

2018-2019, Ansonia –School Based Health Center (grades 9-12) Mental Health Services

Ansonia High School

Quality of Life Result: All Connecticut children will grow up in a stable environment, safe, healthy and ready to succeed.

Contribution to the Result: School Based Health Centers provide healthcare access for school aged students, so that they are healthy and ready to learn.

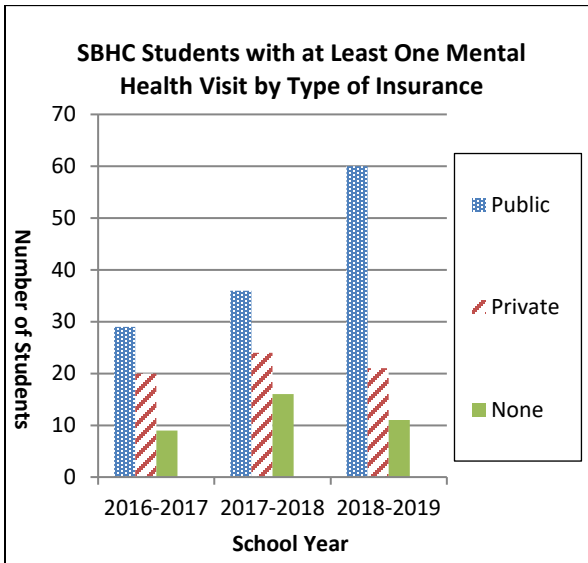
Program Expenditures	DPH SBHC Funding	Other State Funding	Federal Funding (MCHBG, ACA)	Total Other Funding (Other federal, Local, Private)	Reimbursement Generated	Total Site Funding
Actual SFY 19	\$106,356	\$0	\$0	\$71,180	\$18,593	\$196,129
Estimated SFY 20	\$106,356	\$0	\$0	\$50,000	\$13,000	\$169,356

Sponsoring Agency: Griffin Hospital

Partners: CASBHC, DPH, DSS, DMHAS, DCF, School Based Health Alliance, Lower Naugatuck Valley Parent Child Resource Center, Naugatuck Valley Health District, Ansonia Board of Education, School Administrators and Faculty, Substance Abuse Council, Milford Rape Crisis Center.

How Much Did We Do?

Access and Utilization



Story behind the baseline:

During the 2018-2019 school year, the total student population at Ansonia High School was 589. The total number enrolled in the SBHC was 303 (51%). The number of students served for Mental Health visits was 92 (30% of enrolled). The average

number of mental health visits per student was 3.9. (358 visits for 92 students).

Of the 92 students utilizing the SBHC for mental health visits in 2018-2019, 60 (65%) had public insurance, 21 (23%) had private insurance, and 11 (12%), had no insurance. There was considerable effort made to acquire public insurance for students, who qualified who previously had a status of none in previous years. This resulted in a decrease in uninsured students, from 16 (21%) in 2017-2018 to 11 (12%) in 2018-2019.

While there was an increase in the number of students served for mental health visits from 2016-2017 (58) to 2018-2019 (92), the percentage of students enrolled in the Health Center fluctuated over the past three years, with 55% in 2017, to 47 % in 2018, and 51 % in 2019. The total population of Ansonia High School has also fluctuated in each of these years.

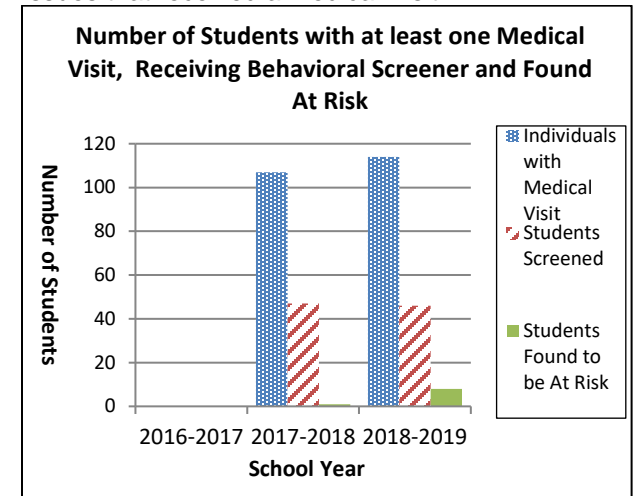
The SBHC Clinician made a visit to every health class to inform the students about both the Mental Health and Medical services offered at the SBHC.

Students' Population, Enrollment, Mental Health Visits and Students Served at Ansonia High School, 2018-2019				
Schools	Population	Enrolled	MH Visits	MH Served
Ansonia High School	589	303	358	92

Trend: [◀ ▶]

How Well Did We Do?

Screen All Students for Mental/Behavioral Health Issues that received a Medical Visit.



Trend Going in Right Direction? ▲ Yes; ▼ No; ◀▶ Flat/ No Trend

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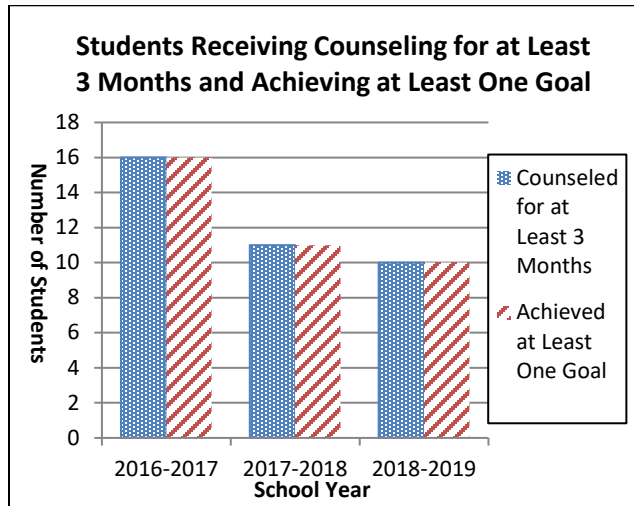
Story behind the baseline:

All students that are seen for a Physical Exam at the SBHC receive a mental/behavioral health screener at their first visit (GAPS). In 2018-2019, all 46 students that were seen for a physical exam received a screener, or 40% of all Students with a Medical Visits. Of those screened, 8(17%) were considered at risk (positive). In 2017-2018, there were 47 physical exams done, with 47 receiving a screening, or 44% of all students with a medical visit. Of those 47, only 1 was at risk.

PHQ-9 screenings are done at medical visits other than Physical Exams.

Is Anyone Better Off?

Students Receiving Counseling Meeting their Goals



Story behind the baseline:

In the 2018-2019 school year, 10 students participated in therapy for 3 or more months. Of those students, 10 (100%) achieved at least one goal. This was a decrease in the number of students

over the 3 school years, with 16 students and 11 receiving counseling for more than 3 months in 2016-2017 and 2017-2018 respectively. Despite the decrease in number of students engaged in therapy for 3 or more months, 100% of the students achieved at least one goal each year.

Trend: [▲]

Notes:

* Reflects funding provided to all of the SBHC for Medical, Mental Health, and Dental Services.

Proposed Actions to Turn the Curve:

How Much Did We Do:

- Survey staff to assess their knowledge of what services are available for both Mental Health and Medical at the SBHC.
- Provide enrollment forms electronically on the district wide website.

How Well Did We Do:

- Provided professional development to teachers on how to create a crisis plan for a student expressing + suicidal ideation completes a risk assessment.

Is Anyone Better Off:

- In the upcoming year, a survey and interview will be done on those students who did not attain their goal, and those that went elsewhere for counseling.
- LCSW's will encourage participants to develop self-management goals, both long and short term.

Data Development Agenda:

1. We continue to have a hybrid EHR. Medical visits are recorded in Athena; Mental Health Visits are not.

2. Will do pre and post-test screeners on all students that receive counseling.

3. Will work with EHR to ensure all data can be easily exported to DPH. (Any updates made to the EHR should be written out here.)

Trend Going in Right Direction? ▲ Yes; ▼ No; ◀▶ Flat/ No Trend