

2015-2016, New London - School Based Health Centers, Mental Health Services (Grades pre K-12)

New London High, Bennie Dover Jackson Middle, Jennings Elementary, Nathan Hale Elementary, Winthrop Elementary, Regional Multicultural Magnet School, The Friendship School

Quality of Life Result: All Connecticut children will grow up in a stable environment, safe, healthy and ready to succeed.

Contribution to the Result: School Based Health Centers provide healthcare access for school aged students, so that they are healthy and ready to learn.

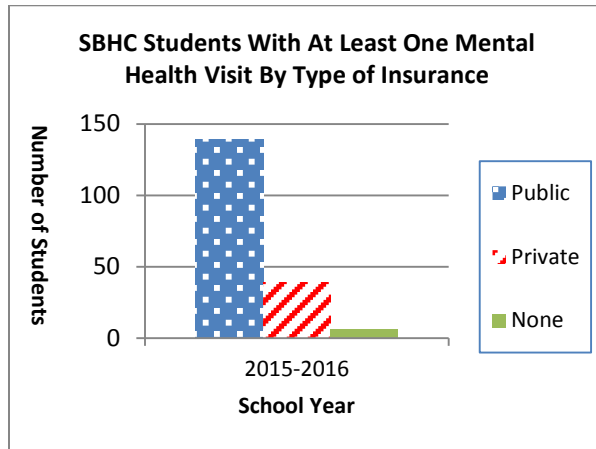
Program Expenditures	DPH SBHC Funding	Other State Funding	Federal Funding (MCHBG, ACA)	Total Other Funding (Other federal, Local, Private)	Reimbursement Generated	Total Site Funding
Actual SFY 16	\$1,074,868*	0	\$8,721**	\$3,186***	\$243,967*	\$1,330,742
Estimated SFY 17	\$1,138,415*	0	\$9,865**	\$12,038***	\$240,316*	\$1,400,634

Sponsoring Agency: Child & Family Agency of SE CT., Inc.

Partners: CASBHC, DPH, DSS, DMHAS, DCF, School Based Health Alliance, School Administrators and Faculty, Behavioral Health Partnership (BHP), Child and Family Agency's Child Guidance Clinics and Home-based programs, Emergency Mobile Psychiatric Services

How Much Did We Do?

Access and Utilization



Story behind the baseline:

In 2015-2016 the total school population was 4,209, with 3,158 (75%) students enrolled in the SBHC. The number of students served was 184, 5.8% of those enrolled and 4.3% of the total population. The average number of visits per student was 24.4 (184 of 4,497).

Of the students served, 139 (75%) were publically insured, 39 (21%) were privately insured, and 7 (4%) had no insurance. Eligible families who do not have

HUSKY are directed to the website to complete the application. If they have difficulty accessing or navigating the website, they are referred to Access to Care workers at the local community health centers for assistance.

SBHC staff conducted orientation sessions for students and parents to inform them of the medical and mental health services offered at the SBHC.

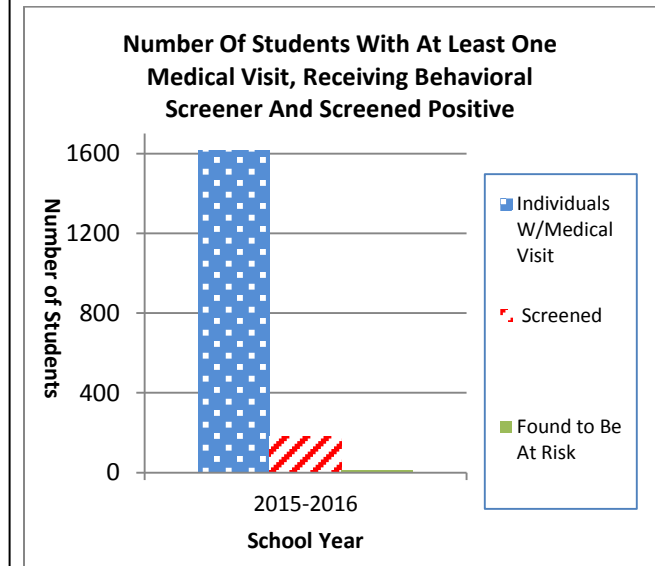
This is the first year that those having a mental health visit by insurance type is being reported.

Trend: [◀ ▶]

Student Population, Enrollment, Number of Mental Health Visits And Number Served in New London/Waterford Schools 2015-2016				
Schools	Population	Enrolled	MH Visits	MH Served
NLHS	950	802	550	33
BDJMS	619	541	667	25
Jennings	508	440	749	26
Hale	508	346	636	29
Winthrop	588	426	751	26
RMMS	526	409	808	33
Friendship	510	194	336	12
TOTAL	4,209	3,158	4,497	184

How Well Did We Do?

Screen All Students for Mental/Behavioral Health Issues that received a Medical Visit.



Story behind the baseline:

In 2015-2016, SBHC medical providers began to conduct mental health screening at medical visits using an evidence-based screener.

Trend Going in Right Direction? ▲ Yes; ▼ No; ◀▶ Flat/ No Trend

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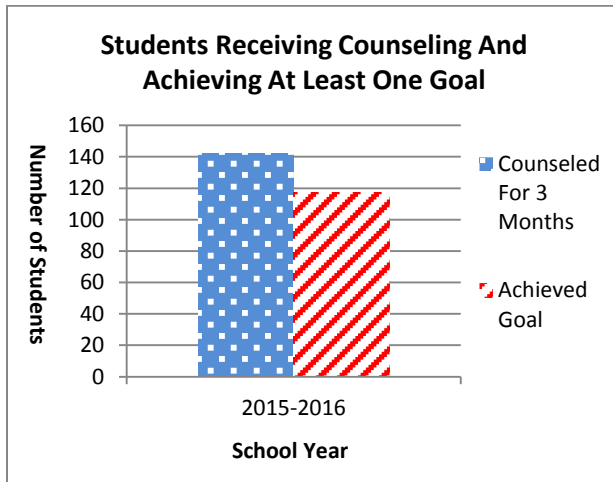
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Of the 1616 students that had medical visits, 184 (11%) received a mental health screening. Of those, 10 (5%) were found to be at risk.

Trend: [◀▶]

Is Anyone Better Off?

Students Receiving Counseling Meeting their Goals



Story behind the baseline:

Of the 184 students served, 142 (77%) received 3 or more months of counseling. Of those, 117 (82%) achieved at least one treatment goal.

Of the 23 (16%) students who did not achieve their goal, some required a higher level of care and were referred to a Partial Hospitalization Program or an Intensive Home-Based Program, others did not follow through with counseling, either by their choice or by the choice of their parent/guardian, and some moved out of district before 3 months of counseling was completed.

In addition to the individual counseling provided, the SBHC mental health clinician in one school facilitated 10 week groups utilizing the Cognitive Behavioral Intervention for Trauma in Schools (CBITS) model. Some of the students made significant gains with CBITS, per the model standards. However, they are not included in this data-set.

Since 2015-2016 was the first year that information was provided using goal achievement as a measure, this data is considered baseline.

Trend: [◀▶]

Notes:

- * Reflects funding provided to all of the SBHC for Medical, and Mental Health Services.
- ** Maternal and Child Block Grant Funds
- *** United Way

Proposed Actions to Turn the Curve:

How Much Did We Do:

- Survey the staff to assess their knowledge of the medical and mental health services available at the SBHC.
- Conduct a review of referral criteria with school staff and administration.

How Well Did We Do:

- Establish protocols for conducting mental health screenings at medical visits

Is Anyone Better Off:

- Educate SBHC mental health clinicians regarding the new benchmark for determining treatment outcomes (using treatment goals vs. a specific tool with pre and post- tests).

Data Development Agenda:

1. Document in eClinicalWorks goals that students are trying to reach and progress.
2. Work with eClinicalWorks to ensure all data can be easily be reported and exported to DPH.