

2015-2016, Hamden - School Based Health Centers, Mental Health Services (grades K-6)

Church Street Elementary School

Quality of Life Result: All Connecticut children will grow up in a stable environment, safe, healthy and ready to succeed.

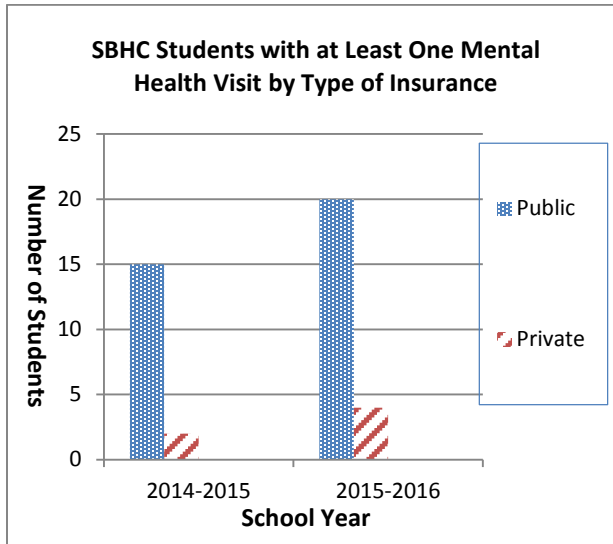
Contribution to the Result: School Based Health Centers provide healthcare access for school aged students, so that they are healthy and ready to learn.

Program Expenditures	DPH SBHC Funding	Other State Funding	Federal Funding (MCHBG, ACA)	Total Other Funding (Other federal, Local, Private)	Reimbursement Generated	Total Site Funding
Actual SFY 16	\$121,693*	\$0	\$0	\$0	\$40,168*	\$161,861*
Estimated SFY 17	\$110,305*	\$0	\$0	\$0	\$33,333*	\$143,638*

Partners: Yale Child Study Center, Parents, Students, Whitney Pediatrics, Department of Public Health, Department of Social Services, Behavioral Health Partnership, Hamden Board of Education, School Based Health Alliance, School Administrators and Faculty

How Much Did We Do?

Access and Utilization



Story behind the baseline:

The total student population for the school was 325. The total number enrolled in the SBHC was 197 (61%). The number of students served was 24 or 12% of those enrolled. The average number of visits per student was 15.3. There was a significant increase (41.1%) in the number of students served from 2014-2015 (17) to 2015-2016 (24).

In 2015-2016 there was considerable effort made to enroll additional students in the SBHC. This resulted in a 13.9% increase in enrollment from 173 in 2014-2015 to 197 students enrolled in 2015-2016.

Of the 24 students served during the 2015-2016 school year, 20 (83%) had public insurance and 4 (17%) had private insurance.

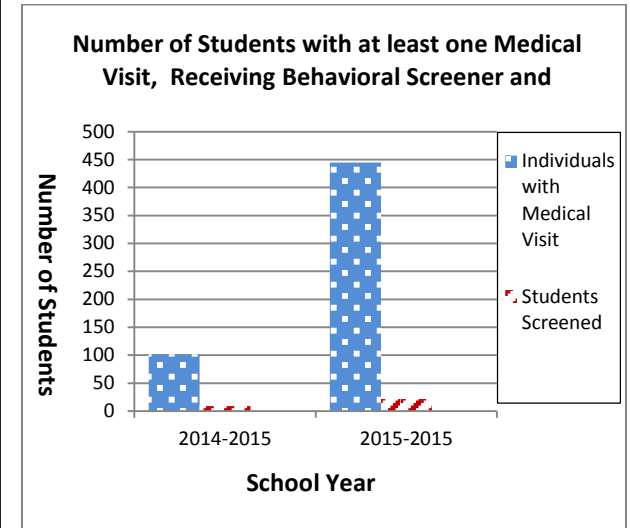
The SBHC Clinician made a visit to every health class to inform the students about both the Mental Health services and Medical services offered at the SBHC. This resulted in a 15% increase in the utilization of mental health services from 319 visits in 2014-2015 to 367 visits in 2015-2016.

Trend: [▲]

Student population, enrollment, number of mental health visits, and number served 2015-2016				
Schools	Population	Enrolled	MH Visits	MH Served
Church St	325	197	367	24
Total	325	197	367	24

How Well Did We Do?

Screen All Students for Mental/Behavioral Health Issues that received a Medical Visit.



Story behind the baseline:

Starting in 2015-2016 all students that were seen for a physical exam or well-child visit were to receive a mental/behavioral health screener at their visit. There were 445 students with a medical visit, and 22 of those had a physical exam. All 22 students that were seen by the medical clinic for a physical received a screener, which is 5% of all students with a medical

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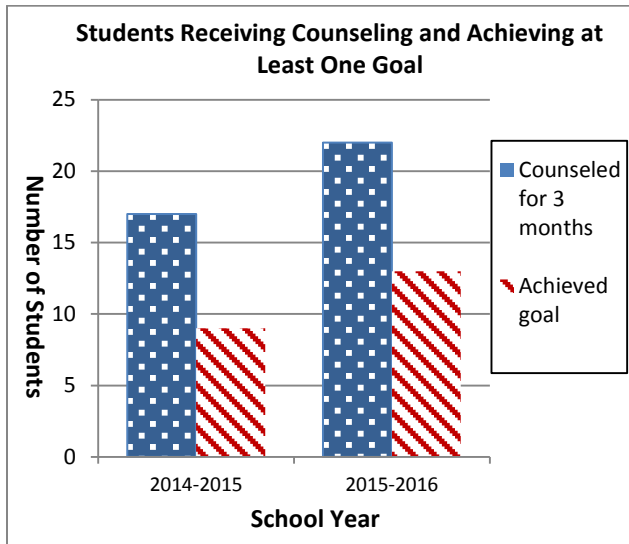
Church Street Elementary School

visit. Of those screened 0 were considered at risk (positive). In the previous year 2014-2015 fewer students received a physical, this resulted in only 9 screeners completed and 0 students found to be at risk (positive).

Trend: [▲]

Is Anyone Better Off?

Students Receiving Counseling Meeting their Goals



Story behind the baseline:

With more advertising of the SBHC services, more students received counseling services for 3 or more months, from 17 in 2014-2015 to 22 in 2015-2016, an increase of 29.4%. In addition, the percentage of counseled students that attained at least one goal increased from 52.9% (9 students) to 59.1% (13 students).

Of the 9 (41%) students that did not meet their goals in 2015-2016, 2 withdrew before completing 3 months, 3 decided not to follow up with counseling, 2

were referred to other resources and 2 continued receiving services through the main CSC Outpatient Clinic.

Trend: [▲]

Notes:

* Reflects funding provided to all of the SBHC for Medical and Mental Health Services.

Proposed Actions to Turn the Curve:

How Much Did We Do:

Collaborate with school staff, providing them with information about services available for both Mental Health and Medical at the SBHC, in order to increase enrollment and utilization.

How Well Did We Do:

Provide professional development on how to complete a risk assessment.

Is Anyone Better Off:

Provide follow-up on those students who did not attain their goal, and those that went elsewhere for counseling.

Data Development Agenda:

1. Document in Epic EHR goals that students are trying to reach and progress.
2. Do pre and post-test screeners on all students that receive counseling.
3. Work with EHR to ensure all data can be easily exported to DPH.

Trend Going in Right Direction? ▲ Yes; ▼ No; ◀▶ Flat/ No Trend