

Quarterly Prescription Monitoring and Reporting System Report, Connecticut, January 1, 2023 to June 30, 2023

Indicator	Population*	Quarter 1, 2023		Quarter 2, 2023	
		Number	Rate	Number	Rate
22a: Rate of opioid analgesic prescriptions, excluding all buprenorphine products (for MAT and for pain), prescribed per 1,000 residents, Connecticut overall and by Local Health Department/District (LHD)	3,626,205	305,000	84.59	306,497	84.52
Aspetuck Health District	45,411	2,926	64.72	2,973	65.47
Bethel Health Department	20,684	1,931	94.03	1,908	92.25
Bridgeport Health Department	148,377	12,065	81.34	12,342	83.18
Bristol-Burlington Health District	71,040	8,034	114.36	7,807	109.90
Brookfield Health Department	17,543	1,439	82.31	1,457	83.05
Central Connecticut Health District	98,394	7,643	77.71	7,642	77.67
Chatham Health District	62,140	6,619	106.83	6,416	103.25
Chesprocott Health District	54,619	4,512	83.35	4,366	79.94
Connecticut River Area Health District	47,045	4,542	96.69	4,521	96.10
Cromwell Health Department	14,317	1,447	101.17	1,451	101.35
Danbury Health Department	86,967	5,498	63.37	5,758	66.21
Darien Health Department	21,926	792	36.84	774	35.30
Durham Health Department	7,207	480	66.38	484	67.16
East Hartford Health Department	50,718	4,348	85.71	4,466	88.06
East Shore District Health Department	69,294	7,800	112.27	7,706	111.21
Eastern Highlands Health District	85,552	5,452	68.41	5,448	63.68
Essex Health Department	6,793	460	68.06	426	62.71
Fairfield Health Department	62,871	3,876	62.57	3,845	61.16
Farmington Valley Health District	110,526	7,778	70.66	7,677	69.46
Glastonbury Health Department	35,199	2,029	57.88	2,065	58.67
Greenwich Health Department	63,638	2,752	43.33	2,808	44.12



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Guilford Health Department	22,019	1,868	84.79	2,024	91.92
Hartford Health Department	120,686	7,783	64.55	7,957	65.93
Housatonic Valley Health District**	77,387	6,945	93.67	7,327	94.68
Ledge Light Health District	153,309	13,818	90.13	13,980	91.19
Madison Health Department	17,565	1,171	66.46	1,176	66.95
Manchester Health Department	59,461	4,930	82.96	4,855	81.65
Meriden Health Department	60,242	6,664	110.12	6,637	110.17
Middletown Health Department	48,729	4,630	98.28	4,836	99.24
Milford Health Department	52,679	5,746	109.68	5,474	103.91
Monroe Health Department	18,796	1,352	72.05	1,387	73.79
Naugatuck Valley Health District	127,818	14,321	113.02	14,305	111.92
New Britain Health Department	74,396	7,168	97.07	7,210	96.91
New Canaan Health Department	20,775	894	43.12	888	42.74
New Fairfield Health Department	13,536	1,097	80.99	1,079	79.71
New Haven Health Department	138,915	10,818	80.09	10,620	76.45
Newtown Health District	31,508	2,345	74.57	2,391	75.89
North Central District Health Department	164,139	16,012	97.45	16,328	99.48
Northeast District Department of Health	85,649	8,574	100.94	8,713	101.73
Norwalk Health Department	91,401	5,307	58.19	5,270	57.66
Orange Health Department	14,258	1,489	104.52	1,532	107.45
Quinnipiack Valley Health District	99,251	8,279	83.27	8,240	83.02
Redding Health Department	8,746	494	56.55	506	57.86
Ridgefield Health Department	25,007	1,318	52.70	1,468	58.70
Sharon Health Department**	2,724	365	136.45	**	**
Sherman Health Department	3,537	205	58.22	204	57.68
Somers Health Department	9,843	859	83.57	846	85.95
South Central Health District***	65,480	6,043	92.66	6,126	93.56



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South Windsor Health Department	26,783	1,835	68.55	1,801	67.24
Stamford Health Department	136,188	6,099	44.74	6,085	44.68
Stratford Health Department	52,477	5,130	98.15	5,154	98.21
Torrington Area Health District	133,791	14,713	110.76	14,832	110.86
Trumbull Health Department	37,135	2,746	74.32	2,728	73.46
Uncas Health District	99,800	10,712	107.13	10,888	109.10
Wallingford Health Department	44,017	4,470	101.14	4,676	106.23
Waterbury Health Department	115,016	11,850	104.12	11,976	104.12
West Hartford-Bloomfield Health District	85,831	4,947	57.89	4,945	57.61
West Haven Health Department	55,004	5,366	97.04	5,465	99.36
Westbrook Health Department	6,860	679	99.71	737	107.43
Wilton Health Department	18,457	963	52.17	951	51.53
Windsor Health Department	29,453	2,308	78.57	2,234	75.85

Notes: (1) LHD totals will not add up to the state total because not all prescriptions have LHD information available; (2) Please refer to "Indicator Definitions" section for more information on how values are derived

*2022 population data shown - Q1 uses 2021 population; Q2 uses 2022 population **Sharon Health Department joined the Housatonic Valley Health District effective 5/2023

***Plainville-Southington Regional Health District renamed South Central Health District effective 10/2023



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Indicator	Population*	Quarter 1, 2023		Quarter 2, 2023	
		Number	Rate	Number	Rate
22b: Rate of opioid analgesic pills, excluding all buprenorphine products (for MAT and for pain), dispensed per 1,000 residents, Connecticut overall and by Local Health Department/District (LHD)	3,626,205	16,614,308	4,607.92	16,607,716	4,579.92
Aspetuck Health District	45,411	136,744	3,024.71	137,349	3,024.58
Bethel Health Department	20,684	95,482	4,649.27	95,316	4,608.20
Bridgeport Health Department	148,377	676,376	4,559.85	682,732	4,601.33
Bristol-Burlington Health District	71,040	463,690	6,600.38	443,097	6,237.28
Brookfield Health Department	17,543	74,589	4,266.62	75,125	4,282.33
Central Connecticut Health District	98,394	398,692	4,053.89	394,939	4,013.86
Chatham Health District	62,140	370,553	5,980.42	367,880	5,920.18
Chesprocott Health District	54,619	246,650	4,556.46	246,197	4,507.53
Connecticut River Area Health District	47,045	253,126	5,388.65	253,213	5,382.35
Cromwell Health Department	14,317	69,539	4,862.19	71,320	4,981.46
Danbury Health Department	86,967	275,143	3,171.35	278,465	3,201.96
Darien Health Department	21,926	20,865	970.47	22,319	1,017.92
Durham Health Department	7,207	25,504	3,527.04	27,636	3,834.61
East Hartford Health Department	50,718	229,520	4,524.26	233,561	4,605.08
East Shore District Health Department	69,294	467,608	6,730.31	476,923	6,882.61
Eastern Highlands Health District	85,552	279,207	3,503.39	278,284	3,252.81
Essex Health Department	6,793	24,107	3,566.65	24,187	3,560.58
Fairfield Health Department	62,871	194,513	3,139.89	197,179	3,136.25
Farmington Valley Health District	110,526	405,097	3,680.06	400,948	3,627.63
Glastonbury Health Department	35,199	95,875	2,735.07	97,791	2,778.23
Greenwich Health Department	63,638	110,801	1,744.51	112,361	1,765.62



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Guilford Health Department	22,019	104,736	4,754.03	108,907	4,946.05
Hartford Health Department	120,686	369,513	3,064.57	366,004	3,032.69
Housatonic Valley Health District**	77,387	396,113	5,342.77	414,826	5,360.41
Ledge Light Health District	153,309	740,526	4,830.13	738,288	4,815.68
Madison Health Department	17,565	59,271	3,364.04	56,848	3,236.41
Manchester Health Department	59,461	248,571	4,182.86	240,777	4,049.32
Meriden Health Department	60,242	409,091	6,759.94	405,579	6,732.50
Middletown Health Department	48,729	245,713	5,215.94	258,228	5,299.26
Milford Health Department	52,679	337,069	6,433.84	331,811	6,298.73
Monroe Health Department	18,796	74,621	3,976.82	75,803	4,032.93
Naugatuck Valley Health District	127,818	866,794	6,840.88	880,240	6,886.67
New Britain Health Department	74,396	384,479	5,206.84	377,094	5,068.74
New Canaan Health Department	20,775	30,618	1,476.85	30,628	1,474.27
New Fairfield Health Department	13,536	64,326	4,749.02	58,449	4,318.04
New Haven Health Department	138,915	638,509	4,726.86	624,879	4,498.28
Newtown Health District	31,508	123,268	3,919.62	125,539	3,984.35
North Central District Health Department	164,139	897,547	5,462.35	897,402	5,467.33
Northeast District Department of Health	85,649	495,642	5,835.20	486,851	5,684.25
Norwalk Health Department	91,401	247,191	2,710.61	238,370	2,607.96
Orange Health Department	14,258	75,216	5,279.80	77,883	5,462.41
Quinnipiack Valley Health District	99,251	493,054	4,959.06	478,140	4,817.48
Redding Health Department	8,746	23,986	2,745.92	24,035	2,748.11
Ridgefield Health Department	25,007	48,576	1,942.19	56,180	2,246.57
Sharon Health Department**	2,724	18,962	7,088.60	**	**
Sherman Health Department	3,537	12,619	3,583.93	12,846	3,631.89
Somers Health Department	9,843	43,736	4,254.84	40,754	4,140.40
South Central Health District***	65,480	332,011	5,090.71	334,165	5,103.31



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South Windsor Health Department	26,783	106,139	3,965.29	101,476	3,788.82
Stamford Health Department	136,188	271,487	1,991.70	271,043	1,990.21
Stratford Health Department	52,477	302,872	5,794.59	304,921	5,810.56
Torrington Area Health District	133,791	833,882	6,277.62	835,577	6,245.39
Trumbull Health Department	37,135	139,784	3,783.06	141,095	3,799.51
Uncas Health District	99,800	610,891	6,109.52	607,230	6,084.47
Wallingford Health Department	44,017	251,052	5,680.68	263,532	5,987.04
Waterbury Health Department	115,016	635,020	5,579.60	655,107	5,695.79
West Hartford-Bloomfield Health District	85,831	221,792	2,595.49	217,821	2,537.79
West Haven Health Department	55,004	346,278	6,262.49	341,762	6,213.39
Westbrook Health Department	6,860	38,726	5,686.64	40,678	5,929.66
Wilton Health Department	18,457	37,772	2,046.13	36,801	1,993.88
Windsor Health Department	29,453	115,671	3,937.59	115,758	3,930.26

Notes: (1) LHD totals will not add up to the state total because not all prescriptions have LHD information available; (2) Please refer to "Indicator Definitions" section for more information on how values are derived

*2022 population data shown - Q1 uses 2021 population; Q2 uses 2022 population **Sharon Health Department joined the Housatonic Valley Health District effective 5/2023

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Indicator	Quarter 1, 2023			Quarter 2, 2023		
	Number	Denominator	Percent	Number	Denominator	Percent
23: Percent of patients receiving (by prescription and dispensed at a pharmacy) an average daily dose of 90 morphine milligram equivalents (MME) or more of opioid analgesics, across all opioids, excluding all buprenorphine products (for MAT and for pain)	10,798	144,516	7.5%	10,592	144,313	7.3%
25: Among opioid-naïve patients (i.e., patients who have not taken opioid analgesics in 45 days), excluding all buprenorphine products (for MAT and for pain), percent of patients prescribed long-acting/extended-release opioids	444	8,890	5.0%	446	8,892	5.0%
26: Percent of patient prescription days with overlapping opioid prescriptions, excluding all buprenorphine products (for MAT and for pain)	857,783	5,360,293	16.0%	867,163	5,417,849	16.0%
27: Percent of patient prescription days with overlapping opioid (excluding all buprenorphine products [for MAT and for pain]), and benzodiazepine prescriptions	934,524	5,360,293	17.4%	934,215	5,417,849	17.2%

Note: Please refer to "Indicator Definitions" section for more information on how values are derived

Indicator	First Half 2023		
	Number	Denominator	Rate
24: Rate of multiple provider episodes (5 or more prescribers and 5 or more pharmacies in a 6 month period) for opioid prescriptions (excluding all buprenorphine products for MAT and for pain) per 100,000 residents	46	3,626,205	1.27

Note: Please refer to "Indicator Definitions" section for more information on how values are derived



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Indicator Definitions

Indicator 22a: This indicator represents the number of opioid analgesic prescriptions that were prescribed to Connecticut residents within Connecticut during the given time period, per 1,000 Connecticut residents.

Indicator 22b: This indicator represents the number of opioid analgesic pills that were dispensed to Connecticut residents within Connecticut during the given time period, per 1,000 Connecticut residents.

Indicator 23: This indicator represents the percent of Connecticut patients who were prescribed an average dose of 90 morphine milligram equivalents (MME) or more of opioid analgesic drugs per day, among all Connecticut residents who received an opioid analgesic prescription within Connecticut during the given time period.

The CDC recommends to use caution when prescribing opioids at any dosage and prescribe the lowest effective dose, and to avoid or carefully justify increasing dosage to ≥ 90 MME/day. Patients taking or exceeding 90 MMEs per day are at increased risk of unintentional drug overdose.

Indicator 25: This indicator represents the percent of Connecticut patients who were prescribed at least one long-acting/extended release opioid who had not been dispensed an opioid prescription in the previous 45 days, among all Connecticut residents who received a long-acting/extended release opioid prescription within Connecticut during the given time period.

Extended-release and long-acting opioids, which are available by prescription and come in several forms—pills, liquids, skin patches—often contain higher doses of medication than immediate-release opioids and opioid/non-opioid combination drugs. Because these medications can pose significant risks and safety concerns, new label requirements will stress that other treatment options should be considered before ER/LA opioid drugs.



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Indicator 26: This indicator represents the percent of days during which Connecticut patients had more than one prescribed opioid prescription, among the sum of all prescribed opioid days for Connecticut residents within Connecticut in the given time period.

Indicator 27: This indicator represents the percent of days during which Connecticut patients had at least one opioid and at least one benzodiazepine prescription on the same day, among the sum of all prescribed opioid days for Connecticut residents within Connecticut in the given time period.

Indicator 24: This indicator represents the number of Connecticut patients receiving prescriptions for opioid analgesics from five or more prescribers dispensed at five or more pharmacies in a six-month period within Connecticut during the given time period, per 100,000 Connecticut residents.

Indicator 15: This indicator represents the number of Connecticut prescribers registered with the PDMP out of all Connecticut prescribers.

Indicator 16: This indicator represents the number of Connecticut pharmacists registered with the PDMP out of all Connecticut pharmacists.

