

Family Bridge Program



About This Project

This work is supported by funding from the following Connecticut State Agencies:

- Office of Early Childhood (OEC)
- Department of Social Services (DSS)
- Office of Health Strategy (OHS)
- Department of Children and Families (DCF)
- Department of Public Health (DPH)

This project is managed by:

- Yale New Haven Health - Bridgeport Hospital Primary Care Center

This project is completed in partnership with:

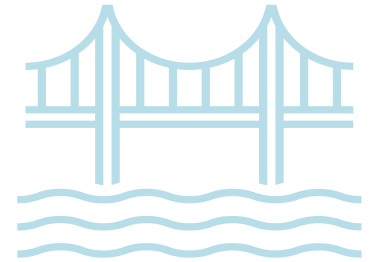
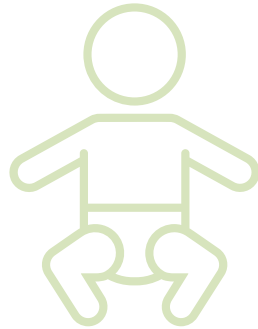
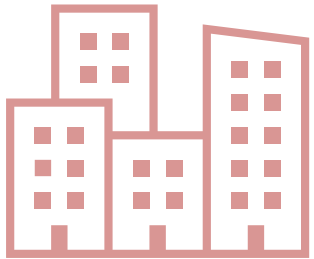
- Southwest AHEC Connecticut (SW AHEC)
- Family Connects International Inc.
- St. Vincent's Medical Center



Family Bridge Basics

- **Community-based, public health-oriented intervention service for new moms and their infants**
- Integrative Model
 - Registered Nurse & CHW collaboration
 - Care aligned to maximize coordination and effectiveness
 - Assess physical and psychological well-being of mom and infant
 - Evaluate environmental safety
 - Address socioeconomic barriers
 - Connect families to community resources and services to improve overall health outcomes
- Universal & Voluntary
- No Cost to the family

Family Bridge Process Overview



Free and Universal Program

- Two qualifiers (birth hospital and town of residence)

Program is offered to patients:

- In- Hospital
- Phone
- Provider or Nurse Referral
- Self – Referral

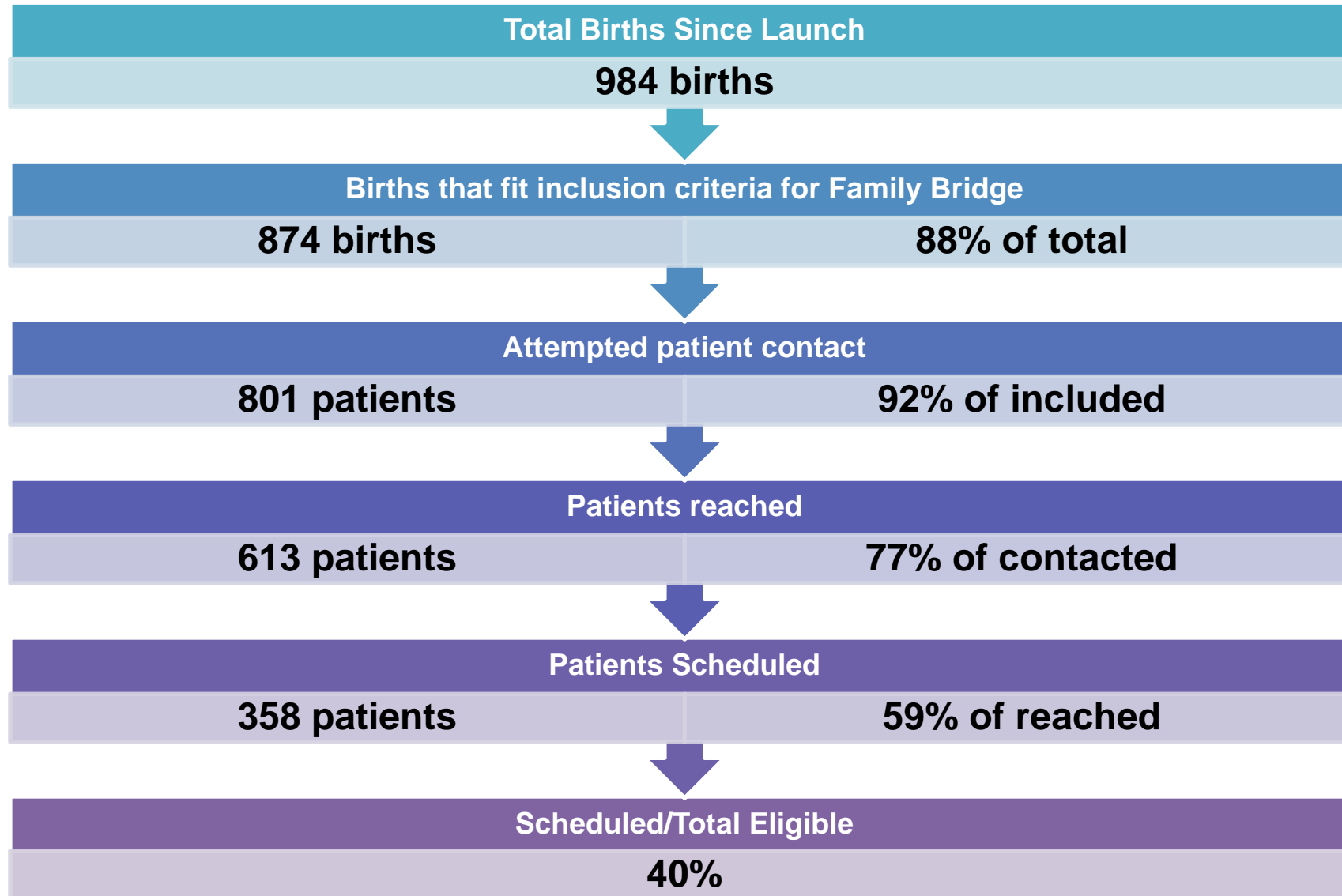
First Visit Scheduled with Nurse

- 1-3 weeks after birth
- Mother and Baby assessment
- Compiles resource list for patient
- 2nd or 3rd visits scheduled as needed

Follow Up Contact w/ CHW

- Caregiver is linked to resources by CHW
- Families contacted to ensure successful linkage to resources
- Satisfaction call/survey completed

Our Reach (So Far!) Since Launching on Oct 23rd, 2023...



CHW Top 5 Referrals

1) Diapers/Wipes/Formula

- Provide from Internal stock of items to offer families as a bridge to long term resources

2) WIC/SNAP

- Assist families with application process for WIC/SNAP

3) Diaper Bank

- Locate long term diaper bank resources

4) Referrals & Appts with PCP

- Most referrals are to Southwest and Optimus Health Centers in Bridgeport

5) Lactation Consultation

- Family Bridge employs 3 nurse's with CLC/IBCLC certifications

From our Patients...

Likelihood to Recommend = 9.7/10
N = 74



“I know it's a new program. **Its humanitarian.** Apart for the great treatment of the hospital. The nurse came to my home. Sometimes you forget about the information provided in the hospital. It was a refresher she come to provide me information about me my health. Educated me on my baby health. Assist with obtaining a primary doctor. **I would have loved to have this program as a first-time mom.** They brought me supplies when I still didn't have WIC yet. They brought diaper to my home so I could focus on recovery.”

“The fact that this program is available. The fact I can have a professional come to my home and help me with any questions I have, after leaving the hospital. **When you come home, things are different. You have questions.** I loved that I had a professional lactation member come to my home and even weigh my baby during the visit.”



Thank you & Questions

