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Subject: CDC Health Alert Network (HAN) Health Advisory: Expanding Measles Outbreak in Texas and New Mexico and Guidance for the Upcoming Travel Season



March 12, 2025

CDCHAN-00522: Expanding Measles Outbreak in Texas and New Mexico and Guidance for the Upcoming Travel Season

Summary

The Centers for Disease Control and Prevention (CDC) is issuing this Health Alert Network (HAN) Health Advisory to notify clinicians, public health officials, and potential travelers about a measles outbreak in [Texas](#) and [New Mexico](#) and offer guidance for prevention and monitoring. As of March 11, 2025, Texas and New Mexico have reported 256 confirmed cases associated with this outbreak (223 in [Texas](#) and 33 in [New Mexico](#)). As a part of this outbreak, two deaths have been reported: one in [Texas](#) and one in [New Mexico](#). More cases are expected as this outbreak continues to expand rapidly.

With spring and summer travel season approaching in the United States, CDC emphasizes the important role that clinicians and public health officials play in preventing the spread of measles. They should be vigilant for cases of febrile rash illness that meet the measles [case definition](#) and share effective measles prevention strategies, including vaccination guidance for international travelers.

The risk for widespread measles in the United States remains low due to robust U.S. immunization and surveillance programs and outbreak response capacity supported by federal, state, tribal, local, and territorial health partners. [Measles-mumps-rubella \(MMR\) vaccination](#) remains the most important tool for preventing measles. To prevent measles infection and spread from imported cases, all U.S. residents should be up to date on their MMR vaccinations, especially before traveling internationally, regardless of the destination.

For the full CDC HAN advisory, please click [here](#).

Additionally, see our [Measles Outbreak Update & Guidance for CT Providers](#) sent earlier this week.

If you suspect a patient has measles: Immediately notify the CT DPH Immunization Program to ensure rapid testing and investigation. Measles is a category 1 reportable disease in Connecticut, which means providers must call immediately upon suspicion. Information on measles testing and turn-around times can be found [here](#).

Call 860-509-7929 during normal business hours (M-F 8:30am to 4:30 pm). To report a suspected case after hours or on weekends/holidays, call 860-509-8000.

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