

Primary Care Case Management Pilot Program

Disease Management Subcommittee April 16, 2009 Agenda

1.0 Approval of March 12, 2009 minutes.

Addendum of North Carolina Outcome and Process Measures for Asthma and Diabetes since referenced in minutes

2.0 Asthma

2.1 Revisit: Age span – start with children and expand later to adults if data reflects need? Eliminate screening of all patients because of those who don't do Easy Breathing.

2.2 Survey results

3.0 Diabetes

3.1 Adopt North Carolina outcome and process measures=standard of care and what pay-for-performance requires. Eliminate flow sheet requirement if have EHR or other database.

3.2 Survey results

3.3 Identify adult diabetics:

- ED visit with primary diagnosis of diabetes
- Inpatient visit with primary diagnosis of diabetes
- 2 or more primary care contacts with primary diagnosis of diabetes
- One or more prescriptions for insulin or hypoglycemic medications

3.4 Screen children every 3 years starting at 10 years or onset of puberty.

4.0 Obesity Across the lifespan

4.1 Assess children 2 years and older annually by measuring height and weight=BMI annually and adults every 2 years.

4.2 Adults with BMI of >30 have appropriate documentation of diet and activity counseling.

4.21 5-10% weight loss- Generally 1,000-1200 Cal for women and 1200-1600 Cal for men.

4.22 Activity of 150 minutes per week

4.3 Waist circumference measured if BMI >25