

Manisha Juthani, MD Commissioner



Ned Lamont Governor Susan Bysiewicz Lt. Governor

June 3, 2025

Re: Addition of Disorder to the CT Newborn Screening Panel

Dear Healthcare Provider:

The Connecticut State Public Health Laboratories Newborn Screening Program will begin screening for congenital Cytomegalovirus (cCMV) on July 1, 2025, in accordance with state law. The screening will be done using the same dried blood spots already being collected 24-48 hours after the birth of each newborn. This is a screening test, so diagnostic testing before 21 days of life will still need to be completed for all newborns, if clinically indicated.

Cytomegalovirus, also known as human herpes virus 5, usually causes little to no harm in healthy people. However, during pregnancy, the virus can pass to the developing fetus, and may cause hearing loss, vision problems and developmental delays. The Connecticut Newborn Screening Network will be working with you and the newborn's other healthcare providers to follow up on other abnormal newborn screening results. The Department of Public Health's Early Hearing Detection and Intervention Program will continue to work with you to follow up on newborns who fail their Newborn Hearing Screening. We will be working together to make sure testing is completed and appropriate treatment initiated for all affected newborns.

There is a video explaining the basics of the disease on our website, along with other important information.

https://www.youtube.com/watch?v=L-k9RkTb- K8&t=3s

Sincerely,

Adrienne Manning
Division Director
Connecticut Newborn Screening Program
https://portal.ct.gov/newborn-screening-program/disorders/congenital-cytomegalovirus

