs

Connecticut awarded a \$45 million test grant in December 2014 which will be implemented over the next five years.

## **Our Journey from Current to Future: Components**

#### **CT SIM Component Areas of Activity**

Transform
Healthcare
Delivery System
\$13m

**Build Population Health Capabilities**\$6m

Reform Payment & Insurance Design \$9m

Transform the healthcare delivery system to make it more coordinated, integrate clinical and community services, and distribute services locally in an accessible way.

Build population health
capabilities that reorient the
healthcare toward a focus
on the wellness of the whole
person and of the
community

Reform payment & insurance design to incent value over volume, engage consumers, and drive investment in community wellness.

Engage Connecticut's consumers throughout	\$376k
Invest in enabling health IT infrastructure	\$10.7m
Evaluate the results, learn, and adjust	\$2.7m

# **Targeted Initiatives**

Statewide Initiatives

## **SIM Targeted Initiatives**

Reform Payment: High percentage of patients in value-based payment arrangements

MQISSP
Medicare SSP
Commercial SSP

+

Transform Care: Resources to develop advanced primary care and organization-wide capabilities

+

Advanced Medical
Home Program (AMH)
&

Community & Clinical Integration Program (CCIP)

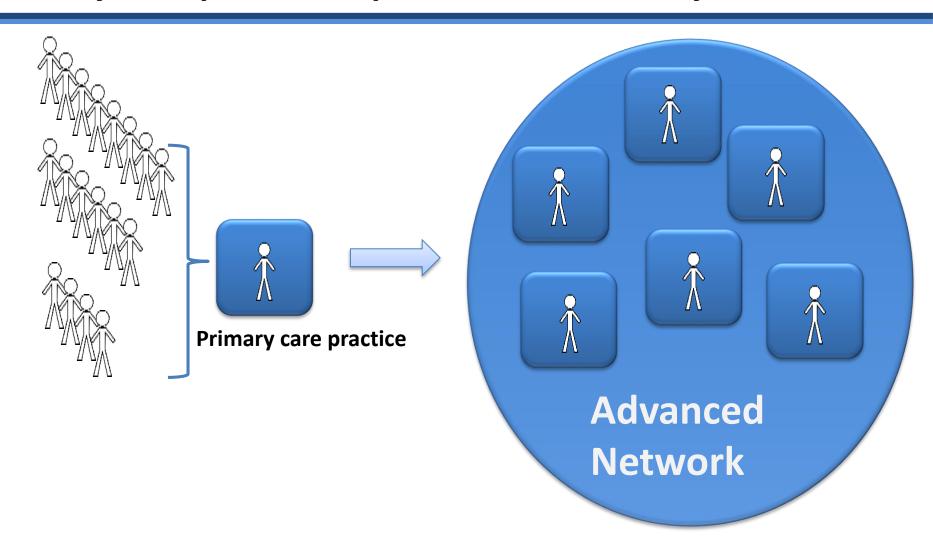
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**Build Population Health:** 

Better Quality and Affordability

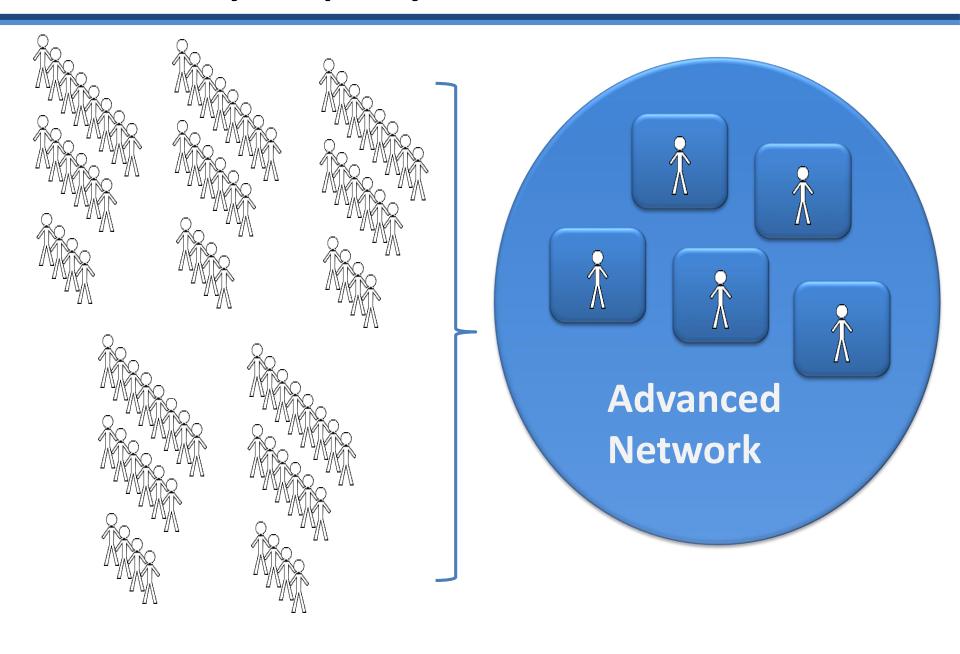
MQISSP is the Medicaid Quality Improvement and Shared Savings Program

# Primary care partnerships for accountability

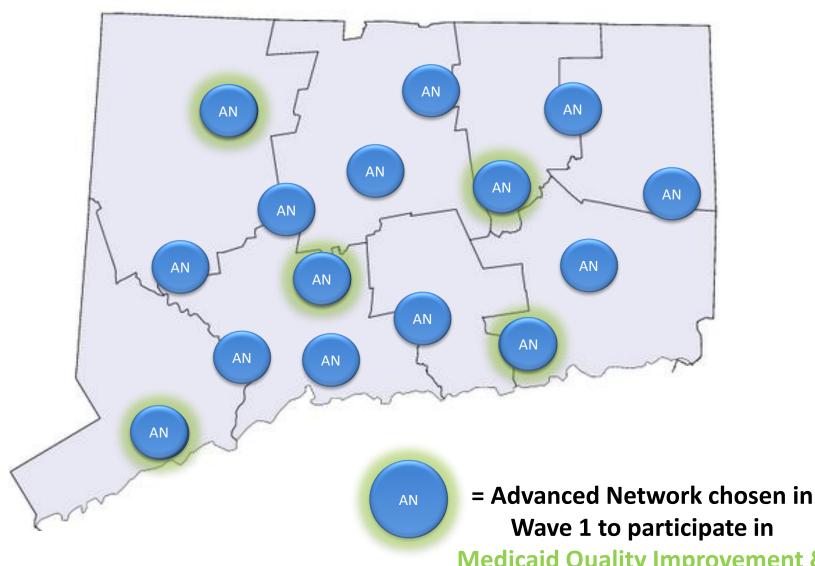


Advanced Network = independent practice associations, large medical groups, clinically integrated networks, and integrated delivery system organizations that have entered into shared savings plan (SSP) arrangements with at least one payer

# Accountability for quality and total cost

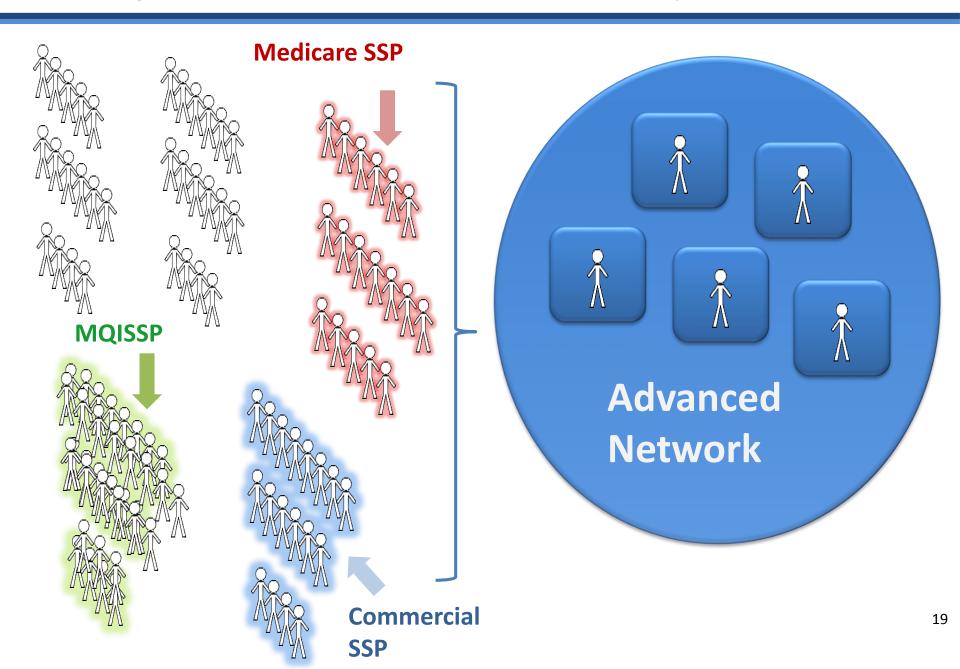


# **Connecticut has many Advanced Networks**

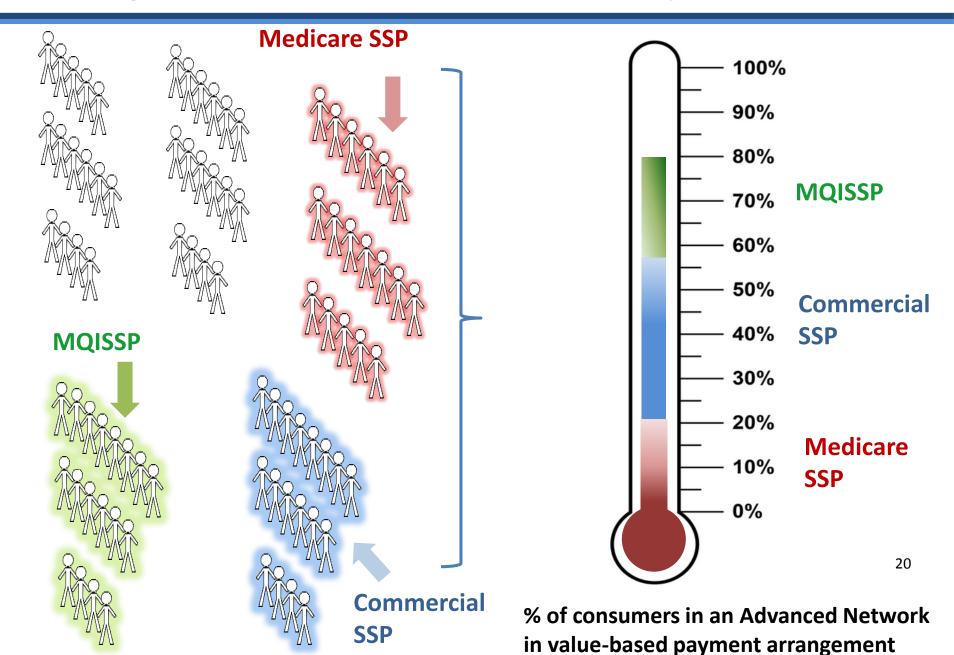


Medicaid Quality Improvement & Shared Savings Program (MQISSP)

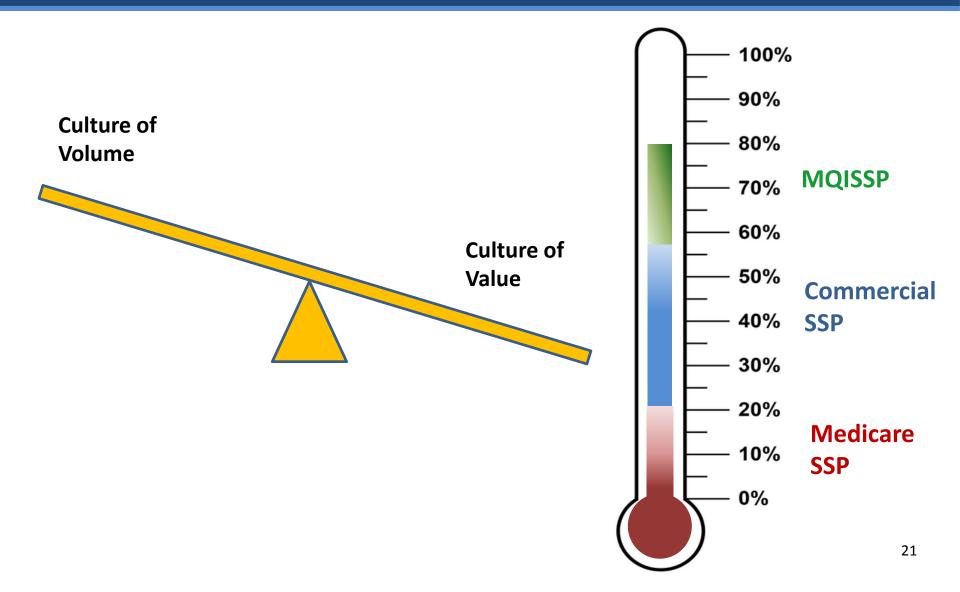
# SIM Targeted Initiatives: Value-Based Payment



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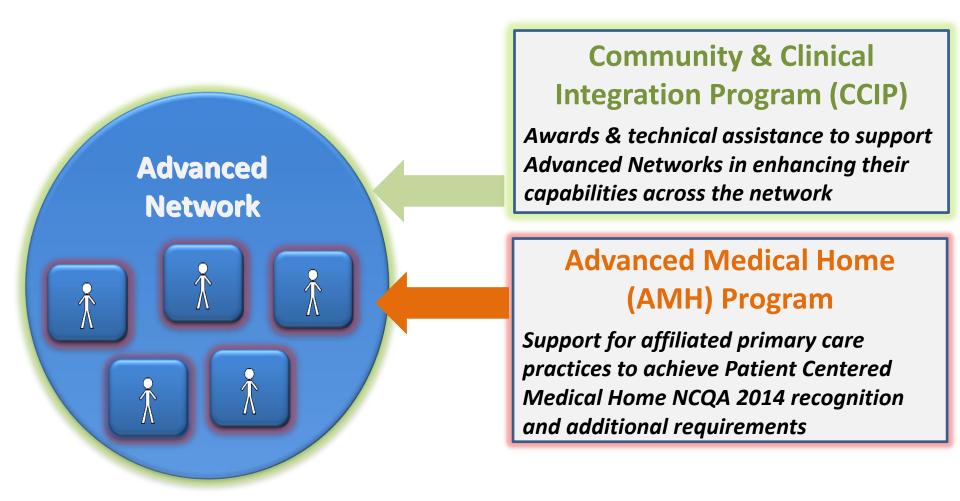


# SIM Targeted Initiatives: Value-Based Payment



% of consumers in an Advanced Network in value-based payment arrangement

# SIM Targeted Initiatives: Transforming the System

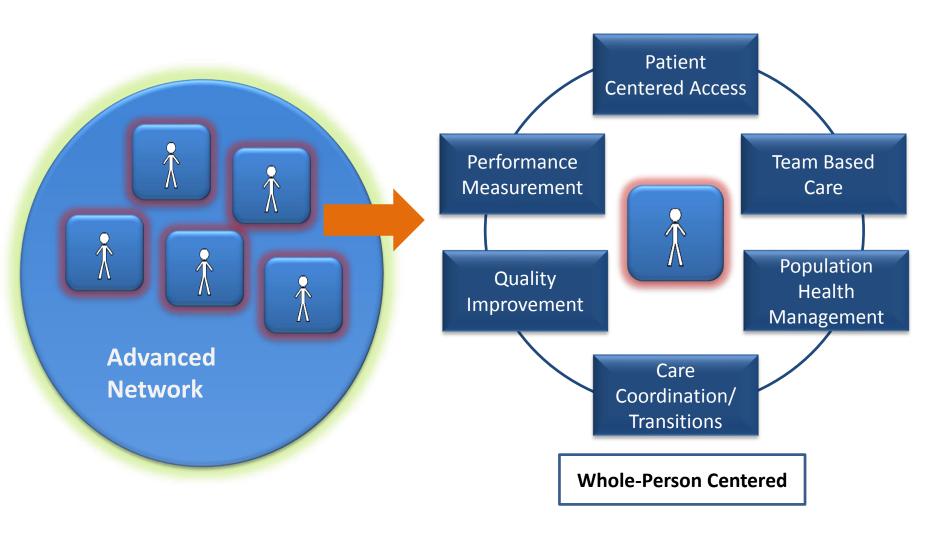


Improving care for <u>all</u> populations Using population health strategies

#### **Transforming the System: Advanced Medical Home**

#### **Advanced Medical Home Program**

Webinars, peer learning & on-site support for individual primary care practices to achieve Patient Centered Medical Home NCQA 2014 and more

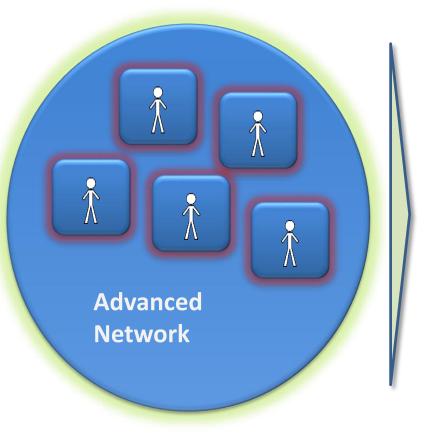


# Community Heal Collaboratives

#### **Transforming the System: Community and Clinical Integration Program**

#### **Community & Clinical Integration Program**

Awards & technical assistance to support Advanced Networks in enhancing their capabilities in the following areas:









# Comprehensive Care Management brehensive care team, Com

Comprehensive care team, Community Health Worker, Community linkages

#### **Health Equity Improvement**

Analyze gaps & implement custom intervention

CHW & culturally tuned materials

#### **Behavioral Health Integration**

Network wide screening tools, assessment, linkage, follow-up

Oral health Integration

E-Consult

Comprehensive Medication Management

#### Transforming the System: Community and Clinical Integration Program

Three core standards focus on populations who have demonstrated health needs that align with SIM goals, align with CT population health goals, and that provide both evidence-based standards for improvement with flexibility in implementation. Their objectives are as follows:

# INDIVIDUALS WITH COMPLEX HEALTH NEEDS

 Provide comprehensive care management to individuals who have one or more serious medical conditions, the care for which may be complicated by functional limitations or unmet social needs, and who require care coordination across different providers, community supports and settings to achieve positive healthcare outcomes

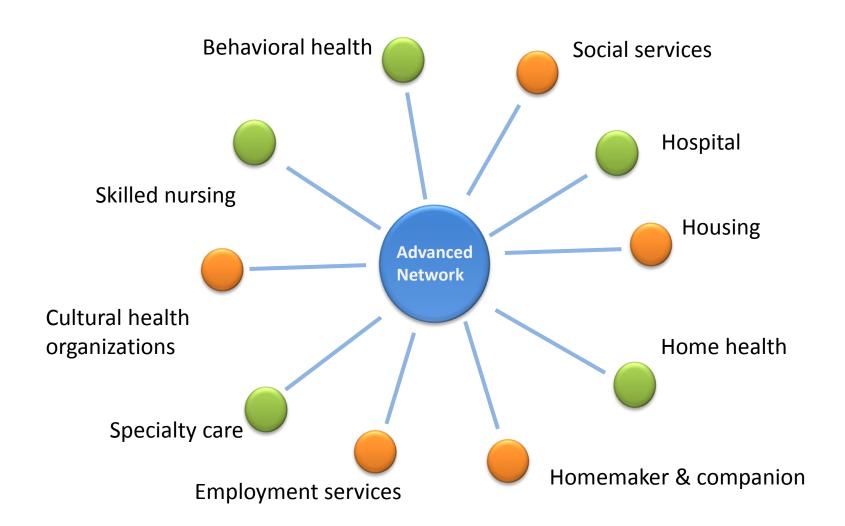
# INDIVIDUALS EXPERIENCING HEALTH EQUITY GAPS

- Part 1: Develop quality improvement processes to address health equity gaps
- Part 2: Engage a community health worker to provide culturally and linguistically appropriate support to a race/ethnic subpopulation that is experiencing poorer health outcomes as compared to the population as a whole

# INDIVIDUALS WITH UNMET BEHAVIORAL HEALTH NEEDS

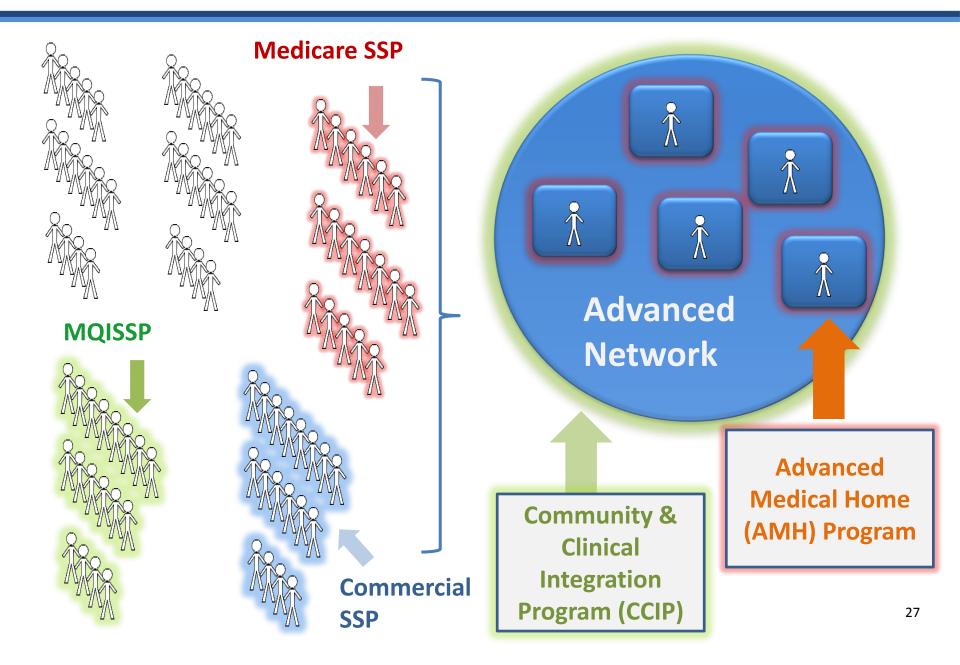
 Help primary care practices identify and treat behavioral health needs within the primary care setting and establish referral, linkage and follow-up for those who require behavioral health specialty care

#### SIM Targeted Initiatives: Community and Clinical Integration Program

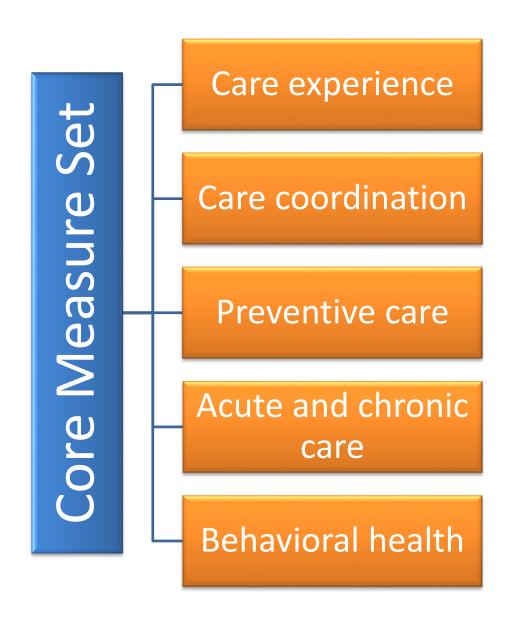


# ...coordination and communication with key clinical and community partners

# SIM Targeted Initiatives: Putting it all together



### SIM Statewide Initiatives: Quality Measure Alignment



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<b>Consumer En</b>	gagement
CONSUME LI	Suscincin

PCMH - Care Experience CAHPS measure

#### **Care Coordination**

Plan all-cause readmission

Emergency Department Usage per 1000

Annual monitoring for persistent medications

#### **Prevention**

Breast cancer screening

Cervical cancer screening

Chlamydia screening in women

Colorectal cancer screening

Adolescent female immunizations HPV

Weight assessment and counseling for nutrition and physical activity for children/adolescents

BMI screening and follow up

Developmental screening in first 3 years of life

Well-child visits in the first 15 months of life

Adolescent well-care visits

Tobacco use screening and cessation intervention

Prenatal Care & Postpartum care

Screening for clinical depression and follow-up plan

Behavioral health screening (Medicaid only)

#### **Acute & Chronic Care**

Medication management for people w/ asthma\*

Asthma Medication Ratio\*

DM: Hemoglobin A1c Poor Control (>9%)

DM: HbA1c Testing\*\*

DM: Diabetes eye exam

DM: Diabetes: medical attention for nephropathy

HTN: Controlling high blood pressure

Use of imaging studies for low back pain

Avoidance of antibiotic treatment in adults with acute bronchitis

Appropriate treatment for children with upper respiratory infection

#### **Behavioral Health**

Follow-up for children prescribed ADHD medication

Metabolic Monitoring for Children and Adolescents on Antipsychotics (Medicaid only, custom measure)

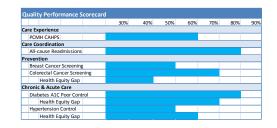
Depression Remission at 12 Twelve Months

Child & Adolescent Major Depressive Disorder: Suicide Risk Assessment

Unhealthy Alcohol Use - Screening

# SIM Statewide Initiatives: Quality Measure Alignment

# Health Plan Claims Data



#### **Process Measures**

(E.g., Diabetes foot exam, well-care visits, medication adherence)

#### National consensus to move towards outcomes:



	309	6 40%	50%	60%	70%	80%	90%
a F	307	40%	3076	0070	7070	0070	3070
Care Experience							
PCMH CAHPS							
Care Coordination							
All-cause Readmissions							
Prevention							
Breast Cancer Screening							
Colorectal Cancer Screening							
Health Equity Gap							
Chronic & Acute Care							
Diabetes A1C Poor Control							
Health Equity Gap							
Hypertension Control							
Health Equity Gap							

#### **Process & Outcome Measures**

(E.g., diabetes A1C control, blood pressure control, depression remission)

# SIM Statewide Initiatives: Value-based Insurance Design

...the use of plan incentives to encourage employee adoption of one or more of the following:

New and innovative approaches



Adopt healthy lifestyles

(e.g. smoking cessation, physical activity)



Use high value services

(e.g., preventative services, certain prescription drugs)





Use high performance providers

Who adhere to evidence-based treatment



- Health promotion & disease management
- Health coaching & treatment support

# SIM Statewide Initiatives: Value-based Insurance Design

- Employer-led Consortium: peer-to-peer sharing of best practices
- Prototype VBID Designs: using latest evidence, to make it easy for employers to implement



 Annual Learning Collaborative: including panel discussions with nationally recognized experts and technical assistance





CT's Health Insurance Market Exchange) will implement VBID in Year 2 of the Model Test (subject to Board approval)

# Value-Based Insurance Design - Accountability Metrics

Year	Percent adoption
2016	44%*
2017	53%
2018	65%
2019	74%
2020	87%

<sup>\*</sup>Estimate – will establish empirical baseline 2015

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# SIM: How will we evaluate our impact?



#### By 6/30/2020 Connecticut will:

#### **Improve Population Health**

Reduce statewide rates of diabetes, obesity, tobacco use, and asthma

#### **Improve Health Care Outcomes**

Improve performance on key quality measures, increase preventative care and consumer experience, and increase the proportion of providers meeting quality scorecard targets

#### **Reduce Health Disparities**

Close the gap between the highest and lowest achieving populations for key quality measures impacted by health inequities

#### **Reduce Healthcare Costs**

Achieve a rate of healthcare expenditure growth no greater than the increase in gross state product (GSP) per capita, corresponding to a 1-2% reduction in the annual rate of healthcare growth.

#### SIM: What is the role of the CHW?



#### **Improve Population Health**

CHWs work across sectors, offering expertise in areas not typically associated with the traditional medical setting, which are crucial to addressing population health

#### **Improve Health Care Outcomes**

Acting as members of the healthcare team, CHWs contribute to improved outcomes through an understanding of their communities and how best to help them achieve their healthcare goals

#### **Reduce Health Disparities**

The diverse roles and backgrounds of CHWs bring an understanding of the various populations in Connecticut and how best to address their unique healthcare needs

#### **Reduce Healthcare Costs**

CHWs can contribute to overall reductions in healthcare costs by providing preventative services, mitigating potentially costly issues within their communities

### National CHW Landscape





## Community Health Workers: What's Happening in the States

Carl H. Rush, MRP

University of Texas – Houston, Institute for Health Policy



## **Topics**

- Definitions and distinctive features of the CHW
- Activity at the national and state levels
- Key challenges in CHW policy and workforce sustainability



### Community Health Worker Definition American Public Health Association (1)

- The CHW is a frontline public health worker who is a <u>trusted member</u> of and/or has an <u>unusually close understanding</u> of the community served.
- This trusting relationship enables the CHW to serve as a liaison/link/intermediary between health/social services and the community to facilitate access to services and improve the quality and cultural competence of service delivery.



# Community Health Worker Definition (2)

- The CHW also <u>builds individual and</u> <u>community capacity</u> by increasing health knowledge and self-sufficiency through a range of activities such as
- outreach, community education, informal counseling, social support and advocacy.

APHA Policy Statement 2009-1, November 2009



# CHWs are unlike other health-related professions

Do not provide clinical care

 Generally do not hold another professional license

Expertise is based on <u>shared life</u>
 <u>experience and (usually) culture</u> with the population served



## Distinctive capabilities of CHWs in clinical settings

- Establishing close relationships with patients
- Building trust: overcoming power distinctions and historic mistrust of institutions
- Fostering candid and continuous communication
- Managing Social and Behavioral Determinants of Health
  - Providing context to team members on "whole picture" of patient's life; servings as the "SDOH expert" on the team
  - Assisting patient/family in dealing with non-medical circumstances and issues
  - Mobilizing community to deal with macro issues





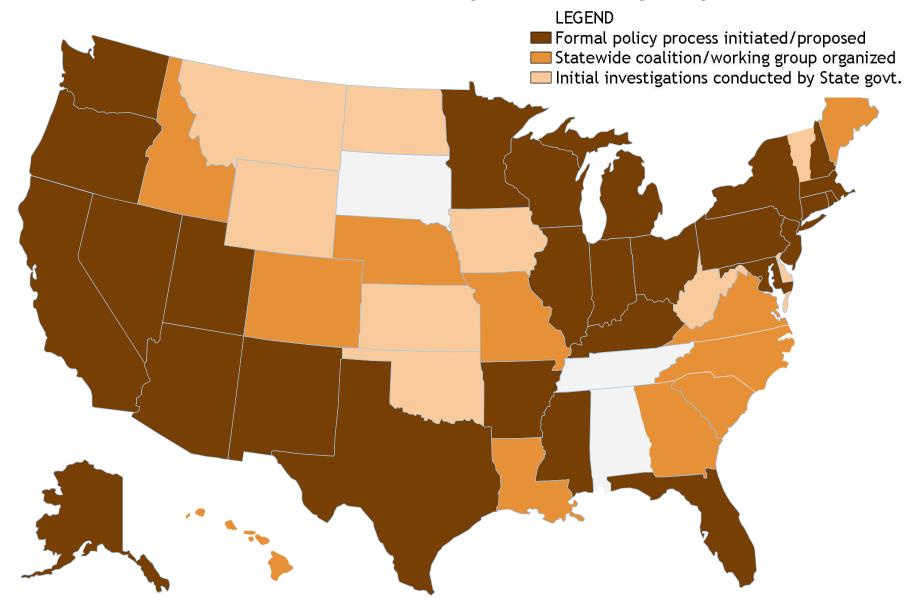


# What's happening in the States - and at the national level?





### **CHW Policy Activity by State**



# States are pursuing various models in CHW policy innovation

- Legislative: Texas, Ohio, Massachusetts, New Mexico, Illinois, Maryland, North Dakota
- Medicaid rules/SPA: Minnesota, Wisconsin, DC
- □ Policy driven by specific health reform initiatives: New York, Oregon, South Carolina + SIM states
- Broad-based coalition process: Arizona, Florida, Kentucky, Michigan, West Virginia



## Recent state innovations with CHWs

- State Innovation Models
- Mass. Prevention and Wellness Trust
- Medicaid 1115 waiver DSRIP grants in TX, NY
- Oregon "CCO" legislation
- South Carolina Medicaid pilot
- Nevada pooled funds pilot
- Apprenticeship training model: MA, WI, AK



### Other SIM States

- □ CHWs on Care Teams: CA, HI, ID, ME, MD, MA, MN, VT
- Major CHW workforce elements in CA, DE, HI, OR, IL, MI
- □ AR: CHWs as "community reinforcement mechanisms"
- OR: statutory role in Coordinated Care Organizations
- □ CA: CHWs as one of two workforce "building blocks"
- MD: Community-Integrated Medical Homes
- NY: Medicaid Redesign Team recommendations





- A foundation of medical homes and community health teams that supports coordinated care and linkages with a broad range of services
- Multi Insurer Payment Reform that supports a foundation of medical homes and community health teams
- A health information infrastructure that includes electronic health records (EHRs), hospital data sources, a health information exchange network, and a centralized registry
- An evaluation infrastructure that uses routinely collected data to support services, guide quality improvement, and determine program impact



#### Oregon Health Authority Medical Assistance Programs

#### **Non-Traditional Health Workers Financing Options**

Worker	Direct Care* Care Coordination/ Health Promotion	Population-Based Prevention/ Outreach/ Health Promotion	Payment Options	Reporting
CHW PWS NAV	X X X		PCPCH Payment or CCO-ICM Capitation	Documentation in Medical Record
CHW PWS NAV		X X X	CCO-ICM Capitation Or CCO Sub-Contracted Entity	CCO Reports Expenditures on Financial Report **
Doula	X		Payment to Provider, Hospital or Birthing Center is enhanced when Doula is utilized	FFS Claim for Delivery is billed with modifier  CCO reimbursement is dependent on the business practice of the plan

CHW-Community Health Worker; PWS-Peer Wellness Specialist; NAV-Personal Health Navigator

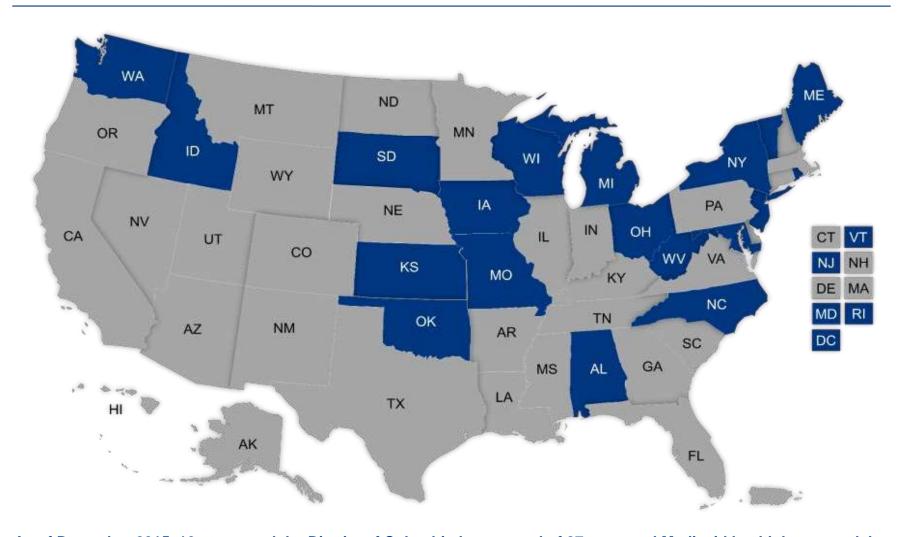
<sup>\*</sup>Direct Care services are provided under the supervision of a Licensed Healthcare Professional

<sup>\*\*(</sup>Identify the specific report and line item)

<sup>\*\*\*</sup>FFS reimbursable for individuals approved for MH 1915(i) Home and Community Based State Plan Option, Discussion currently underway to amend the State Medicaid Plan, Rehabilitative Services Option which will authorize



#### **Approved Medicaid Health Home State Plan Amendments** (effective December 2015)



As of December 2015, 19 states and the District of Columbia have a total of 27 approved Medicaid health home models.

States with Approved Health Home SPAs (number of approved health home models)

Alabama, District of Columbia, Idaho, Iowa (2), Kansas, Maine (2), Maryland, Michigan, Missouri (2), New Jersey (2), New York, North Carolina, Ohio, Oklahoma (2), Rhode Island (3), South Dakota, Vermont, Washington, West Virginia, Wisconsin

# Federal agencies are increasing support for CHW strategies

- CDC priority on support for policy and systems change
- CDC and HRSA support for TA at state request
- HHS CHW Interagency Work Group
- CMMI Grantee CHW Learning Collaborative
- National Health Care Workforce Commission





Key policy areas for consideration in states that want to advance the CHW workforce



### 4 key policy areas require attention

- Occupational definition (agreement on scope of practice and skill requirements)
- 2. Sustainable financing models
- 3. Documentation, research and data standards (records, evidence of effectiveness and "ROI")
- Workforce development (training capacity/resources)



### Live poll, NASHP webinar, 2/23/15

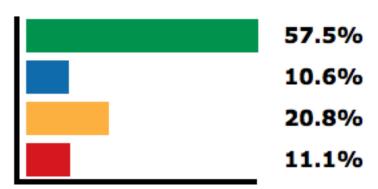
# What is your biggest challenge or hurdle to integrating community health workers into health care systems?

Financing the work of CHWs

Training & certification of CHWs

Defining roles & scope of practice

Forming effective partnerships





#### **Project on CHW Policy and Practice University of Texas Institute for Health Policy Sustainable Financing of CHW Activities: Three Broad Pathways**

	Basic pathways				
	A Conventional health care	B Population/community-based public health	C Patient-centered care systems (emerging hybrid structures)		
1 Promising program models	Emergency room diversion  "Hot-spotters" (high cost users) Prenatal/perinatal coaching Primary care based chronic disease management Care transitions Home/community-based long-term care	Specific condition-focused initiatives Community development approach (social determinants)	Patient Centered Medical Homes Accountable Care Organizations Health Homes		
2 Specific CHW roles in these models	Care coordination Self-management support for chronic conditions Referral and assistance with non- medical needs and barriers Medication management support Patient/family advocacy Support and extension of health education Patient navigation	Basic outreach and education Community advocacy/organizing	Combination of health care and population-based (as at left)		
3 Payment mechanisms for these models	Fee for service Managed care organizations:    admin/service dollars; duals Medicaid 1115 waivers Internal financing Prospective payment (FQHCs)	Medicaid waivers Block grants Prevention trust fund (Mass. model) Pooled funds from third-party healthcare payers Social impact bonding	Bundled/global/prospective payment Supplemental capitation payment for specific services		

**Options for** third-party payers

CHWs directly employed by payer Health care provider contracts/add-ons to hire CHWs CBO contracts to employ CHWs CHWs as independent contractors



# Four Dilemmas: Special challenges distinctive to policy on CHWs

Including non-clinicians in provision of care

2. "Community membership"

3. Professionalism and historical integrity

Cost savings: who gains, who loses (including SoP)



### Other national action

Organizing a national CHW association

Endorsements from AMA and ANA

□ CHW Core Consensus (C3) Project



### CHW Core Consensus (C3) Project

- Producing recommendations for a common set of Core Roles (scope of practice) and Core Skills
- Seeking consensus in the form of endorsement or adoption across states and stakeholder groups
- Draft recommendations recently reviewed by 25 state/local CHW associations across the U.S.
- Next phase (2016) to seek input and endorsement from state and national stakeholder groups and state governments



### Thank you!

Carl H. Rush, MRP
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### Connecticut CHW Landscape



# \*Community Health Workers in Connecticut

CT AHEC Network:

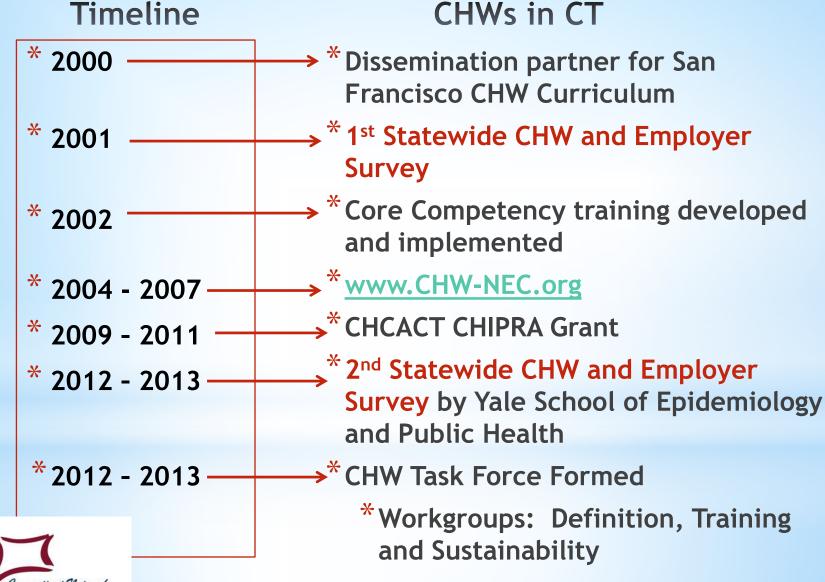
Dr. Bruce Gould, William Tootle, Stan Zazula, Meredith Ferraro

**Community Health Workers Association of CT:**Millie Seguinot, President

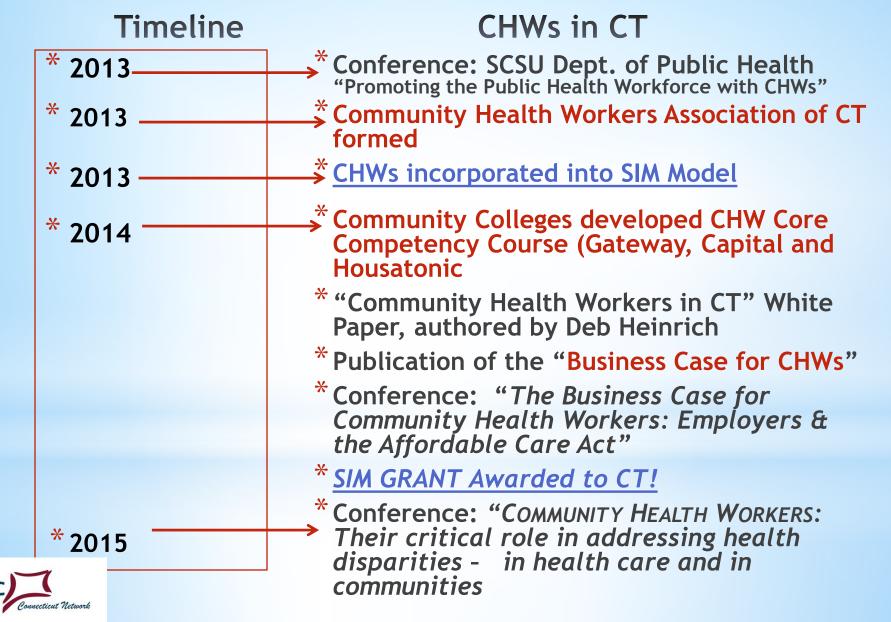




### What's Happened with Community Health Workers?



### What's Happened with Community Health Workers?



## CHW Advisory Committee Focus for SIM:

Design Certification Sustainability



CHW Participants in Bridgeport Focus Group, June 2012



\*MISSION: To advance the CHW workforce through policy, education, research and leadership.

#### \*CORE VALUES:

- \*CHANGE: We believe in the effectiveness of CHWs empowerment to transform individuals and communities.
- \*JUSTICE: We protect the capacity for CHWs to function ethically and with care. We accomplish this with integrity and courage.
- \*LEADERSHIP: We take steps to advance the CHW workforce and inspire others to join us.

# \*Community Health Workers Association of CT



# \*"WE ARE THE BRIRGE"



## Q&A

### Closing Remarks