2015-2016, Bloomfield - School Based Health Centers, Medical Services (grades 6-12)

Metropolitan Learning Center

Quality of Life Result: All Connecticut children will grow up in a stable environment, safe, healthy and ready to succeed.

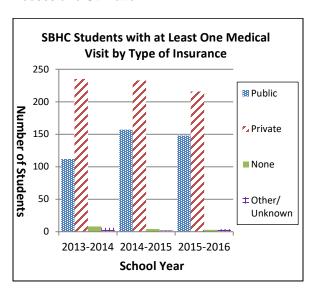
Contribution to the Result: School Based Health Centers provide healthcare for school age students, so that they are healthy and ready to learn.

Program Expenditures	DPH SBHC Funding	Other State Funding	Federal Funding (MCHBG, ACA)	Total Other Funding (Other federal, Local, Private)	Reimbursement Generated	Total Site Funding
Actual SFY 16	\$73,886*	\$0	\$0	\$0	\$0	\$73,886*
Estimated SFY 17	\$69,534*	\$0	\$0	\$0	\$0	\$69,534*

Partners: Parents, Students, CASBHC, DPH, DSS, DMHAS, The CT Chapter of the AAP, School Based Health Alliance, KIDS' FAN Program, Board of Education, Local Mental Health Agency, School Administrators and Faculty.

How Much Did We Do?

Access and Utilization



Story behind the baseline:

In 2015-2016 the total student population for CREC was 694, this is a decrease from 730 of 5% since 2013-2014. The total enrolled in the School Based Health Center (SBHC) was 499 (72% of population) also a decrease from 588 (15%) in 2013-2014. However the number of students served increased from 361 in 2013-2014 to 371 in 2015-2016, which is

53% of the total population or 74% of the number enrolled. The average number of visits was 3.5 (1,303 visits for 371 served). This was a dramatic (almost double) increase in the number of Medical visits for students from 2014-2015 (684) to 2015-2016 (1303).

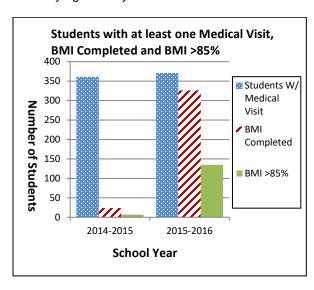
In 2014-2015 there was considerable effort made to acquire public insurance for students who qualified for those who had had a status of none or unknown in 2014-2015. This resulted in an increase of public insurance numbers in 2014-2015, which have remained consistent though 2015-2016.

Student Population, Enrollment, Number of Medical Visits and Number Served in Utopia's 3 High schools 2015-2016							
Schools	Population	Enrolled	Medical Visits	Medical Served			
CREC	694	499	1303	371			

Trend: [◀▶]

How Well Did We Do?

Identifying Obesity in SBHC Users.



Story behind the baseline:

Starting in 2015-2016 all students having a medical visit were getting a BMI calculated. Because of this change in policy there was a significant increase in the number of students with a BMI calculated from 24 in 2014-2015 to 326 in 2015-2016, an increase of 302. This also resulted in an increase in the number of students with a BMI >85%, an increase from 7 to

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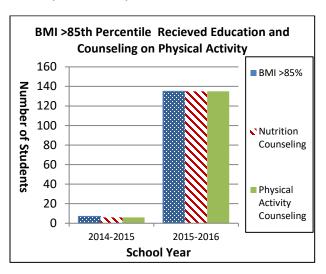
Metropolitan Learning Center

135. The rate of students with BMI >85% also increased, from 29% of those with a BMI to 41%.

Trend: [▲]

Is Anyone Better Off?

BMI > 85th percentile and Counseling on Nutrition and Physical Activity



Story behind the baseline:

All students with a BMI >85% in 2014-4015 were offered counseling in both nutrition and physical activity. However since the number of students getting a BMI increased and so did the number of those with a BMI >85%, which made for a dramatic increase in the number counseled. The rate also when up but since the numbers in 2014-2015 were so low, 2015-2016 should be used as the baseline.

Trend: [◀▶]

Notes:

* Reflects funding provided to all of the SBHC for Medical, Mental Health and Dental Services.

Proposed Actions to Turn the Curve:

How Much Did We Do:

Survey staff to assess their knowledge of what services are available for both Mental Health and Medical at the SBHC.

How Well Did We Do:

Provide professional development on weight management and counseling on nutrition and physical activity.

Is Anyone Better Off:

In the upcoming year a survey and interview will be done on those students who did not receive counseling to find out why, and what else could be done to help the students live a healthier lifestyle.

Data Development Agenda:

- 1. Document in EHR pre and post-test results for counseling on nutrition and physical health.
- 2. Document on EHR actual weight loss.
- 3. Work to ensure EHR data can be extracted and sent to DPH. (Also list any changes that are being made (if any) to the EHR to better collect data.)