

Connecticut Suicide Advisory Board

Per Public Act 22-58 the CTSAB is the coordinating source for suicide prevention across the lifespan. Since 2012, the CTSAB has functioned as the single state-level suicide advisory board (This includes the responsibilities of the former Youth Suicide Advisory Board.) It is cooperatively tri-chaired by the CT Departments of Mental Health and Addiction Services and Children and Families, and a partnering organization.

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| Suicide in Connecticut | Suicide is a major public health problem associated with the mental health crisis that has far-reaching personal, social, and economic implications. In 2022, 383 Connecticut residents died by suicide, most over 18 years old, and there were 40,988 Emergency Room visits in Connecticut for suicide ideation or attempt combined, most under age 24 (CT DPH, 2022). |
| Mission & Vision | <p>The CTSAB is a network of diverse advocates, educators and leaders concerned with addressing the problem of suicide with a focus on prevention, intervention, and health and wellness promotion.</p> <p>The CTSAB seeks to eliminate suicide by instilling hope across the lifespan.</p> |
| Goals | Connecticut's Suicide Prevention Plan 2025 developed by the CTSAB identifies five goals with objectives aligned with the National Strategy for Suicide Prevention, as well as evidence-based strategies informed by national frameworks including the Suicide Prevention Resource Center's Comprehensive Approach to Suicide Prevention, and the Zero Suicide Approach for Health and Behavioral Healthcare Systems. |
| Membership | The CTSAB is a diverse, collaborative network of over 1,000 people and 500 agencies representing state and local agencies, profit and non-profits, community and faith-based organizations, hospitals, military, schools, higher education, towns, private citizens, students, survivors, individuals with lived experience, and advocates. |
| Regional Suicide Advisory Boards | The RBHAOs serve as strategic community partners that are responsible for a range of planning, education, and advocacy of behavioral health needs and services across the lifespan. Each RBHAO coordinates the regional suicide advisory board, and coalition that provides the local infrastructure to build capacity and to promote suicide prevention activities in support of the vision of the CTSAB and as outlined in the State Plan 2025. |

| Committees | Contact Us | |
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| <ul style="list-style-type: none"> Data to Action Education & Advocacy Lethal Means Lived Experience Postvention Zero Suicide |  <p>Be the 1 to start the conversation PREVENTSUICIDECT.ORG</p> |  <p>www.preventsuicidect.org/about-ctsab/contact-us/</p> |



STATE OF CONNECTICUT SUICIDE PREVENTION PLAN 2020-2025 Goals and Objectives

Five overlapping circles, each containing a large number and a goal description. The circles are colored: 1 (green), 2 (yellow), 3 (orange), 4 (blue), and 5 (light green).

GOAL 1
Integrate and coordinate suicide prevention activities across multiple sectors and settings.

GOAL 2
Develop, implement and monitor effective programs that promote wellness and prevent suicide and related behaviors.

GOAL 3
Promote suicide prevention as a core component of health care services.

GOAL 4
Reduce access to lethal means of suicide among individuals with identified suicide risk.

GOAL 5
Increase the timeliness and usefulness of state and national surveillance systems relevant to suicide prevention and improve the ability to collect, analyze and use this information for action.



SUICIDE IS PREVENTABLE
visit www.preventsuicidect.org

A black rectangular box containing contact information. It lists 'CALL IN CT, 211', 'CALL TEXT 988', and 'CHAT 988LIFELINE.ORG'. At the bottom, it features the '1 WORD VOICE LIFE' logo and the website 'PREVENTSUICIDECT.ORG'.

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