

Connecticut Long Term Care Ombudsman Program

Residents' Rights

In 1987, the Nursing Home Reform Law that was passed guarantees nursing home residents their individual rights which include, but are not limited to: individualized care, respect, dignity, the right to visitation, the right to privacy, the right to complain, and the right to make independent choices.

Long Term care residents have fundamental rights to be treated with appropriate care to maintain their quality of life.

As A Resident Of A Long Term Care Facility You Have The Right To:

- Be treated with respect and dignity.
- Participate in making decisions about your care, and about aspects of your life in the nursing home that are significant to you.
- Be free from chemical and physical restraints.
- Manage your own finances or receive help from the nursing home to manage them.
- Voice grievances without fear of retaliation.
- Associate and communicate privately with any person of your choice.
- Send and receive personal mail.
- Have your personal and medical records kept confidential.
- Apply for state and federal financial assistance without fear of discrimination.
- Be fully informed prior to admission of your rights, services available, and any charges.
- Be given advanced notice and the right to appeal a transfer or discharge.

You are entitled to seek help to exercise your rights from advocates outside the facility. For more information, write or call your Regional Ombudsman.