

2015-2016, New Britain School Based Health Center, Mental Health Services (Grades 9-12)

New Britain High School, Roosevelt Campus

Quality of Life Result: All Connecticut children will grow up in a stable environment, safe, healthy and ready to succeed.

Contribution to the Result: School Based Health Centers provide healthcare access for school aged students, so that they are healthy and ready to learn.

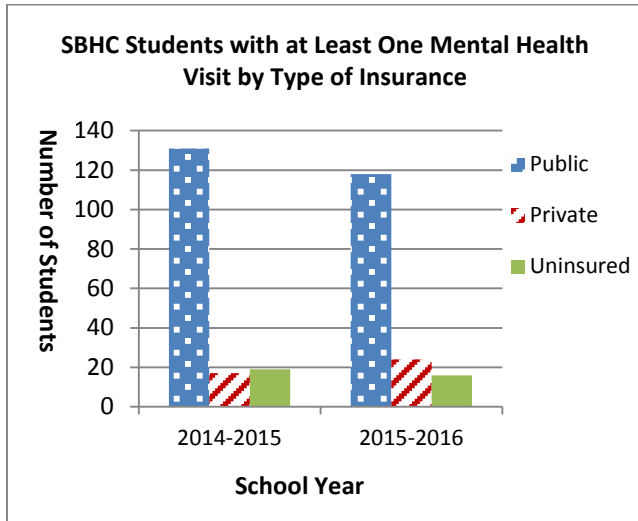
Program Expenditures	DPH SBHC Funding	Other State Funding	Federal Funding (MCHBG, ACA)	Total Other Funding (Other federal, Local, Private)	Reimbursement Generated	Total Site Funding
Actual SFY 16	\$266,836*	\$0	\$0	\$0	\$266,278*	\$533,114*
Estimated SFY 17	\$251,119*	\$0	\$0	\$0	\$266,278*	\$517,397*

Sponsoring Agency: Consolidated School District of New Britain

Partners: Parents, Students, CASBHC, DPH, DSS, YMCA, The CT Chapter of the AAP, School Based Health Alliance, Board of Education, Safe Schools- Healthy Students, CHC, School Administrators and Faculty.

How Much Did We Do?

Access and Utilization



(10%) had no insurance. Our SBHC uninsured population decreased slightly with outreach efforts to gain updated insurance information on an on-going basis. Publically insured students decreased slightly, however privately insured families increased by 7 students. There was a slight decrease in the number of students visiting the SBHCs for a mental health visit, from 167 in the 2014-2015 school year to 158 in the 2015-2016 school year.

Schools	Population	Enrolled	MH Visits	MH Served
NBHS	2,315	1,120	1,482	117
RMS	500	119	564	41
Total	2,815	1,239	2,046	158

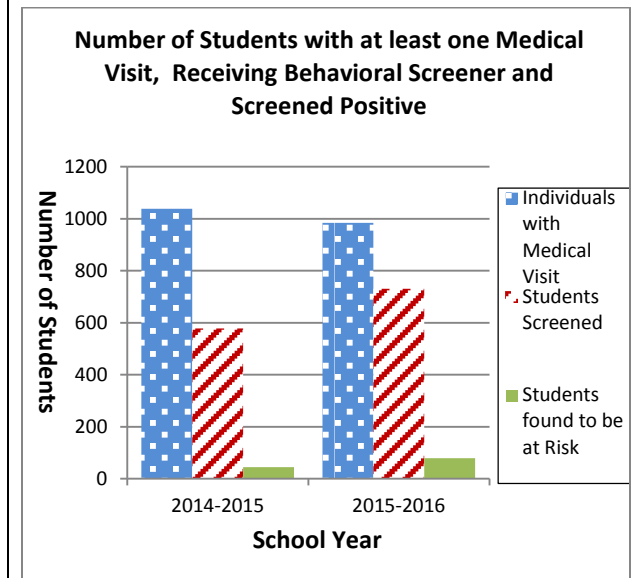
Trend: ▼ No

Story behind the baseline:

During the 2015-2016, the total school population for both schools was 2,815 students. Of those students, 1,239 were enrolled in the SBHCs and 158 (13%) of the students enrolled had at least one mental health visit. The average number of visits per student was 12.9. Of the 158 students with at least one mental health visit, 118 of them (75%) had public insurance, 24 (15%) had private insurance, and 16 students

How Well Did We Do?

Screen All Students for Mental/Behavioral Health Issues that received a Medical Visit



Story behind the baseline:

During the 2015-2016 school year, 984 students had a medical visit. Of those, 730 (74%) received a mental health screener and 79 (11%) of those

Trend Going in Right Direction? ▲ Yes; ▼ No; ◀▶ Flat/ No Trend

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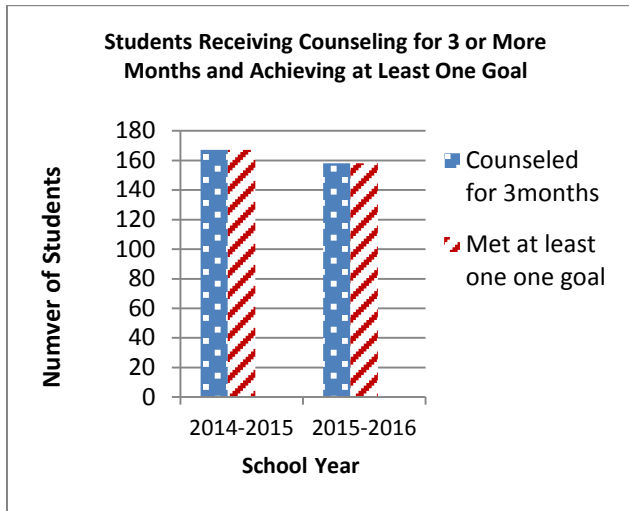
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students were found to be at risk. The 79 students were referred to our SBHC behavioral health providers for a full assessment. This was an increase of students with a medical visit who received a mental health screening from the previous year. During the school year 2014-2015, 578 (56%) students out of 1,038 received at least one medical with a mental health screener. Of those 578 students, 44 (8%) were found to be at risk and were referred to our SBHC LCSW's for a full assessment.

Trend: [▲]

Is Anyone Better Off?

Students Receiving Counseling Meeting Their Goals



Story behind the baseline:

In the 2015-2016 school year, 158 students participated in therapy for 3 or more months. All 158 of those students (100%), achieved at least one therapeutic goal. In the previous school year, 167 students participated in counseling for three or more months. Of those who participated, 100% met at least one goal. The average achieved goal was that

the participants consistently attend scheduled therapy sessions and participate regularly. While the number of participants completing 3 or more months of therapy declined from school year 2014-2015 to 2015-2016, the percentage of compliance remained the same. The reason for the decrease in number of participants was due to the changing landscape of the Roosevelt Campus.

Trend: [▲]

Notes:

* Reflects funding provided to all of the SBHC for Medical and Mental Health Services.

Proposed Actions to Turn the Curve:

How Much Did We Do:

- The SBHC staff will attend school functions, including parent nights, conferences, and other school functions where families are present.
- Staff will provide presentations to health classes, and enhance the publicity of school based services in a variety of mediums including websites and newsletters.
- Enrollment forms are now available on an electronic platform and posted on district wide websites.

How Well Did We Do:

- Providers will do screener at more types of visits, beyond new patients and physicals

Is Anyone Better Off:

- Clinical Regional Directors will provide professional development on care planning and documentation of care planning.
- LCSW's will work closely with clinical supervisors to develop and manage both short and long term goals.

- LCSW's will encourage participants to develop self-management goals, both short term and long term.

Data Development Agenda:

- To align EHR (EClinical Works) generated reports to meet DPH requirements
- Work to ensure EHR data can be extracted and sent to DPH
- To streamline the process of exporting our data from EHR to DPH
- The SBHC and the business intelligence team will work together to develop a data pull system to track referrals both internally and externally for higher levels of care. This will allow our SBHC clinical staff the ability to track referrals to psychiatrists and outside higher level of care programs.