

2018-2019, New Britain High - School Based Health Centers, Mental Health Services (grades Prek-12)

New Britain High School and Roosevelt Campus

Quality of Life Result: All Connecticut children will grow up in a stable environment, safe, healthy and ready to succeed.

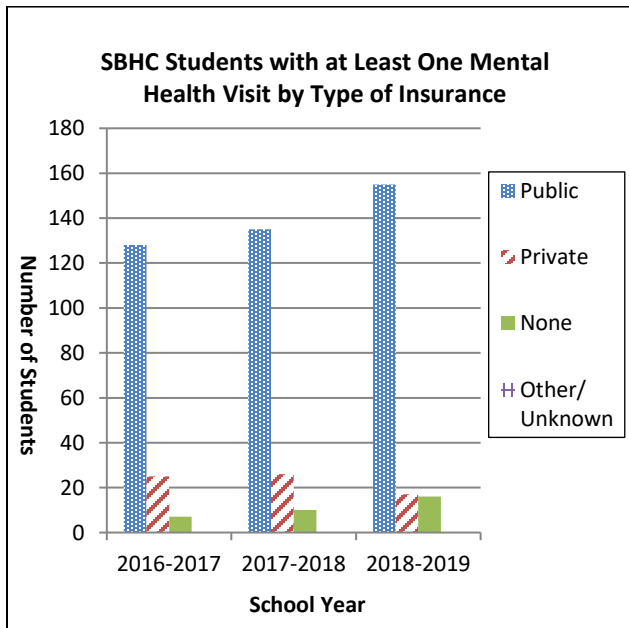
Contribution to the Result: School Based Health Centers provide healthcare access for school aged students, so that they are healthy and ready to learn.

Program Expenditures	DPH SBHC Funding	Other State Funding	Federal Funding (MCHBG, ACA)	Total Other Funding (Other federal, Local, Private)	Reimbursement Generated	Total Site Funding
Actual SFY 19	\$145,823 NBHS \$105,730 Roosevelt	\$0.00	\$0.00	\$0.00	\$696,132 \$223,307	\$841,955 \$329,037
Estimated SFY 20	\$145,823 NBHS \$105,730 Roosevelt	\$0.00	\$0.00	\$0.00	\$696,132 \$223,307	\$841,955 \$329,037

Partners: CASBHC, DPH, DSS, DCF, YMCA. The CT Chapter of the AAP, School Based Alliance, Board of Education, Safe Schools-Healthy Students, CHC, School Administrators and Faculty

How Much Did We Do?

Access and Utilization



Story behind the baseline:

During the 2018-2019 school year, the total student population for both schools was 2,941. The total number enrolled in the SBHC was 1,115 (38%). The number of students served was 188 (17% of

enrolled). The average number of visits per student was 15.6 (2,939 visits for 188 students).

Of the 188 students utilizing the SBHC for mental health visits in 2018-2019, 155 (82%) had public insurance, 17 (9%) had private insurance, 16 (9%) had no insurance, and 0 (0%) had other/unknown insurance status. There was considerable effort made to acquire public insurance for students who qualified who had a status of none in previous years. This resulted in an increase in number that had public insurance, from 135 to 155 students, which is a 15% increase.

The district population has increased slightly over the past 3 school years. However, enrollment has decreased slightly with all of the re-districting of students. Each year, for the past 3 school years' students have been re-districted as well, as we are seeing a decrease in the number of students attending New Britain High School and electing for a magnet or technical high school. There was an increase in the number of students served from 2016-2017 (158) to 2018-2019 (188) and an increase in visits from 2,046 in 2015-16 to 2,939 visits in 2018-19, even with the slight decrease in enrollment.

The SBHC Clinician made a visit to every health class to inform the students about both the Mental

Health and Medical services offered at the SBHC. The clinician also attended all Open Houses, Back to School nights, Parent Conferences, and New Student Orientation.

Students' Population, Enrollment, Mental Health Visits and Students Served at New Britain Schools 2018-2019				
Schools	Population	Enrolled	MH Visits	MH Served
New Britain High School	2208	861	2382	131
Roosevelt Campus	733	254	557	57
Total	2941	1115	2939	188

Trend: [▲]

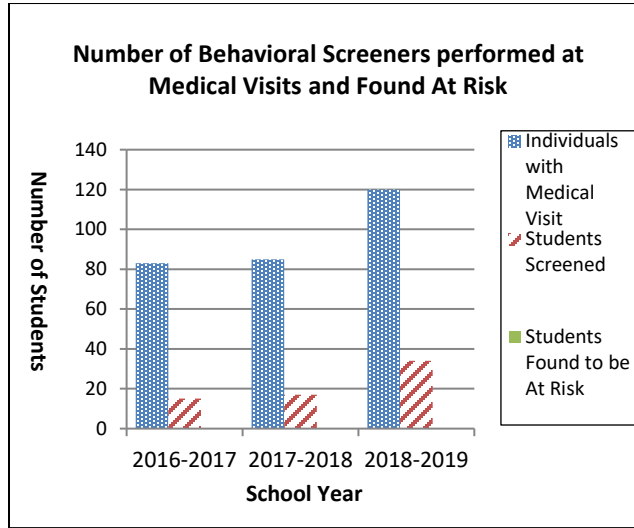
Trend Going in Right Direction? ▲ Yes; ▼ No; ◀▶ Flat/ No Trend

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How Well Did We Do?

Screen All Students for Mental/Behavioral Health Issues that received a Medical Visit.



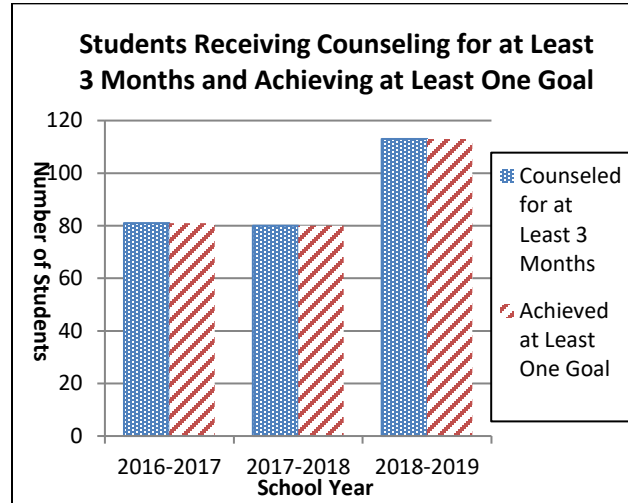
Story behind the baseline:

In 2018-2019, 120 of the 188 students receiving mental health services also received a medical visit (64%). Of those 120 students with a medical visit, 34 received a mental health screener (PHQ9) during their medical visit. Of those 34 (28%) screened, 0 were considered at risk (positive). In earlier years, only the students that received a physical were required to have a screener done. We now do screenings, built into our Electronic Health Record, annually on students with a medical visit. During these particular visits, the student presented with concerns that were cause for a PHQ9 depression screening to be completed.

Trend: [▲]

Is Anyone Better Off?

Students Receiving Counseling Meeting their Goals



Story behind the baseline:

In the 2018-2019 school year, 113 students participated in therapy for 3 or more months. Of those students, 113 (100%) achieved at least one goal. This percentage is consistent with 2016-17 and 2017-18 school years.

◀▶ Flat/ No Trend

Notes:

* Reflects funding provided to all of the SBHC for Medical, Mental Health, and Dental Services.

** Maternal and Child Block Grant Funds

Proposed Actions to Turn the Curve:

How Much Did We Do:

- Meet with all staff during convocation at the beginning of the school year to provide information on what the SBHC is and what services are provided, as well as how referrals to the SBHC are made.
- Provide enrollment forms electronically on the district wide website.

How Well Did We Do:

- Continue to provide professional development to medical and behavioral health staff on risk assessments and screening tools.

Is Anyone Better Off:

- In the upcoming year, all students with a medical visit will receive a behavioral health screener and we will work to identify a unified tool such as the PHQ9.
- LCSW's will encourage participants to develop self-management goals, both long and short term and to be more creative in those goals.

Data Development Agenda:

1. Document in EClinical goals that students are trying to reach and progress.
2. Do pre and post-test screeners on all students that receive counseling with a unified tool.
3. Continue to work with the EHR data team to ensure all data can be easily exported to DPH.