

2015-2016 Ansonia – School Based Health Center, Mental Health Services (grades 9-12) Ansonia High School

Quality of Life Result: All Connecticut children will grow up in a stable environment, safe, healthy and ready to succeed.

Contribution to the Result: School Based Health Centers provide healthcare access for school aged students, so that they are healthy and ready to learn.

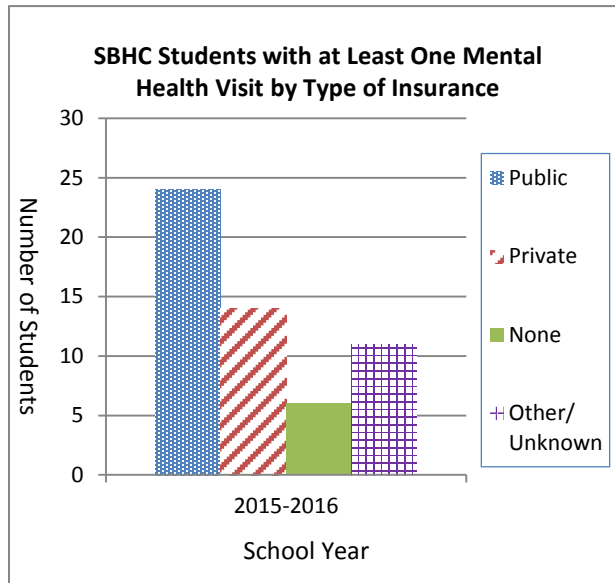
Program Expenditures	DPH SBHC Funding	Other State Funding	Federal Funding (MCHBG, ACA)	Total Other Funding (Other federal, Local, Private)	Reimbursement Generated	Total Site Funding
Actual SFY 16	\$113,012*	\$0	\$0	\$67,137**	\$14,915*	\$195,064
Estimated SFY 17	\$106,356*	\$0	\$0	\$65,000**	\$15,000*	\$186,356

Sponsoring Agency: Griffin Hospital

Partners: Parents, Students, CASBHC, DPH, DSS, DMHAS, School Based Health Alliance, Lower Naugatuck Valley Parent Child Resource Center, Naugatuck Valley Health District, Ansonia Board of Education, Local Mental Health Agency (BH Care), School Administrators and Faculty, CT Behavioral Health Partnership (BHP), Milford Rape Crisis Center.

How Much Did We Do?

Access and Utilization



Story behind the baseline:

The total student population for all Ansonia High School was 625. The total number enrolled in the SBHC was 342 (55%). The number of students who received mental health services was 55 (16% of enrolled students). The SBHC provided 177 mental health visits, which is an average of 3.1 visits per student. The 2015-2016 school year will be the

baseline for this data since this is the first year of breaking out the data by medical visits and mental health visits.

In 2015-2016, number of students who had at least one mental health visit, 24 (43%) had public insurance, 14 (26%) had private insurance, 6 (11%) had no insurance, and 11 (20%) had an unknown/other insurance.

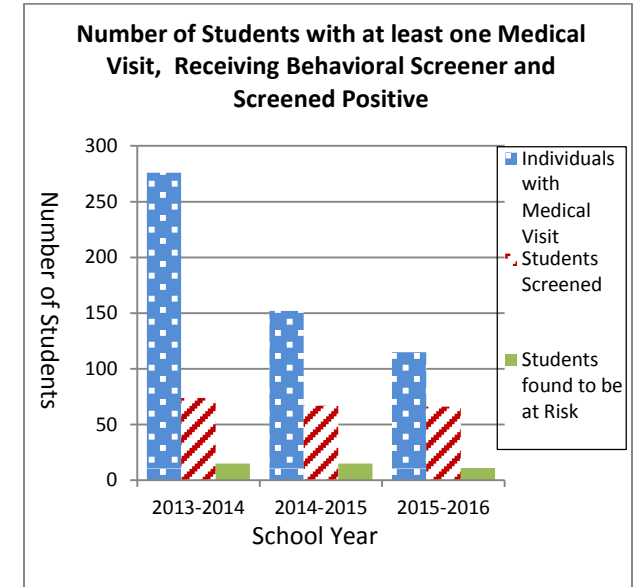
The SBHC Clinician made a visit to every health class to inform the students about both the Mental Health services and Medical services offered at the SBHC.

Students' Population, Enrollment, Mental Health Visits and Students Served at Ansonia High School				
Schools	Population	Enrolled	MH Visits	MH Served
Ansonia High School	625	342	177	55
Total	625	342	177	55

Trend: [◀ ▶]

How Well Did We Do?

Screen All Students for Mental/Behavioral Health Issues that received a Medical Visit.



Story behind the baseline:

Of the 115 students that had a medical visit in 2015-2016, 66 (57%) completed a mental health needs assessment utilizing the Guidelines of Adolescent Preventive Services (GAPS) Questionnaire. This was 100% of the students who received physical exam. This reflects an increase in students receiving the

Trend Going in Right Direction? ▲ Yes; ▼ No; ◀▶ Flat/ No Trend

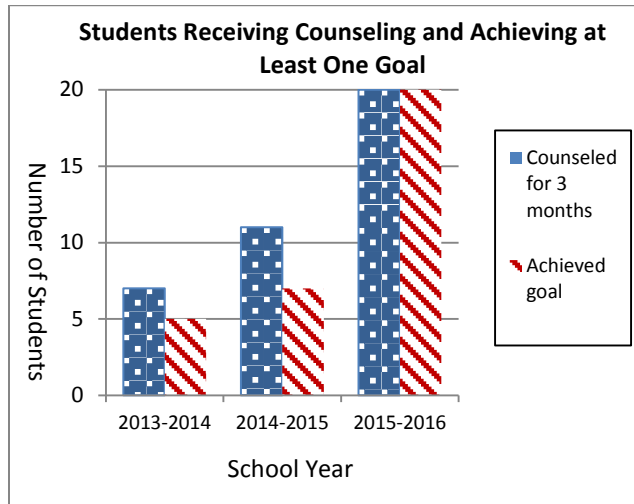
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mental health needs assessment from 67 (44%) in 2014-2015 and 74 (27%) in 2013-2014. Of those screened 11 (17%) were considered at risk (positive). In the previous year 2014-2015, 15 students (22%) were found to be at risk (positive).

Trend: [▲]

Is Anyone Better Off?

Students Receiving Counseling Meeting their Goals



Story behind the baseline:

Since a larger percentage of students were screened in 2015-2016, more students ended up receiving counseling services for 3 or more months, from 11 in 2014-2015 to 20 in 2015-2016, an increase of 45%. In addition to an increase in the number of students receiving services, there was an increase in students that attained at least one goal from 7 out of 11 (64%) in the 2014-2015 school year to 20 out of 20 (100%) in the 2015-2016 school year. These goals included decreasing social anxiety; improving effective communication with parents, other family members and peers; avoiding negative situations; and

decreasing risky behaviors including having unprotected sex.

In addition to the students that received 3 months of counseling services at the SBHC, there were 9 students identified as having needs that exceeded the scope of services provided at the SBHC and therefore were referred to community providers, including our partners BH Care and the Parent Child Resource Center.

Trend: [▲]

Notes:

* Reflects funding provided to all of the SBHC for Medical, and Mental Health Services.

** Reflects funding provided by Griffin Hospital.

Proposed Actions to Turn the Curve:

How Much Did We Do:

1. A plan was developed to include the SBHC enrollment forms in the summer packets of all incoming freshmen beginning with the 2016-2017 school year.
2. Collaborate with school administration on effective ways to increase enrollment and utilization.

How Well Did We Do:

1. SBHC staff will provide SBHC orientation sessions to all new and existing school personnel. Orientation will include information on the mental health services offered through the Center, the referral process and the importance of linkages with community service providers and other resources.
2. The SBHC social worker will work collaboratively with school staff to identify students at risk and ensure a coordinated approach to addressing student/family need.

3. SBHC staff will also establish and maintain collaborative relationships with new and existing community based providers to ensure continuity of care and access to needed resources.

Is Anyone Better Off?

1. The social worker will meet with all students seen for a complete physical to review the GAPS risk assessment and offer mental health counseling when risk is identified.
2. The social worker and Nurse Practitioner will collaborate on students with identified need for multi-disciplinary care.

Data Development Agenda:

- Work to ensure Athenahealth EHR data can be extracted and sent to DPH.
- Work with EHR to align EHR generated reports to meet DPH requirements
- Streamline the process of exporting our data from the EHR to DPH. Specifically, create a field within the EHR to capture when students are seen for a mental health visit without specifying the nature of the visit.