



# Recovery Resources during COVID-19

Provided by the Litchfield County Opiate Task Force

April 16, 2020

## Recovery Navigators

Start with a call to one of our community recovery navigators or case managers who can assist you with navigating treatment and support services.

### Charlotte Hungerford Hospital

Ralph Baker, Community Case Manager  
(860) 459-9726

### CHD

Donald Wright, Recovery Coach  
(860) 921-3670

### CMHA

Chuck Bascetta, Recovery Support Specialist  
(860) 384-9430

### Greenwoods Counseling Referrals

Sarah Toomey, Community Outreach & Recovery Navigator  
(860) 309-3845

### McCall Center for Behavioral Health

Glenn Ryan, Director of Special Services  
(860) 485-8605

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## Local Mental Health & Addiction Services

While treatment may look different during this time, agencies are still open and offering services, including counseling, groups, and medication assisted treatment like Suboxone.

### McCall Center for Behavioral Health

Outpatient, IOP, Groups, MAT, Inpatient, Residential, Prevention, and Family Programs  
(860) 496-2100, mccallcenterct.org  
M,W,Th: 8AM-9PM; Tu: 8AM-8PM; F: 8AM-5PM

### Greenwoods Counseling Referrals

Outpatient, Groups, Family Support, MAT  
(860) 567-4437, greenwoodsreferrals.org  
M-F, 8:30 AM – 5:00 PM

### Help, Inc. Watkin's Network

Outpatient, IOP, Groups, and MAT  
(860) 482-7242, cnvhelp.org/watkins-network  
M,W,Th:1PM-9PM, Tu:11AM-7PM, F:9AM-5PM

### Charlotte Hungerford Hospital

#### Behavioral Health

Outpatient, Dual Diagnosis IOP, Partial Hospital Program, Groups  
(860) 496-6363, charlottehungerford.org  
M,Th: 8:30AM-8:00PM, T,W,F: 8:30AM-5PM

### MCCA - Torrington

Outpatient, Groups, MAT  
(860) 482-2613 ext 2400, mccaonline.com  
M-F 9AM-5PM, can accommodate need for later sessions

### ROOT Center

MAT, IOP, Groups, Outpatient  
(860) 482-8796, rootcenter.org/torrington-clinic  
M-F: 5:30AM-5PM

### Western Connecticut Mental Health Network

Behavioral health, Mobile Crisis Team  
860-496-3700  
M-F: 8AM-4:30PM

### Catholic Charities

Behavioral Health, food pantry by appt only  
(860) 482-5558  
M-F 9:00 AM-5:00 PM

### Synergy Advanced Healthcare

MAT, Outpatient counseling  
(860) 618-7575, synergyhealth.care  
W,Th,F: 9AM – 6PM



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## Naloxone & Harm Reduction

Please connect with us to obtain a Narcan kit & other harm reduction information + supplies.

### LCOTF Rover

Lauren Prito, Network Coordinator  
(860) 626-3194, text or call

*Supplies are available and delivered via exchange using social distance*

## Other Helpful Resources

ACCESS LINE: 1-800-563-4083

BEACON WARM LINE FOR RECOVERY SUPPORT:

(877) 552-8247, select prompts 1,1, & 1. Para español, seleccione el numero 2 & 2.

Mobile Crisis Team: (860) 482-1500

Mobile Crisis for under 18: Dial \*2-1-1, select prompt 1

Additional recovery resources, children & family's resources, and more:

[mccallcenterct.org/resources](http://mccallcenterct.org/resources)

[greenwoodsreferrals.org/all-resources/](http://greenwoodsreferrals.org/all-resources/)

COVID-19 Resources

[www.ct.gov/coronavirus](http://www.ct.gov/coronavirus)

[uwc.211ct.org/covid19resources/#COVID-19](http://uwc.211ct.org/covid19resources/#COVID-19)