

# CT State Health Improvement Plan (SHIP) Healthy Food & Housing Action Team Meeting

May 25, 2022



# Agenda

---

- Introductions
- Review & Discuss Indicator Input for Objectives
- Establish Regular Meeting Day and Time
- Next Steps

# Introductions

# Ground Rules



Start and end on time



This is a process; remember, Rome was not built in a day!



Value all ideas in the spirit of creative inquiry



Respect each other



One person, one voice, one at a time.... succinctly!



Be data driven (based on data we have available)



Goal is to focus on collective impact and collaboration

# Action Team Charge

- Action Teams of the Connecticut Health Improvement Coalition are created for implementation of the Healthy Connecticut 2025 State Health Improvement Plan (SHIP).
- They will develop and implement annual Action Plans and report progress quarterly to the Advisory Council of the Connecticut Health Improvement Coalition.
- In developing Action Plans, the Action Teams may prioritize objectives and strategies, and identify and recommend refinements to the Healthy Connecticut 2025 State Health Improvement Plan.
- Action Teams may also create subcommittees to identify specific strategies and action steps for a prioritized objective, and/or address issues that require concentrated subject matter expertise.

# 2022 Implementation Roles & Responsibilities

## Lead Conveners

- **Host & coordinate** meetings (*with assistance from DPH*)
- **Report progress** to DPH and SHIP Advisory Council
- **Ongoing outreach** to potential partners/identify and help recruit members for the Action Team
- **Content Expert Facilitation:** Provide expert input to group discussions; share knowledge about current initiatives underway and groups engaging in similar activities; provide evidence-based strategy guidance, as needed.
- **Process Facilitation:** Lead the group through discussion and resolution of key agenda items; manage the discussion; capture key ideas/outcomes with support from group members.

## Action Team Members (including Lead Conveners)

- **Conduct** supplemental research and engage in other outreach or data gathering activities between Action Team meetings as needed and determined by group
- **Outreach** to other Action Teams, as needed, to learn about their work and/or solicit feedback on Action Plans and implementation efforts, particularly around Key Objectives
- **Implement** action plan strategies/activities to address priority area objectives
- **Return** to your own coalitions/organizations/programs to align/refine your work to align with the Action Plan

**Time Commitment:** Recommend one, 1-hour meeting/month for Action Teams to get implementation efforts underway in 2022. Meeting duration and frequency can be adjusted moving forward.

# Priority Area Goal Statements

Priority	Goal
Access to Health Care	Ensure all Connecticut residents have knowledge of, and equitable access to affordable, comprehensive, appropriate, quality health care
Economic Stability	Achieve equitable economic wellbeing, stability and security so all Connecticut residents have the opportunity to work here, and can afford to live, stay, and retire here.
Healthy Food and Housing	Ensure that all Connecticut residents have equitable access to safe and affordable: <ul style="list-style-type: none"><li>• nutritious and culturally appropriate food</li><li>• fair, stable, healthy housing</li></ul>
Community Strength and Resilience	Ensure community strength, safety and resiliency by providing equitable and sustainable access to community resources to address the unique physical, social, and behavioral health needs of all Connecticut residents.

# Priority C: Healthy Food and Housing

**Goal C:** Ensure that all Connecticut residents have equitable access to safe and affordable:

- nutritious and culturally appropriate food
- fair, stable, healthy housing

## Objectives

- C1:** Increase the utilization of available housing and food programs by eligible residents by 2025.
- C2:** Increase the number of access points where people can obtain affordable, healthy and nutritious food by 2025.
- C3:** Decrease the number of persons experiencing or at risk of homelessness and increase opportunities to obtain affordable and sustainable housing by 2025.
- C4:** Adopt and begin to implement a Connecticut property maintenance code that includes a statewide definition for safe and quality housing by 2025.
- C5:** Increase the percentage of owner-occupied housing in CT by 2025.



# Input on Indicators

# C1: Increase the utilization of available housing and food programs by eligible residents by 2025

- WIC participation (USDA WID data tables)
- Household income by selected monthly owner costs as a percentage of household income in the past 12 months (ACS)
- Home Ownership Affordability Monitor (Federal Reserve Bank of Atlanta)
- Program enrollment (DSS program participation)
- Student enrollment by Meal Eligibility (CT Data Collaborative)
- Healthy People 2030 Economic Stability Objectives:
  - Eliminate very low food security in children – NWS-02
  - Reduce household food insecurity and hunger – NWS-01

## C2: Increase the number of access points where people can obtain affordable, healthy, and nutritious food by 2025

- Farmers markets that accept SNAP benefits (CDC)
- Farmers markets that accept WIC coupons (CDC)
- Food program participation (Current Population Survey Food Security Supplement)
- Healthy People 2030 Nutrition and Weight Objectives:
  - Reduce household food insecurity and hunger – NWS-01

## C3: Decrease the number of persons experiencing or at risk of homelessness and increase opportunities to obtain affordable and sustainable housing by 2025

- Percentage of homeless individuals (CT Coalition to End Homelessness)
- Confidence in ability to make next month's payment for owner/renter occupied housing units (census.gov)
- Eviction filings (Eviction lab)
- Number of prisoners held in correctional facilities (Bureau of Justice Statistics)
- Percentage chronically homeless (SAMHSA PATH)
- Healthy People 2030 Economic Stability Objectives:
  - Reduce the proportion of families that spend more than 30 percent of income on housing – SDOH-04

# C4: Adopt and begin to implement a Connecticut property maintenance code that includes a statewide definition for safe and quality housing by 2025

- Days exposed to unhealthy air (Department of Energy and Environmental Protection)
- Contaminated or potentially contaminated sites (Department of Energy and Environmental Protection)
- List of fluoridated communities in CT (DPH)
- CT Blood lead levels among children <72 months of age (CDC, only through 2017) – updates?
- 2012 Healthy Homes Initiative (DPH) – updates?
  
- Healthy People 2030 Neighborhood and Built Environment Objectives:
  - Increase the proportion of people whose water supply meets Safe Drinking Water Act regulations – EH-03
  - Reduce the number of days people are exposed to unhealthy air
  - Reduce the risks to human health and the environment posed by hazardous sites
  - Increase the proportion of persons served by community systems with optimally fluoridated water systems
  - Reduce blood lead levels in children aged 1-5 years – EH04
  - Increase the proportion of homes that have an entrance without steps – DH-04
  - Increase the number of states, territories, and DC that prohibit smoking in multiunit housing – TU-R01
  - Increase the proportion of smoke-free homes – TU-018

# C5: Increase the percentage of owner-occupied housing in CT by 2025

---

- Homeownership rate (ACS)
  
- Healthy People 2030 Neighborhood and Built Environment Objectives:
  - None

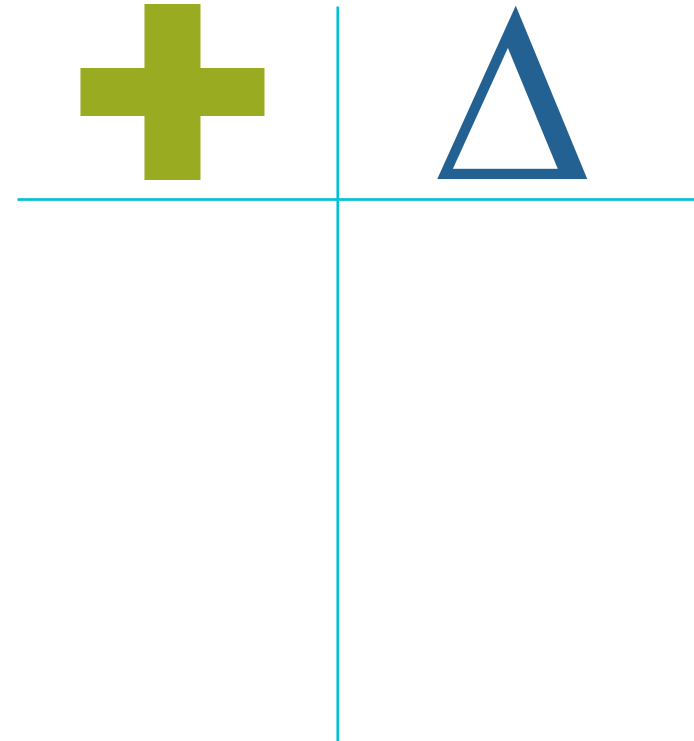
# Survey Results

---

- Day of the month
  - First Tuesday
  - Second Tuesday
  - Fourth Tuesday
- Time of Day – Morning
  - 9:00AM
  - 10:00AM
  - 11:00AM
- SharePoint Access – 50:50 – will set up a test

# Next Steps

- What worked well and what could be changed or improved (+/Δ)
- June 1<sup>st</sup> Advisory Committee Meeting to approve the 2022 Action Plans
- Ad Hoc SHIP Data Committee – estimated to convene in July to continue indicator identification discussion
- Next Action Team Meeting
  - Move forward with implementation work!





# Thank You!

## Healthy Food & Housing Action Team Meeting Notes from May 25, 2022

### C1: Increase the utilization of available housing and food programs by eligible residents by 2025

- Other
  - This would be a good report to look for equity indicators and lessons learned from Covid-19: <https://www.cthealth.org/publication/lessons-learned/>
- WIC participation (USDA WID data tables)
- Household income by selected monthly owner costs as a percentage of household income in the past 12 months (ACS)
  - Wouldn't want to lose this one.
  - instead of bullet two, we may want to track DSS program Housing for the Homeless (question asked if that would be included with other programs under bullet 3).
- Home Ownership Affordability Monitor (Federal Reserve Bank of Atlanta)
- Program enrollment (DSS program participation)
  - What does this bullet mean?
  - It includes SNAP and other DSS programs that are tracked
  - Can we identify which ones we are talking about? (for C1 and C2)
  - Important to know not only what participation increases, but what the denominator is – how many total people are eligible. Otherwise we don't know if the increase in participation also reflects an increase in need.
  - Important to recognize total number of enrollees, how many were eligible for reenrollment (and did reenroll), and how many are new enrollees. (with WIC, it is a moving denominator as babies are born and others age out)
  - Agree with need to identify what we are talking about.
  - We need to have a breakdown by REL, age, and geographics so that we can see areas where disparities are greater.
  - Don't just look at DSS programs, look at others, too
  - Expiring USDA waivers for child nutrition programs June 30, 2022 are going to impact utilization
  - also assessed for equity.
- Student enrollment by Meal Eligibility (CT Data Collaborative)
- Healthy People 2030 Economic Stability Objectives:
  - Eliminate very low food security in children – NWS-02
  - Reduce household food insecurity and hunger – NWS-01
  - Are we still going to include these as well? Rose - yes

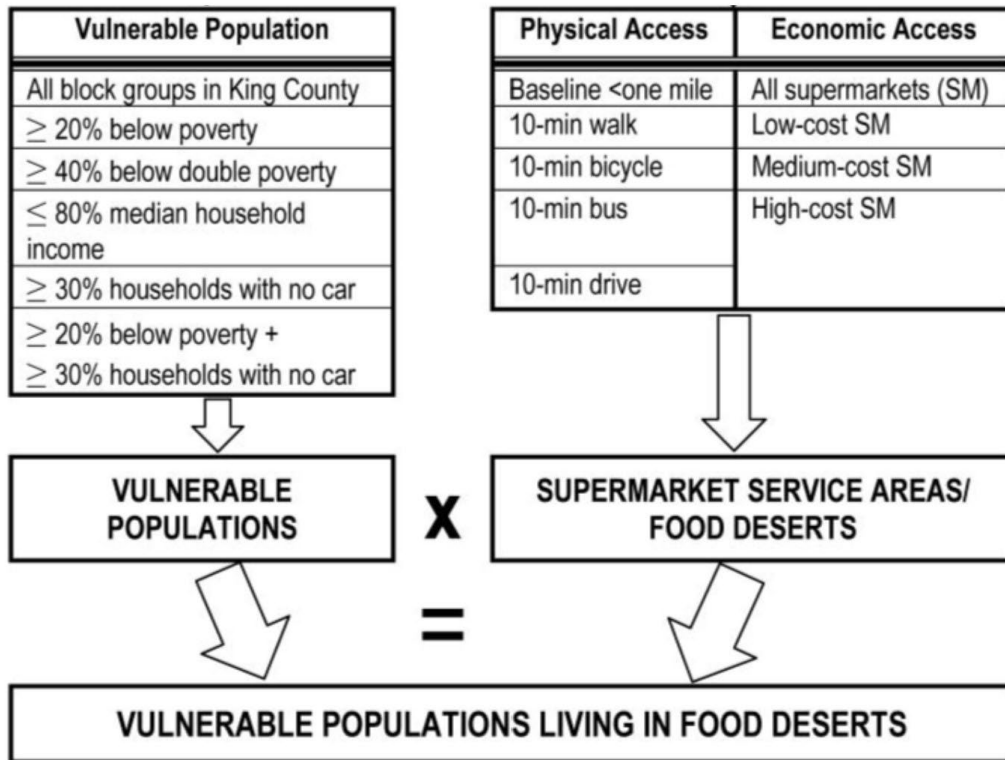
## Healthy Food & Housing Action Team Meeting Notes from May 25, 2022

### C2: Increase the number of access points where people can obtain affordable, healthy, and nutritious food by 2025

- Other (expanding beyond just Farmers Markets)
  - We need to establish a baseline for all access points where people can obtain....
  - I would also look into Food as Medicine/Produce prescription programs to see if we have data in CT
  - Number and distribution of WIC vendors can be a measure of access points. Same for the number of food pantries
  - USDA and DSS have statistics and information regarding retailers and usage for SNAP and other USDA food programs.
  - The percent of the population in food deserts is not a great indicator, but it is out there. I would check out the USDA food atlas resource:  
<https://www.ers.usda.gov/data-products/food-access-research-atlas>
  - Food pantries - there are many and they are open at unusual hours
  - Could look at % of food pantries with healthy food guidelines... just a thought. And look for increase. (Many are taking on SWAP guidelines to bring in healthy food). Here's info. on SWAP:  
[http://site.foodshare.org/site/PageServer?pagename=2017\\_programs\\_swap](http://site.foodshare.org/site/PageServer?pagename=2017_programs_swap)
- Farmers markets that accept SNAP benefits (CDC)
  - Are there other locations beyond Farmers Markets that we are encouraging SNAP redemption?
- Farmers markets that accept WIC coupons (CDC)
  - Does this mean WIC the benefit (which used e-WIC which is an issue with Farmers Markets) or WIC Farmer's market nutrition program coupons?
  - I think its in reference to this: <https://www.fns.usda.gov/fmnp/wic-farmers-market-nutrition-program>
    - Is this measuring utilization or also number of places affordable food can be accessed?
  - Most people do not get their food from Farmer's Markets, that program is very prescriptive and has limited hours.
- Food program participation (Current Population Survey Food Security Supplement)
- Healthy People 2030 Nutrition and Weight Objectives:
  - Reduce household food insecurity and hunger – NWS-01

## Healthy Food & Housing Action Team Meeting Notes from May 25, 2022

Methodological grid to identify food deserts



## Healthy Food & Housing Action Team Meeting Notes from May 25, 2022

### C3: Decrease the number of persons experiencing or at risk of homelessness and increase opportunities to obtain affordable and sustainable housing by 2025

- Other
  - Something that looks at affordability vs. skyrocketing prices
  - What is meant by affordable housing. It depends on who you talk to and in what context. One definition: If you pay 30% of your income or less, then housing is affordable to you. If we stick to that, look at the statistics from there. The ACS and Census data gives us a pretty good snapshot at where we are in terms of cost per
  - Instead of having this as a measure, consider keeping track of these trends as something measurable, and look at the number of people who maintain their ability to have housing after they survive homelessness and/or the numbers of those who are not homeless, vs looking at affordable housing. I don't know if measuring with the word affordability gives this group what we are looking for.
  - Cost burden of seeking assistance, then being able to keep a roof over their head
  - We don't seem to have options here for the second part of the objective -- We say "increase opportunities", are we creating new 'opportunities' or expanding - if so what are they and are they being tracked?
  - If we pull the second bullet from C1, I would vote for it going here. *Household income by selected monthly owner costs as a percentage of household income in the past 12 months (ACS)*
  - is there any aggregated data on Section 8 waitlists?
  - No. Using waitlists doesn't help us. We had 79K applications for <8K available slots.
- Percentage of homeless individuals (CT Coalition to End Homelessness)
- Confidence in ability to make next month's payment for owner/renter occupied housing units (census.gov)
- Eviction filings (Eviction lab)
- Number of prisoners held in correctional facilities (Bureau of Justice Statistics)
- Percentage chronically homeless (SAMHSA PATH)
- Healthy People 2030 Economic Stability Objectives:
  - Reduce the proportion of families that spend more than 30 percent of income on housing – SDOH-04

## **Healthy Food & Housing Action Team Meeting Notes from May 25, 2022**

### **C4: Adopt and begin to implement a Connecticut property maintenance code that includes a statewide definition for safe and quality housing by 2025**

- Days exposed to unhealthy air (Department of Energy and Environmental Protection)
- Contaminated or potentially contaminated sites (Department of Energy and Environmental Protection)
- List of fluoridated communities in CT (DPH)
- CT Blood lead levels among children <72 months of age (CDC, only through 2017) – updates?
- 2012 Healthy Homes Initiative (DPH) – updates?
- Healthy People 2030 Neighborhood and Built Environment Objectives:
  - Increase the proportion of people whose water supply meets Safe Drinking Water Act regulations – EH-03
  - Reduce the number of days people are exposed to unhealthy air
  - Reduce the risks to human health and the environment posed by hazardous sites
  - Increase the proportion of persons served by community systems with optimally fluoridated water systems
  - Reduce blood lead levels in children aged 1-5 years – EH04
  - Increase the proportion of homes that have an entrance without steps – DH-04
  - Increase the number of states, territories, and DC that prohibit smoking in multiunit housing – TU-R01
  - Increase the proportion of smoke-free homes – TU-018

### **C5: Increase the percentage of owner-occupied housing in CT by 2025**

- Homeownership rate (ACS)
- Healthy People 2030 Neighborhood and Built Environment Objectives:
  - None

## Healthy Food & Housing Action Team Meeting Notes from May 25, 2022

### Survey Results

- Day of the month (see chat)
  - First Tuesday
  - Second Tuesday
  - Fourth Tuesday
- Time of Day – Morning (see chat)
  - 9:00AM
  - 10:00AM
  - 11:00AM
- SharePoint Access – 50:50 – will set up a test

### Zoom Chat from May 25, 2022

Time	From	Chat Comment
13:25:20	Kathleen Duffany	also assessed for equity.
13:28:07	Sally Mancini	Expiring USDA waivers for child nutrition programs June 30, 2022 are going to impact utilization
13:35:37	Sally Mancini	This would be a good report to look for equity indicators and lessons learned from Covid-19: <a href="https://www.cthealth.org/publication/lessons-learned/">https://www.cthealth.org/publication/lessons-learned/</a>
13:38:37	Kathleen Duffany	Are there other locations beyond Farmers Markets that we are encouraging SNAP redemption?
13:38:39	Jennifer Vinci	I think its in reference to this: <a href="https://www.fns.usda.gov/fmnp/wic-farmers-market-nutrition-program">https://www.fns.usda.gov/fmnp/wic-farmers-market-nutrition-program</a>
13:40:34	Donna Burke, HRiA to Rose Swensen	in the strategies, yes, we are addressing more than just farmer's markets. This is what was offered for data. What other data is out there?
13:41:51	Sally Mancini	I would also look into Food as Medicine/Produce prescription programs to see if we have data in CT
13:42:13	Mario Garcia	Number and distribution of WIC vendors can be a measure of access points
13:42:28	Mario Garcia	Same for the number of food pantries
13:43:16	Erin Windham	USDA and DSS have statistics and information regarding retailers and usage for SNAP and other USDA food programs.
13:43:49	Sally Mancini	I would check out the USDA food atlas resource: <a href="https://www.ers.usda.gov/data-products/food-access-research-atlas">https://www.ers.usda.gov/data-products/food-access-research-atlas</a>
13:47:26	Kathleen Duffany	Could look at % of food pantries with healthy food guidelines... just a thought. And look for increase. (Many are taking on SWAP guidelines to bring in healthy food)

## Healthy Food & Housing Action Team Meeting Notes from May 25, 2022

Time	From	Chat Comment
13:49:31	Sally Mancini	Here's info. on SWAP: <a href="http://site.foodshare.org/site/PageServer?pagename=2017_programs_swap">http://site.foodshare.org/site/PageServer?pagename=2017_programs_swap</a>
13:49:38	Adrianna Ramirez	agree
13:53:08	Kathleen Duffany	We dont seem to have options here for the second part of the objective -- We say "increase opportunities", are we creating new 'opportunities' or expanding - if so what are they and are they being tracked?
13:58:26	Rose Swensen	Thank you all!
14:00:40	Rose Swensen	Please put preferred day and time in chat if you have not already! Thank you for your time!
13:59:12	Adrianna Ramirez	1st Tuesday
14:00:05	Adrianna Ramirez	11
13:59:36	Erin Windham	1st Tuesday 9 AM
13:59:17	Gina Smith	1st Tuesday
13:59:50	Gina Smith	10
13:59:12	Jennifer Vinci	First
13:59:43	Jennifer Vinci	11:00 a.m.
14:00:05	Kathleen Duffany	2nd Tuesday at 10:00
13:59:09	Kim Ploszaj	Any Tues but need to be afternoon
13:59:16	Martha Page	First Tuesday @ 10
13:59:49	Martha Page	10
14:00:06	Michael Santoro	Tuesdays, any of the three, and at any morning time works for me...
13:59:44	Robyn Gulley	Any Tuesday, 10:00 am
13:59:47	Sally Mancini	1st Tuesday @ either 9 or 10 am
14:00:53	Sally Mancini	2nd Tuesday works for me too
14:01:38	Adrianna Ramirez	thank you. have a great day

Day/Times	# Votes (Out of 10 people who voted)
1 <sup>st</sup> Tues	6
2 <sup>nd</sup> Tues	1
4 <sup>th</sup> Tues	
Any Tues	3
9 AM	2
10 AM	5
11 AM	2
Any morning time	1
Afternoon	1