

2018-2019, Optimus Health Care Inc. - School Based Health Centers, Mental Health Services (grades 9-12)

Harding High, Marin, JFK, Columbus, Dunbar

Quality of Life Result: All Connecticut children will grow up in a stable environment, safe, healthy and ready to succeed.

Contribution to the Result: School Based Health Centers provide healthcare access for school aged students, so that they are healthy and ready to learn.

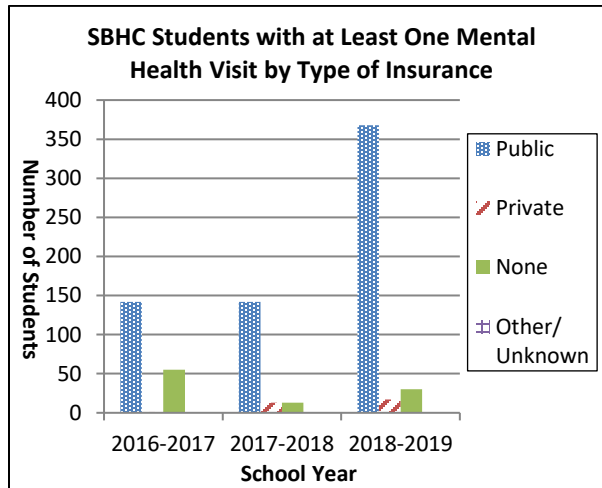
Program Expenditures	DPH SBHC Funding	Other State Funding	Federal Funding (MCHBG, ACA)	Total Other Funding (Other federal, Local, Private)	Reimbursement Generated	Total Site Funding
Actual SFY 19	\$539,470*	\$0	\$5,596**	\$0	\$161,247	\$706,313
Estimated SFY 20	\$539,470*	\$0	\$5,596**	\$0	\$161,247	\$706,313

Sponsoring Agency: Optimus Healthcare Inc.

Partners: CASBHC, DPH, DSS, DMHAS, DCF, School Based Health Alliance, School Administrators and Faculty, Optimus Health Care Behavioral Health, Life-Bridge, 211, Bridgeport BOE Social Work Department.

How Much Did We Do?

Access and Utilization



Story behind the baseline:

During the 2018-2019 school year, the total student population for all 5 schools was 3,880. The total number enrolled in the SBHC was 1,848 (48%). The number of students served for mental health services was 415 (22% of enrolled). The average number of visits per student was 4.1 (1,711 visits for 415 students).

In 2016-2017 school year, the student population and enrollment were 4,384 and 2,495. There were 198 students utilized the SBHC for mental health services totaling 2,187 visits.

For 2017-2018 school year, student population and enrollment were 2,765 and 2,139. There were 168 students who utilized the SBHC for mental health services totaling 1,879 visits.

In 2018-2019, 368 (89%) had public insurance, 17 (4%) had private insurance, 30 (7%) had no insurance. In 2017-2018, 142 (84%) had public insurance, 13(8%) had private insurance and 13(8%) had no insurance who received mental health services. In school year 2016-2017, 142(72%) had public insurance, 1(0.5%) had private insurance, and 55(28%) had no insurance.

Efforts were made to students and their parents with no insurance of their possibly qualifying for insurance, by the SBHC staff referring into Optimus outreach worker and financial counselors.

In 2018-2019, there was a increase in the number of students receiving mental health services as the SBHC at one school went through re-licensing and this delayed services provided. There were 1,711 visits for 415 users, a decrease in visits. In 2016-2017 (2495) and 2017-2018 (1879), over the three-

year time span there was a fluctuation in the number of students seen.

The SBHC participated in school events and with the Parent Teacher Organization (PTO) to enhance engagement with students and their parents to inform and assist with their receiving insurance benefits if eligible.

The SBHC staff made visits to classrooms to inform the students about both the mental health and medical services offered at the SBHC.

Students' Population, Enrollment, Mental Health Visits and Students Served at Optimus Health Care 2018-2019				
Schools	Population	Enrolled	MH Visits	MH Served
Harding HS	1,100	415	384	283
Marin ES	854	753	709	61
Dunbar ES	391	170	32	14
Columbus	607	275	90	7
JFK ES	928	235	496	50
Total	3,880	1,848	1,711	415

Trend: [◀ ▶]

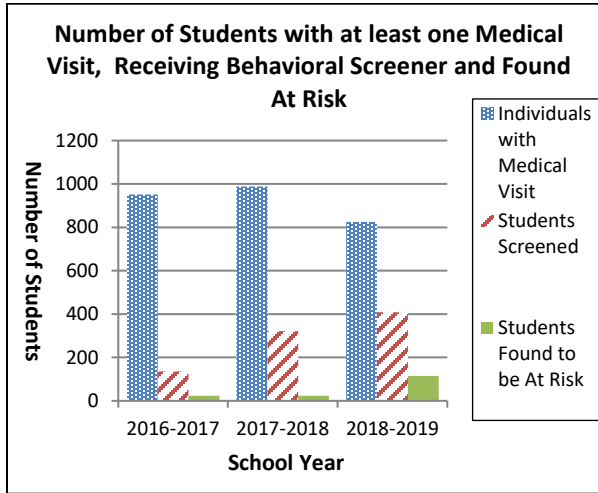
Trend Going in Right Direction? ▲ Yes; ▼ No; ◀▶ Flat/ No Trend

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How Well Did We Do?

Screen All Students for Mental/Behavioral Health Issues that received a Medical Visit.



Story behind the baseline:

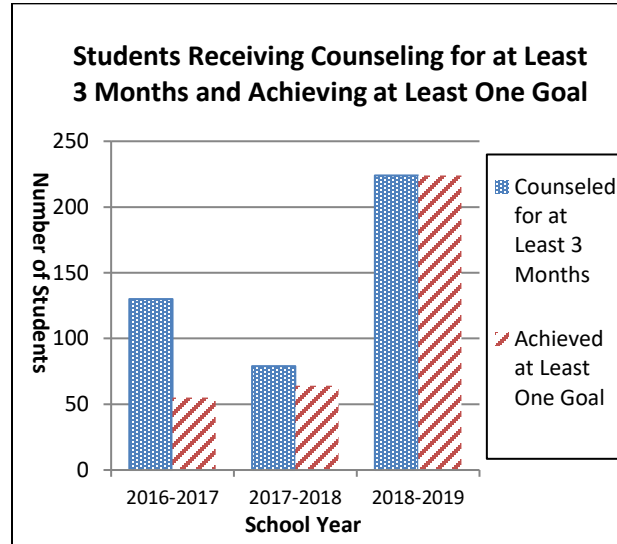
Students seen for a medical visit at the SBHC eligible to receive a mental/behavioral health screener at their first visit. In 2018-2019, 824 of students seen by the medical clinic received a screener. Of those screened, 115 considered at risk (positive). In earlier years, only the students that received a physical were required to have a screener done.

136 screenings were completed out of 952 medical visits in 2016-2017 and 23 of those students were found to be at risk (positive). In 2017-2018, 322 screeners completed out of 988 medical visits with 23 being found to be at risk (positive).

Trend: [▲]

Is Anyone Better Off?

Students Receiving Counseling Meeting their Goals



Story behind the baseline:

In the 2018-2019 school year, 224 students participated in therapy for 3 or more months. Of those students, 224 achieved at least one goal. This was an increase in students over the 3 school years, with 130 students receiving counseling for more than 3 months, and 55 achieved at least one goal in 2016-2017. In 2017-2018, 79 students received counseling with 64 having achieved at least one goal. It was an 81% increase in students achieving at least one goal, from 2016-2017),

Trend: [▲]

Notes:

* Reflects funding provided to all of the SBHC for Medical, Mental Health, and Dental Services.

** Maternal and Child Block Grant Funds

Proposed Actions to Turn the Curve:

How Much Did We Do:

- Continue to survey students to assess their knowledge of what services are available for both mental health and medical at the SBHC. In addition, how they feel about such services.

- Provide enrollment forms electronically on the district wide website.

How Well Did We Do:

- Provide professional development on how to complete a risk assessment to staff.

Is Anyone Better Off:

- In the upcoming year, a survey and focus group will be done on those students who did not attain their goal and those that went elsewhere for counseling.

- LCSW's will encourage participants to develop self-management goals, both long and short term.

Data Development Agenda:

1. Will document in Cixtri goals that students are trying to reach and progress.
2. Will administer PHQ2 on all students and refer to SBHC social worker for follow up with PHQ9.
3. Will work with EHR to ensure all data easily exported to DPH.