## 2018-2019, Meriden School Based Health Centers, Behavioral Health Services (grades k-5)

Benjamin Franklin Elementary School, Casimir Pulaski Elementary School, Hanover Elementary School, Israel Putnam Elementary School, John Barry Elementary School, Nathan Hale Elementary School, Roger Sherman Elementary School

Quality of Life Result: All Connecticut children will grow up in a stable environment, safe, healthy and ready to succeed.
Contribution to the Result: School Based Health Centers provide healthcare access for school aged students, so that they are healthy and ready to learn.

| Program Expenditures | DPH SBHC Funding | Other State Funding | Federal Funding (MCHBG, ACA) | Total Other Funding (Other federal, Local, Private) | Reimbursement Generated | Total Site Funding |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Actual SFY 19 | \$171,645* | \$0 | \$0 | \$0 | \$1,524,454 | \$1,696,099 |
| Estimated SFY 20 | \$171,645* | \$0 | \$0 | \$0 | \$1,524,454 | \$1,696,099 |

Sponsoring Agency: Community Health Center Inc.
Partners: Parents, Students, CASBHC, DPH, DCF, School Administrators and Faculty.

## How Much Did We Do? <br> Access and Utilization



## Story behind the baseline:

During the 2018-2019 school year, the total student population for all 7 schools was 3488 . The total number enrolled in the SBHC was 917 (26\%). The number of students served was 369 (40\% of
enrolled). The average number of visits per student was 26.93 ( 9938 visits for 369 students).

Of the 369 students utilizing the SBHC for mental health visits in 2018-2019, 279 (76\%) had public insurance, 59 (16\%) had private insurance, 21 (6\%) had no insurance, and 10 (3\%) had other/unknown insurance status. There was considerable effort made to acquire public insurance for students who qualified who previously had a status of none in previous years. This resulted in a decrease in uninsured students, from 26 (7\%) in 2017-2018 to 21 (6\%) in 2018-2019.

The SBHC Clinicians attended open houses and other family outreach events to inform the students and families about both the services offered at the SBHC.

Trend: [ < > ]

| Students' Population, Enrollment, Mental Health Visits <br> and Students Served at Meriden's 7 Elementary Schools <br> 2018-2019 |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: |
| Schools | Population | Enrolled | MH <br> Visits | MH <br> Served |
| Ben <br> Franklin <br> ES | 353 | 88 | 1457 | 55 |
| Casimir <br> Pulaski ES | 582 | 173 | 1757 | 61 |
| Hanover <br> ES | 463 | 129 | 860 | 44 |
| Israel <br> Putnam ES | 489 | 92 | 1463 | 62 |
| John Barry <br> ES | 518 | 192 | 1220 | 48 |
| Nathan <br> Hale ES | 596 | 117 | 1371 | 49 |
| Roger <br> Sherman <br> ES | 487 | 126 | 1810 | 50 |
| Total | 3488 | 917 | 9938 | 369 |

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## How Well Did We Do?

Increase Number of Patients with Consistent Behavioral Health Visits

Number of Students with Consistent Visits, Defined as 12 Visits Over A 3-Month Period


## Story behind the baseline:

The school based health centers define "consistent visits" as 12 visits over a 3-month period. Per that definition, the Meriden behavioral health clinicians served 271 patients with consistent visits of the 369 patients with BH visits, or 73 percent of BH patients, for the 18-19 year. There is no change from the 2017-18 school year, when 268 of the 365 students with BH visits ( 73 percent) were seen consistently

Trend:

## Is Anyone Better Off?

Students Receiving Counseling Meeting their Goals

Students Receiving Counseling for at Least 3 Months and Achieving at Least One Goal


## Story behind the baseline:

In the 2018-2019 school year, 271 students participated in therapy for 3 or more months. Of those students, 271 (100\%) achieved at least one goal. This percentage did not change over the 3 school years, with 236 students and 268 receiving counseling for more than 3 months in 2016-2017 and 2017-2018 respectively.

## Trend:

## Notes:

* Reflects funding provided to all of the SBHC for Medical, Mental Health, and Dental Services.


## Proposed Actions to Turn the Curve:

Access and Utilization:

- To assist in outreach, staff will attend school functions, including Parents Nights, provide presentations to health classes, and enhance the publicity of school-based services in a
variety of mediums including: websites,
newsletters, and electronic communications.
- To improve and increase efficiency, enrollment forms will now be available on an electronic platform and posted on district wide websites.


## Mental Health Services:

- Medical staff will complete mental health assessments at each visit.
- Clinical staff will set consistent visit goals for each student as therapeutically appropriate.
- Staff will track the visits through our electronic health record.
- Clinicians will be expected to provide evidence of their efforts and outreach to keep patients engaged in treatment when appropriate.


## Data Development Agenda:

Staff will continue to work with the CHC
Business Intelligence (BI) team, to gather data:

- To align EHR generated reports to meet DPH requirements.
- To streamline the process of exporting our data from EHR to DPH.
- To further refine data collection capability of the electronic record to define parameters for better identification and management of specific conditions (ex. students who have participated in select programs, students who have an asthma action plan on record, and obesity counseling data, etc.).
The school based team is working closely with the BI team in the development of a dashboard which will provide need data and trends in the moment.

