

## 2015-2016, New Haven - Cornell Scott Hill Health - School Based Health Centers, Mental Health Services (Grades K-12)

Roberto Clemente, King Robison, Truman and Troup

; *Quality of Life Result:* All Connecticut children will grow up in a stable environment, safe, healthy and ready to succeed.

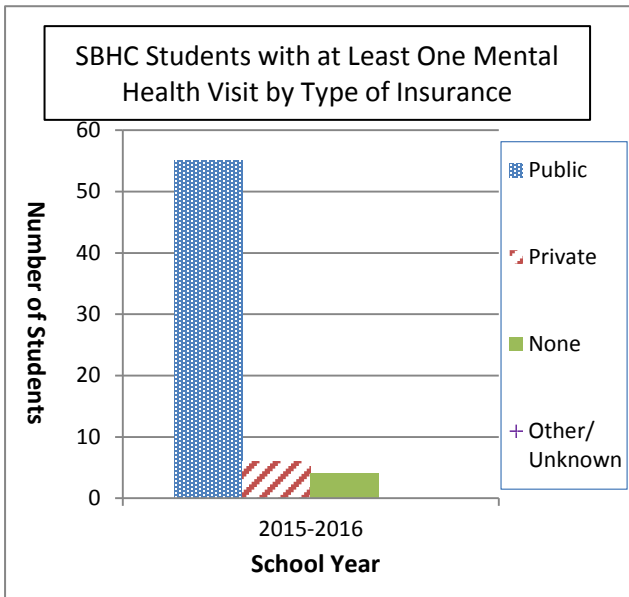
*Contribution to the Result:* School Based Health Centers provide healthcare access for school aged students, so that they are healthy and ready to learn.

Program Expenditures	DPH SBHC Funding	Other State Funding	Federal Funding (MCHBG, ACA)	Total Other Funding (Other federal, Local, Private)	Reimbursement Generated	Total Site Funding
Actual SFY 16	\$275,027*	0	0	0	\$355,101	\$630,128
Estimated SFY 17	\$260,000*	0	0	0	\$360,000	\$620,000

*Sponsoring Agency:* New Haven Board of Education

*Partners:* Parents, Students, School Administrators and Faculty, Cornell Scott Hill Health Center (CS-HHC), Board of Education, CASBHC, DPH, DSS, School Based Health Alliance

### How Much Did We Do? Access and Utilization



#### Story behind the baseline:

In 2015-2016, the total student population for all 4 schools was 2,081 and the total enrolled in the School Based Health Center (SBHC) was

2,017 students (98% of population). The number of students served was 65 (3% of the enrolled and student population). The average number of visits was 12.2 (794 visits for 65 served).

Of the 65 students served, 55 (85%) had public insurance, 6 (9%) had private insurance, and 4 (6%) had no insurance. Considerable effort was made to provide insurance or access to care resources to those students that did not have coverage. The greatest challenge has been those students arriving from another country.

SBHC staff spent significant time in 2015-2016 working with parents to provide permission forms and SBHC materials at orientation and other school events, distribute registration forms to classrooms, and provide registration forms when students are referred for SBHC services.

Since 2015-2016 was the first year that information was provided in the current format, all data is baseline.

**Students' Population, Enrollment, Mental Health Visits and Students Served at Cornell Scott's 4 SBHCs 2015-2016**

Schools	Population	Enrolled	MH Visits	MH Served
Roberto Clemente	526	495	249	16
King Robinson	541	534	54	16
Truman	516	511	137	11
Troup	498	477	354	22
<b>Total</b>	<b>2,081</b>	<b>2,017</b>	<b>794</b>	<b>65</b>

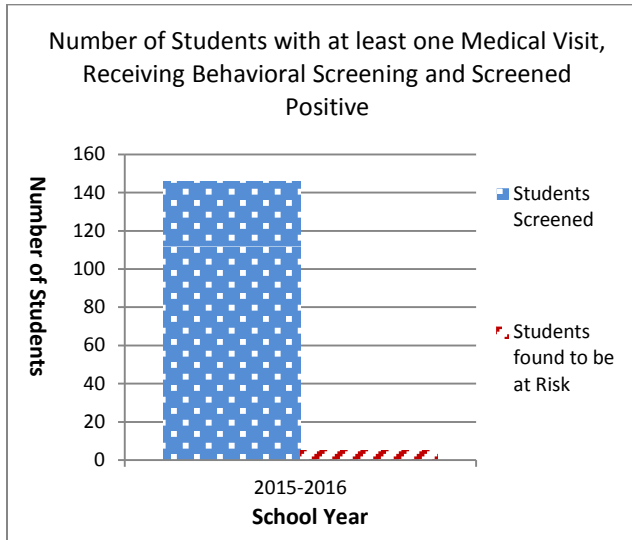
Trend: [ ◀ ▶ ]

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## How Well Did We Do?

Screen All Students for Mental/Behavioral Health Issues that received a Medical Visit.



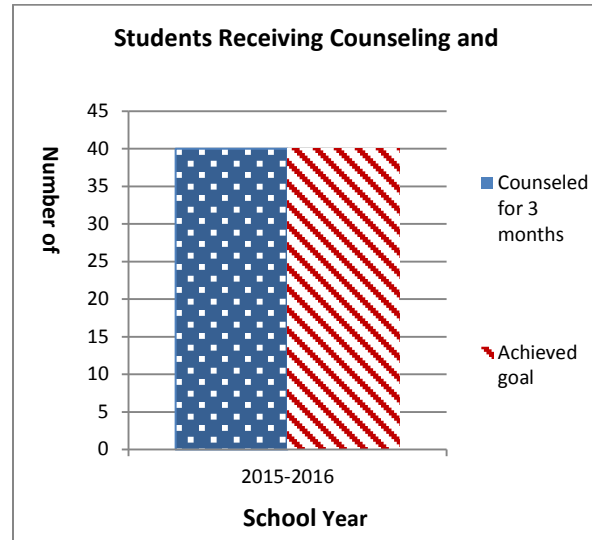
### Story behind the baseline:

All students that were seen for a physical were to receive a mental/behavioral health screener. In addition, screenings were done at medical visits as needed. Of the 983 students with a medical visit, approximately 15% (146) received a mental health screen. Of those screened, 5 (3%) were considered at risk (positive) and referred to the SBHC mental health services.

Trend: [◀▶]

## Is Anyone Better Off?

Students Receiving Counseling Meeting their Goals



### Story behind the baseline:

All students that received mental health services were evaluated by the SBHC mental health clinician.

Of the 65 students served in 2015-2016, 40 (62%) received 3 or more months of counseling. Of those, all 40(100%) students achieved at least one treatment goal.

Since 2015-2016 was the first year goal achievement was used as a measure, this data is conserved baseline.

Trend: [◀▶]

### Notes:

\* Reflects funding provided to all of the SBHCs for Medical, and Mental Health Services.

## Proposed Actions to Turn the Curve:

### How Much Did We Do:

- Survey staff to assess their knowledge of the medical and mental health services available at the SBHC.
- Conduct a review of referral criteria with school staff and administration.

### How Well Did We Do:

- Establish protocols for conducting mental health screenings at medical visits.
- Provide professional development on interpreting risk assessments and implementing plans to address the need of the student with a high/positive score.

### Is Anyone Better Off:

- Survey and interview students who did not attain their goal and those that went elsewhere for counseling.

### Data Development Agenda:

1. Document student goals and progress toward achieving them in EHR
2. Work with EHR to ensure all data can be easily exported to DPH.