

Quarterly Prescription Monitoring and Reporting System Report, Connecticut, January 1, 2024 to March 31, 2024

Indicator	Population*	Quarter 1, 2024	
		Number	Rate
22a: Rate of opioid analgesic prescriptions, excluding all buprenorphine products (for MAT and for pain), prescribed per 1,000 residents, Connecticut overall and by Local Health Department/District (LHD)	3,626,205	272,375	75.11
Aspetuck Health District	45,411	2,644	58.22
Bethel Health Department	20,684	1,774	85.77
Bridgeport Health Department	148,377	10,389	70.02
Bristol-Burlington Health District	71,040	6,877	96.80
Brookfield Health Department	17,543	1,394	79.46
Central Connecticut Health District	98,394	7,054	71.69
Chatham Health District	62,140	6,137	98.76
Chesprocott Health District	54,619	4,252	77.85
Connecticut River Area Health District	54,252	4,518	83.28
Cromwell Health Department	14,317	1,205	84.17
Danbury Health Department	86,967	5,070	58.30
Darien Health Department	21,926	734	33.48
East Hartford Health Department	50,718	3,947	77.82
East Shore District Health Department	69,294	7,206	103.99
Eastern Highlands Health District	85,552	5,053	59.06
Essex Health Department	6,793	410	60.36
Fairfield Health Department	62,871	3,571	56.80
Farmington Valley Health District	110,526	7,117	64.39
Glastonbury Health Department	35,199	1,871	53.15
Greenwich Health Department	63,638	2,397	37.67
Guilford Health Department	22,019	1,823	82.79
Hartford Health Department	120,686	6,631	54.94
Housatonic Valley Health District	77,387	6,480	83.73
Ledge Light Health District	153,309	12,603	82.21
Madison Health Department	17,565	1,051	59.83
Manchester Health Department	59,461	4,141	69.64
Meriden Health Department	60,242	5,986	99.37
Middletown Health Department	48,729	4,419	90.69
Milford Health Department	52,679	4,922	93.43
Monroe Health Department	18,796	1,192	63.42
Naugatuck Valley Health District	127,818	13,141	102.81
New Britain Health Department	74,396	6,308	84.79



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New Canaan Health Department	20,775	870	41.88
New Fairfield Health Department	13,536	972	71.81
New Haven Health Department	138,915	9,544	68.70
Newtown Health District	31,508	2,191	69.54
North Central District Health Department	164,139	13,940	84.93
Northeast District Department of Health	85,649	7,379	86.15
Norwalk Health Department	91,401	4,627	50.62
Orange Health Department	14,258	1,409	98.82
Quinnipiack Valley Health District	99,251	7,000	70.53
Redding Health Department	8,746	467	53.40
Ridgefield Health Department	25,007	1,379	55.14
Sherman Health Department	3,537	188	53.15
Somers Health Department	9,843	771	78.33
South Central Health District	65,480	5,497	83.95
South Windsor Health Department	26,783	1,644	61.38
Stamford Health Department	136,188	5,412	39.74
Stratford Health Department	52,477	4,538	86.48
Torrington Area Health District	133,791	13,123	98.09
Trumbull Health Department	37,135	2,249	60.56
Uncas Health District	99,800	9,884	99.04
Wallingford Health Department	44,017	4,263	96.85
Waterbury Health Department	115,016	10,277	89.35
West Hartford-Bloomfield Health District	85,831	4,431	51.62
West Haven Health Department	55,004	4,861	88.38
Westbrook Health Department	6,860	588	85.71
Wilton Health Department	18,457	908	49.20
Windsor Health Department	29,453	1,929	65.49
Notes: (1) LHD totals will not add up to the state total because not all prescriptions have LHD information available; (2) Please refer to "Indicator Definitions" section for more information on how values are derived *2022 population data used			



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Indicator	Population*	Quarter 1, 2024	
		Number	Rate
22b: Rate of opioid analgesic pills, excluding all buprenorphine products (for MAT and for pain), dispensed per 1,000 residents, Connecticut overall and by Local Health Department/District (LHD)	3,626,205	14,565,488	4,016.73
Aspetuck Health District	45,411	119,803	2,638.19
Bethel Health Department	20,684	85,905	4,153.21
Bridgeport Health Department	148,377	599,214	4,038.46
Bristol-Burlington Health District	71,040	394,414	5,552.00
Brookfield Health Department	17,543	68,210	3,888.16
Central Connecticut Health District	98,394	359,967	3,658.42
Chatham Health District	62,140	328,537	5,287.05
Chesprocott Health District	54,619	228,040	4,175.10
Connecticut River Area Health District	54,252	242,763	4,474.73
Cromwell Health Department	14,317	56,212	3,926.24
Danbury Health Department	86,967	230,507	2,650.51
Darien Health Department	21,926	20,799	948.60
East Hartford Health Department	50,718	200,083	3,945.01
East Shore District Health Department	69,294	421,373	6,080.94
Eastern Highlands Health District	85,552	248,274	2,902.02
Essex Health Department	6,793	20,723	3,050.64
Fairfield Health Department	62,871	175,133	2,785.59
Farmington Valley Health District	110,526	357,244	3,232.22
Glastonbury Health Department	35,199	82,001	2,329.64
Greenwich Health Department	63,638	93,404	1,467.74
Guilford Health Department	22,019	96,575	4,385.98
Hartford Health Department	120,686	295,752	2,450.59
Housatonic Valley Health District	77,387	373,283	4,823.59
Ledge Light Health District	153,309	666,276	4,345.97
Madison Health Department	17,565	52,589	2,993.97
Manchester Health Department	59,461	202,292	3,402.10
Meriden Health Department	60,242	355,887	5,907.62
Middletown Health Department	48,729	239,215	4,909.09
Milford Health Department	52,679	296,684	5,631.92
Monroe Health Department	18,796	64,720	3,443.29
Naugatuck Valley Health District	127,818	814,813	6,374.79
New Britain Health Department	74,396	330,248	4,439.06



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New Canaan Health Department	20,775	28,835	1,387.97
New Fairfield Health Department	13,536	50,804	3,753.25
New Haven Health Department	138,915	554,372	3,990.73
Newtown Health District	31,508	112,858	3,581.88
North Central District Health Department	164,139	751,047	4,575.68
Northeast District Department of Health	85,649	417,059	4,869.40
Norwalk Health Department	91,401	212,545	2,325.41
Orange Health Department	14,258	66,961	4,696.38
Quinnipiack Valley Health District	99,251	417,755	4,209.08
Redding Health Department	8,746	21,340	2,439.97
Ridgefield Health Department	25,007	51,826	2,072.46
Sherman Health Department	3,537	8,865	2,506.36
Somers Health Department	9,843	35,674	3,624.30
South Central Health District	65,480	299,946	4,580.73
South Windsor Health Department	26,783	85,007	3,173.92
Stamford Health Department	136,188	238,140	1,748.61
Stratford Health Department	52,477	267,933	5,105.72
Torrington Area Health District	133,791	720,847	5,387.86
Trumbull Health Department	37,135	111,307	2,997.36
Uncas Health District	99,800	565,305	5,664.38
Wallingford Health Department	44,017	226,485	5,145.40
Waterbury Health Department	115,016	564,880	4,911.32
West Hartford-Bloomfield Health District	85,831	189,629	2,209.33
West Haven Health Department	55,004	298,404	5,425.13
Westbrook Health Department	6,860	31,588	4,604.66
Wilton Health Department	18,457	32,863	1,780.52
Windsor Health Department	29,453	98,018	3,327.95
Notes: (1) LHD totals will not add up to the state total because not all prescriptions have LHD information available; (2) Please refer to "Indicator Definitions" section for more information on how values are derived *2022 population data used			



Injury and Violence Surveillance Unit
Connecticut Department of Public Health

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Indicator	Quarter 1, 2024		
	Number	Denominator	Percent
23: Percent of patients receiving (by prescription and dispensed at a pharmacy) an average daily dose of 90 morphine milligram equivalents (MME) or more of opioid analgesics, across all opioids, excluding all buprenorphine products (for MAT and for pain)	10,798	144,516	7.5%
25: Among opioid-naïve patients (i.e., patients who have not taken opioid analgesics in 45 days), excluding all buprenorphine products (for MAT and for pain), percent of patients prescribed long-acting/extended-release opioids	444	8,890	5.0%
26: Percent of patient prescription days with overlapping opioid prescriptions, excluding all buprenorphine products (for MAT and for pain)	857,783	5,360,293	16.0%
27: Percent of patient prescription days with overlapping opioid (excluding all buprenorphine products [for MAT and for pain]), and benzodiazepine prescriptions	934,524	5,360,293	17.4%

Note: Please refer to "Indicator Definitions" section for more information on how values are derived



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Indicator Definitions

Quarterly Measures

Indicator 22a: This indicator represents the number of opioid analgesic prescriptions that were prescribed to Connecticut residents within Connecticut during the given time period, per 1,000 Connecticut residents.

Indicator 22b: This indicator represents the number of opioid analgesic pills that were dispensed to Connecticut residents within Connecticut during the given time period, per 1,000 Connecticut residents.

Indicator 23: This indicator represents the percent of Connecticut patients who were prescribed an average dose of 90 morphine milligram equivalents (MME) or more of opioid analgesic drugs per day, among all Connecticut residents who received an opioid analgesic prescription within Connecticut during the given time period.

The CDC recommends to use caution when prescribing opioids at any dosage and prescribe the lowest effective dose, and to avoid or carefully justify increasing dosage to ≥ 90 MME/day. Patients taking or exceeding 90 MMEs per day are at increased risk of unintentional drug overdose.

Indicator 25: This indicator represents the percent of Connecticut patients who were prescribed at least one long-acting/extended release opioid who had not been dispensed an opioid prescription in the previous 45 days, among all Connecticut residents who received a long-acting/extended release opioid prescription within Connecticut during the given time period.

Extended-release and long-acting opioids, which are available by prescription and come in several forms—pills, liquids, skin patches—often contain higher doses of medication than immediate-release opioids and opioid/non-opioid combination drugs. Because these medications can pose significant risks and safety concerns, new label requirements will stress that other treatment options should be considered before ER/LA opioid drugs.



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Indicator 26: This indicator represents the percent of days during which Connecticut patients had more than one prescribed opioid prescription, among the sum of all prescribed opioid days for Connecticut residents within Connecticut in the given time period.

Indicator 27: This indicator represents the percent of days during which Connecticut patients had at least one opioid and at least one benzodiazepine prescription on the same day, among the sum of all prescribed opioid days for Connecticut residents within Connecticut in the given time period.

Semi-Annual Measures

Indicator 24: This indicator represents the number of Connecticut patients receiving prescriptions for opioid analgesics from five or more prescribers dispensed at five or more pharmacies in a six-month period within Connecticut during the given time period, per 100,000 Connecticut residents.

Annual Measures

Indicator 15: This indicator represents the number of Connecticut prescribers registered with the PDMP out of all Connecticut prescribers.

Indicator 16: This indicator represents the number of Connecticut pharmacists registered with the PDMP out of all Connecticut pharmacists.

