

**From:** [Barbara Albert](#)  
**To:** [Hyde, Tina](#)  
**Subject:** "Primary Care Roadmap"  
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Good afternoon, my name is Barbara Albert, Htfd. renter, registered voter, on Medicare, Medicaid, and Social Security Disability, due to Multiple Medical Challenges. I continue to not understand why healthcare (in US pronounced health management)... HealthCare needs to stop being the first thing on the chopping block. "Anything about us without us Is not for us." - Ricardo Levin Morales

My Primary Care Doctor has been my physician for around 20 years. She has access to more than 20 years of my medical information and doing her best to help and understand.

There's very few stable anything in my existence.. my Primary Care Dr has been one of. Getting referrals to several specialists, to writing letters for DSS/where I rent, and many other medically helpful.. even me being able to contact the office when I have questions, to help self advocate, which my Drs office has encouraged me to do.

Please do not unstage me any more than I already am. I've worse neurological and psychiatric symptoms that were already there before I had Covid, and none knows what to do.

Just because I have way too many illnesses, I didn't stop being a Human Being.

No "road map".

Respectfully yours,  
Barbara Albert, Human Being

Sent from my phone apologies for any typos