

Department of Social Services – Community Options

OVERVIEW OF DSS HOME AND
COMMUNITY BASED SERVICES (HCBS)



MEDICAID LONG TERM SERVICES AND SUPPORTS

- Medicaid offers long term services and supports through a variety of mechanisms
 - Long Term Care – which are institutional settings
 - Home and Community Based Services – both state plan and waivers
- HCBS can be further broken down to by their funding mechanisms and their availability to Medicaid members
 - State Plan Services – must be offered to all eligible members, cannot have a waitlist, and cannot be geographically limited
 - Waiver Services – “waive” certain Medicaid requirements. These services could be limited to available slots and creates a waitlist, allows for higher income limits than standard Medicaid, and creates unique services and supports not available to all Medicaid members

HCBS – STATE PLAN SERVICES

State Plan Program	Eligibility Requirements	Services Offered (examples not inclusive of all services)
Home Health Benefit	<ul style="list-style-type: none">• Standard Medicaid	<ul style="list-style-type: none">• Skilled Nursing• Home Health Aides• PT, OT, SLP
Community First Choice (CFC)	<ul style="list-style-type: none">• Must already be active on Medicaid• Meets Level of Care*• Live in an approved ‘community setting’	<ul style="list-style-type: none">• Personal Care Attendant (PCA)• Home Delivered Meals• Assistive Technology• Home Modifications
CT Housing Engagement and Support Services (CHESS)	<ul style="list-style-type: none">• Supportive housing for homeless or at risk of homelessness• Behavioral Health Dx• 2 critical needs	<ul style="list-style-type: none">• Non-medicaid funded housing subsidies subject to availability• Pre-tenancy and Tenancy Sustaining Supports• Life skills training

Levels of Care

* Skilled Nursing Facility Level of Care

- Supervision or cueing \geq 3 Activities of Daily Living (ADLs) + need factor; OR
- Hands-on \geq 3 ADLs; OR
- Hands-on \geq 2 ADLs + need factor; OR
- A cognitive impairment which requires daily supervision to prevent harm

* Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF/IID)

* Sub-acute

1. Comprehensive medical monitoring or
2. Intensive medical supervision such as intermittent nursing services throughout the day or
3. Have high intensity rehabilitative needs, are ventilator dependent, have complex wound care needs, or a need for specialized infusion therapy.

* Chronic Disease Hospital

HCBS – WAIVER SERVICES

Waiver Program	Eligibility Requirements	Services Offered (examples not inclusive of all services)	Waitlist
Katie Beckett	<ul style="list-style-type: none"> Children, in the community, under the age of 22 with significant needs that would otherwise req Institutional Care 	<ul style="list-style-type: none"> Case Management Access to Medicaid State Plan services 	Yes +4 years
Personal Care Attendant (PCA)	<ul style="list-style-type: none"> Age 18-64 Significant needs that would otherwise req Institutional Care 	<ul style="list-style-type: none"> Agency-based PCA Adult Day Centers Adult Family Living Personal Emergency Response Mental Health Counseling 	Yes +3 years
Acquired Brain Injury (ABI) I & II	<ul style="list-style-type: none"> Age 18-64 Must have a qualifying brain injury 	<ul style="list-style-type: none"> Group Day supports Independent Life Skills Training PCA Recovery Assistant Cognitive Behavioral Therapy 	ABI I – closed ABI II – waitlist
CHCPE	<ul style="list-style-type: none"> Age 65+ At risk of instructional care or at institutional level of care 	<ul style="list-style-type: none"> Homemaker/companion PCA Adult Day Centers 	No

Waiver Program	Eligibility Requirements	Services Offered	Waitlist
Autism	<ul style="list-style-type: none"> • Primary Dx of Autism • Cannot have a developmental disability Dx 	<ul style="list-style-type: none"> • Clinical behavioral support • Job coaching • Life skills coaching • Social skills groups • Respite services 	Yes +5 years
Comprehensive Waiver	<ul style="list-style-type: none"> • Intellectual and/or developmental disability • significant physical, behavioral or medical support needs 	<ul style="list-style-type: none"> • Community living arrangements and comprehensive residential supports • Day and employment services 	No
Individual and Family Supports (IFS)	<ul style="list-style-type: none"> • Intellectual and/or developmental disability • focuses on in home residential supports 	<ul style="list-style-type: none"> • Supported employment • Individualized home supports • Employment and day programs 	No
Employment and Day Supports (EDS)	<ul style="list-style-type: none"> • Intellectual and/or developmental disability • Young adults transitioning from HS to work 	<ul style="list-style-type: none"> • Community based supports • Employment and day programs 	No
Mental Health	<ul style="list-style-type: none"> • Age 22+ • Serious mental illness and Nursing facility level of care 	<ul style="list-style-type: none"> • Community support • Recovery assistance • Supported employment 	Yes 1-2 months

MONEY FOLLOWS THE PERSON

- Individuals can apply for Medicaid programs while at a qualified institution.
- A qualified institution means they are in a skilled nursing facility, chronic disease hospital, or an ICF/IID facility where Medicaid is the payor
- If institutionalized, they can access a DSS program called Money Follows the Person.
- Through MFP , members can receive supports to determine eligibility for HCBS programs, receive transitional supports, housing assistance, and enhanced care planning supports

Medicaid must provide a comparable level of services and supports in the community as it is willing to cover in an institutional setting

Where to Apply and to Get More Information

- Katie Beckett Waiver 800-445-5394 Option 3
- CHCPE 800-445-5394 Option 4
- Autism Services - [Autism Resources - DDS - http://portal.ct.gov](http://portal.ct.gov)
- To apply for MFP or CFC: <https://ctmfp.com/> (211 for CFC)
- To apply for CHESS: [Apply CT CHESS - Home \(ctchessdss.com\)](http://ctchessdss.com)
- DDS Services - [How to Apply for DDS Services \(ct.gov\)](http://ct.gov)
- Mental Health Waiver - [Mental Health Waiver \(ct.gov\)](http://ct.gov)
- For more information on MFP programs call- 1-888-992-8637

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