

## 2015-2016, Stamford – School Based Health Centers, Dental Services (grades 9-12)

### Westhill High School

*Quality of Life Result:* All Connecticut children will grow up in a stable environment, safe, healthy and ready to succeed.

*Contribution to the Result:* School Based Health Centers provide healthcare for school age students, so that they are healthy and ready to learn.

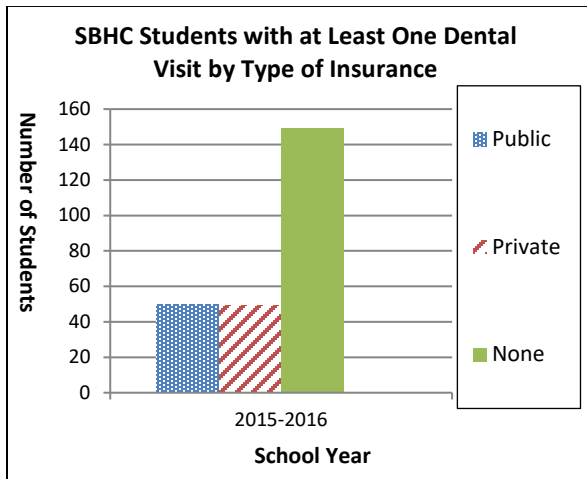
Program Expenditures	DPH SBHC Funding	Other State Funding	Federal Funding (MCHBG, ACA)	Total Other Funding (Other federal, Local, Private)	Reimbursement Generated	Total Site Funding
Actual SFY 16	\$852,795*	\$0	0	\$395,389**	\$156,009	\$1,404,193*
Estimated SFY 17	\$792,289*	\$0	0	\$305,000**	\$160,000	\$1,257,289*

*Sponsoring Agency:* Family Centers, Inc.

*Partners:* Parents, Students, CASBHC, DPH, DSS, DMHAS, The CT Chapter of the AAP, School Based Health Alliance, KIDS' FAN Program, Stamford Board of Education, Child Guidance of Southern Connecticut Emergency Mobile Psychiatric Services, Family Centers SBHC Advisory Board, Young Parents Program, Nurturing Families Network, Connecticut Oral Health Initiative, School Administrators and Faculty \* Reflects funding provided to all of the SBHC

### How Much Did We Do?

Access and Utilization



### Story behind the baseline:

In 2015-2016 the total student population Westhill High School was 2,090. The total enrolled in the School Based Health Centers (SBHC) was 1,079 (52%).

The number of students receiving dental services was 248 (23% of enrolled), with approximately 2 dental visits per person. Of students with at least one dental visit, 50 (20%) had public insurance, 49

(20%) had private insurance, 149 (60%) had no insurance (which includes unreported insurance status).

The dental clinic at Westhill HS is staffed by a Dentist, a Dental Hygienist and a Dental Assistant. Dental services are provided two days a week when schools are open and they include preventive health education services, examinations and assessments, charting caries and anomalies, dental x-rays, sealants, fillings, extractions of hopeless deciduous teeth, bonding, root canals (anterior deciduous teeth), and prophylaxis and fluoride treatments. Information is provided and referrals are made when necessary.

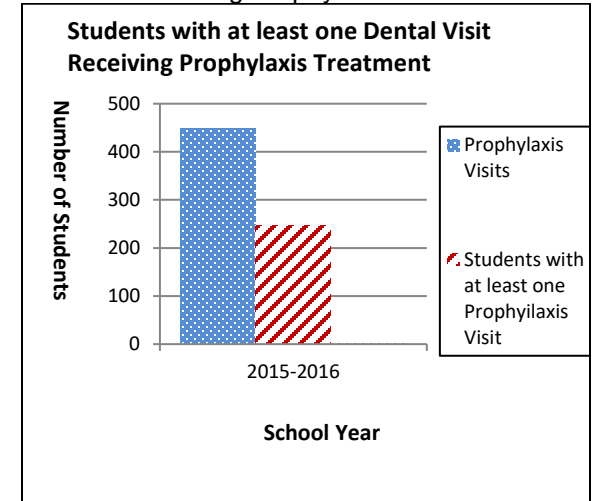
When a student/family is found to be uninsured, they are referred to our Certified Insurance Enroller who helps eligible families enroll in public and private insurance for which they qualify. Students with serious dental diseases are referred to collaborating dental specialists in the community for treatment. It can be very difficult to refer uninsured students to specialists in the community; however, we do our best to collaborate with the local dental society to find providers willing to discount or provide services for free.

Student Population, Enrollment, Number of Dental Visits and Number Served in 2015-2016				
Schools	Population	Enrolled	Dental Visits	Dental Served
Westhill High	2,090	1,079	449	248

Trend: [ ◀ ▶ ]

### How Well Did We Do?

Students Receiving Prophylaxis Treatment



Trend Going in Right Direction? ▲ Yes; ▼ No; ◀▶ Flat/ No Trend

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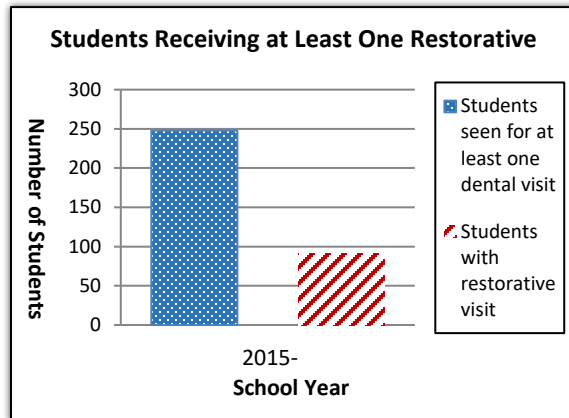
### Story behind the baseline:

The number of students who received at least one prophylaxis treatment in the 2015-2016 school year was 248. All students who use the clinic must be screened and have a cleaning before treatment of any dental caries so this was 100% of the number of students with a dental visit. There were 449 prophylaxis visits made during the school year.

Trend: [◀▶]

### Is Anyone Better Off?

Students Receiving Restorative Services



### Story behind the baseline:

The number of students who received at least one restorative treatment during the 2015-2016 school year totaled 91 out of the 248 students with at least one dental visit (37%). That's an average of approximately 3 restorative procedures per student. Restorative treatments include resolution of dental caries (fillings for cavities), extractions and minor root canal procedures.

Trend: [◀▶]

### Notes:

\* Reflects funding provided to the SBHCs for Medical, Mental Health, and Dental Services  
 \*\*Grants were received from Stamford Public Schools, Inner City Foundation, Near and Far Aid, Hearst Foundation and proceeds from Family Centers annual fundraising event.

### Proposed Actions to Turn the Curve:

#### How Much Did We Do:

Staff will use all avenues available to market the SBHC and communicate in order to alert students and families of the services offered and the benefits of utilizing the SBHC. This will be presented in a variety of ways including: direct mail, faculty meetings, homeroom classes, newsletters and mailings, print and new media, parent/teacher organizations, health/school/community fairs, Infoline, and other students.

Staff will implement the use of an automatic message system, which interfaces with EHR, to remind parents of scheduled appointments.

#### How Well Did We Do:

The Dental Program uses a variety of methods to ensure the quality of services provided in the SBHC's, including the professional standards of the American Dental Association as a basis for practice in the schools they service. Our own Quality Assurance Committee is reflective of the multi-disciplinary staffing of each of the health centers and provide quality improvement activities for all our services, including dental. SBHC staff will measure student's awareness of oral health and services, particularly around Oral Health Awareness Month (February) where we ask the last time when a student visited a dentist. We will compare results against the prior year to measure % of students who have seen a dentist in the last year.

### Is Anyone Better Off:

As part of every physical offered, the APRN performs oral health screenings and counseling. We will look at the resolution of dental caries for students who present with advanced dental disease.

### Data Development Agenda:

1. We use a Henry Schein product called EZ Dental. It is low cost; however, difficult to pull data, demographics, etc. We are researching better products however they are expensive and this is already an underfunded, under-reimbursed service we provide.
2. Our dental staff works with City of Stamford Dental Hygienists to share resources and receive referrals. The City received a grant to increase sealants for kids in middle schools. As we are located in a high school, our sealant provision is low but our treatment of dental caries is much more utilized.
3. Develop better ways to measure dental outcomes.