

# Quarterly Prescription Monitoring and Reporting System Report, Connecticut, January 1, 2023 to March 31, 2023

Indicator	Population*	Quarter 1, 2023	
		Number	Rate
22a: Rate of opioid analgesic prescriptions, excluding all buprenorphine products (for MAT and for pain), prescribed per 1,000 residents, Connecticut overall and by Local Health Department/District (LHD)	3,605,597	305,000	84.59
Aspetuck Health District	45,209	2,926	64.72
Bethel Health Department	20,537	1,931	94.03
Bridgeport Health Department	148,333	12,065	81.34
Bristol-Burlington Health District	70,252	8,034	114.36
Brookfield Health Department	17,482	1,439	82.31
Central Connecticut Health District	98,348	7,643	77.71
Chatham Health District	61,961	6,619	106.83
Chesprocott Health District	54,132	4,512	83.35
Connecticut River Area Health District	46,974	4,542	96.69
Cromwell Health Department	14,302	1,447	101.17
Danbury Health Department	86,759	5,498	63.37
Darien Health Department	21,500	792	36.84
Durham Health Department	7,231	480	66.38
East Hartford Health Department	50,731	4,348	85.71
East Shore District Health Department	69,478	7,800	112.27
Eastern Highlands Health District	79,696	5,452	68.41
Essex Health Department	6,759	460	68.06
Fairfield Health Department	61,949	3,876	62.57
Farmington Valley Health District	110,079	7,778	70.66
Glastonbury Health Department	35,054	2,029	57.88
Greenwich Health Department	63,514	2,752	43.33
Guilford Health Department	22,031	1,868	84.79
Hartford Health Department	120,576	7,783	64.55
Housatonic Valley Health District	74,140	6,945	93.67
Ledge Light Health District	153,314	13,818	90.13
Madison Health Department	17,619	1,171	66.46
Manchester Health Department	59,426	4,930	82.96
Meriden Health Department	60,517	6,664	110.12
Middletown Health Department	47,108	4,630	98.28
Milford Health Department	52,390	5,746	109.68
Monroe Health Department	18,764	1,352	72.05
Naugatuck Valley Health District	126,708	14,321	113.02
New Britain Health Department	73,841	7,168	97.07



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Connecticut Department of Public Health

Note: Data source is the Connecticut Prescription Monitoring and Reporting System

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New Canaan Health Department	20,732	894	43.12
New Fairfield Health Department	13,545	1,097	80.99
New Haven Health Department	135,081	10,818	80.09
Newtown Health District	31,449	2,345	74.57
North Central District Health Department	164,315	16,012	97.45
Northeast District Department of Health	84,940	8,574	100.94
Norwalk Health Department	91,194	5,307	58.19
Orange Health Department	14,246	1,489	104.52
Plainville-Southington Regional Health District	65,219	6,043	92.66
Quinnipiack Valley Health District	99,425	8,279	83.27
Redding Health Department	8,735	494	56.55
Ridgefield Health Department	25,011	1,318	52.70
Sharon Health Department	2,675	365	136.45
Sherman Health Department	3,521	205	58.22
Somers Health Department	10,279	859	83.57
South Windsor Health Department	26,767	1,835	68.55
Stamford Health Department	136,309	6,099	44.74
Stratford Health Department	52,268	5,130	98.15
Torrington Area Health District	132,834	14,713	110.76
Trumbull Health Department	36,950	2,746	74.32
Uncas Health District	99,990	10,712	107.13
Wallingford Health Department	44,194	4,470	101.14
Waterbury Health Department	113,811	11,850	104.12
West Hartford-Bloomfield Health District	85,453	4,947	57.89
West Haven Health Department	55,294	5,366	97.04
Westbrook Health Department	6,810	679	99.71
Wilton Health Department	18,460	963	52.17
Windsor Health Department	29,376	2,308	78.57

**Notes:** (1) LHD totals will not add up to the state total because not all prescriptions have LHD information available; (2) Please refer to "Indicator Definitions" section for more information on how values are derived

\*2021 population data shown



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# Quarterly Prescription Monitoring and Reporting System Report, Connecticut, January 1, 2023 to March 31, 2023

Indicator	Population*	Quarter 1, 2023	
		Number	Rate
22b: Rate of opioid analgesic pills, excluding all buprenorphine products (for MAT and for pain), dispensed per 1,000 residents, Connecticut overall and by Local Health Department/District (LHD)	3,605,597	16,614,308	4,607.92
Aspetuck Health District	45,209	136,744	3,024.71
Bethel Health Department	20,537	95,482	4,649.27
Bridgeport Health Department	148,333	676,376	4,559.85
Bristol-Burlington Health District	70,252	463,690	6,600.38
Brookfield Health Department	17,482	74,589	4,266.62
Central Connecticut Health District	98,348	398,692	4,053.89
Chatham Health District	61,961	370,553	5,980.42
Chesprocott Health District	54,132	246,650	4,556.46
Connecticut River Area Health District	46,974	253,126	5,388.65
Cromwell Health Department	14,302	69,539	4,862.19
Danbury Health Department	86,759	275,143	3,171.35
Darien Health Department	21,500	20,865	970.47
Durham Health Department	7,231	25,504	3,527.04
East Hartford Health Department	50,731	229,520	4,524.26
East Shore District Health Department	69,478	467,608	6,730.31
Eastern Highlands Health District	79,696	279,207	3,503.39
Essex Health Department	6,759	24,107	3,566.65
Fairfield Health Department	61,949	194,513	3,139.89
Farmington Valley Health District	110,079	405,097	3,680.06
Glastonbury Health Department	35,054	95,875	2,735.07
Greenwich Health Department	63,514	110,801	1,744.51
Guilford Health Department	22,031	104,736	4,754.03
Hartford Health Department	120,576	369,513	3,064.57
Housatonic Valley Health District	74,140	396,113	5,342.77
Ledge Light Health District	153,314	740,526	4,830.13
Madison Health Department	17,619	59,271	3,364.04
Manchester Health Department	59,426	248,571	4,182.86
Meriden Health Department	60,517	409,091	6,759.94
Middletown Health Department	47,108	245,713	5,215.94
Milford Health Department	52,390	337,069	6,433.84
Monroe Health Department	18,764	74,621	3,976.82
Naugatuck Valley Health District	126,708	866,794	6,840.88
New Britain Health Department	73,841	384,479	5,206.84



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New Canaan Health Department	20,732	30,618	1,476.85
New Fairfield Health Department	13,545	64,326	4,749.02
New Haven Health Department	135,081	638,509	4,726.86
Newtown Health District	31,449	123,268	3,919.62
North Central District Health Department	164,315	897,547	5,462.35
Northeast District Department of Health	84,940	495,642	5,835.20
Norwalk Health Department	91,194	247,191	2,710.61
Orange Health Department	14,246	75,216	5,279.80
Plainville-Southington Regional Health District	65,219	332,011	5,090.71
Quinnipiack Valley Health District	99,425	493,054	4,959.06
Redding Health Department	8,735	23,986	2,745.92
Ridgefield Health Department	25,011	48,576	1,942.19
Sharon Health Department	2,675	18,962	7,088.60
Sherman Health Department	3,521	12,619	3,583.93
Somers Health Department	10,279	43,736	4,254.84
South Windsor Health Department	26,767	106,139	3,965.29
Stamford Health Department	136,309	271,487	1,991.70
Stratford Health Department	52,268	302,872	5,794.59
Torrington Area Health District	132,834	833,882	6,277.62
Trumbull Health Department	36,950	139,784	3,783.06
Uncas Health District	99,990	610,891	6,109.52
Wallingford Health Department	44,194	251,052	5,680.68
Waterbury Health Department	113,811	635,020	5,579.60
West Hartford-Bloomfield Health District	85,453	221,792	2,595.49
West Haven Health Department	55,294	346,278	6,262.49
Westbrook Health Department	6,810	38,726	5,686.64
Wilton Health Department	18,460	37,772	2,046.13
Windsor Health Department	29,376	115,671	3,937.59

**Notes:** (1) LHD totals will not add up to the state total because not all prescriptions have LHD information available; (2) Please refer to "Indicator Definitions" section for more information on how values are derived

\*2021 population data shown



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Indicator	Quarter 1, 2023		
	Number	Denominator	Percent
23: Percent of patients receiving (by prescription and dispensed at a pharmacy) an average daily dose of 90 morphine milligram equivalents (MME) or more of opioid analgesics, across all opioids, excluding all buprenorphine products (for MAT and for pain)	10,798	144,516	7.5%
25: Among opioid-naïve patients (i.e., patients who have not taken opioid analgesics in 45 days), excluding all buprenorphine products (for MAT and for pain), percent of patients prescribed long-acting/extended-release opioids	444	8,890	5.0%
26: Percent of patient prescription days with overlapping opioid prescriptions, excluding all buprenorphine products (for MAT and for pain)	857,783	5,360,293	16.0%
27: Percent of patient prescription days with overlapping opioid (excluding all buprenorphine products [for MAT and for pain]), and benzodiazepine prescriptions	934,524	5,360,293	17.4%

**Note:** Please refer to "Indicator Definitions" section for more information on how values are derived



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## Indicator Definitions

**Indicator 22a:** This indicator represents the number of opioid analgesic prescriptions that were prescribed to Connecticut residents within Connecticut during the given time period, per 1,000 Connecticut residents.

**Indicator 22b:** This indicator represents the number of opioid analgesic pills that were dispensed to Connecticut residents within Connecticut during the given time period, per 1,000 Connecticut residents.

**Indicator 23:** This indicator represents the percent of Connecticut patients who were prescribed an average dose of 90 morphine milligram equivalents (MME) or more of opioid analgesic drugs per day, among all Connecticut residents who received an opioid analgesic prescription within Connecticut during the given time period.

The CDC recommends to use caution when prescribing opioids at any dosage and prescribe the lowest effective dose, and to avoid or carefully justify increasing dosage to  $\geq 90$  MME/day. Patients taking or exceeding 90 MMEs per day are at increased risk of unintentional drug overdose.

**Indicator 25:** This indicator represents the percent of Connecticut patients who were prescribed at least one long-acting/extended release opioid who had not been dispensed an opioid prescription in the previous 45 days, among all Connecticut residents who received a long-acting/extended release opioid prescription within Connecticut during the given time period.

Extended-release and long-acting opioids, which are available by prescription and come in several forms—pills, liquids, skin patches—often contain higher doses of medication than immediate-release opioids and opioid/non-opioid combination drugs. Because these medications can pose significant risks and safety concerns, new label requirements will stress that other treatment options should be considered before ER/LA opioid drugs.



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**Indicator 26:** This indicator represents the percent of days during which Connecticut patients had more than one prescribed opioid prescription, among the sum of all prescribed opioid days for Connecticut residents within Connecticut in the given time period.

**Indicator 27:** This indicator represents the percent of days during which Connecticut patients had at least one opioid and at least one benzodiazepine prescription on the same day, among the sum of all prescribed opioid days for Connecticut residents within Connecticut in the given time period.

**Indicator 24:** This indicator represents the number of Connecticut patients receiving prescriptions for opioid analgesics from five or more prescribers dispensed at five or more pharmacies in a six-month period within Connecticut during the given time period, per 100,000 Connecticut residents.

**Indicator 15:** This indicator represents the number of Connecticut prescribers registered with the PDMP out of all Connecticut prescribers.

**Indicator 16:** This indicator represents the number of Connecticut pharmacists registered with the PDMP out of all Connecticut pharmacists.

