

# Long Term Care Advocacy Calendar

## **January:**

Glaucoma Awareness: <https://www.glaucoma.org/news/glaucoma-awareness-month.php>

National Blood Donor Month: <https://www.redcrossblood.org/>

## **February:**

American Heart Month: <https://www.nhlbi.nih.gov/health-topics/education-and-awareness/american-heart-month/about>

Low Vision Awareness: <https://www.nei.nih.gov/learn-about-eye-health/outreach-campaigns-and-resources/low-vision-resources/low-vision-awareness-month>

Letter to an Elder Day, February 26: <https://nationaltoday.com/letter-elder-day/>

National Cancer Prevention Month: <https://www.cancer.net/navigating-cancer-care/prevention-and-healthy-living/understanding-cancer-risk>

## **March:**

National Nutrition Month: <https://www.eatright.org/food/resources/national-nutrition-month>

Patient Safety Awareness: <http://www.ihl.org/Engage/Initiatives/Patient-Safety-Awareness-Week/Pages/default.aspx>

Brain Injury Awareness: <https://www.cdc.gov/mmwr/volumes/69/wr/mm6909a1.htm>

## **April:**

Medicaid Awareness: <https://www.medicaidawareness.com/>

Stress Awareness: <https://www.stress.org/april-is-stress-awareness-month#:~:text=Stress%20Awareness%20Month%20has%20been,a%20healthy%20and%20positive%20life.>

National Minority Health Awareness: <https://www.minorityhealth.hhs.gov/nmhm/index.html>

National Public Health Week (April 1-7): <http://www.nphw.org/>

World Health Day, April 7: <https://www.who.int/westernpacific/news/events/world-health-day>

World Immunization Week (April 24-30):  
<https://www.cdc.gov/globalhealth/immunization/wiw/index.html>

## **May:**

Stroke Awareness: [https://www.cdc.gov/stroke/communications\\_kit.htm](https://www.cdc.gov/stroke/communications_kit.htm)

Women's Health Awareness:  
[https://www.womenshealth.gov/nwhw/about?\\_ga=2.265051151.1878853353.1630176141-1665981905.1630176141](https://www.womenshealth.gov/nwhw/about?_ga=2.265051151.1878853353.1630176141-1665981905.1630176141)

Better Hearing & Speech Month: <https://www.asha.org/>

Mental Health Awareness: <https://www.nami.org/Get-Involved/Awareness-Events/Mental-Health-Awareness-Month>

Hand Hygiene Day, May 5: <https://www.who.int/news-room/events/detail/2020/05/05/default-calendar/hand-hygiene-day>

Older Americans Month: <https://acl.gov/>

National Senior Health & Fitness Day, May 29:  
[https://fitnessday.com/sponsor/documents/shfd\\_fact.pdf](https://fitnessday.com/sponsor/documents/shfd_fact.pdf)

## **June:**

Elder Care Abuse: <https://eldercare.org/elder-abuse-awareness-month-2020-we-are-in-this-together/>

World Elder Abuse Awareness Day, June 15: <https://ncea.acl.gov/WEAAD.aspx>

Alzheimer's & Brain Awareness: <https://www.alz.org/abam/overview.asp>

Cataract Awareness: <https://preventblindness.org/>

Men's Health Month: <https://nationaltoday.com/national-mens-health-month/>

National Safety Month: <https://www.nsc.org/work-safety/get-involved/national-safety-month>

## **July:**

Healthy Vision Month: <https://www.nei.nih.gov/learn-about-eye-health/resources-for-health-educators/healthy-vision-resources/healthy-vision-month>

UV Safety Awareness Month:

[https://www.va.gov/qualityofcare/education/uv\\_safety\\_awareness\\_month.asp](https://www.va.gov/qualityofcare/education/uv_safety_awareness_month.asp)

## **August:**

Vaccination/Immunization Awareness: <https://www.cdc.gov/vaccines/events/niam/index.html>

World Lung Cancer Day, Aug. 1: <https://goldcopd.org/world-lung-cancer-day-august-1st-2020/>

## **September:**

Respect for the Aged Day, September 20: <https://nationaltoday.com/respect-aged-day/>

Fall Prevention Awareness Day, September 22: <https://nationaltoday.com/falls-prevention-awareness-day/>

Healthy Aging Month: <https://healthyaging.net/healthy-aging-month/september-is-healthy-aging-month/>

Pain Awareness: <https://www.theacpa.org/september-is-pain-awareness-month/>

World Alzheimer's Month: <https://www.alzint.org/get-involved/world-alzheimers-month/>

## **October:**

Residents' Rights--<https://theconsumervoice.org/uploads/files/events/calendar19.pdf>

National Depression Screening Day, First Thursday in October:

<https://portal.ct.gov/DMHAS/Upcoming-Events/Events/October---Depression-Screening-Day>

National Dental Hygiene Month: <https://www.wrigleyoralcare.com/>

National Physical Therapy Month: <https://www.apta.org/news/2020/09/30/nptm-2020--launch>

Respiratory Care Week (Oct. 24-30): <https://www.aarc.org/resources/programs-projects/respiratory-care-week/>

## **November:**

National Family Caregivers Month: <https://nationaltoday.com/national-family-caregivers-month/>

American Diabetes Month: <https://www.diabetes.org/community/american-diabetes-month>

National Hospice and Palliative Care Month: <https://www.npaonline.org/national-hospice-and-palliative-care-month>

## **December:**

International Day of Persons with Disabilities, December 3:  
<https://www.un.org/en/observances/day-of-persons-with-disabilities>

National Influenza Vaccination Week (Dec. 6–12): <https://www.cdc.gov/flu/resource-center/nivw/index.htm>

National Handwashing Awareness Week (Dec. 1–7): <https://henrythehand.com/news-events/national-handwashing-awareness-week/>