

2018-2019, Bridgeport – School Based Health Centers, Medical Services (grades 9-12)

Blackham School, Read School, Roosevelt School, Bassick High School and Central High School

Quality of Life Result: All Connecticut children will grow up in a stable environment, safe, healthy and ready to succeed.

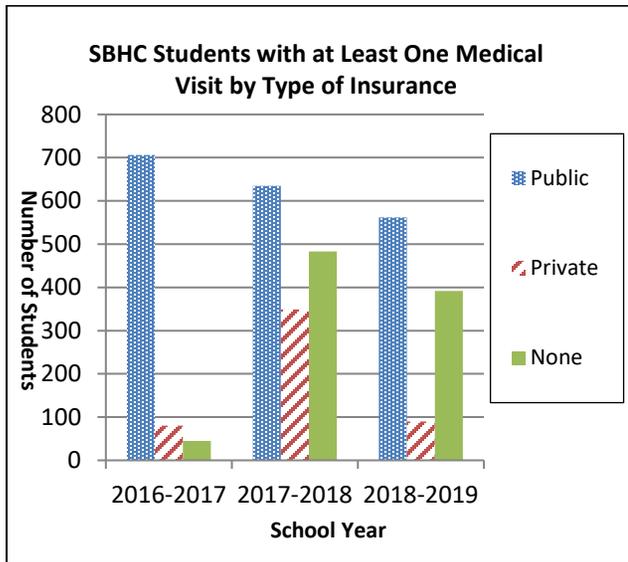
Contribution to the Result: School Based Health Centers provide healthcare for school age students, so that they are healthy and ready to learn.

Program Expenditures	DPH SBHC Funding	Other State Funding	Federal Funding (MCHBG, ACA)	Total Other Funding (Other federal, Local, Private)	Reimbursement Generated	Total Site Funding
Actual SFY 19	\$533,875	\$0	\$0	\$0	\$843,742	\$1,377,617
Estimated SFY 20	\$533,875	\$0	\$0	\$0	\$856,398	\$1,390,273

Partners: Parents, Students, CASBHC, DPH, DSS, School Based Health Alliance, City of Bridgeport Board of Education, School Nurses, School Administrators and Faculty, Optimus Health Care and Southwest Community Health Center

How Much Did We Do?

Access and Utilization



Story behind the baseline:

In 2018-2019 the total student population for all 5 schools was 4,755, and the total enrolled in the School Based Health Centers (SBHCs) was 2,398 (50% of population). The number of students served was 1,044 or 22% of the total population and 44% of enrollment. There was a total of 4,532 medical visits including an array of services from Asthma management to vaccinations.

Of the 1,044 students utilizing the SBHC for medical visits in 2018-2019, 562 (54%) had public insurance, 90 (1%) had private insurance, and 392 (38%) had no insurance. There was a decrease in private insurance compared to 2017-2018 (349 students) and a decrease in patients with no insurance from 2017-2018 (483 students).

In 2018-2019, there were considerable efforts made to acquire public insurance for students who qualified who previously had a status of none or unknown.

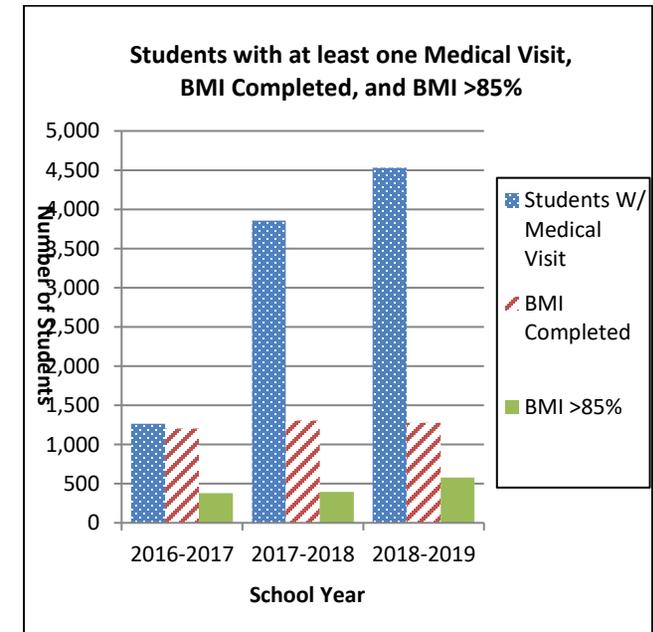
The SBHC Clinician visited every health class to inform the students about both the Mental Health services and Medical services that were offered at the SBHC.

Student Population, Enrollment, Number of Medical Visits and Number Served in Southwest SBHC five schools 2018-2019				
Schools	Population	Enrolled	Medical Visits	Medical Served
Bassick HS	790	367	810	163
Blackham	1089	598	1261	287
Central HS	1504	684	1187	310
Read	800	396	642	158
Roosevelt	572	353	632	126
Total	4,755	2,398	4,532	1,044

Trend: [▼]

How Well Did We Do?

Identifying Obesity in SBHC Visits.



Story behind the baseline:

During the school year 2018-2019, 4,532 visits had at least one medical visit and 1,044 (24%) had a BMI completed during one of these medical visits. Of those, 580 (56%) had a BMI greater than the 85 percentile.

Trend Going in Right Direction? ▲ Yes; ▼ No; ◀▶ Flat/ No Trend

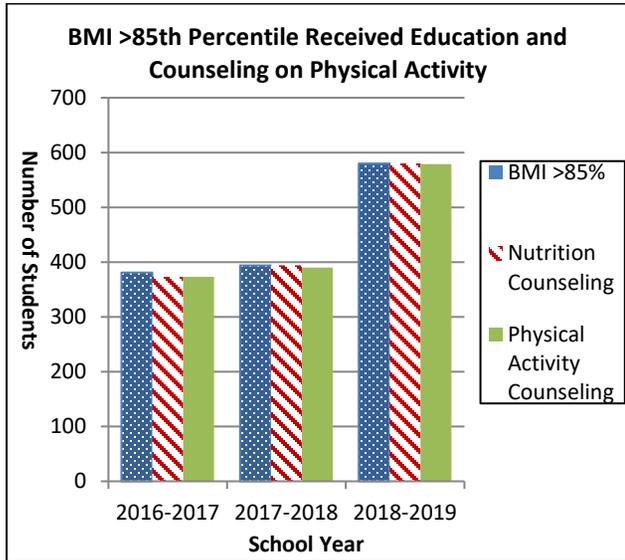
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Trend: [◀▶]

Is Anyone Better Off?

BMI > 85th percentile and Counseling on Nutrition and Physical Activity



Story behind the baseline:

All students with a BMI >85% are offered counseling in both nutrition and physical activity. As the number of students with a BMI >85% increased, the percentage of those students receiving counseling increased as well. In the 2016-2017 school year, of the 381 students with a BMI >85%, 373 (97%) received nutrition counseling and 373 (97%) received physical activity counseling. During the 2018-2019 school year, of the 580 students with a BMI >85%, 580 (100%) received nutrition counseling and 579 (99%) received physical activity counseling. Counseling was provided during follow-up visits and nutrition groups where discussions with students about keeping a food diary were provided. Education

handouts about healthy eating and activities were provided to all students.

Trend: [▲]

Notes:

Funding sources: DPH and third party billing.

Proposed Actions to Turn the Curve:

Access and Utilization:

- Increase marketing to students, parents, and school personnel by attending additional BOE activities and increasing social media followers in an effort to increase enrollment and utilization numbers.

How Well Did We Do?

- Look at collecting BMI data for individuals not all visits.

Is Anyone Better Off?

- Promote and provide nutrition information to students throughout the school year with classroom presentation, groups and attending all school health fairs and wellness events.
- Promote and provide being physically active on a regular basis as a part of their regular routine in and out of school, through educational visits.

Data Development Agenda:

- Southwest (SBHC) is continually working to improve and enhance the Electronic Health Records (NextGen) in order to better capture the needed information to optimize our data in measuring the goals set in place by the school based health centers, enrollment and disposition.

Trend Going in Right Direction? ▲ Yes; ▼ No; ▶ Flat/ No Trend