

October Is SIDS Awareness Month

Safe Sleep Resource List

SIDS and Safe Sleep Information

[SIDS by Baby's Age \(nih.gov\)](#)

Safe Sleep For Your Baby-Reduce the Risk of Sudden Infant Death Syndrome

What does a Safe Sleep Environment Look Like?

Safe Sleep Environment Handout in English [What Does A Safe Sleep Environment Look Like? \(nih.gov\)](#)

Safe Sleep Environment Handout in Spanish [¿Cómo es un ambiente de sueño seguro? \(nih.gov\)](#)

[3 Key Ways Dads Can Help Baby Sleep Safe \(nih.gov\)](#)

Safe Sleep Environment Handout in Arabic [كيف تبدو بيئة النوم الآمن؟ تقليل تعرّض الطفل لمخاطر الوفاة المرتبطة بالنوم \(nih.gov\)](#)

Safe Sleep Environment Handout in French [À quoi ressemble un environnement de sommeil sécurisé? Réduire le risque de décès lié au sommeil chez le bébé \(nih.gov\)](#)

#ClearTheCrib Challenge on Safe Infant Sleep Video <https://youtu.be/ZMmDAWyUxAE>

Safe Sleep for Babies, Connecticut Office of Early Childhood

<https://www.ctoec.org/safe-sleep-for-babies/>

(SIDS) and Other Sleep-Related Causes of Infant Death

[Accidental Suffocation and Strangulation during Infant Sleep \(nih.gov\)](#)

