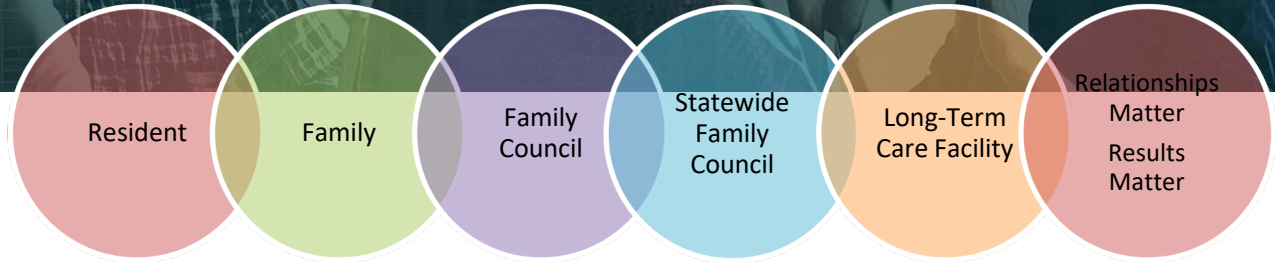


# Connecticut Statewide Family Council



## MINUTES

TUESDAY, APRIL 26, 2022

A Meeting of the CT State Family Council (CTSFC) was held on April 26, 2022, via Zoom.

The Meeting was called to order at 7:06 pm by Co-Chair, Cynthia Hadden

Co-Chair, Cynthia Hadden opened the meeting welcoming all in attendance and shared their appreciation for their interest in the Connecticut State Family Council (CTSFC). Cynthia welcomed all new members.

**PRESENT**                      Cynthia Hadden Co-Chair, Amy Badini Co-Chair, Rick (Frederick) Kaeser Vice Chair, Robin DeLieto Recording Secretary, Valerie Gilberti, Eileen Shapiro, Mary Richards, Liz Stern, and Lynn Sobol

Cynthia introduced and welcomed New Members: Frances Arscott, Lisa Hansen, Mary Alice Schultz, and Stacey Grimaldi.

**Motion to Accept the Minutes of March 29, 2022:** Rick. Second Val. Motion passed unanimously by those present.

**Guest speaker** - Mairead Painter, LTC Ombudsman  
All questions members submitted were addressed in depth. (see attached)

Discussion on CT DPH Release of Policies and Procedures Re: Essential Support Persons.  
How long DPH has to come out once a complaint is filed?  
Mairead indicated that it varies. It could be anywhere from 8-12 weeks.  
How do we ask for DPH Survey? Mairead - Should be a book in front lobby area.  
Comment” A member asked to look at survey book. Facility allowed her to look with them present and then took it away.

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Mairead - Book is primarily surveys but may have action plans and investigations. Any problem tell them you spoke to Ombudsman. You do not need to be supervised to read.

Where are facilities with the Essential Caregivers/Essential Support Person?

Mairead - All facilities are aware and should be putting in place. Have until April 30th. Some families are active but only a small percent.

How many people are being reached?

Mairead - Next Legislative session trying to have all resident packets to include Resident Rights and ESP designation.

Should it be a requirement of Care Plan?

Mairead - Can't require someone be designated an ESP but should be offered the opportunity.

Cynthia thanked Mairead for all her time and information. Mairead will be attending quarterly. July 26th meeting, October and then January.

Comment: Good information. We can learn new things that we can bring back to the Nursing Homes. Educational.

Comment: Love to learn what we are entitled to know.

Cynthia - Essential Support Person. Ask Facility to add to you to Care Plan and get a copy of it for your records.

Comment: Family member in another state. Wants to hire independent person to be ESP but Facility said no. ESP can be a paid individual.

Comment: Absolutely. Nothing in Legislation says it has to be a family member. Can be a paid person. Get copy of Care Plan every quarter. Review for inconsistencies and errors.

Amy - some buzz words to take away. "obligated to meet the individual's needs" such as getting up and ready for Mass in morning Also, "dignity and quality of life". Use these phrases at Care Plan meetings.

One member was only given a list of medications at Care Plan. They should go over goals, behaviors, medications. Care Team (nurse, dietary, physical therapy, etc.) should all be present.

Comment: member received copy of 6-month assessment. Team members would come in during the meeting time, discuss their area and leave.

Comment: The Facility plans the meeting day/time. No reason the team should not all be there. Ask every month for a copy of Resident Fund statement. \$20 deductions for hair dresser being made even while no hair dresser during lockdowns. Watch for errors.

Comment - Receives all funds. Manages funds for loved one personally, not under Facility control.

Comment - Loved one is currently a private pay. What are funds?

Amy - when her funds run out. Cynthia - for those who are on Title 19/Medicaid.

Cynthia - Receiving emails from her Facility? Some, not all.

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Comment: Yes, receiving emails. Who do I ask for things?

Cynthia - explained that we cannot post questions/answers on the Ombudsman's page but that it was suggested to open a Facebook page for the CTSFC. The group was asked for anyone that will be willing be co-administrator and help her start and maintain a Facebook page. We can ask questions, post agenda, calendars, links. If membership grows to 15 or over, we will have a strong voice. Robin will look at creating an Advocacy Calendar that can be posted. May is Community Living.

Cynthia - Pending CT Legislation - Staffing in nursing Homes. Liz- Legislation closes May 4/5. Amy - Updates on Federal Bills - Essential Caregivers. Blumenthal should be on board. CT is a leader. Liz - Good to get perspective from other states. CT is progressive. CA also progressive but pushed too far.

Cynthia - **Next meeting Tuesday, May 24th @ 7pm.**

June 28th meeting both her and Amy are away. Do we want to skip June and resume July 26th?

**Motion to skip June meeting.** Lynn. Amy second.

**Motion to Adjourn:** Robin. Amy second.

**Meeting adjourned:** 8:37pm

Respectfully submitted,  
Robin DeLieto, Recording Secretary