

2018-2019, ISAAC - School Based Health Center, Mental Health Services (grades 6-8)

Interdistrict School for Arts and Communication (ISAAC)

Quality of Life Result: All Connecticut children will grow up in a stable environment, safe, healthy and ready to succeed.

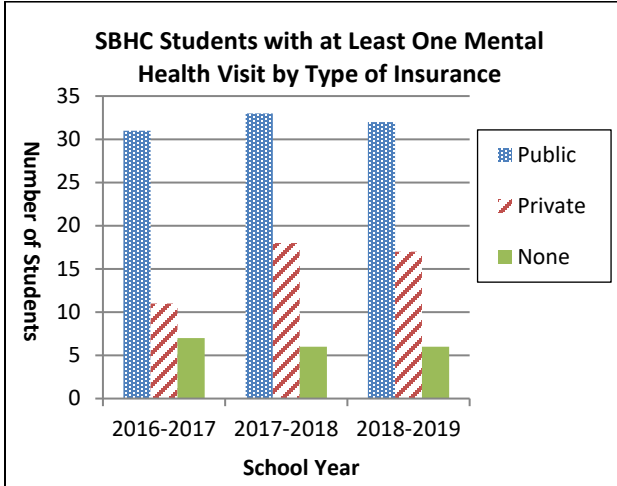
Contribution to the Result: School Based Health Centers provide healthcare access for school aged students, so that they are healthy and ready to learn.

Program Expenditures	DPH SBHC Funding	Other State Funding	Federal Funding (MCHBG, ACA)	Total Other Funding (Other federal, Local, Private)	Reimbursement Generated	Total Site Funding
Actual SFY 19	\$87,333*	\$0	\$0	\$0	\$154,884	\$242,271
Estimated SFY 20	\$87,333*	\$0	\$0	\$0	\$154,884	\$242,271

Partners: CASBHC, DPH, DSS, DMHAS, DCF, School Based Health Alliance, School Administrators and Faculty.

How Much Did We Do?

Access and Utilization



Story behind the baseline:

During the 2018-2019 school year, the total student population for ISAAC was 278. The total number enrolled in the SBHC was 236 (85%). The number of students served was 55 (23% of enrolled). The average number of visits per student was 24.3 (1,337 visits for 55 students).

Of the 55 students utilizing the SBHC for mental health visits in 2018-2019, 32 (58%) had public insurance, 17 (31%) had private insurance, and 6 (11%) had no insurance.

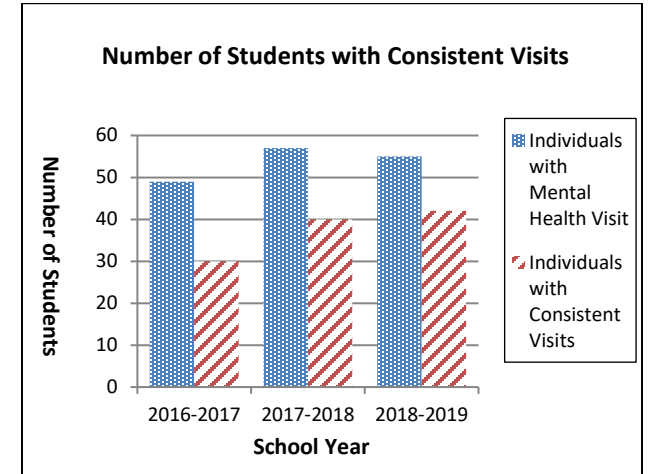
While there was a decrease in the number of students served from 2017-2018 (57) to 2018-2019 (55), the SBHC has increased visits overall since moving to full time with Mental Health services at the school during the 2016-2017 school year.

Student Population, Enrollment, Number of Mental Health Visits and Number Served in ISAAC School 2018-2019				
Schools	Population	Enrolled	Mental Health Visits	Mental Health Served
ISAAC	278	236	1,337	55
Total	278	236	1,337	55

Trend: [▲]

How Well Did We Do?

Screen All Students for Mental/Behavioral Health Issues that received a Medical Visit.



Story behind the baseline:

The school based health centers define “consistent visits” as 12 visits over a 3-month period. Of the 55 students that had a Mental Health visit during the 2018-2019 school year, 42 (76%) of them had consistent visits. This is an increase from the 2017-2018 school year, when 40 students (70%) out of the 57 students with a Mental Health visit had consistent visits.

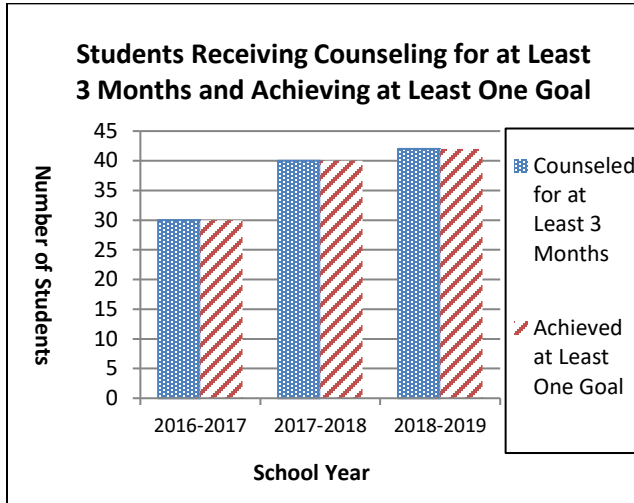
Trend: [▲]

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Is Anyone Better Off?

Students Receiving Counseling Meeting their Goals



Story behind the baseline:

In the 2018-2019 school year, 42 students participated in therapy for 3 or more months. Of those students, 42 (100%) achieved at least one goal. This percentage did not change from previous years; however, there was an increase in students with consistent visits from the 2016-2017 and 2017-2018 school years to the 2018-2019 school year.

Trend: [▲]

Notes:

* Reflects funding provided to all of the SBHC for Medical, Mental Health, and Dental Services.

Proposed Actions to Turn the Curve:

How Much Did We Do:

- Attend school events to increase awareness of medical and mental health services offered.
- Confirm insurance status for uninsured patients and refer to Access to Care for assistance with coverage as needed.

How Well Did We Do:

- Clinical staff will set consistent visit goals for each student as therapeutically appropriate.
- Staff will track the visits through our electronic health record.

Is Anyone Better Off:

- Clinicians will be expected to provide evidence of their efforts and outreach to keep patients engaged in treatment when appropriate.

Data Development Agenda:

1. Continue to document on EHR actual weight loss and/or successes.
2. Work to ensure EHR data can be extracted and sent to DPH such as successes and changes to BMI.

Trend Going in Right Direction? ▲ Yes; ▼ No; ◀▶ Flat/ No Trend