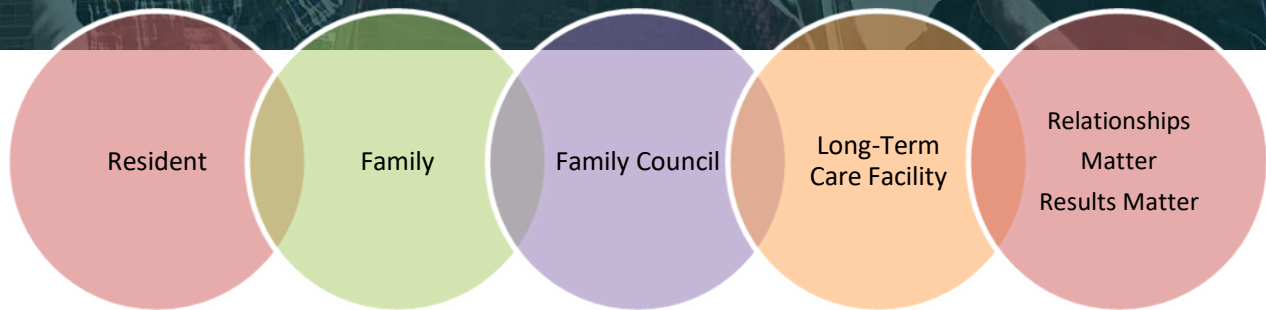




# Attend a Virtual Statewide Family Council Meeting



**Your attendance is kept completely ANONYMOUS and not shared with your loved one's administration.**

**Only family and friends may attend these meetings.**

The State of Connecticut Long-Term Care Ombudsman program sponsors a Statewide Family Council. Why attend a Statewide Family Council meeting?

- ***Meet other family members across the state with loved ones in long term care.***
- ***Listen to expert guest speakers.***
- ***Get ideas on how to improve your loved one's quality of life.***
- ***Learn ways to make your local Family council better, or how to form a Family Council at your loved one's facility.***

**Together We Can Make a Difference!**

*"The support I receive and information that I learn participating in the Family Council is very helpful. It makes me feel better about having a loved one in a nursing home, to the extent that there is such a thing. It helps me interact better with staff. Most importantly, I believe it enhances the care that my loved one receives. I am very grateful that we have a Family Council at the nursing home. – Eileen*

*"As co-chair of the Family Council for a large skilled nursing facility in Greenwich, CT, I recognize that the decision to move a loved one to a home is one of life's most difficult and lonely challenges. It is often extremely hard for some of our best friends, and even other family members, to relate to this. However, the chance to connect with other family council members who truly share these experiences makes the journey more bearable. - Sheilah*

**Use the QR code to join our mailing list to receive meeting days and times.**  
(Meetings are typically the 4<sup>th</sup> Tuesday of the month at 7pm over Zoom.)

We hope to see you at our next council meeting!



**For more information about the CT Statewide Family Council please visit the webpage at:**

**<https://portal.ct.gov/LTCOP/State-Wide-Family-Council> or contact us at: [ctswfamilycouncil@gmail.com](mailto:ctswfamilycouncil@gmail.com)**