

Best Practices

Supporting Residents social and emotional needs during this period of visitation restriction with a focus on Mother's/Father's Day

Visitation Strategies we have heard from some nursing homes

Supporting Visitations: Availability of staff to accommodate visitations by:

- Window Visits
- Video visits - FaceTime, Zoom & Skype
- Phone calls

Create a Visiting Booth: Setting up an outdoor a clear plastic booth, that can be disinfected and has a divider that families and residents can go into for visits, while masking and continuing to physically distance.

Parade: SNF to set a time for families and friends to come do a parade around the building and have Residents be able to hear from inside as people can beep horns and let residents know family/friends are there thinking of them and supporting them. Local community might also want to be involved as well as the LTCOP can participate. This might be nice to have set up for Mother's Day and Father's Day.

Music and Entertainment in a courtyard: Bringing in entertainers to play music in a courtyard or close to the building. Opening windows and/or playing over an in-house intercom system.

Strolling music on the unit: Have residents tell you their favorite song, play them on the unit for a sing along while residents are in their rooms, but can hear and participate.

***NOTE:** Facility may wish to utilize scheduling assistant software www.signupgenius.com

<https://www.signupgenius.com/blog/sign-up-guide-video-conferences.cfm>)

Recreation

Personal Deliveries on Holidays – Staff available to deliver flowers and packages expected to be delivered. Ideas Include

- Carnations for all women in the facility, staff and residents alike.
- Mother's Day themed balloons to be passed out to the residents

Plan an Outdoor Concert: Such as on the patio area and open up all the windows to allow the residents to hear the band.

Breathe of Fresh Air: Schedule 15min fresh air brakes for residents.

Preparing photo albums - “Then & Now”: Reach out to Families to email submit photos and summaries of experiences to share with the residents.

Mother’s/Father’s Day Movies: Establish and utilize an internal TV channel so facilities are able to stream some Mother’s Day classics.

Flower and Rock Garden: Facilities may partner with local garden center for families to be able to make donations for a Resident Council Garden, as well as to paint rocks with messages and leave these little signs of hope, love and support for the residents.

Mother’s/Father’s Day Reminisce Activity: Celebrate by reminiscing about your residents' mothers with them. Have them [fill out this printable form](#) as part of a reminiscing one on one activity. Make available in their room or on their door for others to read. This is a great conversation starter for all visiting staff and a wonderful way to help your residents honor their mothers.

Strolling Sing Along: Families can submit some of their loved one’s favorite songs and have entertainer serenading our mom’s/dad’s with dedicated songs and messages to them.

Thumb Print Cards: Staff can assist residents in completing personalized thumbprint cards to send to families

Dining and Service Ideas

Mother’s/Father’s Day Brunch Ideas

- Tea & Pastries
- Non Alcoholic Mother’s/Father’s Day Themed [Mocktails](#)
- [Bite Sized finger foods – like Oatmeal Cups with Fruit and Yogurt](#)

Special Mother’s/Father’s Day Lunch Menu Item Ideas

- Salmon with candied onions covered in a brown sugar mandarin orange glaze; served alongside lemon rice and green beans; with an alternative of chicken cordon bleu and a dessert of strawberry glazed cheesecake.

My Name: _____

A large graphic organizer shaped like a flower with seven petals. The center is a circle containing the text "Remembering MOM". Each petal contains a question about a mother's preferences or characteristics, followed by two horizontal lines for writing.

Remembering MOM

- My Mom's Name Is...**

- My Mom's Hair was...**

- My Mom's Eyes were...**

- My Mom Liked to Cook...**

- My Mom Liked to...**

- My Mom Liked to Wear...**

- My Mom Dreamed of...**

- My Mom Liked to Buy...**

