

2018-2019, New London/ Waterford - School Based Health Center, Mental Health Services (grades pre-school- 12)

Regional Multicultural Magnet School, The Friendship School, Benny Dover Jackson Middle School, Jennings Elementary School, Nathan Hale Elementary School, New London High School, and Winthrop Elementary School, in New London/ Waterford, CT

Quality of Life Result: All Connecticut children will grow up in a stable environment, safe, healthy and ready to succeed.

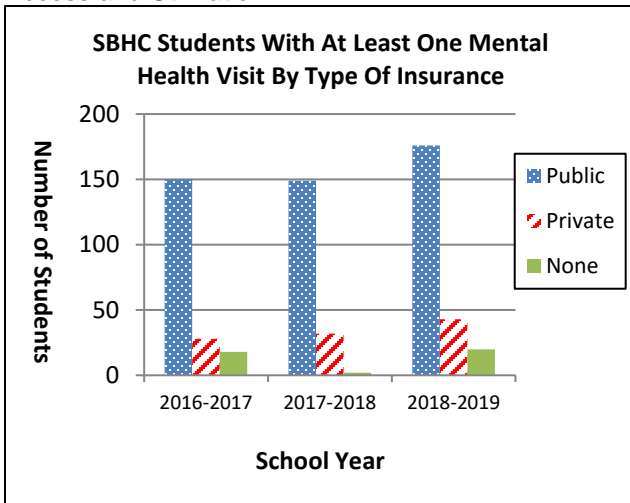
Contribution to the Result: School Based Health Centers provide healthcare access for school aged students, so that they are healthy and ready to learn.

Program Expenditures	DPH SBHC Funding	Other State Funding	Federal Funding (MCHBG, ACA)	Total Other Funding (Other federal, Local, Private)	Reimbursement Generated	Total Site Funding
Actual SFY 19	471,514	0	4,736	26,315	178,980	681,545
Estimated SFY 20	626,775	0	5,543	25,389	265,352	923,059

Sponsoring Agency: Child and Family Agency of Southeastern CT, Inc.

Partners: CASBHC, DPH, DSS, DMHAS, DCF, School Based Health Alliance, School Administrators and Faculty, Behavioral Health Partnership (BHP), Child and Family Agency's Child Guidance Clinics and Home-based programs, Emergency Mobile Psychiatric Services, Lawrence & Memorial Hospital

How Much Did We Do? Access and Utilization



Story behind the baseline:

In 2016-2017, the total student population was 4,397 with 3,150 (72%) enrolled for services. The number of those with at least one mental health visit was 196 (6% of those enrolled). Of those, 150 (77%) had public insurance, 28 (14%) had private insurance, and 18 (9%) with unknown/no insurance. The 196 students served received 3,811 mental health visits over the school year.

In 2017-2018, the total student population was 4,360 with 3,120 (72%) enrolled for services. The number of those with at least one mental health visit was 183 (6% of those enrolled). Of those, 149 (81%) had public insurance, 32 (17%) had private insurance, and 2 (2%) had no insurance. The 183 students served received 3,293 mental health visits over the school year.

In 2018-2019, the total student population was 4,214 with 3,272 (78%) enrolled for services. The number of those with at least one mental health visit was 220 (7% of those enrolled). Of those, 176 (80%) had public insurance, 43 (19%) had private insurance, and 1 (1%) with no insurance. The 220 students served received 4,995 mental health visits over the school year. All students who received services from the mental health clinician had insurance, although no one would be denied access to those services if they did not have insurance.

The caseload remained overall consistent for the mental health clinicians, with them seeing 6% of enrolled students the first 2 school years to 7% enrolled in the last school year, with an increase in number of visits (3,293 to 4,995). SBHC mental health clinicians continue to see an increase in students with complex mental health needs, requiring the Clinician to have a lower case-load to tend to

psychiatric crises and see some students twice a week.

The SBHC APRN and mental health Clinician made presentations at faculty meetings, met with parents at back-to-school night, attended orientation, distributed CFA SBHC pamphlets to inform the school, families, and students about both medical and mental health services. Updated registrations and SBHC information was sent home to the entire school in both electronic & paper forms.

Student Population, Enrollment, Mental Health Visits and Students Served in New London/ Waterford 2018-2019				
School	Population	Enrolled	MH Visits	MH Served
BDJMS	706	552	853	42
Friendship	481	255	301	14
Jennings	475	356	786	32
Nathan Hale	540	355	915	33
NLHS	989	829	681	34
RMMS	502	450	814	35
Winthrop	521	475	645	30
Total	4,214	3,272	4,995	220

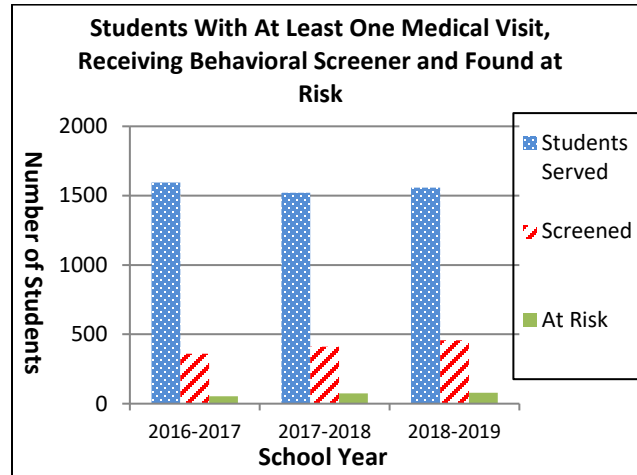
Trend: [▲]

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How Well Did We Do?

Screen All Students for Mental/Behavioral Health Issues that received a Medical Visit.



Story behind the baseline:

Prior to 2016, the nurse practitioner staff began utilizing a standardized mental health screener at all physical examinations. Mental health screenings are now also done routinely on students presenting to the SBHC throughout the year. In 2017-2018, Screening, Brief Intervention, and Referral for Treatment (SBIRTs) was implemented at the middle and high school SBHCs to continue to increase mental health screenings and referral for treatment.

In 2016-2017, 1,594 students received at least one medical visit, with 361 (23%) receiving a mental health screener and 53 (15%) of those found at risk. Those 53 students were referred to the mental health clinician for behavioral health services at the SBHC.

In 2017-2018, 1,521 students received at least one medical visit, with 411 (27%) receiving a mental health screener and 75 (18%) of those found at risk. Of those 75 found at risk, 25 (33%) were referred to

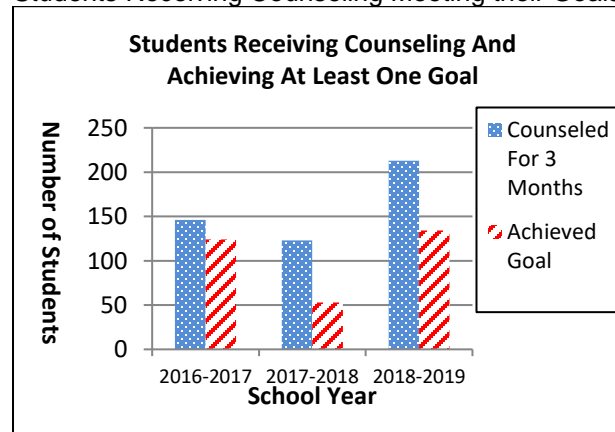
the mental health clinician at the SBHC. Students who did not begin services at the SBHC were already in services or refused mental health services.

In 2018-2019, 1,570 students received at least one medical visit, with 458 (29%) receiving a mental health screener and 79 (17%) of those found at risk. Of those 79 found at risk, 33 (42%) were referred to the mental health clinician at the SBHC. Students who did not begin services at the SBHC were already in services or refused mental health services.

There has been an increase in both mental health screenings (361 to 411 to 458). Those found at risk remain similar (between 15-18%) and reflect national averages (1:5 children). **Trend:** [▲]

Is Anyone Better Off?

Students Receiving Counseling Meeting their Goals



Story behind the baseline:

In 2016-2017, 146 students received counseling services for three or more months. Of those 146, 124 (85%) attained at least one of their goal. In 2017-2018, 123 students received counseling services for three or more months with 53 (43%)

meeting at least one goal. In 2018-2019, 213 students received counseling for three or more months with 134 (63%) achieving at least one goal. There was a large increase in number of students receiving 3 or more months of counseling this past school year but a decrease in treatment goals overall (85% to 43% to 63%). There was a shift in how this data was captured beginning in 2017-2018, which may explain some of the discrepancy. **Trend:** [◀▶]

Notes:

* Reflects funding provided to all of the SBHC for Medical, and Mental Health Services.

** Maternal and Child Block Grant Funds

*** United Way

Proposed Actions to Turn the Curve:

How Much Did We Do?

- Survey school staff to assess their knowledge of what services are available for both mental health and medical at the SBHC.

How Well Did We Do:

- Provide professional development on interpretation of risk assessments and implementing plans to address the needs of the student with a high/positive score.

Is Anyone Better Off:

- Encourage clients to develop self-management goals, both long and short term.
- Increase mental health screenings to be done on students presenting for a medical visit at the SBHC.

Data Development Agenda:

- Align our EHR: EClinicalWorks (ECW) generated reports to meet DPH requirements.
- Streamline the process of exporting our data from EClinicalWorks to DPH.
- Further refine data collection capability of EClinicalWorks for better identification and management of specific conditions.