

2018-2019, Newtown Middle School - School Based Health Center, Mental Health Services (grades 7-8)

Newtown Middle School

Quality of Life Result: All Connecticut children will grow up in a stable environment, safe, healthy and ready to succeed.

Contribution to the Result: School Based Health Centers provide healthcare access for school aged students, so that they are healthy and ready to learn.

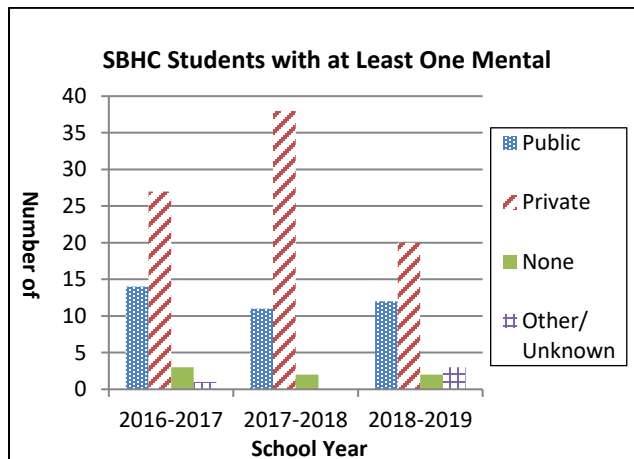
Program Expenditures	DPH SBHC Funding	Other State Funding	Federal Funding (MCHBG, ACA)	Total Other Funding (Other federal, Local, Private)	Reimbursement Generated	Total Site Funding
Actual SFY 19	\$209,704*	\$0	\$0	\$0	\$4,119	\$213,823
Estimated SFY 20	\$209,704*	\$0	\$0	\$0	\$6,000	\$215,704

Sponsoring Agency: Connecticut Institute for Communities – Greater Danbury Community Health Center

Partners: Parents, Students, CASBHC, DPH, DSS, DMHAS, DCF, The Chapter of the AAP, School Based Health Alliance, Newtown Board of Education, Local Health Department, School Nurses, School Administrators and Faculty, Newtown Center for Support and Wellness, Newtown Youth and Family Services.

How Much Did We Do?

Access and Utilization



Story behind the baseline:

The total student population in 2016-2017 was 752, total enrolled in the School Based Health Center (SBHC) was 292 (39%). The number of students with at least one mental health visit was 45 (15% of enrolled). Of those 45 students, 14 (31%) had public insurance, 27 (60%) had private insurance, 3 (7%) had no insurance, and 1 (2%) had other/unknown insurance status.

The total population in 2017-2018 was 711, total enrolled in the SBHC was 344 (48%). The number of students with one mental health visit was 51 (15% of enrolled). Of those 51 students, 11 (22%) had public insurance, 38 (74%) had private insurance, 2 (4%) had no insurance and there was no other/unknown insurance status.

The total population in 2018-2019 was 683, total enrolled in the SBHC was 343 (50%). The number of students with one mental health visit in the SBHC was 37 (11% of enrolled). Of those 37 students, 12 (32%) had public insurance, 20 (55%) had private insurance, 2 (5%) had no insurance and 3 (8%) had other/unknown insurance status.

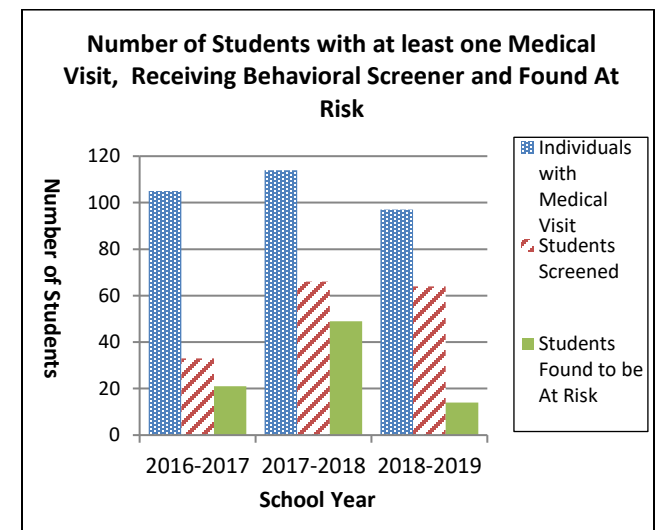
While there was a decrease in the number of students served from 2016-2017 (48) to 2018-2019 (37), the SBHC continued to see the same percentage of enrolled students. The total school population has decreased each year. (**)

Students' Population, Enrollment, Mental Health Visits and Students Served at Newtown Middle School 2018-2019				
Schools	Population	Enrolled	MH Visits	MH Served
Newtown MS	683	343	344	37

Trend: [▼]

How Well Did We Do?

Screen All Students for Mental/Behavioral Health Issues that received a Medical Visit.



Story behind the baseline:

In 2016-2017, the number of students who had at least one medical visit was 105 (36% of 292 enrolled). Of those 105, 33 (31%) students received a behavioral screening and 21 (64%) were found at risk.

In 2017-2018, the number of students who had at least one medical visit was 114 (33% of 344

Trend Going in Right Direction? ▲ Yes; ▼ No; ◀▶ Flat/ No Trend

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enrolled). Of those 114, 66 (58%) students received a behavioral screening and 49 (74%) were found at risk.

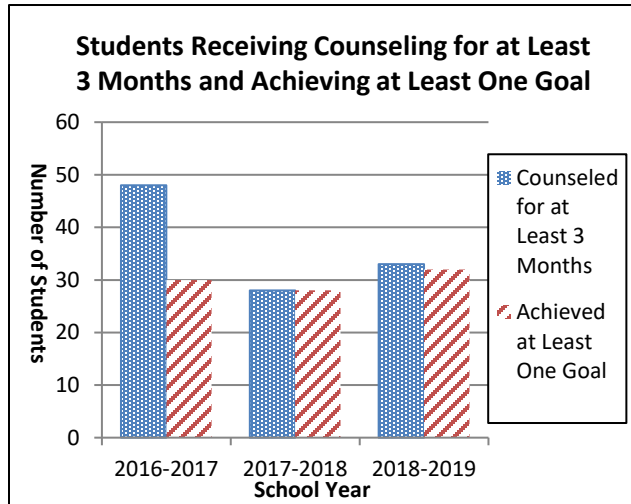
In 2018-2019, the number of students who had at least one medical visit was 97 (28% of 343 enrolled). Of those 97, 64 (66%) students received a behavioral screening and 14 (22%) were found at risk

Even though the number of individuals who had a medical visit was lower, the percentage of students found at risk was lower than the previous two years.

Trend: [▼]

Is Anyone Better Off?

Students Receiving Counseling Meeting their Goals



Story behind the baseline:

In 2016-2017, 48 students received counseling for at least three months and 30 (63%) achieved at least one goal.

In 2017-2018, 28 students received counseling for at least three months and 28 (100%) achieved at least one goal.

In 2018-2019, 33 students received counseling for at least three months and 32 (97%) achieved at least one goal.

Trend: [◀▶]

Notes:

* Reflects funding provided to all of the SBHC for Medical and Mental Health.

** Provider vacancies during the reporting year impacted total number of patients served. It is anticipated that all staff positions will be filled in Fall 2019-2020.

Proposed Actions to Turn the Curve:

How Much Did We Do:

- An enrollment form with a letter highlighting the mental health services at the SBHC is sent home with each student on the first day of school. Insurance information is requested as well as a note to send a copy of their insurance card.

How Well Did We Do:

- Every student is given a Rapid Assessment Adolescent Preventative Services (RAAPS) screening tool at every first visit. The Medical Provider refers positive screenings to the Mental Health Clinician for counseling.

Is Anyone Better Off:

- The Mental Health Clinician will continue to meet with students and document those students who do not attain their goals and of students who went elsewhere for counseling.
- LCSW's will encourage participants to develop self-management goals, both long and short term.

Data Development Agenda:

1. Document in eClinical Works goals that students are trying to reach and progress.
2. Narrative is entered in students' chart in eClinical Works
3. Data reports are exported in eClinical works to ensure all data can easily generate reports to DPH.

Trend Going in Right Direction? ▲ Yes; ▼ No; ◀▶ Flat/ No Trend