

The *Connecticut Tuberculosis Patient Discharge and Treatment Plan* is a template that may assist with the discharge planning process. It is a collaborative effort between hospital/facility staff, the TB patient, and Local Health Department staff. The purpose of the Connecticut Tuberculosis Patient Discharge and Treatment Plan is to ensure a safe transition for the patient back to a community setting while considering the public's health. It also ensures continuity of care, with the goal of successful treatment outcome. Public Act 95-138 requires that a written discharge or treatment plan be approved by the Local Health Director. It is agreed that this plan provides the best medical and public health care available for this patient. **A TB patient discharge and treatment plan must be faxed to the TB Control Program at (860) 730-8271 after all signatures have been obtained.**

Section A. Patient Contact Information

Patient Name: _____ DOB: _____ Record #: _____
 Address: _____ Phone: _____
 Hospital Admit Date: _____ Hospital Discharge Date: _____
 Client's Emergency Contact: _____ Phone: _____
 Address: _____

Section B. Discharge and Treatment Plan

1. Reported to the Local & State Health Departments by: _____ Date: _____
2. Outpatient TB care Physician: _____
 Address: _____
 Phone: _____ Appointment Date/Time: _____
3. Drugs and Dosages Prescribed: INH _____ RIF _____ PZA _____ EMB _____
 SM _____ B-6 _____ Other _____ Other _____
4. Frequency: Daily 3x Weekly Other _____
 (NOTE: Generally, all patients should be on 4 anti-TB drugs until susceptibility results are available.)
5. Therapy Supervision: Directly observed therapy (DOT) (ATS Standard of Care) Self-administered Other _____
 DOT Provider: _____ Phone: _____
6. Location for DOT: _____ Time: _____ on weekdays
7. Local Public Health Case Manager is: _____ Phone: _____
8. TB-specific education and counseling provided by: _____ Date: _____
9. Obstacles to therapy adherence identified to date: None
 Homelessness Physical limitation Substance abuse _____
 Cognitive limitation Mental status Other _____
 Proposed interventions for obstacles identified above: _____
 Referral(s) were/will be made on _____ Date: _____
 Agency/Person: _____ Phone: _____
 Agency/Person: _____ Phone: _____

Section C. Signatures

The following individuals agree to and approve of above TB Discharge and Treatment Plan (**All Signatures required**):

Physician: _____ Date: _____
 Patient: _____ Date: _____
 Local Health Director or Designee: _____ Date: _____